

# चम्बल की वाक् पद्धति

मध्यप्रदेश के चम्बल जनपद के  
मुहावरे और लोकोक्तियाँ

डॉ. भगवान सहाय शर्मा  
डॉ. सुधीर आचार्य



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प्रधान सम्पादक  
गणेश भालचन्द्र बागदरे

सम्पादक  
अशोक मिश्र



आदिवासी लोक कला एवं तुलसी साहित्य अकादमी  
मध्यप्रदेश संस्कृति परिषद् भोपाल का प्रकाशन

|              |  |
|--------------|--|
| प्रकाशक      | - आदिवासी लोक कला एवं तुलसी साहित्य अकादमी<br>मध्यप्रदेश संस्कृति परिषद्<br>मुल्ला रमूजी संस्कृति भवन, आधार तल, बाण गंगा, भोपाल-462003<br>मध्यप्रदेश, भारत<br>फोन - 0755-2551878, 2760668<br>E-mail : mplokkala@rediffmail.com |
| प्रकाशन वर्ष | - वर्ष 2011 प्रथम संस्करण  |
| स्वत्वाधिकार | - आदिवासी लोक कला एवं तुलसी साहित्य अकादमी<br>मध्यप्रदेश संस्कृति परिषद्   |
| शब्दांकन     | - आदिवासी लोक कला एवं तुलसी साहित्य अकादमी<br>मध्यप्रदेश संस्कृति परिषद्   |
| आवरण         | - मिट्टी शिल्प, अकादमी संकलन से (छाया- श्री राजेन्द्र जांगले)  |
| मुद्रण       | - शासकीय केन्द्रीय मुद्रणालय, भोपाल  |
| मूल्य        | - 300/- (रुपये तीन सौ केवल)  |

- पुस्तक से सम्बन्धित समस्त विवादों का न्यायालयीन कार्य क्षेत्र भोपाल होगा।
- पुस्तक में प्रकाशित समस्त सामग्री लेखक की है, आवश्यक नहीं कि प्रकाशक इससे सहमत हो।

I eizk] R; kx vřj dh ifrnsh ijeiřy tUenk=h ek; Jherh  
iřk jkuh 'keř dks I J) I efi ř

MKW I řkhj vřpk; l



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ekVh] ekj g\$ ejh] vki dh&l cdh]  
gekjh ek, ] 0; fä' k% bl h l s x<h xbz g\$ cuh g\$

I k\$ ejh ekj ¼i w; Jherh vukjnoh mi k/; k; ] Loxhiz ½  
Hkietk g\$ l hrk g\$ ftl ds xHkz ea ykd l fpr jgk g\$

o; ko) ek& ^u df'pr~J.kkfreke\* dh f'kdk; r djrh g\$

ml dh vkot dks gn; dh /kMedu dh rjg  
l uk g\$ l jts k g\$ okp~dk fyl; kUrj.k fd; k g\$ vk\$ ml dh  
vekur ml h dks l kâ nh g\$ tks Hkh g\$ ekj ds Jh pj .kka ea l efi r  
g\$; g ykdok.kh! bl fo'okl ds l kFk&

^tks yfjdk dNq vufpr djghA

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& Hkxoku l gk; 'kekz ¼Lo-½





भाषा में मनुष्य की सर्जना विशिष्ट है, जहाँ भाषा एक सांस्कृतिक विश्व होती है। शनैः-शनैः समुदायों में भाषा एक अस्मिता और सांस्कृतिक पहचान का भी रूप लेती है, जिसमें भाषा के दो रूप अर्थात् 'लोक सम्प्रेषण' और 'संस्कृति रचना का आधार' शामिल होते हैं।

सम्प्रेषण और संस्कृति की ये शक्तियाँ, एक भाषा परम्परा के दो छोर हैं- सुदीर्घ काल में एक समृद्ध भाषा अपनी विशिष्ट ध्वनियाँ, मुद्राएँ, अर्थ और भंगिमाएँ विकसित कर लेती है। इसमें वह सारा समाज शामिल होता है, जो उस खास भाषा का उपयोग करता है। इस भाषिक समृद्धि में 'जीवन के अनुभव' और 'अनुभव के ज्ञान की भाषा' विकसित होना आरंभ हो जाती है। प्राचीन भाषाओं के पास कथन और अभिव्यक्तियों के अपने विशेष ढंग विकसित होने लगते हैं- जब हम किसी भाषा की कहावतें, मुहावरे, लोकोक्तियाँ आदि अध्ययन करते हैं, तब हमारे अवधान में 'जीवनानुभव के ज्ञान परम्परा की भाषिक अभिव्यक्तियाँ' और उनकी भंगिमाएँ ही होना चाहिये। वास्तव में यह भाषिक सम्पदा 'समूह अनुभव के जीवन के सार' और उसी के सूत्र हैं। 'सूत्र' की वास्तविक शक्ति उसके संक्षेपीकरण में होती है। यह अर्थों के भाषा में व्यक्त 'कूट पद' नहीं हैं, बल्कि वे संभव सामान्यता में बहुत प्रचलित और सुपरिचित अर्थों के भाषिक सूत्र जैसे होते हैं। उनके अर्थ खोलने और प्रकट करने किसी विशेष व्याख्या की आवश्यकता नहीं होती, वे समूह चित्त में पहिले ही सुपरिचित होते हैं- इसलिए एक विशेष स्थिति, घटना या दशा में ये भाषिक सूत्र पूरी स्थिति पर एक संक्षिप्त और सारपूर्ण टिप्पणी जैसे होते हैं- यहाँ भाषा बहुत अर्थवान और शक्तिशाली हो जाती है। किसी भाषा की सम्प्रेषण और रचना में अभिव्यक्ति की शक्ति को, यह सूत्र बहुत बढ़ा देते हैं। प्राचीन भाषाओं और लोक भाषाओं की शक्ति उनकी इन्हीं भाषिक सम्पदाओं में निहित होती है। अपेक्षाकृत नयी भाषाओं में, भाषिक सम्प्रेषण और अभिव्यक्तियों के सपाटपन और एकायामी होने का एक कारण यह भी है कि इनमें जीवन अनुभव की यह भाषा सम्पदा बहुत कम अथवा सीमित होती है।

हिन्दी क्षेत्र में प्रचलित प्राचीन समृद्ध लोकभाषाएँ इसीलिए एक संस्कृति भी हैं, क्योंकि उनके पीछे 'जीवन के अनुभव' की एक विशाल परम्परा में भाषाएँ बेहद अर्थगर्भा और संश्लिष्ट हैं। एक शब्द के दस-दस, बीस-बीस समानार्थी शब्द होते हैं और कहावतों, मुहावरों और लोकोक्तियों की एक परम्परा ही उनमें समाहित होती है- जो सूत्र रूप में अर्थों की एक समष्टि हैं। दूसरी ओर रचना में भाषा स्वयं एक संस्कृति को रचती है और एक सांस्कृतिक परम्परा से स्वयं प्रतिकृत होकर सर्जना का एक अनन्त विश्व रच देती है- जिन भाषाओं के पास केवल सम्प्रेषण का समाज है, संस्कृति का नहीं, उनमें भाषिक अर्थों की अनुगूँज बहुत गहरी नहीं होती- भाषा की संस्कृति का निर्माण एक बहुत लम्बी प्रक्रिया है, जिसमें सम्प्रेषण के साथ सांस्कृतिक प्रतीकों और अभिप्रायों, अर्थों और संकेतों के एक समानान्तर विश्व का निर्माण होता है। वास्तव में वे भाषाएँ जिस सम्पदा से इतनी ऐश्वर्यवान होती हैं, वह तत्त्वतः सांस्कृतिक सम्पदा और प्रसंगतः भाषा की अपनी सम्पदा होती है। दोनों का एक दूसरे से घनिष्ठ और परस्पर संबंध है।

मध्यप्रदेश के सांस्कृतिक जनपद 'चम्बल' की वाचिक साहित्य सम्पदा के संकलन एवं अनुवाद की दिशा में अभी तक अत्यल्प ही कार्य हुए हैं। डॉ. सुधीर आचार्य ने अकादमी के अनुरोध पर स्वर्गीय भगवान सहाय शर्मा जी द्वारा संकलित मुहावरों और लोकोक्तियों के अनुवाद तथा पृथक से संकलन कर प्रकाशनार्थ उपलब्ध कराया। अकादमी इनके प्रति अपना हार्दिक आभार व्यक्त करती है। आशा है कि भाषा दर्शन में उत्सुक अध्येताओं के लिए यह प्रयास महत्त्वपूर्ण प्रतीत होगा।

- सम्पादक

## vleqk

I LÑr Hkk"kk ds l çfl ) dks kdkj okeu f'kojke vkiVs us "Idiom" ¼væjsth½ ds fy, ^okd-i) fr\* ç; kx l E; d ekuk gA fgluh bl ds fy, ^egkojk\* ç; kx djrh gA ^egkojk\* ds tks l ekufkiz' kcn l çk, x, g\$ mueaç; çark] okXj hfr] okXekjk] okdi) fr vksj Hkk"kk l Eçnk; \* dk mYys[k fd; k tk l drk gA l gy ¼1958½ bl s ^jkstejkz ; k cksypky dgrs gA fQj Hkh ^egkojk\* dk l kuh dkbz nit jk ugha gA

^egkojk\* vjch 'kcn g\$ ftl dh fu"i fUk ^gk\$\* l s gpz g\$ bl dk 0; R; i fUki jd vFkz ijLij ckrphr vksj iz'ukdkj gA egkojka dk os'k"V; mudh vFkzRrk ea gA ; s vfhk/ks kFkz dksxksk cukdj fo'k\$ vFkz dh /ofu nrs gA ^egkojk okLro ea y{k.kk ; k 0; atuk }kj k fl ) og okD; k k g\$ tks fdl h , d gh cksyh vFkok fy [kh tkus okyh Hkk"kk ea çpfyr gks vksj ftl dk vFkz i R; {k ¼vfhkks ½ l s foy{k.k gkA\*\*

^okdi) fr ç; kx ea uohurk gA vkd"kkz k gA xfjek gA foLrkj gA ; g vi us ea egkojs vksj ykdksä; ka dks l evrh gA ykdksä; kj yk\$dd U; k; (maxim) çKkl = (Aphorism) vksj eekä; ka (Epigram) l sfdpr fhkUu gkrs gq Hkh budsbruh fudV g\$ fd Li "V js[kk [khpuk dfBu gkrk gA

pEcy l EHkx dh okdi) fr ij fopkj djrs gq 0; ki d nf"Vdksk vi uk; k gA

^ykdl\* ejh nfv ea vui < } v'kf{krk} vl h; ka dk l eng ugha gA bl dh i fj0; klr ea f'k"V&vf'k"V] xkE; ] uxjh; l Hkh l ekfgr gA bl fy, bl ea'kq) l kfgR; vkj ykd l kfgR; dh Hknd js[kk; j' kffky gpa gA

dchj] l ij] nyl h] jghe] j l [kku cgr l s dfo g} ftudh mfä; k; ykxka dh tçku ij p<h gA mfä; k; vkr okD; g} thou&n'kz gA bl fy, bl l dyu ea bl ga LFkku feyk gA bu mfä; ka ij vkpfyd jx p<k gA vr% i kBKUrj feyuk LokHkkfod gA

^ykdksä\*) ykd dh mfä gA bl l cak ea, y-i-h- fLeFk dk vfHker g& ^ykdksä; k; gekjh cksypy ea thou vkj LQirz dh pedrh gpa fpuxkfj; k; gA os gekjs Hkktu dks i k"Vd , oa LokLF; dj cukusokysmu rRoka ds l eku g} ftudk vFkz y{k.kk&0; atuk }kj k fudyrk gks rFkk og 'kCnka ds i R; {k vFkz %vfHk/kkFkz l s fHkUu gka n'k&fon'sk ea , d h okd-) fr; k; n'skt i v , oa l ex LFkkuh; okrkoj .k dks vi us ea l ekfgr fd, gkrh g} fd mul s rnkRE; djus eafdl h dks dfBukbz ugha gkr-hA\*\*

Mkw HkksykukFk frokjh dh eku; rk g&\*\*fofHkUu izdkj ds vutkoka i k} kf.kd rFkk , frgkfl d 0; fä; ka , oa dFkvvk} çkNfrd fu; eka vkj ykd fo'okl ka vkfn ij vkekkfjr p{hyh] l kj xfhkz] l tho] l {klr i pfyr mfä; ka dks ^ykdksä; k; dgrs g} ftudk iz kx ckr dh i f"V ; k fojkak] l h[k rFkk Hkfo"; dFku vkfn ds fy, gkrk gA^^

^ykdksä\* ds i; kz okfp; ka ea l Hkkf"kr] dgkor] dgukor] i ðkn] ykd i ðkn] ykddh xkFkk %ckYeifd rFkk ck.kkVV% vkgk.k] vkgk.k; ] vgh.k] fdonUrh %i kyh l kfgR; % vkg.km & vkHk.kd %vi Hka k% dh x.kuk dh tkrh gA ^ykdksä\* vkj ^dgkor\* l ekukFkhz gA bl ga vpxjst h 'Proverbs' ds vFkz ea ekuk tk l drk gA

egkoj svk} ykdksä; ka ds v/; ; u dh cgr & l h i ) fr; k; gA ; Fkk Hkkf"kd] l kfgR; d] 'ksyhr] 0; kdjf.kd] Hkksksfyd] , frgkfl d] l ekt'kkL=h; ] uÜkRo'kkL=h; ] eukokkfud] èkkfezd] l kaNfrd] ngukRed] {ks=h; ] fo"k; kud kj] o.kkz}e vkfnA

l dyu {ks= yxHkx 18000 oxZfd-eh- gA bl ea fHk.M] eg suk vkj ' ; ks j dykarhu fty svks gA rhukaftyka ea i pfyr egkoj svk} ykdksä; k; bl l dyu ea gA yfdu ; g 'bn ferFk vFkok 'bR; ye\* ugha gA egkoj & ykdksä; ka dk vullr l kxj ykd ea i ðkgr gA l kxj dh Fkkg fdl us i kbz gA Nks/h&l h yfV; k eaftruk l ek l drk g} Hk j fy; k g& d{v/k gkb rks i kvka ckjh uunh] l x# u i kVIs tkbA\*

çt ykd l kfgR; ds ç[: kr v/; s'k MKW l rbnz th dh eku; rk gS fd dny  
^dgkor\* gh ykdksä ugha gS çR; d çdkj dh mfä ^ykdksä\* gA os bl hfy, çtkpy ea  
ç; ä ^vufHKYyk\* ^Hksj\* ^vpdk\* ^[kqI\* ^xgxMM^ vks ^vksyuk\* dks Hkh bl ea l fEefyr  
djrs gA bl l s i fjr gkdj , s k yxk fd ^okdi ) fr\* dks ek= egkojk&dgkorkard l hfer  
u j [kdj 'ki Fkxg.k (Oath), i knij d (Mannerism), l æksku] vk' khoþu&vfHK' kki rFkk  
nþbu ½xkfy; ½ rd folr fd; k tk l drk gA bu l Hkh ea egkojk&dgkorka tS h  
y{k.kk&0; at uk dk vâ k fufgr jgrk gA ekuoh; rhore vks çkñfrd vfHK0; fä dsfun' kZ  
ds: i eaHkh blgans[kk tk l drk gA eukfoKku] l H; rk vks l ðñfr dh nf"V l sHkh budk  
vkdyu fd; k tk l drk gA vHkh ; smi s{kr l s gA Mjrs&Mjrs bu l cdk ^okdi ) fr\* ea  
l ekfgr fd; k gA fglth txr-bl LFkki uk l sl ger gkxk vFkok ughä i jUrq; g ç; ks dj  
fn; k gA çpksy] i gfy; k vks ndcfun; k ¼[ksy fo"k; d dgkor; ndcfun; ½ Hkh bl hfy,  
^okdi ) fr\* ea LFkku ik l dh gA

ykd l kfgR; ds v/; ; u ea 'khyrk&v' yhyrk dk izu vokñr gkrs gq Hkh vk  
[kMk gks tk; k djrk gA 'kkL= rhu izdkj dh v'yhyrk& f=ofr&ohMk tçq l k exy  
0; at dRokr~ ½yTtk&?k.kk , oa vfu"V dj i Hkko½ dks funk djrk gA

ykdksä; k; vks egkojs ekuoeu dh l gt vfHK0; fä; k; gA os tS h gS os h gA  
vux<+gA çkñr gA ç; ksä budç; ks ea yTtk] ?k.kk vks vfu"Vdkjh çHkoka dk vuþko  
ugha djrkA bl fy, v'yhyrk dk izu ugha mBrkA os s Hkh tks rFkkdfkr l q' kf{krka ds  
fy, v'yhy gS Hkksy&Hkksy ykd tuka dsfy, ek= vfHK0; fä gA budç; ks ea dkbZnj ko  
ugha gA l çkp ugha gA yTtk ugha gA fQj 'khyrk&v' yhyrk dh i fjHk"kk 0; fä ¼' k{kk]  
l ðdkj] 0; ol k; ] i nk&g/½ ns k&dky ifjLFkr ds vuþ kj i fjorZuh; gA ^tfg dh jgh  
Hkkouk tS hA\* l a w k r k ea v'yhyrk ugha gkshA vâ fo' ksk mükstuk dk dkj .k gks tkrk gA  
fpfdRI d vks jfl d dh nf"V; k; vxy&vyx gh gksh gA ek&c/s dsy/s vks i fr&i Ruh  
ds y/s ea tehu vkl eku dk vlrj gA vLrj xprkæ fo"k; d 'kçnka ds iz ks ea l çsr  
iz kkyh xtg; jgh gA vfrokn l s cpus ds fy, e/; e ekxZ Js Ldj tku i Mka ; ka rks  
Hk"kkfoKkuh tks gS tS k gS dh Bkd tehu ij [kMk gksuk gh i l Un djrk gA çkekf.kdrk  
vks l kekfl drk dk n<rk l s ikyu ; gk; vHkh"V gA

Hkjr; l ekt dk tkfr; ka vks mi tkfr; ka ea foHktu nþkk; i w kZ çj kbZ gA  
Åp&uþ dk Hkn vHkh çdj kj gA çgq&l h dgkora tkfr; k&mi tkfr; ka l s l æfkr gA u  
tkus dc l s çpfyr gA buea tkfr; k&mi tkfr; ka ds Lrj] çk) d {kerk vks xqk&nksk  
fo' ksk dk dFku gksh gA tkfrxr ækj .kkvka dk ifj .kke gksh gS , s h ykdksä; k; fd l h

0; fä fo'kšk dk vi eku ; k nkskkjki .k budk y{; ughagkrkA bl fy, blga nppu] funk ; k vi eku emyd ugha ekuuk pkfg, A 'okd-i ) fr\* ea, d h ykdä; k; bl fy, LFKku i k l dh gäfd tkscksy&pk y ea gš og l keusvk tk; A jkx&}šk l sfuji šk , d rVLFk n"Vk dh rjg blga l puk gš fy [kk gA l kfgR; 'f'korj {kr; š dk fo'okl gš rksfQj 'f'ko {kr; š dks cnkz r D; ka djxk \ fdl h 0; fDr] tkfr] o.kz dks vuknr djus dh l kpuk Hkh oftr gA uk dkÅ l kankt.rh uk dkÅ l ka cš\* gh i kFs gA

çLrr l dyu {s=h; gš vksj o.kkzøe l s gA emy egkoj&ykdä dks pEcy l EHkx dh ckfy; k& Hknkojh] rpj?kkjh] dNokgh] tVokMh] fl djokjh] tknckVh vksj l gšj; k eafy [kuk] ekud fglnh eavFkz dk Li "Vhdj .k vksj vkpofyd ckfy; ka eabudsç; kx buea fey&A ; =&r=] l Ñr] i atkch] jktLFkkuh] xqtjkrh] çhnsy [k.Mh vkfn ds mnkgj .k nsdj nyukRed vè; ; u Hkh bl ea gš dnkfr~; g vc rd dk l cl scMk l dyu gA bl ea egkojs ykdä; k; , oavll; l kexh l dyfyr gA tks Hkh gš pEcy l EHkx dk gA okfpd dks fyfi c) djus dk iz kl Hkj gA vi uk dñ Hkh rks ugha gA tks gš ejh ek; dk gA ml dh ok.kh dk l p; v'kšk J) k dk ÑrKri wlk mi øe gA mu 'krkf/kd çkKa ds exh'kz vksj l pdka ds dBkj i fjJe dk l Qy gš tks fu%okFkz bl dk; Zea l yXu gA

i nðbrhZ v/; rkvka ea J) s nðbnz l R; kFkhZ th vkn'kz i ø#k gA Jh v/; kè; k fl g mi kè; k; ] Jh jkengu feJ] Jh dkerk i d kn x#] Jh vkj-t-s l jfglnh] Jh fo'oukFk [k=h] MKW l R; ðn] MKW xankyky 'kekz MKW i frHk vxoky] MKW HksykukFk frokj] MKW dfi y frokj] i ne Jh jkeukj; .k mi k/; k; ] MKW dlugš kyky 'l gy\*] MKW Ñ". kplnz 'kekz MKW l R; nð feJ] MKW v'kkod pø/kj] MKW 'kkkkjke] MKW vkj-ch- feJ] MKW ' ; ke l ugh yky 'kekz dh Ñfr; k; i Fk i n'kd gA x#or-gA Jh MECj fl g rkej dk okRI Y; veW; èkjkgj gA Jh jkešoj mi k/; k; , oa muds vxzka dh mnkjrk l gt mi yček gA MKW txnh'k dVks rFk MKW jkeLo: i mi k/; k; ^l j l \* dk l kfgR; vksj l kfuu/; l kkkx; o) ð gA MKW 'kdj fl g rkej] dfooj çgykn 'HkDr\*] i ks Jhfuokl 'kekz MKW l øj] MKW dkfeuh] MKW vfuy dèkj mi k/; k; ] MKW l hrk fd'kkj [kj] MKW jktjukh 'kekz MKW f'kojkt fl g rkej] MKW tsih- fl g] Jh gjhekgu vxoky] i =dkj] vt; tš] eukst if.Mr] mešk 'kekz vksj ujsk ijekj] gjh'k mi k/; k; ] jkefd'kkj mi k/; k; dk ifj; kstuk dk; Zea l g; kx ç'k; gA tks l keusgš i jns

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### I UnhZ

Hksxhyky] Hkh [kkkkbz xkzkh( 1898] çLrkouk] i: 3-] l gy] dlugš kyky( jktLFkkuh dgkoré , d v/; ; u] 1958] vxoky] MKW çfrek( 1969] fglnh egkojki 'kekz MKW Ñ".k plnz dks oh okd) fr , oa ykdä dks k npp] jeknÜk] 1997] dgukr( i: 12 vkfnokl h ykd dyk vdkneh] Hksxhyky] jkgrxh] l jkstuh( 1971] voèh dk ykd l kfgR; ] i: 108-] 'kekz MKW Ñ".k plnz( 1070] dks oh okd) fr , oa ykdä dks k] Hkfedk] i: 23

ds i hNs dke dj us okys mul s vfekd gA ukekVys[k dj i kuk ntdj gA 'kk; n , d xFk  
fy[kuk i MA

i z[; kr dFkkdkj , oaHkVokrkdkj J}s MKW i e dekj %tthtkJhi% I tx I ektI dh]us=  
fpfdRI d J}s MKW vfuy dekj 'kekZ %tthtkJhi% i w; nhnh Jherh 'kdqryk 'kekZ Jherh  
'kf'k 'kekZ dk I Ecy ikdj dk; Z i w kZ dj I dk gA i w; ek; Jherh i q i k kuh 'kekZ dh  
okRI Yie; h Nkp ea c<fs jgs gS i k w A i Ruh MKW i xfr dk vrgyuh; I g; ksx] vuqt MKW  
I q khy] vuqto/kw ugk ekekth xki kyd".k vkfn ds ijke'kZ vkS; i e foHkq& y{; dh I ok; i  
i klr djrk jgk gA

drKrk , oa vkHkj I fgrA

MKW I qkhj vkpk; Z  
vEckg  
eks09826419439





vuøe

egkojs 19

ykskDr; kj 113



çckk; ] foodk; ] fgrk; ] izkek; pA  
 I E; d-rÜoki n'skk; ] I rka I fiä% çorhAA  
 'kkL=h] exyno% I Hkkf"kr I Ir'krh] i:3

## egkojs

0; Ri fä &

vjch 'kCn 'gkš\* I A

I keW; vFkZ &

ijLij ckrphr] izukRrjA

I ekukFkz 'kCn &

jkstejkZ cksy&pkY ¼fglnh 'kCn I kxj] Hkkx&3] i: 2793¼ ç; çark] okXjhfr]  
 okXekkjk] okdî) fr] Hkk"kk I Eçnk; ¼jkengu feJ¼ : f<&ç; kx ¼xqtjkrh] Hkkschyky]  
 Hkh [kkHkkbz xka/kh] 1898½

i fjHkk"kk &

01- egkojk okLro ea y{k.kk ; k 0; atuk }kjk fl ) og okkD; kãk gš tksfdl h  
 , d gh cksyh vFkok fy [kh tkusokyh Hkk"kk ea çpfyr gks vksj ftl dk vFkZ  
 çR; {k ¼vfhkëks kFkZ I s foy{k.k gkA\*\* 'kðy] x; ki ð kn( fglnh&egkojk

02- ^egkojk dh fo'kškrk ml ds vFkZ oš'k"V; ea gA ; s vfHk/ks kFkZ dks xksk  
 cukdj fo'kšk vFkZdh /ofu nrsgA\*\* vxðy] Mkw i frek( 1969] fglnh&egkojs

05'k'V; &

- 01- egkojs 0; at uk : f<+ k; gA
- 02- fo'k'k vFkZ dh /ofu nrs gA
- 03- vi w kZ okD; j puk, i gA
- 04- ç; kxkUrxZr buds : i ea i fjonZu gks I drk gA
- 05- ; s vçLnr foëku dh njg gks gA
- 06- ; s dgh&dgha 0; kdj . k fo#) vkj v'yhy I s çnr gks I drs gA
- 07- egkojs Hkk"kk dh J&kj eat Wkk gA
- 08- ; s x | x f j e k I s e i M r g k s g A
- 09- I f{klrrk} I i "Vrk} d k k x r k v k j o k f X o n X e k r k b u d h v f u o k ; Z f o ' k ' k r k , i g A

## V

### vdekyk dfjckS

vidokj] vkfyxu %o-fg-dksdks i:- 1/A  
fookg dh , d jLe ftl ea o/kw i {k} oj i {k  
dks l l Eeku HkA/ nrk gA  
ekMh ckjs ua vdekyk dfj da cjr fcnk  
dnabA

### vdj @vj[kvk QwVckS

vdj.k] cht teuk] pfj=xr ifjorUA  
nl fnu gS x, ] [krq va[kj k xvks gkskA  
dksyst ea i kSpda rka vdj QWu yxA

### vax %nk; k&ck; k% QjfdckS

'kdu&vi 'kdu gkukA  
dgk djka l f[k l vk mikA A nkfgu&cke  
u tkur dkA AA %j k-p-ek- v; ks dk.M%

### %Qw% vax u l ekbckS

v/; f/kd i l lurk dk vutko djuk  
pukm thfrda urkth Qwys vax upz l ekb  
j, A

### vpxMkz yckS

vax& iR; x rkaMuk] l fØ; gk tkuk] vkUnkyu  
dk i kjEHk gkukA  
vHkh rks ; s vpxMkz gA vkxs vk% yMkz  
gA

### vaxn dksi km

vVy] vfmX] cgr dfBuA  
tk egxkbz ds c[kr ea i b] k cpkbckS  
vaxn dks i km gS xvks A

### vax&Hkx gckS

pkv yxus l smRi lu fodykxrka

jsy&cl dh VDdj ea us tkua fdrus  
yksu ds vax&Hkx gS x, A

### vpxkfju i SykSVckSi fjckS

nl l k/; dk; Z djuka  
l; k# dfj da fuHkKbckS vpxkj u i S  
ykvVckSi fjckS, A

### vpxfj; k mBkbckS

vk{kj yxkuk ; k nkSkkjki .k djuka  
gka , d ks dkepZ uk; dUkq tkra vpxfj; k mBA

### vpxfj; k dfjckS

mdl kuka  
dkeq dRrs da vpxfj; k dfjckS Bhd ukua

### vpxfj; k i Fkj rj nch , s

dke vVduka  
^nch vpb; k , s i Fkjkl ka dkA dj rs ym  
fudkfj\* %vKYg [k.M/A

### vpxfj; k i SupkbckS

bPNkuq kj dk; Z djuka  
l kl qcA , s vpxfj; u i Supkcf, A

### vpxfj; u i sufpckS

l drkuprha  
ukd j , s rks l kc dh vpxfj; u i SufpckS  
i Rrq, A

### vpxfj; k i dfj dai kps i dfjckS

Øe'k% vkxs c<dj vfi/kdkj djuka  
vpxfj; k i dfj da i kps i dfjcs ea bA  
vdfyclnh , A

### vpxfj; k i dfj dafi [kbckSi <kbckS

gkFk i dMej fl [kkuka

ckyd dh vxřij; k i dfj ekrkjh pfycks  
fl [kkcfr , A

**vxřBk Nki gřks**

*fuj {kjA*

vxřBkNki dk fujs cñ/kñgr , a \

**vxřBk fn [kkbcks@vxřBk l řh**

*fp<kukj udkjukj i jokg u djuka*

m/klj [kkb da vxřBk fn [kkb nvkřA

rñHkj ea tkj eř vxřBk l řhA

**vatj&i atj Bhyśi fjcks**

*f'křkřyrk dk vuřko gřukj detkjh vuřko*

*djuka*

tk eyřj; k ua rks fl x vatj&i atj <hys

dñn, A

**vř&'kř cřdcks@v.M&c.M cřfycks**

*mYVřh&l hřh ckrA djuka*

nk: i hda v.V&'k.V cřdckřmuda jkřtq

dh ckr , A

**vřk fpřk dfjcks**

*Lokřřl křukj ; u&du i řkjřk l Qyrk i křr*

*djuka*

dkřA ej & thcř ckdks vřk fpřk , A

**vřk Mkrjcks**

*vojkrk i řrk djuka*

vPNs Hkys dke ea v.Vk Mkrjcks vPNh ckr

ukřA

**vřh xje gřks**

*vkenuh gřukA*

vkřqrks rřl vřh xje , A

**vřh <hyh dfjcks**

*[kpř djuka*

ckřkjA dk vk, ] fl xq vřh <hyh gř xřA

**vřh earsfudkrjcks@vřh earsdkf<eřks**

*i ř k ol řy djuka*

cfu; ka xkgd dh vřh ea l ka i ř k dkf<+

yrq , A

**vřk yřks**

*fu"iř křtu dk; l djuka*

rñ dk yřjvks grks vřk \

**vřk l cřks**

*fu'přV cřBuka*

rñ dk Egkj vřk l řjvks grkA

**vřks ¼l jk½ dh ydbř k**

*, d ek= l gkjA*

ckdh ekřHřl ckdka vřks dh ydbř k , A

**vřkaeadkuk jkřk**

*dřñ u gřus l ř dřñ gřuk vPNkA*

cs vřu/ku ea dkua jkřk , A

**vřfy dh ckradfjcks**

*l křřd pkr djuka*

br&fcr dh NkřMř dñq vřfy dh ckrA

dkřA

**vřfy dsi hNankřjcks%¼vřfy dsi hNayVBq**

**y, j fQřjcks**

*vřkd pkrkbř l ř nřkh gřukA*

u dñs l kps u l etř vřfy ds i hNā

yVBq y, j fQřkq , A

**vřfy dks [kkbcks**

cf) ; k dksky l s thfodki ktZu djuka  
i <sfy [ks fl xq vdfy dks [kk r , A

### vdfy pfjcs tkbcks

efr HkzV gksuka

R; kbZ rks vdfy ?kkl q pfjcs pyh xbz grh]  
rc bā rks l R; kukl q gS xvksA

### vDdfy Mk<+fudfj vkbcks

i k&+gksuka

cq dk ckydq , } ckda vDdfyMk<+fudfj  
vkbA

### vdfy i Si Fkjk i fjcks

vufpr fu.kz ys cBuka

ejs vdfy i Si Fkjk u i js gks rks dk nd q  
NksM+da innd tkpksA

### vdfy crkbcks

mi k; l q-kuk

ekb ck ua , d h vdfy crkbZ dS dkeq gSksA

### vdfy cfu vkbZ i jh

qR; R; l uefr] fujkdj .k djuka

dNq , d h vdfy cfu vkbZ] dS dkeq gSksA

### vdfy ckskbcks vdfy ekjh tkbcks

foordghu] eufkkz tS k 0; ogkj djuka

vdfy cks kb xbz , s dk( ?kkV x, efs ?kj  
yks/r; a dka

### vdfy l ka i Sj

cpnekj fucA

rwdk vdfy l ka i Sj gS xvks , A

### vdfy ckskbcks vdfy ekjh tkcks

foordghu] eufkkz tS k 0; ogkj djuka

vdfy cks kbZ xbz , s dk ?kkV x, efs ?kj  
ykv r , a dka

### v[kjh&nd[kjh eau gksuk

Hkykb&cjkbZ ea u gksuka

cq l qm vkneh , a dkAdh v[kjh nd[kjh ea  
ukua

### v[khj [kspoks

ekj dk nmk i hukA

cq rks ekj dks v[kh: ubā [ksp i kvksA

### vxj&exj dfjcks

dndZ djuka

vxj&exj cks q gS xbz] vc tkb dke , s  
dnmna

### vVdy i Ppwyxkcks

Bhd&Bhd tkudkjh u gksuk] vlnkft; u  
dke djuka

tkur dNwgr ukua] vVdy i Ppwyxkcks  
dUk , A

### v<kbZ pkej dh [khpjh i fdcks

vyx rjg dk 0; ogkj djuka

ck dh v<kbZ pkej dh [khpjh vyx  
i fdcs dUk , A

### vI fy dks

dghu] vi us fi rk l s i sika

vI fy dks gkb rks i hNa efr gfVvksA

### vMaxk vVdkbcksMkfjcks

#dkova i sika djuka

Hkys dkeu ea rks vMaxk vVdrpZ , A

### vuh tfjcks

*i {k&foi {k dh l sukvk&dk vkeu&l keus; q)  
ds fy, vk MVukA  
^ju dks /kk& k cftcs ykxk& nksuka vuh  
t p&gs vkb\**

**vi u cMh c&k uk; cUr**  
*Lo; a dks egROI w&Z 0; fDr fl ) u djukA  
cMh c&k cfucs ea dNw ukp /kj k&  
l in&l kns jgk&*

**vi u i kS [kk&ckS**  
*vkReh; rk l eklr g&uk] v&g&dj l eklr g&ukA  
vi u i kS vki bz ea [kks k&*

**vi uk&rjh dfjckS**  
*Hkn c& l s dk; Z djukA  
vi uk&rjh djh] rks ?k# dSfnuk pyxk&*

**vi uha&vi uha<i yh vi uk&vi uk&jkxq**  
*er o&HkU; ] vyx&vyx jk; A  
ck ?kj ea rks vi uha&vi uha <i yh  
vi uk&vi uk&jkxq pUrq , A*

**vi uhad&ck&nt jsdh u l fuckS**  
*nt jsdh ckr ij /; ku u nuk] d&y vi uha  
ckr dgrs tkukA  
vi uha b& dga tk&xk& dS dk& vks dh&  
l p&sk&*

**vi uh [khpjh vyx i dk&ckS**  
*er o&HkU; ] vyx&vyx jk; A  
fcu dh [khpjh rks l nk; vyxbz i dfr  
, A*

**vi uha pyk&ckS**  
*d&y vi us fu. k& ka dks dk; k&lor djukA  
gjd dke ea vi uha ukp pUrA*

**vi uh tja [k&fckS**  
*Lo; a dks g&fu i g&pkukA  
, d kS dks , s l kS vi uha tja [k&fck&*

**vi uh uha i fjck& vi uha uha BkM&g&ckS**  
*Lo&PNk&pk&f&r&kA  
cs dk& dh uk; l &] vi uh uha i Rr , i  
vi uh uha BkM&g&ck& , A*

**vi uha&l h dfjckS**  
*i jh l keF; Z l s dk; Z djukA  
vi uha&l h fl xq dYyb& i fj ek&M& cfp up&  
i kvk&*

**vi b&vd fuHk&ck&vi uha i st i jh dfjckS**  
*vi uha i fr&k& i jh djukA  
geu rks vi b&vd fuHk&ck& nb& vc n&  
tku& rj&k& dkeq tkukA*

**vi b&/k&fxckS**  
*d&y vi uha dguk] nt jka dh u l quuk  
cq rks vi b&/k&fxckS dRr& , A*

**vi b&ckr cuk&ck&g&kf [k&ckS**  
*i fr" Bk v&f&r djukA  
cki da eja i hN& ek&M&uua ckr cuk& yb&*

**vi us tkua**  
*tku c& dj dk; Z djukA  
vi us tkua rks dNw xUr djks uk&*

**vi usi kpu ead&ck&h n&ck&ek&f&ckS**  
*Lo; a {k&f&r&x&f&l r g&ukA  
vi , a i kpu vi p& d&ck&h n&ck& fdlua crkvks , A*

**vi usi &kai j [k&M& g&uk**  
*Lokoy&ch g&ukA*



ekMk vi us i kpu i S BkMkS gS tkxks I kbZ  
C; km dYyckA

**vi uscki I kaacki dbckS**

*day vi uh oLrqka rd vf/kdkj I hfer  
j [kukA*

vi uscki I kaacki db] nit js dkscki dk  
rjks gS tkxkA

**vi us?kj dsuckc**

*nit jka I s Lo; a dks JSB ekuus okyA  
cus jga vi us?kj dsuckc gekjks dk  
djckA*

**vi us [kuu dks**

*jDr I ckA*

cks Å rks vi us bz [kuu dks , } dksu I ks  
ckfgj dks , A

**vi uscl dh @gkr dh ckr u gckS**

*vi us vf/kdkj {ks= I @I keF; II sckgj dk  
dk; A*

pkYyk [k [kPpq dfjckS vi us cl dh ckr  
ukpA

**vi usgkfk dVkbckS**

*vf/kdkjka@Lokfero I s ofpr gkukA*

?kj dks cSukek dfjda fclua vi us gkr  
dVkb y, A

**vi uk&i jkvks i pkfuckS**

*fgr&vufgr I e>kukA*

vi uk&i jkvks rks ckydÅ; tklrq , A

**vi usEgkafe; k&feVBwcfuckS**

*vkRe izkd k djuk A*

vi , j Egka rks rks fl xq fe; kj feVBw cfucs  
dRr , A

**vi uk dkeqfudkfjckS**

*Lokfz fl ) djukA*

pk, j dNw gkb] vi uka dkeq Hkvks pp, a

**vi ukaEgka I kQ dfjckS**

*vk{ksj nij djuk] dtz ppkukA*

[ksj Egka rks Loki q dluuka i jsckA

**vi uka I ksEgka y&lsjfgckS**

*yfttr gkukA*

*fcpkjka vi uka I ksEgka y&la jb x; kA*

**vck dksvck fcfjckS**

*i w kZ% ifrr gkukA*

, d dh dgk dga >a rks vck dks vckbz  
fcxfjx; ks@cfBxkA

**vQjk&rQjh efpckS**

*HkxnM+epuk@v0; oLFkk Qsy tkukA*

cjkr ea , d h vQjk&rQjh epha ds HkpckS  
jfgckS i jkA

**vuB dfjckS**

*vfuv djukA*

i Sys I ksh i bz vuB gxbz A

**vejks-h [kkbckS**

*vejro iklr djukA*

^dksÅ vejks-h uk; [kkck gS uk; dksÅ vkvks  
i hfB e<kb\* %vkYg [k. MVA

**vYyxk dks i Yyxk**

*nij dk fj' rnkjA*

gkboxks dksÅ vYyxk dks i YyxkA

**vYye&xYye [kkbckS**

¼ a vye-xYie½ [kkn; &v[kkn; Hk{k.k. kA  
dS i kr dbz, } vYye&xYye efr [kkÅA

**vyy&Vli nckgfdckS**

xli a ekjuk] >Bh&l Pph ckra djukA  
vyy Bli nckS gkfdckS dkÅ&dkÅ dh  
vknfr ea vkb trq, A

**vjekuu i Si kuh fQjck& kjks i fjckS**

vkdkfkk, j u"V gkuk] grk'k gkukA  
ekMk Qsy dk Hkvkj gek, rks fl x  
vjekuu i Si kuh fQjxkA

**vl usea l gkbz gckS**

vki fUk ea l gk; rk djukA  
~vc ?kV cfb l j l r h ekbZ\*AA VdAA  
vl usea vkb da eš kj HkbZ js l gkbA  
¼o- Jherh vukj nahi mi k; k; ½

**vk**

**vkp m [kkfjckS cklfpckS**

l k{kj gkuk] HkKX; fyfi i <ukA  
vc rks ekMk vkp d cklfpckS l hf [k xbA  
fo/kkrk ds fy [ks vkp d dks cklfp i kvks A

**vkfdckS**

el; kadu djuk] jksx i hfMf vx dks vfhkef=r  
djds LoLFk cukukA  
cjckbz dks, dq dfgjk vbB ¼i hB dk  
vn"V QkMk½, vkfd nsrq, A

**vkj[k vkv gckS**

l keus fn [kkbz u nsukA  
vkj[k vkv l ks i gj vkvA

**vkj[k&dku [kysjf [kckS**

l pšV cus jguk] pkjka rjQ dh tkudkj  
j [kukA  
thuka, a rks vkj[k&dku [kysjf [kcs i jkA

**vkj[k&dku cln jf [kckS**

dh Hk tkudkj u j [kukA  
vkj[k&dku cln djs rs dk Qk; nkA

**vkj[k dksdkvks**

vfi z 0; fDrA  
cq rks ejh vkf [ku dks dkvks, A

**vkj[k dksrkjks**

cgr fiz A  
jketh rks fl xlu dh vkf [ku ds rkjs gra

**vkj[k [kfyckS**

txuk] oLrq fLFkr dk Kku gkukA  
l cja tYnh ejh vkj[k [kfy xbA  
l pkbz l keua vkbz rks ckdh vkj[ka [kfy  
xbA

**vkj[k [kjh jfgck&vkj[ka QfVckS**

fofLer gkukA  
ckds BkV nf [kda ejh vkj[ka QfV xbA

**vkj[k pykckS**

b'kkjs djuk A  
[kq Åi djsks ds vkj[ka pykcrq j Ska

**vkj[k pjckS**

l keuk u djuk] 'keZ egl # djukA  
dTtnk# l kÅdkj l ka vkj[k pjkeu yxrq  
, A

**vkj[k QjfdckS**

'kdq&vi 'kdqA  
dgk djka l f[k l wk mi kAA nkfgu&ck; u  
Qjdr jkAAA %jk-p-ek-%

vkj[k Qkfj danf [kckS  
vPNh rjg l e>ukA  
gka vkf[k Qkfj danf [k pdkS >k; dksÅ dkÅ  
dks ukqA

vkj[k cnfyckS  
l; ogkj ea ijforuA  
c[kr ds l æ yksu dh vkj[kÅ; cnfy  
tkfr , A

vkj[k cpkbckS  
vl ko/kkuA  
vkj[k cph] eky nkt.rka dka

vkj[k ekfjckS  
l dr djuk] euk djuk] i ekfHKO; fäA  
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ekM/kuA ekM/h ru vkf[k eknbA

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eR; g gkukA  
vkj[ka feps i hNa dNw gScks djA

vkj[k ehfpckS  
mi %kk djukA  
ekM/h&ekM/h dNw djA eS rks vkf[k ehfp  
ybä , A

vkj[k yfxckS  
l ks tkukA  
jkfr Hkfj txks Hkj kja vkj[k yXxbA

vkj[k yMkbckS

b'd ckth djukA  
vkf[k yMha ds x, dke rA

vkf[kfu ea vkf[k MkfjckS  
fu% ækp ckr djukA  
dcÅ; vkf[kfu ea vkf[k Mkfj da ukpā ckr  
dRrq A

vkf[k ea [kVfdckS] vkf[ku ea fdfjfdjh  
l ks [kVfdckS  
cgr vfiz yxukA  
cjh vkf[k ea [kVdrq , A

vkf[kfu ea [ku mrfjckS  
fgd d gks mBuk%  
gR; kjs , s nf [kda ebZ vkf[kfu ea [ku mrfj  
vk; kA

vkf[kurj u vkbckS  
i l lh u djukA  
, s h&cS h phT rks ckdh vkf[ku rj bZ  
ukp vkcfr

vkf[ku ea/kfj >kfdckS/MkfjckS  
/kks%kk n.kuA  
ndkunkj dh vkf[ku ea /kfj >kfdda  
fdrkc ySmMkA

vkj[kspkfj gSckS  
l kekuk gkuk] vfrfjä prjkbZ cjrukA  
vkf[k pkfj HkbZ ukj dS l; k# Hkvks ukA  
ckdh vkj[ka pkfj gSxbä , A

vkj[kaMcMckck&vkj[kaHkfj vkbckS  
vkj l vkuk] jkukA  
jksxh dh gkyfr nf [kda vkj[ka Hkfj vkbA

**vkj[ka rj g&ks**  
*i d lu gkuka*  
ek&lk dka nf[k da vkj[ka rj gS xbA

**vkj[ka fudkjck&rj sjckS**  
*Øk&/kr gkuka*  
fcuk ckr vkj[ka rj sjck& ekb i l Un ukua

**vkj[ka u hph dfjckS**  
*yfTtrA viefur vutko djukj f'k"Vrk*  
*i n&d 0; ogkj djuka*  
Egka [kkb] vkj[ka u hph gkbA  
ujk&cs efr] vkj[ka u hpha dfj da ckr dfjA

**vkf[k Q&VckS**  
*dN l e> ea u vkuka*  
rjh dk fg, &ekFka n&uka dh Q&V xbA

**vkj[ks Q&fjckS**  
*l Ecu/k r&M&uka*  
vEek dk ejh Hkb& k ua rks vkj[ka Q&fjckS

**vkj[ka cln dfjckS**  
*dN Hkh u tkuus dk iz kl djukj mi&kk*  
*djuka*  
rjga nh[ks l ks dj& ebz rks vkj[ka cln , A

**vkj[kkad h 'kje dfjckS**  
*fygkt djuka*  
rjh vkf[ku dh 'kje rs dNw ds uk&zbj vka

**vkj[kka l snj g&ks& vkj[ka ds vkx su i fjck%**  
*l keus u i M&uka*  
Egka efr fn[kb, ] n&j g&tk ebz vkj[kka ds  
l keus l A

**vkj[kka ea cfl ckS**

*cgr fiz vkj ?kfu"B gkuka*  
^[k&fy jh ?k&KV] [kksy/ka dgk] ejfr us&u  
½vkj[k& ekj> cl h , A\*½j l [kku½

**vkj[kka ea efr ckS**  
*Mjdj l drkut kj dk; Z djuka*  
R; k, MU ds ekj a fcpkj ks vkf[ku ea efr rq  
, A

**vkj[kka ea yky M&jk i fjck& vkj[kka ea l j [kh vkbckS**  
*Øk&/kr gkukj u'kk p<uka*  
tud th dh ckra l fud& yf{keu dh  
vkf[ku ea yky M&jk i fjx, @vkj[ka yky  
gS xbA vkj[kka ea l j [kh vkb xbA

**vkj[kka ea l p&jk d&Sck# g&ks**  
*c&fygkt gkuka*  
cq dk& dh ekUr& l f&rk& ck dh vkf[ku  
ea rks l p&j ½ n&j½ d&Sck# , A

**vkf[rek vkf[tk& vkf[rek i fjckS**  
*'kki n&uka*  
xjhc dh vkf[rek i fj xb& rkl ka cq ej S&ka

**vkf[rek vkf[tk&S**  
*i jk&i jk Hkj& ka*  
getua rks vc i <kbz i sbz vkf[rek vkf[tk&  
jk[kh , a

**vkj[kka ea [kVfdckS**  
*cgr vfi z yxuka*  
c&h vkf[k ea [kVdrq , A

**vkbz cyk Vkyuk**  
*ed hcr l s N&/dkjk i kuka*  
^ty n& tyky n& vkbz cyk d&S Vky n&A

**vkdi r dh ckradjuk**

*ijkrugl; mtkxj djukl l ije txx-dh  
ppkz djuka*

vktdqdh irks ukpus vkdi r dh ckra  
dUkq A fl xqcdkj dh ckra , j vkdi fr  
fdUua ns[ kh , A

**vk[kr Mkfjcknsks**

*v{krka@pkoyka l s i rtk djuka  
tPpk jh] /kUkh es k dka vk[kr nA*

**vk[kj xkbcks**

*uxpkj ds xhrA  
rsy&rkbl gkoxh rks vk[kj Å xcA  
vk[kj crkbcks@fl dkbcks*

*Kku nukj f'k{kk nukA  
^uj l ije: j ukjk; u l ije: j l ije: j xas  
ekbA Hkny&Hkny vk[kj ebz k nbl vks  
crkbz@fl dkbz\*A*

*1/4kdxhr&l jLorh olnuK%Lo- vukj nph mi k/; k; 1/2*

**vkxk&i hNk djuk**

*dk; l djus ea fgpduka  
Hkys dke ea vkxk&i hNks dfjcks Bhd upz , A*

**vkx@vkfx mxyuk**

*cgr vfeld xehz i Muka  
tB ea l i t q vkfx mxlUq , A*

**vkx&cejik gksks**

*cgr Økf/kr gkuka  
l hryk vkbā l hryk vkbā cÅ vkx&cejik  
vkbā*

**vkfx nksks**

*fookn ; k >xMk 'kq djuka  
tk nd ea vkfx rks usruubz nbl , A*

**vkfx nsdai kuh dkanksjcks**

*>xMk djks ml s 'kkUr djus dk vkMEcj  
djuka*

vkfx ns da i kuh dka nksjcks dNbl yksu  
dks dkeq , A

**vkfx i fjcks**

*egpxkbl gkuka  
vc rks fl x phtu i s vkfx ijbz , A*

**vkfx cfli cks**

*rhore xehA  
vjh vkm Hkft Hkh rja ckgy cjl r vpxjA  
1/4c- l r l bZ*

**vkfx Hkf[kcks**

*vkosk ea vkdj 0; ogkj djuka  
vcs dNqefr d, j vcbā rks gjh vkfx  
Hkf[k j vks A*

**vkfx i Si kuh Mkfjcks**

*>xMk 'kkUr djuka  
ckck ds vkbs rā vkfx i Si kuh i fj xkA*

**vkfx eadfincks**

*tku&cA dj eq hcr ea Qil ukA  
xMu ds f[kyki xckbz nksks vkfx ea  
dfincks , A*

**vkfx ea?khm Mkfjcks**

*fookn c<kuka  
ckdh xkfj u ua vkfx ea ?khv dks dkeq  
dj kA*

**vkxadkaxnZu dfjcks**

*vxpqk cuukj l Eeku i kus dh bPNk djuka  
vi uka cirks vkxā dks xnfudfjcs dks ukA*

ukjnth usxnū vkxā dnāb] dSēkyk  
gekjs bā i jSxhA

**vkxaukFk u i hNs i xgk**

*fuj oā khA*

bdyh tkfu] vkxs ukFk u i hNs i xgkA

**vkx&i hNadh I kfpckS**

*Hkr&Hkfo"; dh fplrk djukA*

cf) eku vkx&i hNa dh I kfpda dne  
c<kor gā

**vkMs i yk i SrkfyckS**

*vl; k; i wKz dk; Z vFkok vl &r dk; Z djukA*

vkMs i Yyk i SrkfyckS dāksU; km , A

**vkV&nkfj dksHkkm ekfye i fjckS**

*dfBukb; k@l eL; kvka l s voxr gkukA*

C; km rks gku ns fl xq vkV&nkfj dks Hkkm  
ekfye iTtkxkA

**vkRrh mrkfjckS**

*i wtk djuk 10; x; 1/2A*

xkjh u nĀ; rks dk rbz vkRrh mrkfjckA

**vk<wds l k<w**

*nj; dh fj' rnkjhA*

cs gek, vk<wds l k<w ds fj' rs ea vkcr  
, A

**vk/kk rhrj vk/kh cVj**

*njxk vknehA*

cs rks vk/ks rhrj vk/kh cVj , A

**vki bZxq & vki bZpsyk**

*I oī okZ gkukA*

xq xkfoln I haxq vki pZ xq vks# vki pZ  
psyk grA

**vki k [kksCBuka**

*/kS Z ppluk] fuj flkekuh cuukA*

cMlf- l s cMlf eq hcr ea Hkh vki k ugha [kksuk  
pkfg, A

^, s h ckuh cksy, eu dk vki k [kksA\*kdchj½

**vki sl sckgj tkbckS**

*I keF; Z l s i js dk; Z djukA*

jktqg tkj #fi ; k [kfpckS ejs vki sl s  
ckgj dh ckr , A

**vki sl sckgj gkS**

*vfu; f=r Øksk dh flFkfrA*

ekb ns[krbz cs vki s rs ckgj gS x, A

**vk cS ekb ekfj**

*eq hcr@yMkbZ dks vkef=r djukA*

dNrkS vk cS ekbekfj i Srngs jgr , A

**vke ds vke xBfyu ds nke**

*nqjk ykHk mBkukA*

, s ks djks tkra vke ds vke feya vkj

xBfyu ds nke feya

**vk; kje & x; k jke**

*ny cnyA*

fdrd urk , a tks vk; kje&x; kje cus  
js , A

**vkl eku rsVi fd i fjckS**

*vuk; kl ykHk gkukA*

dNq grpZ ukvks rks dk ft fl xq vkl eku  
rsVi fd i jkA

**vkl eku QfV i fjckS**

*vR; f/kd o"kkZ gkuk] vi R; kf' kr vkj i; yadkjh*

?kVuk ?kVr gkukA

psr ea rks , d fnukj vkl ekupz QV i jkA  
, d ks dk vkl ekuq QVKS i Rrq , s tkds ekja  
dfi jvks , A

**vk&i k&scfpcks**

de nke ea cpuka  
xTt ifj xbz } l ks ukjtq rks vk&i k&s  
cfpsc ij&ks

**b**

**bdkSpuk Hkkj , ukj Qk&kq**

vdys dh v'kDrrka  
bdyks puk dk Hkkj , Qk&y&ks \

**br&fcr dfjcks**

Qsyk nukj vLr&0; Lr djukj tgl&dgba  
i Vd nukj 0; Fkz ea [kplz dj nukA  
gka dk&dk <ka ukrh us fl xq  
dkji h&fdrka br&fcr dn&ba  
#fi ; k grs l ks br&fcr gs x, ] vc rks  
gkrq [kkyh , A

**br&fcr dh ckradrfjcks**

cdokl djuka  
br&fcr dh ckr&cln dfj] vl yh ep&ak  
i s vka

**brj&fcrj g&ks**

fc[kj tkuk %l &N&bLrr%0; Lr%A  
fl xq l kekuq brj&fcrj QSyks , ] dkbz  
l ekfjcs ckjks bz uk&ba  
, dbz nydkj ea ckyd brj&fcrj gs  
x, A

**brjk mfBcks**

vg&dkj ; & 0; ogkj djus yxuka

pkfj i s k dk gs x, ] cqbrjkb mBk&

**brSdq&fcrS [kkbz**

gj rjg ed hcr gkuka  
ek&ka rks brS dq& , s fcrS [kkbz , A

**beyh dsi Uk i SMM i fycks**

vHkkoka ea id Uurki &bd thus dk vH; kl A  
n& ejs tkrv& ge rks beyh ds i Uk i S  
MM i fycks dUk , A

**beyh dsi Uk i SnkStusl ka**

ie ea d"Vka dk vutko u gkuka  
l; kj ea rks nks tus beyh ds , d i Uk& i s  
l kb tkr , A

**bekuq mBk&ck&bekuq [kk&ck&bekuqgkfj ck&**

beku l ka  
dl e [kkuk] 'ki Fk i &bd dguk] dksy gkjuka  
r&N ckr i s bekuq mBk&cks Bhd uk&ba

**bekuq [kk&ck&bekuqcfpcks**

cb&kuh djuka  
ckua rks &ku ds ykyp ea vi uka bekuqz  
cfp [kkvka

**bz**

**b&i Fkj [kk&cks**

fi Vuk] v[kk] f[kykuka  
eks i s ckds b&i Fkj ukj [kk, i Uka

**b& dkSTckcq i RFkj l sn&ks**

cnyk yuka  
c&h dka b& dks Tckcq i RFkj l ka nr jgs g&ba

**b&l kab& ct&cks**

l ey u"V djuka

^dks fpurk chju dfjc} nœks bV I ka bV  
ctkb\*

**bAkuqg&ks**

t t j ] u " V d j u s ; k k ; ] o ) g k u k A  
vc dk; k rks bAkuq gS xbA  
ckydu ua l kbfdy rksj da bAkuq dnabA  
tkb bAku&l h xkMh d p d k , y , j f Q j r g k A

**b[ k dk b[ k d k S c k t k S f c x f j c k S**

i j h r j g i r u g k u k A  
gek , j r k s b [ k ¼ Å [ k ½ dk b [ k d k S c k t k S l  
f c x f j x k S , Å

**m**

**Åpbcks**

cks> mBokuk] dkbz oLrq Å i j mBkukA  
^, s s < k s y k ] e j h x x j h n S m p c k b z  
v j h x k j h d S a m p c k Å r j h V k d j h j h A  
¼ o - J h e r t i j k e c v h n o h i z

**mpfdcks**

mRd f B r g k u k ] p p y g k u k ] i z R u ' k h y g k u k A  
c q p u k m r s i S y a b z m p f d j k S , Å

**mNy&dm epkbcks**

p p y r k f n [ k k u k A  
p u k m g k f j d a u r k t h c k s q m N y & d m  
d j r j g A

**mMfr fpj\$ k dsi [ k i p k f u c k S**

o k L r f o d r k K k r d j y u k A  
g e m M f r f p j b z u d s i [ k i p k u r q , Å

**mMtu Nwgguk**

, d n e x k ; c g k u k A

i y d > i d r b z m M t u N w g s x ; Å

**mMkbcks**

x y r [ k c j Q S y k u k ] c n u k e d j u k ] p k j h d j u k ]  
[ k k u k A  
t s c & f l j & i j d h m M k b c k S c l n d n n A  
d k Å d h e k n h , m M k b c k S v P N k S u b z g k r A  
f c l u a c d r s # f i ; k m M k b n , A  
r j e k y q m M k b c s e a d k Å d k S d k t k r q A

**mfMeks**

v l k e t l ; v F k o k c u k o v h 0 ; o g k j d j u k A  
m f M e k S c l n d f j ] / k U k h i s p f y c k S l h [ k A

**mBki Vd djcks**

i z R u d j u k A  
c q r k s m B k i V d d j c k S d U k , Å

**m/kkj [kk, i c f B c k S**

l l u ) j g u k A  
c s r k s f h k f j c s d k s m / k k j [ k k , i c B s , Å

**mi kfn djckS f i > c k S**

m R i k r d j u k A  
r k b j k s t q u b z m i k f n l w f r , Å

**mefdcks**

m e f x r g k u k A  
/ k s y k x k f B e a u b a , a n y f g u e s y k d k a  
m e f d j b z , Å

**mpfV dsyfxcks**

v u k ; k l y k h k f e y u k A  
R ; k b z [ k u c q m p f V d a y x h , Å

**mefj dfVcks**

t h o u ; k i u d j u k ] v k t h f o d k p y i k u k A



ckjh mefj ea jkM gsxb] b7 # tkua mefj  
dS a dVSh  
I k&nkS I kS I ka dk mefj dfV tkXxhA

**mefj Hkj**  
vktuuA  
mefj Hkfj I xq n&ckjs , dknplz gkr , A

**mefj yfxckS**  
nh?kkz @fpjat/hoh gkus dh 'kdkk'ka kA  
jkeq djs rkb ebz mefj yfx tkbA

**mefj ijh g&ckS**  
eR; q gkuka  
vLI h I ky ea dDdk dh mefj ijh HkbA

**mefj g&ckS**  
i k&+gkuk] cMk gks tkuka  
vc ck dh mefj C; k ykbd gsxbA

**my [kPp dfjckS**  
/ku cckh djuka  
C; k&l kfnu ea rks my [kPpq gkrq , A

**myV&i yV dfjckS**  
ifjorū djuka  
u, vQI j us ckr myV&i yV dnnbA

**myfV ckj dfjckS**  
ifr igkj djuka  
nq eu ua geyk djks rks gea myV ck#  
dUuka ijka

**1/2 eu I k&2 mrfjckS**  
fizrk [kks nsuk] vik= gks tkuk] vf/kdkj  
P; q gkuka  
vi us djeurs cqes eu rs mrfjxka

vUr ea jktxnnh I ka mrfjckS ijka

**mna i SI q nh**  
vi Hkkfor jguka  
reua bruka I etk; kS ifj ck ismnnis  
I QnhA ukua

**myfV&i yfV dsnf [kckS**  
I ko/kkuh I s fujh{k. k&i jh{k. k djuka  
geua fl xq cn&i jku myfV&i yfVda  
nf [ky, ] ifj b7 j dA; u nh [kka  
^myfV&i yfV ydk I cqtckjh] dfin ijk  
i fu fl akq e>kjh\*A

**mYVh pkfy pfyckS**  
v; fä i w kZ dk; Z djuka  
mYVh pkfy&pfycs ckjks dcp I Qy uk  
gkrA  
mYVh ckrS dfjcs rs dk Qkbnk \

**mYVsmLrjk I ka eMckS**  
Bx yuka  
re rks ckua mYVs mLrj kars epMy, A

**mYVs dke dfjckS**  
ykd fo#) dk; Z djuka  
rjs mYVs dkeu ua fl xq [ksyq [kjk  
dnfvka

**mYVs?kMka i kuh i fjckS**  
vl Ehko dk; Z gkuka  
pkshl ka ?ka/s fctygh vkbck\$ mYVs ?kMka  
i kuh i fjckS gs xvks , A

**mYVs i kp ykSuk**  
rjUr oki I vkuka  
ge rks /kksyfi j I ka mYVs i kp pys vk, A

**mYVs i k| si fjckS**

HkkX; dk l kfk u nuka  
dgk dj| i k| s fl xq mYVs i jr gA

**mYVsck| cjyh dka**

v; fä i wkl 0; ogkjA  
dks jkd| vc rks mYVs ck| cjyh tkr , A

**mYVspk# dkrcky dksMkVs**

vijk/kh dk vfkdkjh dks Hk; Hkhr@nf. Mr  
djuka

jktui hfr dh ek; k , } mYVs pkj  
dkrcky, MkfV j, , A

**mYVKSTokcqn&ks**

i R; fjkj nuka  
myVk gkb dgk gupekuka efr Hke idV  
rkj eS tkuka

**mYVksnm pkfyck& fjckS**

foijhr ifj. kke i klr gkuk  
mYVksnm Qdks l ks l l q kbz fpük gSkA

**mYV&l hkk&l qVksdfjckS**

vufpr vkj vufrd dk; l djuka  
urk rks mYV&l qVks djr bljgr gA

**mYV&l mkscfcdck&ckfyckS**

xkyh&xykst djuka  
Hks k| l ina ckr dfj] mYV&l mks efr cksyA

**mYV&l mksck&# dfjckS**

euekuk 0; ogkj djuk] xyr vkpj. k djuka  
R; kjks mYV&l mksck&# rpa ys cBskA

**mYykbckS**

c[kj uk] mMkuka  
dk, dka ?kj ks i S mYykrq , A

**mYywdkSi VBk g&ckS**

furklur ewfkz gkuka  
, s ks dks mYywdkSi VBk gskks tks vi uka  
Hkyk&cj ks upa tkr gA

**Å**

**Åp&uhp g&ckS**

cM&NkVs dk HkkoA  
vcbä >a rs Åp&uhp dh ckr [kreu ukus  
HkbA

**Åp&uhpseai km i fjckS**

d&xl xkeh gks tkuka  
ekM&ekMtu i S fuxkg jf [kckS djkj] dÅ;  
Å&uhps i S kpa u i TtkbA

**ÅV ds Egka ea thjckS**

cgr de] u ds cjkcjA  
Ql fy cjcknh dks eqkctk rks ÅV ds  
Egka ea thjckS , A

**ÅVqg&ckS**

[kic yEck gkuka  
l kj S cLl ea rks cq ÅVQ gSkA

**ÅVqv; ksi gj rj**

vi us l s 'kfä 'kkyh] cM& ds ncko ea vkuka  
cM&rh l ekj [kkj cUur, & vc vk; ks , s ÅVq  
i gj rjA

**ÅVqI ksfQfjckS**

fu#nns; HkVduka  
u tkua dgk ÅVqI ksfQRrq jSq , A

**mBh gkV**

chip es dke NkMuka

mBh gkV vkVesfnu yxrh , A

**Åij gh Åij**

fcuk crk, dk; /dj MkyukA  
fl x dke Åij bZ Åij gSx, A

**Åij dh dekbZdfjckS@ [kbckS**

fj'or yukA  
fl xq Åij dh dekbZ dfjcs fpi Vs , A

**Åij dk&Fk&fcdckS**

vg&dkj i wZ vkpj .kA  
Åij dka Fk&fcdckS rks Åij bZ fxj S&k&A

**Åij dk&f[kckS**

vfr egRokdk&kh gkukA  
Åij dka bZ efr nf [ckS djkj br fcr dka  
Å fprbcs djk&A

**Åij I sÅij**

Lo; a ipkfjr@vo&kkfud : i I A  
fclua Åij rs Åij ckra cukbZ nb&A

**Åij dkStk# ifjckS**

mPp vf/kdkfj; ka dk ncko i M&ukA  
Åij dkS tk# i RrbZ dkeq gS&k&A

**Åij ckj @Åij ckjks**

mPp vf/kdkjh x.kj bZ oja  
Åij ckjs tks dja I kbZ Bh , A  
Åij ckj ks Hkyks dj&S&k&A

**Åij I ksmrfjckS**

gkukh gk&dj jgukA  
bZ # Å mrfj vk&S rk dka cpkb ukj  
I dr&A

**Åij gkrqg&ckS**

vffkj f&kr gkukA  
ck i S bZ j dks gkrq , A

**¼fl xUr& Åij g&ckS**

I okPp gkukj fdl h dso'k ea u vkukj fdl h  
dh ckr u ekuukA  
fl xu rs Åij dks Å ekul q ukj gkrq bZ #  
gkrq , A  
cqfl xu rs Åij dks Å gS tX&ks \  
fl xu rs Åij gS da dkj tk&X&k&A

**ÅykyhykSg&ckS**

Q& yk gkukA  
tk d& ea dNw ÅykyhykSg&S tk; rks  
fufRr i j&A

**, d vkf[k u nf [ckckS**

fcYdy Hkh ojnkr' r u dj i kukj vR; f/kd  
bZ; k&A  
cm&S Nk&S , d , d vkf[k nf [k ukj i kor&A

**, d vkf[k u I gkbckS**

vPNk u yxukA  
ekb rks cq, ddq vkf[k ukj I gkr&A

**, dbZutj I kanf [ckckS**

I eku I e>ukA  
bZ # xjhc&vehj , s d, bZ utj I ka n&krq , A

**, d&, d , stkfuckS**

HkyhHk&fr ifjfr gkukA  
ddk I ka dgk dgr gk& ge buea rs  
, d&, d , s tkUr , A

**, d dh pkfj cukbckS**

vfr'; kfä i wZ dFkuA >Bh ckrs fHkM&ukA  
, d dh pkfj dfjckS Bhd uk&A

, d&, d dh ul i p̄kfuckS  
jgL; ka vFkok vknr l s i f j f p r gkukA  
cM& l k/kw cus fQÜk , j ge , d&, d dh  
ul rs okfdQ , A

, d bZrjktwi Srkfycks  
l eku eiv; kadu djukA  
vPN&cjs fl xu , a , d bZrjktwi Srkfycks  
dk; dKS U; km , A

, dbZdkSgSla jfgckS  
doy , d i {k dk l eFkZl  
x# nksiq vT t q ds gSla jfg x, A

, dbZMMk l ksgkfdckS  
l eku dkuu ykxw djukA  
tk jkt ea rks x/kk&?kk&Mk l c , dbZ MMk  
l ka gdr , A

, dbZFkj; k ea [kkbckS  
, d t k gkukA  
os pkj ka rks , dbZ Fkj; k ea [kk r j , , A

, dbZFksh dspVV&cVVs  
, d t s s /k r A  
ts fl xq , dbZ Fksh ds pVV&cVVs , A

, Xxwds l Rrjs xwdfjckS  
cgr xlnxh Qs ykukA  
, Xxtwds l Rrjs dfj da vPNks ukp dj r  
gkA

, d pti l kSagjkcs  
ekS dk vekSpk i HkkoA  
cfdc l ka dk gkrq , j , d pti l ks us  
gjk b nsq , A

, d ra, dq [kjki krh  
, dnt js l s cMk nqVA  
dkS dh d, j buea , d rs , d cMks  
[kjki krh , A  
, d i ku nksng  
vFkUuA  
l hrk vk# jkeq rks , d i ku nksng gA  
, d i s, dqX; kjs  
esy&feyki l s 'kfa c<ukA  
fl xq tkUr , a ds , d i s, dqX; kjk gkr , A  
^nks , d , dkn'k gq fdl us ugha ns[ks  
l qA  
gk] 'k; ds Hkh ; ks l s gS vad gkrs ni  
xqAA\*\* %j k"Vdfo] eS' k-xqr½

, d i j i SBkMks  
dfBu riL; k djukA  
/kp th ua , d i j i SBkMgSla riL; k djh  
grhA

, dqu , dq  
dkbz rka  
buea rs , dq u , dq rks thrxka  
, d Egka [kkp] , d xk- fgaxa  
, der ds gkukA  
cS rks fl xq , d Egka [kk r jg] , d xk-  
fgaxr jgAA  
, d EgkagckS  
, d jk; gkukA  
cs fl xq , d Egka gs x, ] gks bdyks i fj  
xvka

, d jLrk dkspykS  
l h/kk&l knka  
ge rks , d jLrk i s pyr jgs gS nt jh  
ukp pyA

, Mh jxfMeks

[kq kken djrs jguk] iz Ru'khy cus jguk  
, Mh jxRr&jxRr ftUnxh fudfl xbl ifj  
l kc dcÅ; [kq bz ukua Hk, A

, Mh&pksh dks tks# yxkbcks

ijh&ijh dks'k'k djuka  
, Mh pks/h dks tkj yxk nk\$ rksÅ pukm  
gkfj x, A

, Mh&pksh dks i l huk df<eks

cgr ifjJe djuk] fu<ky gkuka  
dyVVj g&eks vkl ku ukua gkrj , Mh dks  
i l huk pks/h l ka df<+ tkrq , A

, s

, M+yxkbcks

ij dh , Mh dk ncko ; k jxM+?kkM/ds i s/  
ds nksuka vkj Mkyuka  
t\$ a bā , M+yxh ey [ks dh ?kkM/ mfM+  
xvk&dks gtjA

, fBcks

vdMuka  
tc ns [kks rc , fBcbz dRr , A

, fu djda

fo'okl i wZdA  
, fu dfjda ekfuvkj gdheq t bZ , A

, fu c [kr @Vē i s

fuf'pr l e; i jA  
i Sya gkeh Hknrbz , fu vē i Seua dnrbA  
vks

vkf pkfVcks

vfr vYi l s l r dV u gks i kuka  
^vkf u l; kl cp-fr ugha Lokeh uh# HkykS  
vi us bz ?kM/ dks

vkf i fjcks

; r-fdfr ykHk gkuk] fujk'kk ea vk'kk dh  
fdj.k nh [kuka

pkfj cpa dk ijhā l v [krh Ql fy i s vks  
ifj x bA

vk\$# vkbcks

nfnZ vkuA  
ck ?kj dks rks vks#bz vKXks yxrq , A

vkf jks vkbcks

ckjh vkuk] Øe ij vkuA  
ykbu ea BkMks gk i rks ukus ej ks vks jks  
dc vKXksA

vks

vkf kfr eajfgcks

vi uh l hekvka eajguka  
l fu vkf kfr eajA vkl eku i sefr fkdA

vkf k i fjcks

cjk oDr vkuA  
^vkf kj ifj xbz gsey [ks i \$ Ånfy l kcs  
i kp i l kfjA\* vKyg [k.Mz

vk\$# rks vk\$#

bruk gh ughA  
vk\$# rks vk\$# dnrb ds Hkbb Åj vkl eku i s  
i kfp x, A

vk\$# Hkvks l ks Hkvks

tks dN gpk og rks Bid gA  
vk\$# Hkvka l ks Hkvkj ekM/ i kl gSx; kA

**d**

**da**kyh ea vkVks xhykSgS  
ed hcr nj ed hcrA  
dakyh ea vkVks Å xhykSgkrq , A

**da**vdqdkfVckS  
I eL; k@i j's kkuh nj djuka  
ck ds tkcs I ka fl xq dā/d dfV d, A

**da**kk mpdkckS@dakk MkfjckS  
rs kj u gkuk] euk djuk] fgEer gkjuka  
cq ukus dj i kcxkS ck us rks i Sys rs dakk  
mpdkb n, A  
dakk Mkfjca I ka dk gs tkxka

**da**ku i SvckS  
nkf; Ro I Hkkyuka  
cki ds ckn fl xjksckS ekMtu ds dUeku  
i Svck fxjka

**da**ksdkf<ekS  
nā[k nj djuka  
cs/k ua cki ds fl x dkVs dkf<+n, A

**da**kspfuckS  
ckkk, j nj djuka  
x# th egjkt ua gekbz jLrk d fl xq  
dkVs chu y, A

**da**kvu dksrktqi SjckS  
d"Vi n nkf; Ro dk fuokz djuka  
efrjh gSckS rks dkfVu dks tkrq i SjckSgS  
xvks , A

**da**kvsc [kjckS@ckuk  
dfBukb; k; i shk djuka

daÅ dh jLrk ea dkVs c [kjckS vPNkS ukua  
^tk rks dka dkVk cps rkg ckb rii Qiy\*  
%dcij%

**da**kvka i SI kuk  
vR; f/kd d"V mBkuka  
Hkxrh dfjckS rks dkfVu i SI kbckS , A

**da**kvkaea?kl hfVckS  
ed hcr ea Qil ukA  
vi u daÅ yu ea u nu ej gea dkfVu ea  
dk, ?kl hVr jgr gka

**da**kvksdh ckfj i SpfyckS  
dfBu ekxz dk vuq j.k djuka  
fxjLrh pykbckS dkVs dh ckfj i SpfyckS  
, A

**da**PpksfpVBk [kksfyckS  
jgL; mtkxj djuka  
gii rks ckdkS dPpks fpVBk [kksys nrka

**da**rv&ckrqdfjckS  
cpk dj j [kuka  
drv&ckrqdfjda b±pkfj i bā k tñj ik,  
, A

**da**ui Vh I fxckS  
Fkli M+ekjuka  
, s ksjki Vks naxkS fl xq dui Vh fl x tkxhA

**da**ucfr; k; dfjckS  
xqr ea. kka  
usru dh ducfr; k; gSckS dfÜk, A

**da**cfj ea i km yVdkbckS  
eR; q ds fudV gkuka

fe; kj vc R; kjs dcfj ea i kp yVfd j, , j  
dk, sejs tkrvkA

### **dVÅ pyu n&ks**

cs jkd&Vkd [kpZ djukA

cki dh dekbZ vks# Ugsj dh HkjkbZ dkVÅ  
pyu nmA

### **dBi rryh g&ks**

ni jka ds b'kkjka ij dk; Z djus okyKA

dkÅ dBi rryh cfuda j&ks i l fln ukj  
dÜkA

### **dBeÿyki u**

dVVj i Fkh] i jkru i Fkh] /keZ ds okLrfod  
vFkZ dks u l e>us okyKA

dB eÿyki uka /kje dh tja [kksn Qdr  
, A

### **defjcln uk&ksn&ks**

doy ; pkvkj i ks-ka rFkk o) ka dk fuell=, ka  
gn&kl ds fg; kj dks dejcln uk&ks , A

### **dekbZdfjckS**

/kuktZu djukA

r&ua uk&dj h ea [kuc dekbZ dÿybl

### **dekbZ [kkbckS**

ni j ds /ku dk mi ; ksxA

dkÅ cki us ek&Mh dh dekbZ [kkbZ dk] l ks  
gka [kk&kaA

### **djst&k dkfi ckS**

Hk; Hkhr gk&kaA

dk&k dh ?k&kbZ nf[k da ej&ks rks djst&k  
dkfi mBkA

### **dye djuk**

dkV dj Qdr nukj ekj Mkyukj i k&ks  
yxkukA

pkfcy ds Tokul a xÿys nq eu dye  
dn&, A

### **dye&k i f<e&ks**

ekjk tkukj /keZ i f&orZu&ed yekj gk&kaA

fgln&Lrku&i kfdLrku dh yjkbZ ea tkua  
fdrllu dks dye&k i f<x&ka

rj dlu&ea e&drs fgln&ua dye&k i f<e&ks fl [kkbZ  
nv&ka

### **dye dksdl kbZ**

dBkj n. M nus okyk vf/kdkjhA

ts tTtqrks ij&ks dye dks dl kbZ , A

### **dye f?kfl ckS**

fy [kuk&i <uk] l kfgR; l tZka

dk&h dye f?kfl cs l ka dk Qkbnk \

### **dye rksfjckS**

J&B j&pk djukj vR; ij&ke o. kZ&A

jke&t h dks c [kk&u&dfjcs ea r&yl h ua dye  
rksn&bl , A

### **dyVVj dkspk&ks**

mPp vf/kdkjh 10; & &xkyh&A

cuka fQR&q , dyVVj dks pk&kaA

### **dje dks [kkbckS**

Hk&X; o'kkr-ykHk feyukA

fl xq vi u&vi us djeu dks [kkr , A

### **dje dks [kk&ks**

vHk&x&ka

dje dks [kk&/ks u g&ks-k& rks cki q dk, eRr&ka

**dje xfr**

*i kj C/k HkksxA*

tokuq ekUl q c&/k pyks xvks 1/2ej x; k1/2 c&ks  
Mkdjk c&ks jfg xvka

**dje QfVcks**

*nfnZ vkuka*

ekVj h dk dj h] gek, rks djeb& QfV  
x, A

**djk&/kjsyhfi cks**

*Nr?urlk] vgl ku Qjkeks kh I Qy dk fu"Qy  
djuka*

R; k, xkb& ncs rs gekvks dj k&/kj ks fl xq  
fyfi xka  
r&lua rks dj&/kjs i s i kuh Qf hka

**dl e [kkuk**

*'ki Fk yuk] i frKk djuk] vLohNfrA*

Hkxeku fl jh jke th ua gkrq mBkbda dl e  
[kkbz dS gka j kPNI u dks [kkRek dn&ka  
Hkb; k dh dl e] gka vk t kxka  
gka fdl e [kk p&ks vk& vc fQj rks i s up&  
ex&ka

**dkMqdfjcks**

*?kVuk&n&kVuk gkuka*

ckua , d uvks dkMq dn&vka

**dkTt fdfj; k dfjcks&nkg&l ldkj 1/2**

*vUR; s"V I ldkj djuka*

jkfr dDk pys x, ] I cjs fcu dh dkTt  
fdfj; k dn&bA

**dkV&NkV djuk**

*Nk&k djuk] I qkjkuk] rd&fordz djuka*

ekyh ua dkV&NkV dfj da Qyckjh Bhd  
dn&bA

vk&ks fl xq I fuda pti q jfgx, i fj gjh ua  
Hkks&dkV&NkV dj hA

**dkB dh gfm; k**

*>B dk 0; ogkjA*

dkB dh gfm; k , d i krbz p<fr , A

**dkB dksmYyw**

*furkUr ewfka*

cq rks fuj ks dkB dks mYyw , A

**dku dVcks**

*cbTtr gkuk] 'keZUnxh egl th gkuka*

*dk, ] pti q dk, jgk rks i s dk dku dV, , A*

**dku dkfVcks**

*c<&p<+dj ckyuk] nit js dks ckyusu nukA*

*ekMk rks dku dkfVcs dRrq , A*

**dku dksdPpks**

*I qh g&Z ckrka ij fo'okl djus okys*

*dku dks dPpk] I gh&l gh ckr I eft  
ukua i kcrA*

**dku [kkfy dal fucks**

*vPNh rjg I e>uka*

*dku [kkfy ds I ty} vkB fnuk ea dk&g  
gkuka , A*

**dku i stpu j&xcks**

*dkbz i frf0; k u gkuka*

*gka Hkks&q dNw ds&q j vk& fcu ds dku i s t p  
rd up& j&hA*

**dku QfVcks**

*cgjk gkuk 1/2> p ykgV/A*



fdRrh nRrs bYykj ka l fuda ukj nra vj\$  
dku QmV d, dk \

**dku QkfjckS**

cgr 'kkj epkukA  
ts ckts rks dku Qkj a MKRr , A

**dku HkfjckS**

fl [kkuk&i <tkukA  
rjs dku fdUua Hkna , A

**dku eaHkud i fjckS**

mMfh&mMfh [kcj] l f{klr tkudkjhA  
dku ea dNq, d h Hkud i jh, %l ukbz vkbZ  
, % ds cs tkcs ckjs , A

**dkukadku [kcj u gkuk**

jpgL; i ukj xpr l ekpj] fd l h dks Hkh [kcj  
u gkukA  
mudh eksr dh dkA dka dkuka dku [kcj  
upā yxhA

**dkeqrekeqdfjckS**

gR; k djukA  
gka i kfp ubā i kvk\$ rc rd c\$jlua dDdk  
dks dkeq rekeq dnfvkaA

**dkjsdkd u**

cgr njA  
fnYyh >kra dkjs dkd u , A

**dkjsfcy pckbckS**

foxr tUe dk \_\_.khA  
gka rjs dkjs fry pckb ppk\$ l ks tk tue  
ea cfg&cfg ds nsjvkaA

**dkjksvPN# Hkfi cjkcfj**

fuj {kjA

dkdh dka rks dkj ks vPN# Hkfi cjkcfj  
grkaA

**dky dsxky eacfl ckS**

[krjukd LFkku ij jgukA  
[kVnku ea dkeq dfjck\$ dky ds xky ea  
xfjckS , A

**fdRÅj fprcafdRÅj pps**

vI ko/kku gkukA  
fdRÅj ns[kxks fdrÅj ppsxks rks BkdRrk  
[kkmxA

**dRrk dh eksr efjckS**

dxfr cs eksr ejukA  
pkj dRrk dh eksr eRr , A

**dRrk dksxw**

?kf. kr vuq; ksxA  
cRks dRrk dksxw , } u yhfi os dks u  
i ksracs dkaA

**dgyvk eaÅV xgyckS**

dgyvk % feVvh dk , d Nk&vk xkysi k=  
xgyckS?kj kuk@vFkZ-nh l k/; dk; ZdjukA  
fl jhZ dk, gfcS dRrq] dgyvk ea ÅV ukj  
xhA

**dgyk dksesd**

vYi KkuhA  
dgyk dksesd dk tkua ds nfu; kj fdRrh  
cMh , A  
%ykd dFkk % es-el vkj c\$y dh dgkuh%

**dfrckS**

ew; kadu djukA  
i plua ckdk [krq pkYyk[k dks dnrks , A

**dk<+ea** [kk̥tq

*cn l s cnrj fLFkfrA*

, d rks ri snfDd] ni j ank: ( dk<+ea  
[kk̥tq bZ rks , A

**dkak dkfVcks**

*pDdj yxkukA*

dk, ] ts ekMk vktq dka k dk, dkfV jvks  
, A

**dkak n&nSdaefircks**

*vufpr dk; l djukA*

ud l je dfj( dka k n&nS da efircks dln  
dfjA

**dkfn ncks@yxkcks**

*fprk i shk djuk] ubz ef' dy ea Qil ukA*

rš us vPNh dkfn nb] gka rks i ybā rs  
gš kuvkA

**dkj&dI j u NksMeks dluh ea dI j u  
NksMeks**

*l Hkh rjg ds iz kl djuk] dkbz deh ckdh*

*u jgus nsk] gj l Ehko mik; djukA*

ejht dks byktq dfjcs ea Mkq d/klua dksÅ

dkj&dI j ckdh NkMk ukua grhA

**dkjks dkx nq**

*vKkuh] funkšK] u; k] fu/ku] ijh rjgA*

cS rks fcpkjs dkjks dkxn, A

dkjks vks-ek l qdj dka i šjcs pp, a

cq rks dkjks xek: , A

**dksyw dks cnak ½ rsyh dk cSy½**

*jkr&fnu dke ea tš/s jgus okyA*

dk, ] nwdk dksyw ½ dkygkz dks cnak, ]

j kfu&fnuq fi nks jgkrq , A

**[k**

**[kjkek&[kjkek pfycks**

*i šy pyuk*

xke tkbcks , rks [kjkek&[kjkek pluka

i jxkA

**[kVj kxqdfjcks**

*fdl h dk; l dk vuko' ; d foLrkj djukA*

nkfj&jksh cksq , s tk [kVj kx dh dk

t: jrA

**[ku&[ku ers**

*ckj&ckj fopkj cnyuka*

fcfu dks dk Hkjkd ks [ku&[ku ers cnfycks

dRr , A

**[kjkh [kkv i j l kcks**

*>YyukA*

[kjkh [kkv i siRr rs vkvks dka

**[kjh etjh pks[ksdkeq**

*bēkunkjh dk 0; ogkj djukA*

ge rks [kjh etjh pks[ks dke ea Hkjkd ks

dRr , A

**[kMsi km dh l okjh**

*yks/uk] rjUr oki l gkukA*

jktk [kMsi km dh l okjh ij pyk x; kA

**[kjks [ksyqQjDdk cknh**

*0; ogkj ; k dk; kē ea i kjnf' kē-k gkukA*

tk ea dk, dks fNi km gekvks rks fl xq [ksyq

QjDdkcn jgkrq , A

**[kkd Mkfjcks**

*Hkyuk] NkMkA*

t ks Hk; kS l ks Hk; kS ck i S [kkd Mkj kA

[kkdk [khpuk

f[kp kbz djuka

HkUkkbz turk ua uru dks [kkdk [kfp  
nvkA

[kkb& [kUndqu nhf l cks

mfpr&vuifpr dk Kku u gkuka vxr

l eL; kvka l s vi fpr gkuka

ck ua [kkb& [kUnd dNw ukus ns[kk\$ ckxh gs  
xvkA

[kkd [kkuk

cjckn gkuka

Ql fy dk ekjh xbz , d l ky ea [kkd [kk  
x, A

[kkd pkfVdackr dfjckS

vfr fouerki nbd ckra djuka

csck\$ jst: j , a i fj [kkd pkfV dackr dük  
, A

[kkck& mMkckS

ekSt&eLrh mMkuk] Qtuy [kpl djuka

ekM\$ [krc [kk& mMkr, i tkfjckS dk tkua

[kkv [kMh dfjckS

vLFkj djuk] eq hcr i shk djuka

dkA vks /kkcds ea efr jfg; k\$ rjh [kkv

[kMh d i xA

[kkusdkSckl u

fdl h dke dk u gkuk] vuq; ksxhA

crks fujS [kkus dks ckl uq , A

[kkck& [kckckS

nkor [kkuk vks nkor f[kykuka

fcjknjh ea fl xs [kkck& [kckckS i Rrq A

[kkv rj ckl u /kfj ckS

dthkj gkuka

ejscckl u dk rjh [kkv rj /kjs , A

[kke [kkj dh jkfj

fcuk ckr dh yMkbA

[kke [kkj dh jkfj dfjcs dh dk rd , A

[kky dkf<ekS

vfr'k; 'kkjhfd ; kruk, j nuka

jktkua pkj dh [kky dkf<+da Hkt k HknfkA

[kkyh@; kyh i ykm i dkckS

dkYi fud ; kstuk, j cukuka

dfjck&/kfjckS dNw ukua fcuda rks [; kyh

@ [kkyh i ykm i fdckS dRr , A

[kkj [kkuk

cj Hkko j [kuka

csck\$ qfnuu l ka ge l ka l k# [kk, j cBs

, A

f[kYyh mMkckS

etkd cukuka

xjhc dh fl xqf[kYyh mMkr , A

[khpjh&l h pkfVckS

f[kl ; k tkuka

, s h nydkj i jh dScq [khpjh&l h pkVu

yxA

[khfj [kkre ai kpk\$ mrfjckS

l jf{kr dk; ka l s gkfu gkuka

[khfj [kkre ai kpk\$ mrfjck\$ rks dksA dk

djA

[khl fui ksjckS

foo'krk ixdV djuk] [kqkken djuka  
i bZ k nsA] [khl a fui kja l ks dkeq uk; gkrA

[kku dsvkj w

vR; f/kd i hMk i gipuka  
ns[k, ckdk [kku ds vkj w jksckS

[kku&i l huk dh dekbZ

dMh egur l s/ku dekukA  
ts ejh [kku&i jhl k dh dekbZ , § eqfr ea  
uk; feyhA

[kku i l huk , dqdfjckS

dfBu ifjJe djuka  
ts ?k# eS [kku i l huk , dqdfj da cukvks , A

[kqk dscy i xfg; k rfuckS

Lokh dh 'kfä ds vk/kkj ij l od dk  
vkpj. kA  
tk ea ckdkS dk nkl q; i xfg; k rks [kqk ds  
cy rflr , A

[kr jfgckS

yMkbZ ea ekjs tkuka  
fgUnrku&i kfdLrku dh yMkbZ ea xYys  
Toku [kr jgA

[kks Mh eansckS

fl j ij vk?kkr djuk] ekj Mkyuka  
pq dfj] ukua [kks Mh ea nckA

[kjk u l bznc [kjk l bz

nil jk fBdkuk ryk'kuka  
, d txS l ks c;ks , a dk] [kjk u l bznc

[kjk l bA

[kksn& [kksn dai nNckS

xgjh i n&rkn djuka  
[kksn& [kksn da i nN ns[kh] i rks dNw uk;  
pykA

[kks Mh i Sl ck# gckS

gj oDr rdktk djuka  
tc ns[kk§ rc [kks Mh i Sl ck# nh[krq , A

[kksj & [kVdk gckS

Hkr i rka dk pDdjA  
cq chekj ukua dNw [kksj [kVdk gS xvks , A

X

xak gukbckSA

dk; Z i jk gkuk] i q; ykHk i klr djuka  
ekMh dks C; km dfj da gka rks xak gukbckSA

xak ea xA; cbckS

i q; ykHk i klr djuka  
dl; kds i kpa i nrtck§ xak ea xA; cbckS , A

xatsdfl j dka uk [kku

vufpr l k/kuka dk mi ; ksx u djuka  
[kqk xats dks uk [kku u nA

x<k vkfVckS

Hkr k 'kkur djuka  
ts x<k rks fl xlua vkfVcks i Rrq , A

x<e qasm [kksj ckS

i j kuh ckra l keus ykuka  
bfrgk l q l qkbckS vksj x<e qasm m [kksj ckS  
, dbZ ckr , A

**x/kk i ScBckcBkfjckS**

*Lo; a vi ekfur gkuk] nit jka dsgkFka frjLÑr gkuka*

*gkrih NksM+da x/kk i ScBxks dk \ x/kk i ScBkfj da tvkfju dks tyll fudknfvkA*

**xi M+i pkfr dfjckS**

*xfli ; ka dh l eng ppta tk xi M+i pkfr , dks l bz ekukA*

**xi M+pkSFk**

*xli dkt h A gvrks tk xi M+pkSFk ea dNwl eft upai kvks*

**xQyr ea jguka k k k**

*Hkykos ea jguka fdl xQyr dh uhn ea jgsppk th l kbA %vej fl g jkBSj dk Lokx½*

**x/kk dkacki qcukbckS**

*LokFkz fl f) grq vik= l sl cak rkmuka dke ijsiSyks x/kA , scki cukb yr , A*

**xekj dh vdfy xkMtu ea**

*Hk; o'kk~dk; l djuka fcuk bYyk; j dk ekuxka dk, ] xekj dh vdfy rks xkMtu ea gkfr , A*

**xje [kkuka**

*rktk HkstuA xje [kkuka l gfrcln gkrrq , s*

**xjek&xjeh gckS**

*okn&fookn gkuk] xkyh&xykp gkuka nsksrj l ka xjek&xjeh gs xbA*

**xje ykgsi SpkV dfjckS**

*l gh l e; ij l gh dne mBkuka cfu; k; gel xje ykg i SpkV dRrq , A*

**xje gckS**

*Øks/kr gkuka ck dh l quabZubāu, ] rksxje rksqgkxkbA*

**xjehadka xjehaekjs**

*fo"kl; fo"l; kskk/keA xjeh Å; ea pk; i huh pp, j dk, xje dka xjeh ekfRr , A*

**xjai fjckS**

*vfupNk i dZl Lohdkjuka ?kjckjh , syssxvkj l kjh xja ifjxbA*

**xjsdh Qkjl h**

*cpus dk dkbz mik; u gkuk] vfuok; l foo'krka >kjl h xjs dh Qkjl h] nfr; k xjs dks gk#A %ykdka½*

**xjsyxkbckS**

*e-h l cak LFkfi r djuka vkReh; rk inf'kr djuka fd'ku th ua l nkek dka Qkjs u xjsyxkbykA*

**xjksi fjxkS**

*de vkokt fudy i kuka xkcr&xkcr xjks ifjxkA*

**djksQkfjckS**

*tkj l sxkuka dk, dks xjks QkfjckS dRrq , A*

**xjksHkfjckS**

*j kuka*

ck dks nq[kq nf [kda esvks xjks Hkfj vkvkA

**xjseagMMh vVfdckS**

*dfBu l eL; kA*

xjseavVdh gMMh dk l st fudfjcsdh , A

**xnfu ukfi ckS**

*dRy dj nukA*

cs rks gekbl xnfu ukfi cs cBs , A

**xnfu Qfl ckSvFkok Ql kuk**

*ef hcr ea Ql ukA*

ck dsl ea gekblA rks xnfu Qfl xbl grh

**xje ykgs i SpkV**

*mfr vol j ij iz kl djukA*

xje ykgs i s ijh pkV Qynkbl gkfr , A

**xk;---- xjhfcuh eu QÜks [kk;**

*xjhch ea 'kgh BkV*

xk;-&xjhfcuhl blck dks eu rks QÜks [kk; , A

**xk;---- eanSagkjh [kfyckS**

*vutkuscuus dk fn[kkok djukA*

xk;- eanS nagkjh [kfyckS bu uru rks

l h[kkA

**xkFB u eBh] [ku[kuk mBh**

*i9 k ikl u gksus ij Hkh [kpZ ds fy, rS kj jgukA*

cMh fgEfr ckjh , § xkFB&eBh [kyh l bl

ifj [ku[kukfr jgkfr , A

**xkFB tkfjckS**

*fookg dh , d jLe & xFfK cl/kuA*

nYgk&nYgu dh xkBa tfj xba

**xkFB ckf/kckS**

*; kn j [kukA*

xkFB ckf/k yS cbZekuh dcA; QfYr ukua

**xkFB eadNqtkfjckS**

*/ku l xg djukA*

dNq xkFB ea tkfyA; C; km rcbZ djxkA

**xkFB l ka i jkskuqyxkbckS**

*nih jka ds fy, vi uk /ku [kpZ djukA*

i fMrkuh dk xkFB l ka i jks /ku i qt csxhA

**xkMh rj dksdwdjk**

*u gksrsgg Hkh Lo; a dks dÜkkZ ekuukA*

vl fy ea cq rks xkMh dks dwdjk , A

l e>rqs ds xkMh ebl cy l ka pYybl , A

**xkMh <jfdcks**

*dke pyukA*

gk; Hks k] fxjLrh dh xkMh <jfd jbl , A

**xky ctkbckS**

*cdokl djukA*

djckS u /kfjckS cfLI xky ctkbckA

**xky QykbckS**

*ukjkt gkukA*

dk, rS xky dk, Qfry j , , A

**xky QkfjckS**

*fi VkbZ djukA*

ck dks cki q rjs xky QknxkA

**xky QykbckS**

*xkl k gkukA*

^gj m fd Bbc Qykbck xkyA\* ½j k-p-ek-½

**xktfj dksl dQ**

*nkgjs mi ; ksx dka*

xktfj dks l dQ cts rks cts ukua dQfj

[kkAA

**xky phdusdjuk**

*xgYnjš mMkuk] ekSt eLrh djukA*

ešus dkeq djks , s xky phdus ukj djA

**xky ea xpp nckS**

*xky ij tkj dk rekpk ekjuka*  
xky ea , d kS xppk@xppk nckS dS gppqgS  
tkxhA

**fxjkk&i jkkSI eftckS**

*foillu l e>k tkuka*  
rūs dk gka , d kS fxjkk&i jkkS eku yvka  
dSfcuk uksrk tæs vkcckA

**xqkMk fHkMkuk**

*l Qyrk dsfy, iz kl djuk*  
ckua vi uks xlrkMk fQV dYyka

**xu xkbckS**

*izka k djuka*  
fcu da bz jgkr , j fcubā ds xu xkcrA

**xy f[kykckS**

*vtick&xjhc dk; l vFkok vufrd dk; l*  
djuka

*u tkua vcbz cq dksu&dksu l su, xy*  
f[kykckA

**xykv [kkbck&xyvs kj ekfjckS**

*ihNs dh vkj iyvuka*  
xykv ekfjckS rks uV tkur, A

**xw djfnckS**

*vfr 'kkpuh; n'kk dks i klr gkuka*  
c&ki s ea fcpkjs , s xq djfnckS i jA

**xwrs xgknhal qkckS**

*cgr xUnh Hkk'kk dk iz ksx djuka*  
ck us xqra xgknhal kS l qkb nbA

**xyj xi fdckS**

*Lokn ydj [kkuka*  
dk xyj l s xifd j, gk dNw gea Å; ns  
nsmA

**xyj dksQy gckS**

*vikl; gk tkuka*  
bekunkjh rksvc xyj; k dks QyqgS xbz , A

**xÅ; dsl æ ?kq fi fl ckS**

*l æfr nsk ds dkj . k funk&k dksn. M feyuka*  
dcÅ&dcÅ; xÅ; dsl æ ?kqÅ; fi fl tkrq, A

**xÅ; dsl æ cFkqk dka i kuh yfxckS**

*l æfr dk ytk feyuka*  
xmu ea i kuh yxrq , s rks cFkqk ea Å; yfx  
tkrq, A

**xy dk jkj k**

*ck/kd] cbTtrA*  
cq rks ejh xy dks jkj k , A  
xy dks jkj k Bkdj [kkbc dRrq A

**xkgu i fjckS**

*ckj&ckj [kqkkn djuka*  
ge rksR; kjs xkgu i Rr , A

**xkm+>kfjck&ksjckS**

*fi Vkbz yxkuka*  
brā vkbz rks rjs xkm+rknfxkA

**xkmsxfj; kja fQjckS**

*b/kj&m/kj HkVduka*  
^cS xkmsxfj; kja dk fQj >i fV ejs ?kj  
vk\*A ½tle dk , d ykdxtir½

**xkyeku dfjckS**

*pkjh@/kks[kk/kMh djuk*  
xkyeku djksrks l tk ikvksA

**xkv fQV dfjckS**

*dke fudky yuk] l Qyrk i klr djuka*  
xkv fQV djckS gjd dscl dh ckr ukua

**?k**

**?kMka i kuh i Mka**

*cgr 'kfeɪnxi mBkukA*

es | keus i Rrbz ck i S ?kMka i kuh i fj xkA

**?kj dh [kkM fdjfdjh ykxS?kj dh ej xh nkfj cjkcj½**

*futh phitka dks egRo u nukA*

^?kj dh [kkM fdjfdjh ykxS] ckfgj dks x# ehBkSA

**?kj dh xSy HkrfyckS**

*I c dN Hkryk i kus dh /kedh nukA*

rkb , d kS ekj aks ds ?kj dh xSy Hkrfy tkcS kA

**?kj dh ngjh u p<uk@>du nckS**

*?kj ea ?kj us u nukA*

ck dka ngjh i Sp<u@>du upa nckA

**?kj dh ngjh u p<uk@>du nckS**

*ckgj u fudyukA*

Hkys ?kluq dh cm, j ngjh ukj[kr ukpA

**?kj dh ckr**

*futh el ykA*

?kj dh ckr fcxlu tkbA

**?kj dh ckr ?kj ea**

*futh ekeyka ij I koɪtʃud ppkz u djukA*

?kj dh ckr ?kj ea bz djhckS Bhd , A

**?kj dks**

*i kfjokfjd I nL; A*

cq rks gek, ?kj dks , A

**?kj dksHkfn; k**

*i kfjokfjd jgL; mtkxj djus okyA*

^?kj dksHkfnh yadk <kcS tSgks, d sju dh^A

¼Hkfe tk^ j ?kphj 'kj . k fe=½

**?kj dksEgka u nS[kckS**

*?kj oki I u vk ikukA*

tk fnu I ka xvks , s rk fnu I ka ?kj dksEgka ukus nS[kkA\*

**?kj ?kj pcbz k gckS**

*I koɪtʃud ppkA*

cSyk dks xkuka u gckS ?kj & ?kj gkrq pcbz k HkkaA ¼vkyg [k. M½

**?kRrackfgj dfjckS**

*?kj I s vyx dj nukA*

ekMka us cki q ?kRra ckfgj dnrvkA

**?kj cSBckS**

*cj kst xkj gkukA*

ukS djh Nwa rs ?kj cSBckS i fj xkA

**?kj eavkfx nckS**

*vR; f/kd [kpz djuk xg dyg gkukA*

?kj ea vkfx ckj da nS[k] fl xq ekfye i TtkxhA

?kj ea vkfx yx xbz ?kj ds fpj kx rA

**?kj eaBkS u gkuk**

*?kj I s ckj fudyus ds fy, ck/; gkukA*

^ukfgu jg; ks ?kj ea BkS\*

**?kj eaHkqth Hkka u gckS**

*cgr vf/kd foilurkA*

?kj ea Hkqth Hkka ukus tehu [kj hfnckS pkgr , A



?kj eaenag cfuckS

?kjokyka i j 'kfä in'kü djuk] j kē: >kmuka  
cs rks?kj dsenag -] ckfgj ckfyÅ uk; i kra

?kkl &l h dkfvckS

tYnh vks yki jokgh l s dk; Zdjuka  
i kFkh Bhd&Bhd ckfp ?kkl &l h efr dkVÅ

?kkl Nhyuk

l jy vks Nksvk dk; Zdjuka  
i <gr ubā vc rd ?kkl q Nhyh dka

?k# dfjckS

yHk dekuk] l e) gkuk] fookg dj yuk]  
f<dkuk <#uka  
gkSy&gkSyā fclua vi uka ?k# dYyka  
cēki s ea vkbda ckck ua ?k# djks Å  
?kupq dkBq Qksj ds ?k# dYyrq , Å

?k# ?kjksdfjckS

cgrr vf/kd [kpZ djuka  
gka rks ckds i hNa ?k# /kjks dPpplka

?k# tkfjckS

xgLFkh bdVBh djuk] ?kj ea l kēul; cuk,  
j [kuka  
?k# tkfjckS gj h [ksyq , s dk \  
ckua ?k# tkfj jk [kks , Å

?k# vkfjckS

fo[kf. Mr gkuk] foi llu gkuka  
ts ?k# rks Vfvxka

?k# Qfid rek'kk nēkuk

futh gkfu l gdj dk; Zdyki ka ea l ghkfxrk  
djuka

fcuk ?k# Qpda dk rekl kS nē [kcs felrq Å

?k# QksjckS

?kj ea er oshkuu i shk djuka  
tk jktuhfr ua rks eplrs ?kj Qkna , Å

?k# HkfjckS

[kē i g k bdVBk dj yuka  
dkÅ dkSeky ekfj da ?kj HkfjckS Bhd ukua

?k# eM+i SmBkbckS

?kj ea vkrd@dYG i shk djuka  
ckus us rks ?k# eM+i SmBkbyvks , Å

?k# &?kjk

?kj dk ] futh Lrj dka  
ts rks ?k: &?kjk dh dkr , Å l jdkjh Qs yk  
Fkgh , Å

?kky&ey gēkdfjckS

vifeJ.k djuk] vufpr xBcdku djuka  
fglnh Hkkl k ea cks l h ckfyu dks ?kky&ey  
, Å

?kkl l kšukrkē, kjh djckS

thou ; ki u dh foo'krka  
fNfj ; k ?kkl q l ka ukrks jk [ksxh rks [kxh dk\

?kjs i Sxyky yvkbckS

0; FkZ i g k [kpZ djuka  
C; kg&l knh dks [kpqrks ?kjs i Sxyky yvkbckS , Å

?kjs eagukbckS

tku&ca>dj tkf[ke mBkuka  
ft ruh eua djks fcrubZ ?kjs ea guksxka

?kkl/wi v dkaufcckS

*vi ukā dk i {k y ukā*  
dNw l b] ?kkw i s/ ru ucr , A

**?kkMk p<ks vkbckS**  
*tYnh epkukA*  
vc dk dj kī r w r kS ?kkMk p<ks vkvks , A

**?kkfj ds i hckS**  
*vkl kuh l s u"V dj i kuka*  
, d kS dks , s tks gea ?kkfj ds i h tk; A

**?kks#vk ?kfj ckS**  
*d yg gkukA*  
utkua fdrus fnu l ka ?kks#vks ?kfj kS fgrkA

**?kkMk i Spf<da vckS**  
*tYnckth djukA*  
?kks<k i Sp<+pys vk, A

**?kkMk cfpda l kSckS**  
*fuf'pr gkdj uhn y ukā*  
txkvks r kS txh ukj jvkS ?kkMk cfpda l kb  
xvks dk \

## p

**pnk i SFkfidckS**  
*J'SB tuka ij vk{ksi djukA*  
pink i S FkfidkxS r kS Egka i S Z fxj SckA

**pdjk tkuk**  
*efrHke gkuk] vk'p; l p fdr gkukA*  
ts fl xq nf [kda gka pdj kb xkA

**pdj edj djuk**  
*ghy gā tr djukA*  
ckua pdj & edj r kS ckS q dj hA

**pDdj dkVuk**  
*ckj & ckj vkukA*  
uks dj h ds y, i ckj & ckj pDdj dkV jvks , A

**pDdj ?kUuhag&ks**  
*ckj & ckj vkuk tkukA*  
C; kg ds pDdj ea gka r kS pDdj ?kUuh g&ksA

**pDdj eavckS**  
*C; g ea Qil ukj fadRrD; foem+gkuk] eq hcr*  
*ea Qil ukā*  
Hkksyh tUr k oru dspDdj eavkb tkfr , A  
gka r kS , d s pDdj ea i fj xkS ds l eft ukj  
i k jvkS dk d: A  
vPNs pDdj ea Qil A

**pkp&ekpl dfj ckS Qfj ckS**  
*fookg ds Qj's y ukā*  
ekMk dh pkp&ekpl dn n bA

**pkfnau dh pknuh**  
*de l e; dh [kq kha*  
pkj fnu dh pknuh] Qfj vf/kfj ; k jkfrA

**pkfj gkr g&ks**  
*vf/kd {kertoku gkukA*  
dkeq dka r kS n kS gkr , } dNw pkfj r kS Hk, ukj i ūkA

**pkjka [kkusfpūk**  
*i w k r % i j k L r gkukA*  
ckua , d kS /kkfC; k i kVq nvks dS cq pkjka [kkus  
fpūk g&ksA

**pkj pfyckS**  
*; fā fudkyukA*  
ck us , d h pkfy pyh dS gk j kS p q km  
t h r x k A

vc ge dk tkuj dks&l h pkfy py&ka

**pkfyckth**

/kks[kckthA

ck dh pkfy ckth ne l efr uk i kvksA

**fpjblpkfku**

pkjka vkj dh l eL; k, A

cM+ i fjokj ea fpjblpkfku yxhbljgkfr , A

**fpjblpkfku i krqQjds**

uhjork A

vk/khj kfr grh] u fpjblpkfku djblgrh] u i krq

Qjfd jvks grkA

**fpjh mxb; k i Su efrckS**

tjk l s dke ea u vkukA

cqrks gekbl fpjh mxb; k i S efr uk l drA

**fpYy&i k&epkbckS**

gk&gYyk djukA

ek&h&ek&Mk fpYy&i k& djkbz dUk , A

**phduka?kMk**

fuyTtA

cq rks phduka?kMk , A

**phy vMk n&ckS**

cgr vf/kd xehz gkukA

tB dh /kks jh ea phy v.Mk QkjcS dfUk, A

**phy ds?kka yk eaekj q**

vl EHko gkukA

xjhcuq ds ?kj #fi ; k rykfl ck\$ phy ds

?kka yk eaekj q <f<ekS , A

**phy l h eMjkbckS**

yxkrkj pDaj dkVukA

ck dka dk gs xvks ds fl xq fnu phy l h eMjkbckS dfUk, A

**pfV; k&dyk eMekS**

ijh rjg l s BxukA

cfu; k; ua gek, pfV; k&dyk fl xq eM+ y, A

**pfV; k i dfjckS [kkfjckS**

vf/kdj dj yuk

ckdh pfV; k i dUha@m [kkUha i jxh dk \

**puks h nuk**

yydkjuk] xyr BgjkukA

bZ # , s ne dk puks h nmxA

**pqi fNukj**

fNi h #Lre] 0; fhkpkfj . khA

yxfr rksXS k l h, } i fj gfr pqi fNukj , A

**pyywhkfj i kuh eaMiccckS**

'kez ds ekjs ejukA

rks i S dNw ukua gks-q rks pyywhkfj i kuh ea Micc efjA

**pyywe efrckS**

cgr [kq kken djukA

uk&lj , s rks ekfyd dks epq pyywe ea y&ka i Uq , A

**pfidckS**

vol j dk ykHk u mBk i kuka

l bl ek&ks , ] pids efrA

**pwgseatj**

xgjh i B gkukA

R; kbz rks l jdkj ea pwgseatj , A

**pk&padfjcks**

*i frjks'k djuka*

pk&padfjck\$ fcu dh vknfr , A

**psjk f[kyuk**

*i d lu gkuka*

Hkkjh Hkhj nf[kda uskth dks psjk f[kfyxkA

**psu dh calh ctkuk**

*I dki d d jguka*

vtqdkfy R; kbzrkspsu dh calh cft jbz , A

**pk&pkj i kpkadfjcks**

*i pdkjuk] fn[kkoVh yM+djuk] u[kjismBkuka*

T; knk pk&pk i kpk adfjcs rskyd ftneh gS tkrq , A

**pkSykj k [kpkbck&pk] ks dfjcks**

*>xM& >V djokuk] ekjdkV ; k fouk'k djuka*

dk, >A; pkSykj ks [kpkb jbz , A

vks csyk] pk] ks dfjda NkM&xhA

**pkV [kkuk**

*gkfu mBkuk] ekr [kkuka*

vi bā uk I eqthl ka pkV [kkuh ifj xba

**pkj dh nkM& eafrudk**

*Lo; a ds vijkk dh tkudjih gkuka*

fl x, sirka, sdSpkj dh Mk& eafrudk gkrq, A

**pkj dka dfr; k vLI rsfeycks**

*nldez dks ns[kus okyk vo' ; gkrk gA*

ds ks Å fNi spkj dka dfr; k vLI rsfey

tkfr , A

**pkj &pkj ek\$ js Hkkbz**

*vijkk/k; ka dk , d nil js l s l æd/kr gkuka*

cq l jkch] cq Tokjh] nksuka ek\$ js Hkkbz grA

**pkjh&pkjh**

*fNi &fNi dj dk; l djuka*

cs nksuka pkjh&pkjh jkstq fefycks dÜk, A

**pkj supz pkj dh ukuh ekfjcks**

*eny dkj . k dks u"V djuka*

pkj ds l æ ck dh ukuh dka Å ekkuka i jsxkA

**pk\$Fk dks plnk nhf [kcks**

*dya d yxuka*

rūs dk pk\$Fk dks plnk nf[k yk grks l ks vudjs nkd yfx mBs , A

**pk\$Fk i Vk**

*eR; i jklr pk\$ks o"lz erd dk Jk) djuka*

thru ua vfyh l ky vi , i cki dks pk\$Fk i Vk dnvka

**pk] ks dfjcks**

*fouk'k djuk] >xM& djuka*

ekM& Hkkjh yMadk , } >kj tkxh] pk] ks djsxhA

## N

**Nkg dfjcks**

*I d[k nulk] dk; l djus ds fy, foo'k gkuka*

ckck dh Nkg rks i [ks# dÜk, A

rgjh dksu pykc\$ rgjh Nkg Å; tkb djsxhA

**Nkg NickS**

*cjkjh u dj i kuka*

ne rks fcvkl th dh Nkp Å , upz Nw

i kckxkA

**Nkg eac\$BckS**

*vkj; I qk ikr djuka*  
^Nkg u ck dh cSB, tks r# irjks gkbA\*  
Wxj/kj dfojk; ½

**NDdk NQkckS**  
*ijkftr djuka*  
gek, Tokuu nq eu ds NDdk NQkck n, A

**NVh dksnmq; kn djuk**  
*cgr vf/kd dfBukb; ka dk I keuk djuka*  
ekMh dks C; km dfjca ea rkbZ NVh dks nmq  
; kn vkskA

**Nkrh [kksyckS**  
*fgEer djuk] pqrh nuka*  
ejh rks Nkjh [kqy, } rks i S gkb I ks dYyA

**Nkrh djhZdfjck**  
*fgEer I s dke yuka*  
gka Nkrh djhZ dfjda uneh ea dfin i jkA

**Nkrhrj gkckS**  
*/ku ikl ea gkck] I rjV gkckA*  
rkb dk, dh fpurk] rjh rks Nkrhrj , A  
vc rks d q thfrxk\$ Nkrhrj gS xbz gksxA

**Nkrh rj nckbda/kfjckS**  
*i nkr-% I jf{kr , oa xqr j [kukA*  
[kxokjh rks vkth ua Nkrh rj nckb ybz , A

**Nkrh rksjda**  
*dfBu ifJe djuka*  
etj Nkrh rksj da i S k dekr, A

**Nkrh nckS**  
*cgr vf/kd Lug djuka*  
ckck ukh dka Nkrh nrq , A

**Nkrh rj I kafudfjckS**  
*Nkm+i kuk] R; kxuka*  
ckdh Nkrh rj I ka dNqfudj\$ rc , A

**Nkrh /kjfdckS**  
*Hk; Hkr gkckA*  
yjkbl dh ; kn dfjda ebl Nkrh /kjfdckS  
dfuk , A

**Nkrh i Spf<+cSBckS**  
*ncko cukukA*  
cq rks vkbda ejh Nkrh i Spf<+cBkA

**Nkrh i Snkfj nfjckS**  
*dfBukb; kj i Snk djuka*  
tc n\$[kS rc Nkrh i Snkfj@epk njks dUrq , A

**Nkjh i SI ckj gkckS**  
*gj oDr rdk tk djrsjguk] Ai j p<+cBuka*  
cfu; kj I ka m/kkj dk yvk\$ gnne Nkrh i S  
I okj cukS jfgckS dUkq A

**Nkrh i SL; kj qykvckS**  
*cbZkuh djuka*  
I kuka n\$[kda ckdh Nkih i S I kj ½L; kj q  
ykvxkA

**Nkrh QfVckS**  
*ej. kkrd i hMk gkckA*  
ekMh dh Ygkl n\$[kda cki dh Nkrh QfV  
xbA

**Nkrh fn [kckS**  
*ijkftr gkckA*  
nxy ea gek, i Syoku us dcj Nkrh fn [kck  
ukqA

**Nkrh eadl fdcks**

*bZ; kz gkukA*

cq rks ejh Nkrh ea bā d l fdcks dÜkq , A

**Nkrh l kauqefycks**

*cgknjh dk dke djus ij 'kkckl h nuka*

rūa ukeh Mdšqekjks , } vktk rjh Nkrh l ka  
ukauqeYnkA

**Nhadr ukd dfvcks**

*dk; Z i kj Etk ea ck/kk gkukA*

dja dk] Nhadr bz rks ukd dfv jbz , A

**Np&epz gcks**

*I dkey] I onu'khyA*

ge Np&epz ukau] tks rjh m;xb; k l ka  
MkTtkxA

**Npshkvk [kkbcks**

*igpku u dj ikukA*

rw dk tku] vcbā rūa ck ds Npshkvk ukp  
[kk, A

**Nhā gcks**

*0; ogkj ea ikd&l kQ@[kjkA*

ghjkl haxq rks ?kj ea Nhā , A

**¼vi uh½ Nkfdcks**

*vi uh pykukA*

cqU; kjh vi uh Nkfdcks dÜkq , A

**t**

**tj m [kkfjcks@ [kkfncks**

*u"V djus dk iz kl djukA*

rē gekbZ dk, dka tj [kkfncks dRrvkA

**tj i dfjcks@ i kāmcks**

*I qLFkj gkukA*

*vHkk; ea fcu dh tja i kām+xbZ , A*

pykSbz ukau i Rrj , d h dk rw tj i dfj xks , A

**tue dksl kfkh**

*ij kuk@vfhku@cpi u dk nkt rA*

fd'ku th vks] l nkek th tue dsl xh , A

**tue ea fkdcks**

*f/kDdkjukA*

pkTtus fedydacks tue ea rks fkdcks ds , d s

dōje dk, dka dÜkq , A

**tuekl dh pkfy pfycks**

*eln&eln eLr pky l spyukA*

nksj dā pfy] tuekl s dh pkfy efr pyA

**tc: dksekfjcks**

*ckgpyh }kjk n.M ikukA*

tc: ekjs vks# jksu Å; uk; nA

**tj cfu; kn dh tkfucks**

*em orklr dh tkudkjh gkuk vFkok vrhr*

*dk klr gkukA*

gka fcu dh tj cfu; kn rd dh tkurkA

**tjsi sukauqfNjfdcks**

*nq'k% c<kukA*

tks Hk; ks l ks Hk; k; vc tjs is ukayq efr

fNj dA

**tj cfu; kn dh [kkfycks**

*vrhr dk em jgL; idV djukA*

dgs rks tj cfu; kn dh fl xq [kksy nka

**tl qdfjcks**

*ifl f) iklr djukA*

ck ua cki dh cfN; k , d h djh dS t l q  
QfxykA

**tkfr dksGvKS**

*fuEu tkfr dk@vdyhuA*

tkfr dks GvKS , l kuq de ekUrq , A

**tkmj rKS tkmj dgkj**

*fodYi ghurkA*

vc tkmj rKS tkmj dgkj >bã eluka i jSkA

**tk dku l fucks**

*vul quh djukA*

cq tk dkul Urq , } ck dku fudknurq , A

**tkfr dksu i kfr dks**

*cjkj dk u gkukA*

xj fcjknjh dk dkbZ l cãk u gkukA

ckl ka dk ySks&nSks u gekbz tkfr dks u  
fcjknjh dkA

**tkfu [kkbckS**

*cgr rã djukA*

cq dS a Å; ekUukj kS tkfu [kk, j MkRr q , A

**tkfu cpkbckS**

*i hNk NqMkukA*

gka rKS tS &rS a tkfu NqMk i kvKS gka

**tkfu ekfjckS**

*dfBu ifjJe djukA*

cki q tkfu ekfjckS dRr q s cS/k [kj kZs HkRr q A

**tku tkf[ke eMkyuk**

*thou dh ijokg u djukA*

l kgl h ykx viuh tfu vks[ke eã MkfjckS  
dÜk, A

**th dkStatk:**

*>ãV i wZ dk; A*

^uknu dh nkrh thdKS tatK: \*

**thHk [kyuk**

*mÜkj nuk] jgL; mtkxj djuk] xkfy; kj  
nuka*

^R; k, fygkt l ka thHk ¼thc½ ukua [kksyh\*  
ejh thHk ¼thc½ [kfy xb] rKS cjkS GS tkxkA

**thHk ¼c½ i S/kjKSgSks**

*; kn jgukA*

rjks ukm rks ejh thc i S/kjkbZ jgkr q , A

**tqKM+dfjckS yxbckS**

*; fãid l Qyrk i klr djukA*

tqKM+fhkMkda fhkUua vi uks dkeq djkb ykA

**tye dfjckS**

*vk'p; l tud dk; l djukA*

tk ufd l sekMk ua tye dMMkj A

**tirk mYVk MkfjckS**

*'fã in'kUa*

usrkth ua tirk mYVKS Mknvks , A fgEefr  
gkbZ rks l nks dnmsA

**tirk nSks**

*fi VkbZ djukA*

brus tirk nãkS fl xq vdfy fBdkus vk  
tkcxhA

**tirk l h/ks¼l hn½ dfjckS**

*epkcyk djukA*

fgEefr , rKS esvKS tirk l nks dnmsA

**tirh dh ukd i S**

rPN l e>ukA  
rks tS sebz twh dh ukd i S jgr , A

**twh jktq djs**  
vkradi nbd 'kkl u djuka  
fgV yj dh rks twh jktq dfUkbA

**tB dh ykt@ je dfjckS**  
cMka dk l Eeku djuka  
tB dh l je rks jkfj Å dfUk , A

**tS ksefu; k; rS sBkS**  
; Fkk; kX; l ek; kst uA  
HkS k] tS ksefu; k; gkrq, § rS bzBkS i qrq, A

**tkstku@ l ksrkua**  
tkudkjh }kjk gh dk; l gkuka  
ts rks i Ddh ckr , § tks tkUrq, § l kbZrkUrq, A

>

**> i fVck@ > i VVk ekfjckS**  
Nhuuk@ npxfr l A  
ts dhy dksu l kS > i fV ybA  
fl i kbZ us > i VVk ekfj dackds gkr l kaclnwd  
, fp ybA  
^tgk; cpkcs vx] > i fV d@kk d@ dkjS  
Wxj/kj dfojk; % dqMyhZ

**> UukVnkj n@kS**  
tkj dk repk ekjuka  
, d kS > UukVnkj n@kS dS cUkh l h ckfgj vk  
tkxhA

**> Ml xkfMekS**  
fot; iklr djuka  
vi us tqkuu ua fgekyS i S > .M xkfM+nkA

**> j nS[kckS**  
gkfydk ngu nS[kuka  
M@ksgkj h dh > j up@nS[k i kpa i Syb@pnbA

**> jZdfjckS**  
d@N Hkh u dj i kuk A  
nwdk > jZ djsxkS \

**> # yfxckS**  
yxkrkj o"kkZ gkuka  
l keuq ea rks > # yfx tkrq, A

**> kb&ekpZ**  
> yd Hkj nh[kuka  
cq rks > kb&ekpa l ks vkvks grka

**> kd h l tkbckS**  
in'kZu djuk] fd l h ?kVuk dh > yd  
fn[kkuka  
> k; tuekBa dka vPNh > kd h l tfr , A

**> k;--- m[kkfjckS**  
rPN dk; l djuk] gkfu i gpkuka  
> k;--- m[kkfjcrs dk epns gy@ds gkr , A  
nwdk djsxkS ebl > k; ----- m[kkjsxks

**> fi ckS**  
yfttr gkuka  
m?kkjks cBks grkS ekb nS[kda > fi xkA

**> jk;**  
l EiwkZ ijk dk ijka  
gka rks l x xke dka > jk; ftekc@kA

**> kMwQj uk@ekj uk@yxkuk**  
l kQ dj nuka ekeyk jQk&nQk djuka  
vi uka dkeq dfj] fl x ckruq i S > kMw ekfjA



f>fdckS

*ijh rjg rlr gkukA*  
rw [kucq f>fd yA

f>jfdckS f>jdh n&ks

*detkj gkuk] Mka/ nuka*  
ekMk vc dNwf>jfd xvks , A  
cksylln} f>jds efrA

>hfdckS

*nd'kh% gkukA*  
cs rks fl xqfnuq >hfdckS dük , A

f>>fdckS

*fgpduk] l dkp djuk] Mjuka*  
f>>ds efr] tks ekxuka , s l ks ekfxA

>due ea tkbckS

*nij gkuk] dgha Hkh tkuka*  
ejs tkua rw >due ea tka

>j½tgj½ dsnr rksjckS

*nlVrk l ektr djuka*  
gka ck ds >j ds fl xqnr rksjckA

># [kkbckS

*vrRegR; k dj yuka*  
ftflnxh rs rax vkbdafclua ># [kkbykA

># ?kksjckS

*bZ; kz mRi lu djuka*  
ck ua HkbZ, u&HkbZ, u ds chip ># ?kknfvkA

># n&ks

*ekj Mkyus dk iz kl djuka*  
jkuh ua jktk dka nin ea ># nS nkA

># QsykbckS

*dyg mRi lu djuka*

vc rks ?kluq ea ># QfyxkA

># ,s

*bZ; k&tyu] vr; Ur dVA*  
ck da i v ea fujks ># Hkjs , A  
uhdh ckr rks rkska ># yxfr grhA

>ky g&ki fjckS

*deh gkukA*  
i fyl ds c; ku ea dNw >ky nhf [k i fRr , A

>kyk Nki

*vi'kf{kr 0; fa VAKVjA*  
vHk ea >kykNki MkdVUu dh deh ukua

>kyh HkfjckS

*ekykeky gkukA*  
; k [knk] rwebZ Å >kyh HknmA

## V

Vpxjh >kfjck&ksjckS

*fi VkbZ djuka*  
ufdÅj vkxa c<ks rks rjh Vpxjh >knm&ka

Vpxjh ekfjckS

*ck/kk mRi lu djuk] dke gkus l sjkduka*  
vPN&Hkys dke ea Vpxjh&ekfjckS dkj Bhd  
jgkrq , A

VMyk ykfnckS

*l leku ydj pys tkuka*  
fcu dks >u-rs VMyks yfnxks

Vkx rj vkbckS

*l efi r gkukA*

gka rjgh Vlx rj uk vkcdhA

**Vlx i djh Njh**

*ijh rjg dltse gkukA*  
yækbz rks Egkjh Vlx i djh fNfj; k , s tc  
pkgkS rc ngkA

**Vlxu uhpsI kafudfjckS**

*I Eekfur djukj > duka*  
rjh Vlxu ds uhpars fudTtkxkS tks rweks  
is rs tkb dYyA

**Vlfx nks**

*foyc djukA*  
gka rks v/ki fj Vfxa jks vkA

**Vk&Vk; fQLI**

*vl Qy gkukA*  
fl xqdfj dænf [kykS v [khj æa Vk&Vk; fQLI  
gS xbA

**V&Vadjuk**

*>xMækj tyiukA*  
gj c [kr dh V&Va dfjckS çjh ckr , A

**VackSyckS**

*I Hkh I d k/ku I ektr gkukA*  
pukm yjks rks Va ckS tkxhA

**Vdk ÅV fcdckS**

*I Lrh nj ij phT fcdkA*  
dDdk] Vdk ÅVq fcd jvks , A  
yyk Vdbz ukuj ÅVq dUrs vkcxkA

**Vdk dks [ksyq**

*/ku dk i HkkoA*  
tSEgy&nigSy nhfl j , , j fl xq Vdk dks  
[ksyq , A

**Vdk I ksTckcqnckS**

*I kQ&l kQ euk djukA*  
ckua Vdk I ks Tckccq nS nkS dNw gæ ubæ  
i kcxkA

**Vj dck&kfjckS**

*cgkuk cukukj VkyukA*  
djks&/kjks /ksyk Hkfj upj dçjh ckru I ka  
Vj dknvkA

**Vj&VjZdfjckS**

*yxkrkj ckyukj fojksk inf'kr djrs jgukA*  
fcu dh Vj&VjZ djus dh vknfr , j tc  
nS [kkS Vjkr bz feUr , A

**VkVqmyfvckS@ i fVckS**

*fnokyk fudy tkukA*  
tk Egækbz us vPN&vPNu ds vkV i fV n , A

**VI I ka el gckS**

*vfmX jgukA*  
ckS-gjks I etkvks ifj çq VI I ka el ubz  
HkvkA

**Vks/ks**

*deh] xjhchA*  
fcu ds dk , dks Vks/ks , A  
vc ds çks kj æa Vks/ks i fj xkA

**Vki h mNkfjckS**

*cbTtr djukA*  
Hkjs çktkj æa fudh Vki h mNfy xbA

**B**

**Bmk i Mæk**

*Øksk 'kkUr gkuk] ej tkukA*

c[kr chrq xk] ykx BMs i Rr x, A  
tc yka gka ctkj l ka ykS/kj vEek BmH gS  
xbA

**Bxal kaBkdj g&ks**  
i jki dkj djds cMk vkneh cuuka  
vl fy ea vkfneh Bxars bz Bkd# gSi kcrq, A  
^dfcjk vki q Bxkb, vk# u Bfx, dkb?

**Blik yfxcks**  
fpgukfdr djuka  
fcu i S rks dkxjS l dks Blik yxks, A

**BYyk jfgcks**  
i 'kq/ka/ks; &Hk# vkfn/ dk xHkZkj .k u djuka  
vc da rks Hk# l BYy jS xbA

**Bypk g&ks**  
cjkst xkj gkuka  
ukdjh Nv ars Bypk g&ks ijka

**Bypk fQjcks**  
0; FkZ ?kueuk] HkVduka  
Bypk fQja l ka dNq uk g&S dka

**Bypk B&jks**  
cjktxkj ; pka  
tkus fdrd Bypk B&ja fQjcks dRr, A

**Bl d fn[kkcks**  
xoZ dk in'ku] jk&nk&A  
tks Bl d u fn[kko] l ks dk, dks Bkd#A  
Bkdj dh Bl d dsekj] fcpkj kSdfi cksdjka

**BkMh Hk# l i hcks**  
Hk# dk ijk nllk dPpk i hukA  
gevkS ekMh BkMh Hk# l i h xvks, A

**BkMh tks l ekuk**  
fNrk gqk gkuk] ckjhd gkuka  
tk /kS-h ea rks BkMh tks l ekr, A

**BkV g&ks**  
/kuh&ekuh] l Ei lu gkuka  
i jkusfnu x, ] vc rks fcu ds BkV, A

**Bkyh tuh 1/2 uku eagkrq**  
dN u dN djrs jgus dh vknrA  
ud i l fr Hkbz rks njh cjuCS cSB xb] tk  
l ka dS, &Bkyh tuh 1/2 uku ea gkrq

**Bdjkcks**  
voKki wKZ vLohNfrA  
geua fcu dh l yk/g/ fcu l kp& l e>a  
Bdjk nbA

**Bedk yxkuk**  
ukpus yxuka  
<ky i S Fkki gjh uba ds Bedk yxu yxA

**Befd&Befd d&pfycks**  
/khj&/khj] brjk&brjk ds pyuka  
^Befd pyr jkepln cktr i stfu; kA\*\*

**Befdcks**  
#vkl k gkuka  
Beds efr] gek, l x ctkj pfyA

**Bk k fn[kkcks&ks**  
tcjnLrh] /kedkdj dke djuka  
Bk k fn[kk, j rs fl x~dke ukus gksA

**B&k fn[kkcks**  
\_.k ykS/kus l seuk djuka  
y&S dka rks yr j; k] ekxs rks B&k fn[kkcu  
yxka

**Bæk i j ekuk**

*rPN l e>ukA*

rks tSI u dka ge Bæk i SekRr , A  
rks tS sfdnd gek, Bæk i Sjgkr , A

**Bkdj ekjuk**

*d"V HkksukA*

csnj&nj dh Bkdj [kkr fQRr , A

**Bkdj ekjuk**

*voekuuki d vLohdkj djukA*

rjh tS h Hkfxekuh i S gka Bkdj ekRrka

**BkMh djck&cuckckS**

*gtker cuokukA*

uÅvk ua l i kVs ea BkMh cukb@[kfp nbA

**BkMh eagkrqMkfjckS**

*[kq kken djukA*

rjh BkMh ea gkrq MkrRkj ejS tk dke dka  
dnna

**M**

**Mdk dh pkv**

*[kysvkeA*

ge rks Mdk dh pkv dSj , , a dSxMu dka  
ckv efr nÅA

**Mdk fi fVckS**

*l q 'k QSyukA*

ck ds ukp dks Mdk fi fV jvks , A

**Mdk i hfVckS**

*l koZfud : i l s i p k f j r & i l k f j r djuk*

*gYyk epkukA*

csjh l ka cnyks ycs , s rks Mdk i hfVcs dh  
dksÅ t: jfr ukua

**MdqrkfjckS**

*v'kä djuk] gkfu i gpkusdh {kerk l ekkr  
djukA*

gea rks fdnd chNhu ds Md rkfjcs i j&S  
i rks bz ukua

**Mdqfudkfl ckS**

*d"V nj djuk] gkfu dh Hkj i kbZ djukA*

ge MdqekfjckSÅ tkur , a vks# fudkfjckSÅA

**MdqekfjckS**

*gkfu i gpkukA*

chNh tc&rc Mdqekfjckbz dUk , A

**MdjckS**

*d#.k Øllnu] tkj l sjkuk] tkj l sph[kukA*

Nkvs dh ekfr i ScMks xS k l ks MdjkbZ jvks  
grka

**Mx /kj uk**

*c<uk] pyuk] dne mBkuk] jkLrk fn[kkukA*

Mx/kfj mBs , j gkSy&gkSy a fl xqjLrk i kj

gS tkxhA

^py i M+ft/kj nksMx ex eapy i M+dkfV

i x ml h vkj \*\*A %l ksyk-f}onh½

**Mx HkfjckS**

*rsth l spyusyxukA*

vc rks Nkvs Mx HkUu yxka

**Mxexkck&Mxex gSckS**

*fopfyr gkuk] fLFkr [kjc gkuk] fgyuk]*

*ckk gkukA*

nkSyfr nS[k ds uh; fr Mxexkb jbz , A  
vc rKs ukc Mxexukb jbz , A  
^Mxex gkysukfj cyeqejKsykxsckck I kS\*A  
%ckjgekl h I ½

### Mjh MkfjckS

dkbz dke u djuk] I c dN Hkny tkuk]  
foLer djuk] ej?kV I sykS/us ij i hNs dh  
vkj Nks/k dcdM+; k feVvh dh Msyh Qaduka  
cq MjhÅ >krs >k ukpua MKRrA  
tks xvks I ks xvks ck i SMjh MjkKÅ

### Mjh ch u nSckS

Nks/h&l h ph t Hkh u nuka  
i j l j k rks dk] x# dh , d Mjh Å uk fefycs  
dhA

### Mfy; k; MkfjckS

'kkjhfd Je djuka  
Mfy; k; MkfjckS dk Nks/ks dke gkr gA

### Mfy; k; Hkfj&Hkfj da

i ; klr ek=k eA  
ck da Mfy; k; Hkfj & Hkfj da I kxq vkcrq , §  
etky dk, ] dkÅ dka , d fePp Å nS nA

### M; ks-h i Si fjckS

; kpuk djus dh foo'krka  
[kkbcs dka gkr rks R; kbZ M; kSMu i S dk,  
vkbcS i Rrka

### M; kS<u i SBkMksSgSckS

pk&hnhkjh djuka  
Egkjt gka rksR; kbZ M; kS<u i SBkMks jgkrka

### MkV [kk@gfV tk

### #duk] fgpduka

uad MkV [kk bruh tnh dk, efp jbz , A  
tjk I h Hkny ij tk dh MkV [kkuh i MhA

### Mk<+rj mpxb; k nSckS

vk'p; / djuk@nax jg tkuk  
ckdksckBkcqnf [kda eus Mk<+rj mpxb; k nckb  
ybA

### Mk<+fudfjckS

vDy vkuka  
fu [kkul pfr; k efr tku] vc rksck ds Mk<+  
fudfj mBh , A

### Mk<+eafgyfxckS

vfr vyi %Av ds egg ea thjkA  
bUkh I h jks/h I ka dk gS tkxk]  
ts rks Mk<+ea bz fgyfx ds jfg tkxhA

### Mk<+yi fdckS

Lokn yxuk] efr dk eky ikus dh yr  
i Meika  
dykdUnqdk [kkvk] fcu dh rks Mk<+ yi XxbA

### Mk<+ea [ku yxuk

ykyph gkuka  
dks dg] fcu dh Mk<u I ka rks [kuqyxkS , A

### Mkj&Mkj i SgSckS

er oSHkuu] vyx&vyx jkLrA  
rw Mkj&Mkj gka i kr&i krA

### Mkj gSckS

, d ek= I rkuA  
gek, j , d Mkj gfr , ] cd q uk feVsxkA  
, d Mkj , § ckdksZ vkl jks , A

**Mkyh nruk**

mi gkj ; k Hk/ nrukA  
>kps jk tk vxjstu dka Mkyh ncks dRr , A

**Mhax ekfjcksgkfdcks**

'ks kh c?kkjukA  
U; kbZ Mhax gkfdcs dRr , j fclua dcÅ;  
p[ kfj ; kÅ ukua ekjha

**Ms+i kp ckjks**

yxMkj guæku thA  
gekbZ ykt rks Ms+i kpZ ckjs ds gkr , A

**Ms+i km vkVs**

vfr vYi I k/kuA  
dk, j tk Ms+i km vkVs ea rw dks&dks , a  
ftekbnxhA

**Mjk tekcks**

I q; ofLFkr gkukA  
vc rks ckcks Mjk vekj ea tfexkA

**Mjk Mkfjcks**

jgus yxukA  
vdcj ua vi uka Mjk vxjja MknævkA

**Mjk&rEcwm [kfjcks**

LFkkukUrfjr gkuk] u"V&Hk'V gkuk] ijftr  
gkdj HkxukA  
esyk [kre Hk; k\$ nplkunkjUua vi , j  
Mjk&rEcw c<kb n, A  
, d h vk/kh vkbZ ds fl xq Mjk&rEcw mfM+  
x, A  
nd euqvi us Mjk&rEcw I eV ds /kfj Hk tkA

**Mkfycts kuka**

'kkp dsfy, tkukA

xkeu ea rks ckfgj Mkfycts kuka i Ukq A

**Mkj k Mkfjcks**

vius i {k ea djukA  
Mkj k rks fclua geÅ; i S Mkjs grj i fj ck ds  
tky ea vi u Qil sukua

**Mkj k vkf [ku ek i fjcks**

Øks/kr gkukA  
xkba I fuda ebZ vkf [ku ea Mjk i fj x, A

**Mksh mBuk**

eR; q gkukA  
vktq dh rkjh[k ea tleh grh vkt dh  
rkjh[k ea ba Mksh mfb xba

**Mksh I tuk**

I I jky tkus dh rs kfj ; kA  
Mksh I thj nyfgu cBh vks I kl jg pmbA

<

**<xq<jks**

0; oLFkA  
vcbarksnkfr dks dksÅ <xq<jks ukj nhil rq

**<ikj I adq**

dkgh ckra djus okyk  
tk <ikj I adq dh ckru ea dkbZ narq ukua  
; kbZ nsrq jgkrq , A

**<c**

rkf rjhdA  
cs dkÅ dke , a dfjcs dks <cpZ upa tkurA

**<ky**

I j {kk dopA  
?kj ds i fj [kk ?kj dh <ky gkr , A

<ky dsrhu i kr

vi fforZih; fLFkfrA

fcuda rks l nkj <kd dsrhu i kr bZjgkr , A

f<eksyk i hfVckS

fnokfy; k gks tkuk] dkj&0; ki kj Bli gkukA

vc rks fcfudkS f<eksyk fi fVxkA

f<Yy e rku@<hyk&<kyk

I [r] vkyl hj fuf"Ø; gkukA

f<Yy e rku c n n k vkj e n n q n k u k u dh d k s Å

djfn ukj dRrA

<hy n&ks

Nl/ n u k A

xM u d k s <h y n & k s u h d k s u k u A

<hfycs

Nl/Vl/ NkM/ukA

n n q d k f <+ d a x b z u d k a <h f y c s > k j v k e c k r , A

<hys i fjcks

fouez gkuk] f' k f f k y g k u k A

tc l e t k v k j r c c q <h y k s i j k A

c l l u r s y j r & y j r ] v c c s <h y s i f j m B A

<y&ey

v f L F k j A

t k l j d k j d h u h r r k s < y & e y j g k f r , A

<ksyq

[kks[kyk] nll jka ds bl kjs ij pyus okyA

cdh ckr dks dk Hkj k s k s c q r k s f u j k s < k s y q , A

<ksyqxjai fjcks

vokfNr nkf; Ro dk fuokzA

xjs ea i j k s < k s y q r k s c t k b c k s i j s c k A

<ksy&<ekds cft cks

fof; kkykl A

ckV u d k s u r h t k [kYrb] <ksy&<ekds cft

mBA

<ksy rkj sfcduk

gkfu gkukA

ekVj ckth u a f c u d s < k s y r k j s f l x q c d c k

n, A

<ksy e thjk QWuk

u"V&Hkz"V gkuk] I k/ku jfgr gkukA

B d n k j h e a f c u d s < k s y e t h j k f l x q Q W u k

x, A

<ksy&Mdj fcfcdckgkdsystckS

Q p h z g k u k ] I E i f u k d k v i g j . k d j u k A

d T t q i V k s u p a < k s y & M d j f c X x , A

I k Å d k j f d l k u d s < k s y & M d j g k d s y k v k A

<ksy i hVuk

i p k f j r d j u k A

vi , j d j s d k s < k s y i h f v c k s v P N k s u k u A

<ksy ea i ksy

dfe; kj nksk gkukA

f t l e k f t c s d h c k r , s d s < k s y e a i k s y b z

g k s d f r r , A

r

r r q g k s

I k j r R o i k ; k t k u k A

f c u d h c k r u e a d k s Å r l u r q u k u A

rd yfxcks

y k h k f e y u k ] I Q y r k f e y u k A

tk jkt ea fcu dh [knc rd yxh , A

**rMEd&HkMEd**

vKMEcj] fn[kkok] ¼yej¼ BkV&ckVA  
Åijh rMEd&HkMEd I ka dk g&cs , } vkneh  
Hkhrj I ka Bkd g&cs pp, A

**rrbz k g&cs**

rst nk&us okyKA  
, d h dk tnh, ( rrbz k dk, Hkvs fQRrq , A

**rrbz u dks [kkvks**

ed hcr dk ekjKA  
dk, ] rrbz u dks [kk; kSI ksdk, HkftcsdRrq, A

**rRrksnmq**

nfubkjA  
rRrks nm&u i hcs ds u mxfyds dA

**rckbz efpcks@epkcks**

ckzh gkukA  
vkjs dk ij} rckbz efpxbA

**rckg g&cs**

ndkh gkuk] vHkkoxfI r gkukA  
uk&dh dk xbz ge rks jkfvu dka rckg½ gs  
x, A

**rj eky mMkcks**

epk fe"Bklu ¼?kh dh eykbz [kkuk] Hkjh  
fj'or [kkukA  
vktq dkfy rj eky [kncq mfm+j, , A

**rkd&>kd djuk**

jpgL; tkuus dk iz kl djukA  
ni lu dh ftUnfxu ea rkd&>kd dfjck\$  
Hkyell h ukpA

**rke&>ke tkfjckS**

vuko' ; d I leku bdVBk djuk] vuko' ; d  
fn[kkok djukA  
cki j} brd rke&>ke tkMMkjKA  
tk fl x rke&>ke dh dk t: jfr bA

**rkcm+rkm+**

tYnckth ej fuckZA  
eYy I fpu uarkcm+rkm+I ksj u cuk MkjA

**rky <kfdckS**

; q] dsfy, I lu) ] p&ks-h n&uk] Li "V ?kksk. kk  
djukA  
gka rky Bkd da v [kks ea mrfj xkA

**rky crky**

fopfy r gkuk] i Fk&dj Fk ij pyukA  
ur rks rky&crky pfs dUk , A

**rkjh ¼yh½ ctkbck& hfVckS**

i t lurk 0; ä djuk] f[kYyh mMkukA  
eQfr fctyh fefyds dh I fuda turk  
rkjh ctkb mBhA  
fcu dh ckra I fuda ek&us rkjh i hfV nbA

**rkjseacUn dfjckS**

i kdlnh yxkuk] fNi kdj j [kuk] gokykr@tsy  
ea MkyukA  
vc rksfc; fj vk# i kuhÅ; rkjs ea jfg mBs  
, A  
TokupKI dk rkjs ea jgr , A  
i fyl ua pks# rkjs ea cUn dnfvkA

**frdMe fhkjckS**

rjdhc yxkukA  
ns[kk\$ frdMe rks yxkbz A  
fhkjkbz , \$ efr dNw gs tk; A



**frypk rksjckS**

*/fu"ks'kkRed½ tjk&l k dke Hkh u djuka*  
cPkjS frypkÅ ukua rkkRQ

**frrj&fcrj gkuk**

*b/kj&m/kj Hkkxuka*  
i tyI dka nS [k da Hkhj frrj&fcrj gSxbA

**frypk I eftckS**

*rPN I e>uka*  
HkbZ k rks ekbZ frypk dh nfj dksÅ ukj  
ekUrA

**fry&fry dj tyuk**

*/khj&/khjs eR; q dh vkj c<uka*  
fry&fry dfjda tfjcs ra rks , dne cfjckS  
bZ Hkyks , A

**fry dksrkM+dfjckS**

*ckr dk crxM+djuk] vfr'; kfäA*  
fry dksrkM+dfjca eai =dkj ekfgj gkr , A

**fry /kjusdh tXxS½txg½**

*/fu"ks'kkRed½ jpek= LFku gkuka*  
vkt&dkfy xkfMue eafry&/kfjcs dh tXxs  
ukpA

**fry dksnkxq**

*funkZkj n'kZjh; A*  
ekMh dh ng iS fry dksÅ nkxq upä , A

**fryh I kafryqfudkfjckS**

*ykhk iklr djuka*  
rSyq fryh ea I ka fudÜkq , A

**frykbZ vkj [ka fn [kkbckS**

*Økf/kr gkuka*

ck dh frykbZ vkj [ka nS [kd] gka pñi q I Vfd  
vk; ka

**rhrjh gckS**

*tYnh&tYnh pDdj yxkus okyka*  
rwrks rhrjh I kS mMks fQÜkq , A

**rhu&rjSgckS**

*fo [kf. Mr gkuka*  
/khj&/khja fl xq rhu rjSgcs yxA

**rhu I kS I kB**

*cg rjS ¼voekuuk vFkok rPNrk dk Hkko¼A*  
rjS tS s rhu I S I kB fQÜk , A

**rhu ykd I ka eFkj k U; kjh**

*I cl s vyx jguka*  
fcu dh rks eFkj k rhu ykd I ka U; kjh , A

**rjUnkt**

*fu'kkusct] ohjA*  
^cki u ekjh ea dh csk rjUnktA\*

**rwdks**

*vokfNr@vl Øf/kr 0; fäA*  
rwdkS eTyk dS dkthA  
rwdkS gka [kke [kkA

**rwrh ckyuk**

*i Hkko'kkyh gkuka*  
e/; i nS k ea ckdh rwrh ckyj bZ , A

**¼rj½ cki dks**

*futh I Ei fÜKA*  
ts bl dny dk rj bZ cki dks , A  
I jdkj [kPpq mBkb j bZ , } rjS cki dks dk  
yfx j; ks , A

**ryh** [kl eqdjdai kuh l kaxk-- /kkbckS  
l c dN gksr gq Hkh foilurk dk thou  
thukA

ryh [kl eq djks rks dk i kuh l ka xk ---  
ekkaxhA

**rrqdf<ekS**

dfBure ifjJe djukA

QkSt dh Vtuax ea fl xq rryq df<xkA

**rkb ekjk rjscki ¼ekbrh½ dksek: i**

ijjs ?kj dks i rrfMf djukA

/kkds ea efr jfg, rjs l x rjs ekbrh dka  
ihVxkA

**rkrk i kfyckS**

>V ea i Muka

ts dk uvks rkrk i kfy cBA

**rkrk jvflr**

fl [kkb&i <kbz ckrA

vi uh vdfy l ks dkeqy rkrk jvflr efr  
djA

**rkbāNkfdckS**

prjkb] n{krk dk in'kūA

: [kh [kx\$] nrkbā efr NkdA

**Fk**

**Fki jkânckS**

Fki M+ekjuk] fi Vkbz yxkukA

brd Fki jz naxka dsvdfy fBdkua vkb tkxhA

**Fku i Si qftckS**

vi us fuokl ij gh ykHk feyrs jgukA

ck&ckck dÅ; upā tkr( csrksBk\$ i sbz i qtr  
, A

**Fkkj i flI ckS**

mūke Hkkstu mi yC/k djukA

>kj fcu dka Fkkj i jkd a dks cBkS , A

**Fkkjh dkScaxuq**

dHkh , d dHkh nit jsi {k dk i {k/kj gks tkuk]

vfo'ol uh; A

usrk Fkkjh ds caxu gkr , q i rks ukua fardka

dc yqfd tkpA

**¼Hkj½ Fkkjh eaykr ekfjckS**

i klr l kuka dks frjLdkj i nD R; kxukA

HkjH Fkkjh ea ykr ekfjda dksÅ l qth ukj  
jgkrA

**Fky&Fky g&ck&Fky&Fkykuk**

cgr ekv/k gks tkukA

cq rks vc Fky&Fky gS xbA

**Fkkñ ¼arkñ½ MkfjckS**

i d/ c<dj ekil i f'k; ka ea l yoVa vkukA

xknh i Sc&B&c&B ds yEcj dh Fkkñ ij xbz  
, A

**Fkd dapkfvckS**

viuh ckr l sedj tkukA

dkÅ HkykS ekul q Fkd dda uk pkVrq ukua

**Fk&Fkw djuk**

fulnk djuk] f/kDdkjukA

R; k, djeu i S tekuka Fk&Fkw djks , A

**Fkk&ks**

l kj jfgr] [kks[kyk] fu% kää

Fkk&ks puk u Qm&i Vds vks u mi tA

**Fkkjh ek# dkSHkks-qj kst q**

*i hMk@{kfr FkkMh I h dks cgr cMh inf'kr  
djuka  
ekMk dka ued MKVKS dk] cq rks bYyk&bYyk  
da jks mBk\$ pti bz upa Hkvka  
tkl ka ds , j Fkkjh ek# dks cksq jkstA*

### **Fkkj ksfy [kks**

*I kadrd foj.k dks I foLrkj I e> i kuka  
vc tknk dk fy[k] Fkkjs fy[ks dka cksq  
I eftvka*

## **n**

### **nUnukr pykSvkbckS**

*cs jkd&Vkd] rsth I spydj vkuka  
u dkA I ka i Nh u xNh] I nks nanukrq pykS  
vkvka*

### **uUnukbckS**

*Øsk@vks'k ea vkdj ph[kuka  
rI Yyh dfj] nUnukbcs dh tk ea dks&I h  
ckr ,A*

### **nch mxb; k fudkyuk**

*dke dj k yuka  
^nch mxb; k gs i Fkj k I k] dkA dj I ka yqn  
fudkfj \*A wkyg[k.Mh*

### **nckk&<dkS**

*fNik; k gvk vFkok xlr /kuA  
efjcs I ka i Sya fclluq nckk&<dkS fl xq ekMh  
dka I kfi nka*

### **nl eM+dkSg&ks**

*mnf.M] xohzyka  
, d ksdksqnl eM dks, s tks dkA dh u I qs  
u ekuA*

### **nl kS?khv ea**

*gj izdkj I sykth dh fLFkr ea gkuka  
vktq dkfy rksR; kjh nl kS?khv ea ,A*

### **nxk n&ks**

*I kfk NkMhka  
cq rks I ik nxk n&ks*

### **nkp pykbckS**

*i hl uk] u"V djuka  
ebz Nkrh iS rks pkfj cnafu dh nk]z pfcS  
dfuk ,A*

### **nkfn n&ks**

*i js kkuh i sk djuka  
fclua vPNh nkfn nS nbA*

### **nkfj [kkukarkfjckS**

*egg rkmh] fi Vkbz djuka  
pq dfj ukua nkfj [kkuka VhV tkxka*

### **njoktscln gkuk**

*fu"kskkka  
eks dka rks fl xq njcTts cln gs x, A*

### **nkx yxkbckS**

*dyfdr djuka  
cs ckr gek, j dk, dka nkxq yxkerka*

### **nkxh gkuk**

*vijk/kh@nkskh gkuka  
ty tkcs I ka cq nkxh gska*

### **nkq [kVVsdfjckS**

*ijklr djuka  
gellua rks cfj u ds ged k nkqbz [kVVs dja ,A*

### **nkq VkfjckS**

fucy cukuk] nf.Mr djuka  
dkÅ fnu gkÅ rjs fl x nkř Vkj&ka

**nkř i hfl cks**  
Økř/kr gkuka  
cšh dka nf[k da cq nkř i hfl mBkÅ

**nkřu i S/kjks gks**  
i R; {kr% Øksk dk f'kdjA  
cq ejš nkřu i S/kjks, s dkÅ fnu ekjks  
tkxka

**nkř cftckS**  
cgr I nhz ea txuka  
Qit dh jkr ea nkř cft mBr , Å

**nkřu ea thHk**  
nhVka ds chip jguka  
'tfe nl uu ea thHk fcpkjh\* Vryl hi½

**nkř >fjckS**  
fi Vkbz yxuka  
i fyl ua pkj ds fl xq nkř >knf, Å

**nkř QkfjckS**  
f[kyf[kyk dj gjl ukA  
dk, ] dk, dka nkř Qkjžvks Å

**nkř dkVh jkVh**  
vfHku fe=rkA  
fcu nksÅu dh rks nkř dkVh jkVh , Å

**nkř nř[kckS**  
fookg gkus yk; d u gkuk] xtg d u gkuka  
fcu ds rks dksÅ nkř nř[kcsÅ upā >fd  
jvks  
ejh fNfj; k ds gkV ea dkÅ us nkř Å ukua  
nř[kÅ

**nkřk fdpfdp**  
fookn gkuka  
fcu da rks jst qnkřk fdp&fdp gkska dflk , Å

**nk; ksgkrq**  
eq; I gk; dA  
cq rks fcu dks nk; ka gkrq , Å

**nk i SyxkbckS**  
I Ei wKz I d k/kuka dks mi ; kx djuka  
gka rks vi uks fl xq nkř i Syxk pdkÅ

**nkbl kai VqfNi kckS**  
vuko'; d xki uh; rkA  
nkbl da vkxā i Vq uk; fNi rÅ

**nkř dh cfN; k ds nkř xfuckS nř[kckS**  
Vfu"kskkRed½ eqřr dh ph tka dks i j [kuka  
nkř@nku dh cfN; k ds nkř uk; fxus tkrA

**nkř nkř xkfjckS**  
fuckg gkuk] y{; i křr ea I Qyrk vftř  
djuka  
>k; R; kjh nkř xkfcs dh ukua

**nkř i ryh gks**  
fLFkr [kjkc gkuka  
vktq dkfy fdl kuu dh nkř i rjh pjžbz  
, Å

**nkř Hkr ea ei j plnq**  
vuko'; d ck/kkA  
rwnkfj & Hkr ea ei # plnq dk, gšs dRr q, Å

**fnex Vfnedq @kkbckS**  
0; Fkz dh ekFki Pph djuka  
rhu ?k/k rj nřesvks fnedq dk, pkfV jvks , Å

**fnekx 1/2 fnek d 1/2 vki eku i Sg&ckS**

*Åph mltua Hkj ukA*

cs l ins Egka ckr uk; dUk] fcu ds fnekx rks  
vkl eku i S, Å

**fnekx 1/2 fnek d 1/2 Qkfj da ckr dfjckS**

*xokfä; kA*

cs dcÅ; l ins uk; crjkr] ges k; fnek d 1/2 Qkfj  
da ckr dfjckS dRr, Å

**fnu earkjsnh [kuk**

*dfBukbZ ka dk vuHko gkus yxukA*

rkb fnu earkjs nhf l mBA

**fny [kky dj [kPpqdfjckS**

*[kys gkfk l s [kic [kpkZ djuka*

ekMte dsC; k ea yEcj uafnyq [kkyf da [kPpq  
djckS grkA

**fny ckx&ckx gkuk**

*cgrr i d lu gkukA*

ngstq nf [kda earkjs fnyq ckx&ckx gS xvka

**nhcklu dsdku g&ckS**

*gj txg Hkfn; k@tkl i ka dk mi fLFkr gkukA*

prtu dks d&ckS, s ds nhckluq 1/2 nhokj k&ckS ds Å  
dku gkr, Å

**nhvk&ckrh dfjckS**

*l d; k olnu 1/2 vkj rh 1/2 djuka*

vc rks nhvk&ckrh dks V&eq gks xvka

**nhvk rj valkjks**

*u&V; yHk u feyuka*

>k rks nhvkrj bz v/kj kS, Å

**nhvk cfj>ckS**

*odk u"V gkuk 1/2 pjlx eja gkukA*

ekMte dh ekfr ds l æ bz nhvk cfj>xkA

**nhnk QkfjckS**

*vk'p; pfdR gkukA*

, d a nhnh Qkfj da dk fprcfr, Å

**nhnk QkfjckS**

*vu/kk djuka*

ekU tk] rjs nhnk Qkn&ckA

**nhvk c<k&ckS**

*l kus dk mi Øe djuka*

jkr Hkks-q gS xbz] vc rks nhvk c<k&ckS nsÅA

**nhnk rj&jckS**

*Øk/kr gkukA*

rjs nhnk rj&jckS rs dk Mjfi tk&xkA

**nhnk upk&ckS**

*gko&Hkko 1/2 gsyk/2dk i n'ku] pkpY; A*

vc nhnk upk&ckS cln dnms c&k&ckS rks gS  
pyhA

**nhnk ufc&ckS**

*fouez gkukA*

nhnk uck&ckS rks eS ks ua fl [kkvkbZ ukpA

**nhnk yfx&ckS**

*eu yxuk] /; ku n&ckA*

ck ds nhnk yx&ckS rc uA

**nd h x/kk i jch j&dfu**

*fuj {kj ka dk l k {kj ka dh Hk"kk ea ckr djuka*

vthc&ckS tk, } nd h x/kk vk&ckS i jch j&dfuA

**nd g&nd g&ckS ea Hk&ckS i jckS**

*vHk; eja vkj vkj ki h ea Q& yk gkukA*

Hkkpj nnyk&nlygfsu ea i fUk , a chp ea dksÅ  
ukpUA

**ng /kjsdksnMq**

*ftUnxh thus dh ; kruk, A*

ng /kjsdksnMq/MkMk fl x dkÅ dka Hkksuka  
i Rrq, A

**nksÅ gkrfu eayMMw**

*nkgjk ykHKA*

rjs rks nksÅ gkru ea yMMw , j [kk ys pkp  
csp yA

**nksÅ gkFk myhfpckS**

*epi glr l s/ku 0; ; djuka*

^i kuh ck<s uko ea ?kj ea ck<s nke

nksÅ gkFk myhfp, ; gh l ; kuka dkeAA\*\*

Wxj/kj dfojk; dqMyhiz

**nksÅ yx ds iyk ctkbckS**

*nks egh ckra djuka*

[kjh d&KS djka , ] l ks ykx nksÅ yx ds iyk  
ctkr gA

**nksÅ gkru l ks t&ks**

*cjsrjhds l shkkstu djuk] cgr vfekd [kkuk]*

*Hkkstu ij Vw i Muka*

u tkua dc dks Hkq dks vkA nksÅ gkru l ka  
jks/h l ka fpi fv ij kA

**nksÅ gkru rayVckS**

*ijh rjg yMuka*

fcpkjks fdl kuq ctkj ea vkda nksÅ gkru  
yV/rq, A

**nksÅ gkru yMckS**

*[kic vuFkz dk /ku dekuka*

urk rks vks hl j rk\$ nksÅ gkru l ka js fr , s  
yMckS dRr , A

**nki rh dksph#**

*cgr yEck] nj ea l ekir gkaus okyKA*

rs/vks dkeq dk] nki rh dks ph# gs xks \

**nksdkMh dks**

*rP/N A*

nks dksMh dks vkneh vkl eku l ka ckr dfjcs  
yxkA

**nksdkMh dh nj u g&ksu i MckSA**

*l k [k [kkuk] bTtr u gkuka*

repa dkbZ nks dksMh ea i Mrq ukpUA

ctkj ea frvkbZ nks dksMh dh nj ukpUA

**nks&nksgr dfjck&ks**

*vkeu&l keus yMuka*

vk\$# dk] vc gÅ tkUns nks&nks gkrA

**nksj k&nksj ks fQjckS**

*Hkx&nksM+ djuk] mRl kg fn [kkuka*

^nksj k&nksj ks dk fQjsfy, rjktu&ckVA

rks rs i Sya gka fQjka [kMh djka rj h [kkV\*AA

kdgkoriz

**ek**

**/links**

*dke&dk tA*

crkÅ] ds ks /links pyr gA

**/knsdfjckS**

*os ; kofRr djuka*

bgkj ?k. kha yqkba /kUns ea gA

**eknkspski V g&ks**

dkedkt ¼m /kx&0; ki kj½ dln gkuk] gkfu  
gkukA

eMq i dfjadscBs , ð èkUnks rks pks V gsxvkA

**/kTtk&eTtk dksckSjk#**

uxn 0; ogkjA

gekvks rks l inksckSjk# , ð /kTtk vks# eTtk

**/kTt; kj mMtckS**

dVq vkykpkuk djuk] ijklr djukA

ucl nj ea gkackdh /kTth mMt naks@c [kj  
nackA

**/kUuk I fB**

vehjA

cMKS /kUuk I fB cuka fQRrq A

**/kuk&/kkjh u gckS**

ekfyd ; k Lokh u gkuk] yokfj 'kA

tk ?kj dks dksÅ /kuk&/kkjh ukpA

vc dkbz /kuk&/kkjh uk; jvkA

**/kRrh vkl eku , d djuk**

ijh rkdr yxkuk] l Eiwk iz kl djukA

fcllus /kRrh&vkl ekuq, d dnr, ð rksÅ tkfu  
upz i kvkA

**/kRrh QfVckl ekbckS**

'keZ l s /kjr h ea xMedj ejukA

l hrk /kRrh l ekuhA ¼l hrk iz kx dFKk½

**/kRrh i Si km; u i fjckVfdckS**

vfr i d lu gkuk] dYi uk ea fcgkj djukA

pukm thr dackds ikp /kjr h iSub; kj gA

**/kRrh vkl eku dksVUrj**

cgr cMk Qdz gkukA

cki &cV/k ea /kRrh vkl eku dksVUr# , A

**/kek pksdMh epkbckS**

gYyk&xYyk@'kkj 'kjck djuk] Å/ke

epkukA

pkj ekMs feys upa ds /kek pksdMh 'kq Hkbz

ubA

**/kjh dfjckS**

fo/kok vFkok fookfgrk l s fookg djukA

>a rks /kjh dfjckS dks pyu gA

cqyEcj dh /kjSy , A

**/kje dsniusgckS**

nqpk ykHkA

tk ikyl h l kars /kje dsnius Hk, tkr , A

**/kje'kkyk /kfjckS**

Nik oki l djuk] ifjR; kx djukA

rwcmel ksd ra viuh /kje l kyk vius

f<æk èkYyA

/kfj jkf[k viuh /kjel kyk] gka ts pykA

**/kkp tekbckS**

Mj@vkr d i shk djukA

fl fln; k dh tk bykds ea èkkp tek xbz , A

**/; kuqyxkbckS /kfjckS**

Lej.k djuk] i kFkZuk djukA

^y; kuq /kj ks x# nò dk l dV dVs egku\*\*

**èkkfn**

xw dk <jA

VV/h ea èkkfn dh èkkfn èkj h , a

**èkkd tekbckS**

Mj vkr d] i Hkko c<kukA

puko thra rsek; korh dh /kkd tfe xba

**/kku ekfjksdfjcks**

; u&du vktfodk Hkj pyki kuka  
gk; Hkbz; k] geÅ; /kku ekfjks djr gÅ

**/kj tkr dfjcks**

vflre i Mko rd l kfk nuka  
geus rksckds l æ /kj tkr djh grhA

**/kfj pVkbcks**

ijklr djuka  
, d felV ea rkdka /kfj pVk nÅkÅ

**/kfj eafeykcks**

u"V djuka  
rÅa fl x vk: /kfj eafeyk nbÅ

**/kk&/kks ds Åtjh dfjcks**

10; Å; 1/2 vfedkfedk cjk b; ka dk i dVhdj .ka  
vc jgku n\$ /kk&/kks ds rÅa Hks-q Åtjh  
dnbÅ

**/kcd nÅks**

ueu djuka  
ge rksckykth ds }kj i s/kcd nr jgkr gÅ

**/kcds eajfgcks**

fdl h Hkæ eajguka  
dkÅ /kcds eaf r jbz/k; fl xq nknkxhjh /kjh  
js tkxhA

**/kcds l ka ekfjcks gkbck&kcdks gÅks**

gkfu gkukj Ny di V dk 0; ogkj] fo'okl ?kkrA  
dk dj; Hkfx /kcdks ns xvka  
cq /kcds l ks ekj ks xvka  
/kcdks rks dkÅ ds l æ u djÅ

**/kks; k i kvqekfjcks**

eYy fo/k dk , d nkÅA  
, d ks /kks; k i kv ekjr jga ds eYy pkjks  
[kkus fpRr gq x, A

**u**

**uax ukp dfjcks**

fuyTt 0; ogkj djuka  
fcu ds uax ukp dkanf [kda gka rks efj xvka

**uax cM+i ued j rs**

l okp l e>uk] c'skje dk epdkcyk u dj  
i kuka  
uaxu l ka Hkys vkneh dks dk edkcyk\$ dk,  
uax rks i jed j rs cM+gkr , Å

**uaxbz i Smrfjcks uax i uksdfjcks**

c'skjuh ij mrk: ] uhipi ukA  
uaxk rks uax i uks bz djsxks u \

**uax l ks Hkxekuqcpkcs**

c'skjekal s 0; ogkj u j [kuka  
uaxu l ka Hkxekuq nrij bz jk [ks l kbz Bhd , Å

**uaxk dfjcks gÅks**

vl fy; r i dV djuk] cbTtr gkuka  
Hkjs ctkj cq uaxks gS xvka

**ubzukpu dka cki dks UgBuk**

, dne vukMhA  
ubz ukpfu vkj cki dks UgBuk] Ugka dVa rks  
ds a dVA

**ud p<k**

tjk l h ckr ij fp<u okyka  
ud p<u dks dk Hkj kd k; dc dk dfj cBA



u [kjsfn [kkbckS

y?køku 1gko&Hkko&gsyk1A

tknk u [kjsdjr up; k( tš sdgr jgš cš bz  
djr jgkA

utfj feykckS

epkcyk@l keus i MøkA

cs gel ka utfj ukj feyk feyk i køkA

utfj 1/4fuxkg1/2 cnfyckS

nf"Vdks kj 0; ogkj ea cnykoA

c [kr ds l x fcu dh tufj cnfy xbA

utfj QšjckS

foedk gkøkA

ed hçr ea vi us Å utfj Qšyr , A

utfj cpbckS

fNi ukA

vc rks utfj cpb ds fudTtkrkA

utfj mrkfjckS

, d rkf=d fØ; k ft l l s fo'kškr% cPpka dks

0; kf/k epj djøkA

utfj mrkfjcs ea tuha gfl ; kj gkr , A

utfj yfxckS

vfHk'klr gkøkA

dNw u dh utfj , š h yxfr , s ds vPNh

Hkyh Nkfr n'kfd tkfr , A

uj?kk gšckS

ijh rjg l efi r] vf/kdkj ea gkøkA

xške všj vl gk; cudj jg tkøkA

ujš fn [kkbckS

Økš/kr gkøkA

dk, ] bruha ujj dk, fn [kk jvks , A

uFkus Qšykuk

Økš/kr gkøkA

re dk, uFkus Qšykr gkøkA

udy Mkyuk

ijh rjg o'k ea djøkA

dk crkÅj ebz rks ukd ea udsy i fj xbz , A

uFkuh mrkfjckS

dkš; 1 Hkøk djøkA

> ds cšM+ u ea uFkuh mrjckbz dh fjckt , A

uje&xje gšckS

fLFkr ds vuđ kj 0; ogkjA

ckškj ea dcÅj uje gšckS i Rrq , š dcÅj

xjeA

uČck&nČckS

l ršyr 0; ogkjA

ckš kj ea rks uČck&nČckS i Rrq A

uČ&nca bz dkeq parq , A

uDdkj [kkusearrrh dh vkokt

Nkš/vkneh dh ckr u l quh tkukj ' kšj &xšy

ea l qukbz u i Møk] l eFkz i klr u gkøkA

l š n ea l ka n dh vckt uDdkj [kkus ea

rrrh l h cfuds jfg xbA

uxn ukjk; u

/ku i kl gkøkA

uxn ukjkbu xkšB ea gkb rks bz dkeq pyA

uckc dkšcPpk@ukrh

dšhu] /kuh&ekuh 10; š; &xkyh1A

rwdk uckc dks cPpk , A

pykš vkvks uckc dks ukrhA

ued gjke

*Ñr?uA*

ued gjke vkneh dkÅ dks gkrq ukpA

ued gyky

*ÑrK] midkj dk ifrQy nus okyA*

ued gykyh rksj ti ru ds [ku eacl h , A

U; k; &vU; k;

*¼; u&du idkjs k½ ftl fdl h rjgA*

U; km&vU; km gka rks ukb djck ds NkMækaA

U; kjks?k# dfjcks

*?kj dk cã/okjk djuk] vyx jgukA*

jkst&jkstq dh nkirk fdfp&fdfp l ka v=kb

da ckua vi uka U; kjks ?k: dYykaA

U; kjks i rqi jkd h nkf[ky gæcks

*?kj l s vyx gq i# l s vkReh; rk u jg i kuka*

tk eadk >¼q, s ds U; kjks i rqi jkd h nkf[kr gkrq , A

u rhu ea u rjSea

*fu}U}} l Hkh >¼Vka l s epA*

gka u dkÅ dh rhu ea u rjg ea

uct nš[kcksVVksjcks

*vl fy; r tkuus dh dks'k'ka*

geuackdh uct VVkj h vks# i ñh rkb dfjcks

dk , A

uct i ðkfucka

*xqk&nkskka dks tkuuk] ey dkj.k l e>uk]*

*LoHkko l s ifjpr gkuk] jgL; tkuuk*

gka ckdh fl x uct i ðkUrka

ukd dksck#

*egroi wkl 0; fã] fo'oLrA*

cq rks ea-h th dh ukDdks ck# , A

ukm; dekbcks

*; 'k ykHk gkuka*

Fkksj l sfnuu ea ck us [kacq ukm dek yvka

ukm njksx /kfjcks

*>Bk l Eeku] vi k= dks Åph mi kf/k nuka*

ru[kk dfe dnæ] ukm; njksx æknæA\*

ukm /kfjcks

*vi 'kcn dguka*

bruka ubã dfj i kÅ; rks es k ukm cny

nh; ka

ukt u[kj smBkbcks

*: i xfoik dh gjdrs l guka*

l ¼y] ts ukt&u[kjs gka uk; mBk i kpkka

ukd dfvcks

*cs bTtr gkuka*

cki dh cfN; k u gæ s l ka fcu dh ukd dfv

xbA

ukd uhhph gkuk

*cs bTtr gkuka*

vi bã ckr upl fufHk i kb] rkl ka ebl ukd

uhph gS xbA

ukd yEch gkuk

*xqr rF; ka dh tkudkj h j[kuka*

i fyl dh ukd yEch gkr , A

fcus fl xq i rks jgkrq , A

ukd jxfjcks

[k]ken djuka

cq l kSckj ejh ngjh i S ukd jxfj p pks , A

**ukd ekfjcks**

v#fp idV djuka

Fkfj ; k vkcs l ka i Sybā r w ukd ekfjcks l q

dnarq , A

**ukd ?k] sjcks**

f d l h ekeys ea tcjnLrh ; k LoPNk l sQj/ ukA

gj ekeys ea uke ?k] sjcks Bhd ukA

**ukd jkf[kcks**

bTtr cjdjkj j[kuka

dk, chju] r s a ejh ukd jkf[k nbA

**ukd QVck c]n dfjcks**

cncw vkuka

xyh ea ?k] rbz ukd QVu yxhA

ukd c]n dfjcs ijhA

**ukd upkbcks**

ijskku djuka

vjs Hks k] ekb dkgs ukd upkrkA

**ukdnkj gkuk**

I Eekfur 0; fäA

cM+ukdnkj cur jgs t v k [ksyr i dfj x,

rks tirk ifj mBA

**ukd eane dfjcks**

ijskku djuka

ck ds ekja rks ukd eane vkxks , A

**ukd Åph dfjcks**

bTtr c<kuka

cMk dyVV# Hkv] cki dh ukd Åph gs

xbA

**ukdkapyspckuk**

cgr dfBu dk; Z l Eillu djuka

pukm yfjcs ea ekb ukdu puk pckbcs i jA

**ukd cguk @ukd l Mlruk**

l nh& t p ke l s i hfM r gkuka

tc ns[kk] uke l Mfdcks dUkq , A

**ukd Hkk]l dkfjcks**

uk i l Unxh tkfgj djuka

ejh [kj hnkjh ns[k dsck ua ukd & Hkk]l dksy bA

**ukd i Se]kh u c]Bcsncks**

l oFkk nkske] fu"dyd jguka

geus dcÅj ukd i Se]kh cBUukj nbA

**ukd i ScBh e]kh u mMkcks**

fu#i k; ] fu"Ø; @fu%käA

fcu i s rks ukd i s cBh e[kfj; k; Åj ukA

mfMes dhA

**ukuh efjcks**

0; fäxr {kfrA

l l jkfj tkcs ea rjh dk ukuh eTtkxhA

**ukuh ; kn vkcks**

dfBukbz dk vu]koA

dp]h ea epnnek yRr ea ukuh ; kfn vk

tkfr , A

**ukp cM+nLI u Fkks]sg]cks**

d]N vk] gh vl fy; r gkuka

ckfgj l ks tksftruka cM+n h l r q, } Hkhrj l k]d

fcruka bā Nks/ks gksr q , A

**uk&udj djuk**

; frd]pr~fu"kdka

Fkkj h uk&uplj ds ckn cs gkeh Hkfj x, A

**ukfj dkfVcks**

çk. kkUrd i hMk i gpkuka

Bdk gkr rs dk fNukj I jdkj ua rks ejh ukfj bz dkfV MkjhA

**ukfj uhiph g&ks**

'keZ l s >pluka

i r dh dRruru I ka ebz rks ukfj uhiph gs xbA

**uk# xfmeks**

t le LFku gkuka

>kj dk rjks uk# xMks , A

**fulb; kucdsQj eai fjcks**

ykyph gks tkuka

fulb; kucs ds pDdj ea dk i jk\$ ngÅ ns cBkA

**fuaq [kkbcks**

of) #d tkuka

yfjdk fuaq [kkvks I ks yxrq, \$ cf<+upaj vka

**fufük i fjcks**

'kkfUr dk vutko gkukj >xM&>V I ekir gkuka

t ks Hkvks I ks Hkvk\$ vc fufük i jhA

**fu/kjd g&ks**

vk' kadk, j fueiy gkuka

vc dksÅ ckr ukuj fu/kjd jvkA

**uha fr Mkfycks&cn g&ks uha fr fcxfjcks**

cb&ku gkukj 0; fHkHkjh gks tkuka

eparks /kuq ns [ka da ebz uha fr cnfy xbA

ckdks tkcuq ns [kda uhafr fcxfj xbA

**uhd eadetkj h g&ks**

v/kks j pukj nksk; çj gkuka

ck dks dk nks j fcpkjs dh uha eadfetkj h , A

**ud uh; rh**

b&ekunkjh dk 0; ogkjA

ud uh; fr I nk QfYr&QfYr, A I ks cn uhafr u djA

**ukau dh [kkbcks**

: [kk&l wkk Hkktu djuka

cb&kuh dh feBkbZ I ks ukau dh [kkbcks Hkyka

**ukau [kkbcks**

vllu [kkukj vkJ; ea i yuka

gelus R; k; ks ukau [kkvks , \$ bruka [; kyq rks jkf [kcs i jxkA

**ukau&ry dh fQdfj dfjcks**

?kj&xgLFkh fo"i; d fpUr, A

ukau&ry dh fQdfj ea i <kb&fy [kkbZ Nq/kb nbA

**ukau yxkb dspkfVcks**

frjLdkj i m&d oki I djuka

ys ts /kj h , s rj h i v/h] vc tkb ukau yxkb da pkfVcks dfjA

**uauk yMkbcks**

ie l adk tkMuka

^uauk yfMga rks ge dk dfjga \\*

**uau upkbcks**

fj >kuka

^uū upkb] dgh eq dkbz yyk vbz ks fQfj  
[ksyu gkj hA\*\* %dfo eMuž

**uūk >edkbckS**

>yd nh[kukA

^Bfxjh dk, uūk >edkc\*A %i epln( dQuž

**i**

**i ḍk fudfjckS**

pkycd gk tkukA

ekMk ds i ḍk fudfj df<+vk, A

**i dSi ku gSckS**

er; q ds fudV] o; ko) ] mez yxHkx ijh  
gkukA

fcu ds iku iXx, A

**ij dVckS**

l kku jfgr gkukA

, d nī js ds ij dVckS dksA bu uru l ka  
l h[kA

**ij dksdksvk dfjckS**

vfr'k; kfäA

dNwu dks l Hkko ij dksdksvk dfjckS gkrq, A

**i xMh mNkfjckS**

csbTtr djukA

fcpkjs dh Hkjs ctkj ea idMh mNfj xba

**ij jpkS %i PpkS nckS**

nōh&nōrk l s l k{kRdkj] Ñi k@vk'khokh  
iklr djukA

^gka rks BkMh rjs }kj] eš k ijpkS nA\*

%ykdxir&eš k dh HhA/ž

**i xMh i kx ckf/kckēi jkckē/kkfjckS**

rkt i ks'kh djuk] l Eekfur djukA

ea=h ua dppj tw dka i kx ck/kh fQfj xknh iS  
cBkjA

**i frak yfxckS**

fepHz yxuk] cjk yxukA

gka rks ck dka xfj; k jvkš i frak rja dk,  
yXx, A

**i fugkbz**

pkjh x, i 'kq dks oki l i kus ds fy, fn; k  
x; k /ku

i fugkbz ol ny dfjckS >a vke ckr , A

**i Ugš k; QfVckSpVdkbckS**

cgqckj pDdj dkVuk] l qij dh in ; k=ka

rks l s >k; l Rrjs i Ugš k pVdkr fQÜk , A

pr&pn i Ugš k; QfV xba

^vkor tkr i Ugš k VVh fcl fj x; ks gfj  
uke\*\* & ulnkl

**i l huk dscnys [kunnē:ks**

Nk/s l smi dkj dscnys cM&l &cMk R; kx  
djukA

fplrk efr djs rjs i l huk dscnya vi uka  
[kuq cgk naxka

**i VV i kp dks**

vHkxka

dyPNu ds i VV i kp; ifjcs rs i Vi jk gS  
tkrq, A

**i Vyk QfjckS**

pkš V djukA

fclua rks vi , i ?kj i šZ i Vyk QnfvkA

fclua rks vi , i ?kj i bz i vsyk QnfvkA

**i Rrk dkVuk**

ykhk@l Ükk l snj djuka

eus ck dh i Rrh Loki q djkb nbA

**i Ükk ¼u½ [kMeduk ¼fgyuk½**

i w k z ' k k f u r g k u k j d k b z ? k v u k ? k f v r u g k u k A

fcu ds fcuk rks > k i Rrk Å uk [kMedra

**i Rrk pkfVcks**

pkv [kkus ¼pVi Vh oLrq ½ dk 'kkSd gkuka

ck dks i Ükk pkfVcs dh vkfnr , A

**i Ükk QfVcks**

x/r e# .kk djuka

ek; kcrh i Rrk QfV jbz grh] ns[kks vkxa dk

djA

**i Ükk [kksfycks**

jgL; mtkxj djuka

vcbz dkxjfl ua vi us i Rrk [kksys ukua

**i RFkj dkSvlp#**

egxk l kskA

ts l knk i fV upz i kcSk\$ ts rks i RFkj dks

vpk# , A

**i RFkj dh ydhj**

vfeVA

ebz ckr i RFkj dh ydhj , A

**i UuqfuHkkbcks**

ifrKk ijh djuka

R; kbz ne tkuka gelua rks vi uka i UuqfuHkkbz

nkA

**i Ükk cUn jf[kcks**

jgL; dks jgL; cuk, j[kuka

jktuhfr ds [ksy ea i Ükk cUn jkf[kcs i Ük , A

**i jcr dkajkbzdfjcks**

cM# l s cM# vkin k Vkyuk ¼dr# vdr#

l efkA

jkbz dks ijcr dj\$ ijcr jkbz ekfga

¼dcij & l k[kh½

**i yd mBkdj ns[kcks**

yTtkyq ¼uhps l s Å ij dks u ns[kuk½

ekM# , d h l njh , s ds i ydq mBkb d\$ Å ij

ukj fprcfrA

**i yd > i fdcks**

uhm vkuka

jkfr xjeh ds eka i yeq upa > i dka

**i yd l kai ydqu yfxcks**

, d {k.k ds fy, Hkh u l ks i kuka

ekja fpurk ds i yd l kai yd upa > i fd

i kvkA

**i y eai Yysg&cks**

, d {k.k ea dQV Hkh ¼i zy; Hkh½ ?kfVr gks

l drk g\$ vKkr Hkfo"; A

dkfy dh dks dS l drq , \$ i y ea i Yysg&cks

dfrR, A

**i ydu l ksukaqmBkbcks**

dfBu dk; l dj i kuka

fctgyh dh pkjh jkfdcks i ydu l ks ukauq

mBkbcks , A

**i y&i y jæqcnfycks**

fxjfxV gkuk] vLFkjA  
uru ds iy&iy iSjx cnyr jgkr , A

**i gM+I kSdfVckS**  
dfBukbZ l s xqt jukA  
xjfeu ea i gM+I sfnu dKfVckS i Rr , A

**fi V i kNuk**  
vkf[kjh vksyknA  
l qhj ds ?kja yPNw fi V i kNuk , A

**i Yyksi dfjckS**  
vkJ; xg.k djukA  
Egjkkt] gka rks R; kvks i Yyksi i djukA

**i YyKSQSykbckS**  
Hkh[k ekxukA  
gka rks i YyKSQSyk pdk] vc R; kbZ ej th ,  
l ks djukA

**i YyKS>kfjckS**  
i hNk NqMkuk] l cdk fcPNn djukA  
ts srs a i YyKS>kfj i kvkA

**i kr&i kr i j Mkyuk**  
vyxRo vkf vLFkj efrA  
^rw Mkj & Mkj gks i kr&i kr\* ½ykdks ½

**i kpai ftckS**  
l Eekuh; ] fookg dh , d jLe du; knku  
i kpa i vtS , q eqM+ k ukua  
ekM+ dh i kpa i qt kbZ dnfbZ] gka rks xack ea  
xã; cbZ pdkA

**i km i Si km /kfjckS**  
gd rYQh djukA  
rwckds i km i Si km efr /kjA

**i kmu eafxfjckS**  
izkke djukA  
gka rks ns[krs bZ vi , i x# th egjkt ds  
i kmu i fxkA

**i km i dfjckS**  
[kdkken djuk] vfr fouez fuonuA  
eua thtk ds i km i dYy, vk# jkb da  
db& ^ekb ekQ dnsmA\*

**i kbu dh tirh**  
xyke] vinkfj ukphTA  
yqkbZ rks i kmu dh tirh gkA

**i kb&i kbZ pdkuk**  
ijk \_\_.k oki l djukA  
?kcjkb efr] i kb&i kbZ pdkb nãkA

**i kbZ i kbZ dksfgl kc nsk**  
bëkunkjh dk 0; ogkjA  
tk ea dNw xksy eky ukua] i kb&i kbZ dks  
fgl kc nãkA

**i kuh gëkS**  
vkj[kka dh 'keZ g; k] vkc: A  
dk, rjh vkf[ku ea i kuh ukus dk \

**i kuhnkj**  
[kj] rstLoh] dkfurekuA  
?kM+ i kuhnkj , A

**i hjspej**  
fue#.kA  
gka fcjknjh ea i hjspej dkfV pdkA

**i v ea i kuh gëkS**  
cgr cM+ /kDdk yxukA

ck ds efjcs dh l quda ejs i s/ ea i kuh gS  
xvkA

### **i s/q i hfVcks**

Hka[kk gkaus dk l dsr djuka  
i s/q i hfVcsr ds i s/q HkT tkxka

### **i s/q i hfB fefyda, d gcks**

cgr nqy] {kh. k dk; A  
^i s/&i hV feydj nksuka gS, d\*\*  
%ujky% og vkrk-----½

### **i s/q Hkfjcks**

Hkj i s/ Hkstu feyuka  
tk egxkbz ea i s/q HkT tkb] l kbz Hkks-q, A

### **i s/qu Hkfjcks**

vk/ks i s/ Hkstu] vrir jguka  
bruks fl xq [kba Åj rj ks i s/qu Hkj ka  
vcbā ek; k rs R; kvks i s/qu Hkj ka

### **i s/ i Sykr ekfjcks**

vkthfodk l s ofpr djuka  
ekYy&i hfVy] ifj i s/ i Sykr efr ekjA

### **i s/ dks tk; ks**

i q-A  
l qkh#&l qkhyq ejs i s/ ds tk, gA

### **i s/ ea ckr u i fpcks**

fdl h ckr dks u fNik i kuka  
yqkvu ds i s/ ea ckr i pri ukua

### **i s/q cf<eks**

ek/k gkuk] vf/kd ykyph gkuk] fj 'or [kkj  
gkuka  
ck dks i s/q dk c<k] ij k l fB gS xvkA

fcu dks i s/q rks vkS# Å cf<xka

### **i s/ eavkx yxuk**

tkj dh Hka[k yxuk] bz; kz gkuka  
tksgbl ks ys vk] i s/ ea vkfx i jbz, A  
bruh ckr l qudaes i s/ ea vkfx cfj mBhA

### **i s/ eapka[kj s dmfcks**

Hka[k yxuka  
dNw rks [kckvk] i s/ ea pka[kj s dnu yxka

### **i s/q QfVcks**

ok/kD; tfur i hMkA  
tk C; k ua rks gevks i s/Q Qkshka

### **i s/ dh ckr**

vl fy; rA  
i s/ dh ckr dgk] gka ckda upā tkxka

### **i s/ dh Fkg yck i s/ dh yck**

l pkbz tkuk] fNi h ckr tkuka  
cMs prj k] vi uha dgkxs upā gek, i s/ dh  
cM rka

### **i s/ dks i kuh u gfycks**

'kkur cus jguk] dkbz i frfØ; k u gkuka  
bruka fl xq gS ks i fjfcu ds i s/ dks i kuh Åj  
upz gyka

### **i s/q fefycks**

vkReh; rk gkuka  
fcu nksuka dks i s/q feyks, A

### **i s/qu fefycks**

fn [kks dh eS-hA  
fcu l ks feYr t: j, i ifj ng l ka i s/ l ka  
ukua



**i v dksdkjKS**

Lohkor% nqVA

gka Åi RrsÅ dkjKS gka vks# i v dks Å dkjKS  
gkA

**i ki h i vq**

Hka[k de&dpeZ djkrh gA

tsi vqcMKS i ki h , A tk dkaHkfjcs dka vkneh  
i ki dRrq , A

**i v ea xkfB gKS**

eu ea cf] }sk j [kuka

fcu dks euq Loki q ukua&i v ea xkfB , A

**i v eaMk<h**

vk; q l s vf/kd cf) ekuA

rwdk tkua ckda i v eaMk<h , A

**i v dkfvckS**

dfBukbz l A

gka i vq dkfv&dkfv da ekMh dks i <kbz jbz  
vka

**i v i kyuk**

vkthfodk&pyuka

ejh i v i kyuk ds sgS jbz , } gka tkUrka

**i v eadVkd mBuk**

bz; kz djuka

ck ds ea-h gbs rs rjs i v ea dVkd dk,  
mBfr , A

**i v eagud mBuk**

#ykbz vkuka

vEek dh l qUk vkcr bz ers i v ea gud  
mfBcs dfUk , A

**i ku nKS**

i ku f[kykuk] l Eekfur djuka

fcllus ge ftek,] fQj i ku nvka

**i ku QfjckS**

myVuk&i yVuk] ns[kHky djuka

^i ku l Mh D; kq ?kkMh vMh D; ka \\*\*

fQjk u Fkka 1/2q-ks-y/2

**i ku&l q kjh p<kckS**

i mt k djuka

eS k i s i ku&l q kjh p<k da gkr tknn, A

**i ku Qy nKS**

rPN mi gj nuka

ekMh dkscki qcksyks ^tks i ku&Qy wcfu i jxkS

naka\*\*

**i kjsi fjckS**

u"v gkuka

gekbz Ql y i s rks i kjs i fj xvka

**i ku&i Uk [kbckS] kckckS**

fj'or [kkuk&f[kykukA

dNw i ku&i Rrk [kckÅ rks dkeq pyA

**i kyk i fjckS**

epkcyk gkuka

rksÅ ekfye i Ttkxh] ds dkÅ l ka i kys i jks

grka

**i kuh /kfjckS**

mdl kuk] i kRl kfgr djuk] /kkj rst djuka

ck i s , d ks i kuh /kjs ds cq fQj ds Å;

#dks ukua

c[kj ds Qkj i s ygkj us i kuh /knka

**i kuh p<kbckS**

*egyEek/i r% p<ukA*

i hrfj dh dj&k&kuha i S I kaus dks i kuh p<knkA

**i kuh QsjckS**

*vgl ku Qjeks'khA*

ejs dj&/kjs i S fclua i kuh QnknA

**i kuh HkfjckS**

*I dk djuka*

rweks I ka thfr tkxks rks rj kSckjScLI i kuh Hkj&kaA

**i kuh&i kr dh i nNckS**

*vkj nsuk] Hka[k I; kl dh tkudkjh yuka*

ck ds ?kja x,] fclua i kuh&i kr dhÅ upz i nNha

i Sya i kuh&i krq i h ysm] fQfj crjk&kaA

**i kuh i h ds tkfr i nNckS**

*ei[krki wkz dk; I djuka*

i kuh i h yvks rks vc tkfr i nNcs dh dk rpd , A

**i hfB fn[kkbckS**

*ijklr gkuka*

vl yh jtiw dcÅ i hfB fn[kkcr ukuaA

**i hNafQfj dau nf[kckS**

*ifj. kke dh i jokg u djds vxsc<fs tkuka*

, d ckj tk jLrk i Spn,] fQfj ykSVda i hNs upa ns[kkA

**i hNaQaduk**

*Hkyk nuka*

^fi Nyh ckra i hNa Qadk\$ vc vkxa dks djks fcpk#\*A %vKYg [k.M%]

**i nsdkSi DdkS**

*n<+fu'p; hA*

gjh i ns dks i DdkS vkneh , A

**i k#vk rj rhr g&ckS**

*vkI &ikl I d kku feyuk] ikI gh jgL;*

*fNis gA*

gka ck ds i k#vk dh rhr yS p&ckS gka

br&fcr HkVdV jgk\$ i k#vk rj rhr feyhA

**i ksy [kyuk**

*dfe; kj I keus vkuka*

Fkkj s bz fnuu ea fcu dh i ksy [kfyxbA

**i w ds ikp i kyusea**

*i kj fEHkd y{k. kka I svkxr dh dYi uk djuka*

i w dh i kpm i kyus ea nh[ku yxr , A

**%vi us i jkai j [kM%g&ckS**

*LokoyEch gkuka*

if<+x, & fyf[k x,] vi us i kbu i SBkM%gS x, A

**i jkaeal uhpj gkuk**

*yxkrkj Hkxr&nk&M%fs jguka*

gek, ekMk ds i kpm ea l uhp# , s dcw ?kjS uk jgk&A

**i kpkaeaegnh jpkckS**

*/khj&/khjs pyuka*

rSua i kpm ea egnh jpk jk[kh , s dk \

**i kuh n&ckS**

*Jk) djuk] I dk djuk %fu"ks'ki jd%a*

duxru ea i fj [ku dka i kuh n&AA

dk&A , d , d ?k&vq i kuh ns&ck\$ dk Hkjkd ks \

**i kuh rai rjks**

*l gylk vks l LrkA*

i kuh ra i rjka dNw ukuaA

**i ki M+ckfycks**

*rjg&rjg ds d"V mBkukA*

ekb i fiN ftUnxh eafdrnd iki M+cfycs i js  
, A

**i kr i jkSi fjcks**

*xqtj cl j gkuk %udkj kRedVA*

gek, y, i dk dj& } fcu dks vi uka bā i kr  
i jkS ukua i fj ik jvkA

**i krkai kgr Qfjcks**

*feVkukA*

dir ua i ij [ku dh ckr i si kgr Qnfvka

**fi .M Nqkcks**

*epi gkuk/ i hNk NqkukA*

fcu rs fi .Mq Nqkcks dj k dke grka

**fi .M nck&kfjcks**

*ej. kklkj fØ; k %erd dh Nkrh ij vkVs ds*

*xksys rhu ckj&cny&cny dj j [kukVA*

ekM/ ua ejh ebz ka dh Nkrh i Sfi .M /knA, A

**fi .M Hkfjcks**

*x; k rhfkz ea tkdj erd dk Jk) del*

*djukA*

gka x; k tkbda cki ds fi .M Hkfj vk; kA

**ihj tkuuk**

*nit jka ds d"V dh vutkkr gkukA*

*^tkds i j u QVh fcckb] l ks dk tkua ihj*

*ijkbA\*%dgor½*

gka viuh&rjh nkuu dh ihj tkurka

**i kuh Qfjcks**

*vgl ku Qjkeks khA*

ej s dj&/kjs i SfcUua i kuh Qnfvka

**i d kc d<uk**

*Mjuk/ Hk; Hkhr gkukA*

jkfr ds l UukVseAMUu dsekjs i d kc df<+xbA

**i hB i hNs**

*vuij fLFkr ea*

i hB i hNs cjk bz dfjcks Bhd ukua gkrA

**fi VksI kSEgkaj fgcks**

*vi ekfur gkukA*

fcpkjs , s fi VksI kSEgka ysla jfg tkcs ij kA

**i kl x eau gkuk**

*cjkch u dj i kuk/ nyukRed : i l srPNA*

ea rks i w; x#vka ds l keus i kl x Hkh ughagA

**i kuh l ki li k dfgcks**

*l dVki Uu fLFkr >syukA*

ns[krq tk rwrks i kuh l ka ilik dfg mBxka

**i kuh ekxuk**

*Fkddj pj gkukA*

tbl xfr j b] rks rwi kuh ekfx mBxka

**i hij ds i Ukk dh ukp d fi cks**

*Fkj&Fkj dkji uk/ Hk; Hkhr gkukA*

, d bz nydkj ea ihj ds i Ukk dh ukpā

d fi cks dj kA

**i j kadsuhps?kkl tEcsn&ks**

*ck/kk, p@l eL; k, j mRi Uu u gkus nukA*

prj ykx vi , i i Bu ds uhps?kkl q tellukua

nrA

**i jka u h p s r s t e h u f [ k l f d c k S**  
v l g k ; g k u k j f p l r k v k j H k ; d k r h o z  
v g l k l A  
u k d j h t k b c s d h c k r l f u d s e j s i k m u d h  
t e h u f [ k l d x b A

**I ; k t q d s f N y d u i S e d y e k u q g S k S**  
F k k a M k y k y p j x y r f u . k z y u k A  
l k p k S u l e t k S I ; k t q d s f N y d u i s b z  
e d y e k u q g S x , A

**I ; k t d s f N y d k a i j b z e k u f M x k c k S**  
r p N l h p h t k a d h c b z e k u h d j u k A

**i d k u h 1/2 i s k k u h 1/2 i j c y i M a k**  
f p l r r g k u k A  
F k j h e d h c f r d k v k b z R ; k b z r k S i d f u u i s  
c y i f j m b A

**i k S c k j s i P p h l g S k S**  
o b k o l E i U u r k A  
b l j d h n ; k r s c k d s i k S c k j s i P p h l , A

## Q

**Q d h j**  
l b ; k l h j R ; k x h j e f l y e l k / k a f h k [ k e a k A  
c s ? k j N k S M + d s Q d h # g S x , A

**Q d h j h**  
x j h c h j Q D d M + u A  
f c / k k r k d h f c / k k r k t k u j j k t k Q d h # g k r  
n s [ k s , A  
~ e u y k x k a e j k S ; k j Q d h j h e i \* 1/2 d c h j % l c n 1/2

**Q f v i f j c k S**  
c g r v f / k d O k S / k r g k u k A

brus dk, QVs ijz vkj vc rl Yyh djka

**QVseai km nS k S**  
v u k o ' ; d g L r { k i A  
r k b n i l l u d s Q V s e a i k m n , p a d k Q k b n k \

**Q j h u Q k S j c k S**  
d q N H k h u d j u k A  
v c r k S c s Q j h A u k Q k S i k A

**Q y q f e f y c k S**  
n . M f e y u k A  
c k d k a c h i k f u n S k S d k S l b z Q y q f e f y x k A

**Q j e k u t k j h d j u k**  
v k k n u k j v k n s ' k i = ] g p e u k e k t k j h d j u k A  
l j d k j u a Q j e k u t k j h d n a v k S d S N k S / h & l h  
c P p h d k S t k S ; k m d j x k S t y t k x k A

**Q r c k t k j h d j u k**  
' k k L = h ; f o / k k u d h f o o p u k j / k k f e z d e k u ; r k  
d h m n ? k k S k . k k A  
u , & u , e f y s j k s t & j k s t u , & u , Q r c s t k j h  
d u k j s , A

**Q k [ r k m M k c k S**  
e k S t e L r h d j u k A  
d c p [ k y h y f e ; k j A j Q k [ r k m M k c r A

**Q k j l h Q j f d c k S**  
c a r y c d h c k r a d j u k A  
l k s p & l e f t d s c k s y k S Q k l l h e f r Q j z d k A

**f Q d j s d f l c k S**  
v k y k p u k j v k { k i 1/2 ; x ; 1/2 A  
n i j k a i s f Q d j s d f l c k S v k l u d k e q , A

**f Q j d s c k t h**

xp/clnhA  
jktuhr ea vc fQjds ckth gkch gks xba

**Qpd ekfjcks**  
ifjr djuka  
usrkth ua, d h Qpd ekjh dS tUrK i fUV i jhA

**QWh dksMh u gfsks**  
fu/kzi gkuka  
fcu dh xkfB ea QWh dksMh ukua

**QWh vkj[k u l gkbcks**  
uk i l UnA  
ekdka cq QWh vkj[k uk; l gkrA

**Qrydadji k gfsks**  
ekv/k gkukj ukjkt gkuka  
v, HkS k vc rksCs Qry da dji k gS xbz , A  
dk, ] ne dk, Qry da dji k gS x, A

**Qry da xMxt gfsks**  
vfr id luA  
vi ba cMkbz l fjuda cs Qry da xMxt q gS x, A

**Qry i S/kfjcks**  
mdl kukj i k&l kgr djuka  
Qry i S/kfj da fcui S dNw dj k ymA

**Qryck&Qfycks**  
mlufr djuka  
bz # dj\$ [kqQ Qryk&QyKA  
~%Qry&Qjs u cr tks x# feya fcj p  
l e&ryl hz\*

**Qryh&Qryh pfxcks**  
vkl kuh l s l Qy gkrs tkuka

vcbā rks Qryh&Qryh pfx jvks , \$ vVfd  
tkxh rks ukh ; kn vk tkxhA

**Qsy&Qrv da**  
l foLrkj] Loræ rki dZDA  
ekdka Qsy&Qrv da jfsks i l fUn , A

**Qkd gfsks%**  
vkl ku] eyk; eA  
>k; dh ekVh cMh Qkd , A

**QkMMkfjcks**  
fi Vkbz djuk] ekj Mkyuka  
rkbz , d feIV ea QkMMkj xka

**C**

**cV<kj dfjcks**  
fou"V djuka  
fcu dks rks c. V<kj gS xvka

**cay ckVqdfjcks**  
nif jka ds fgLI s dk /ku gM+ ukA  
clnj ckVq dfjcks rks fcu dh vknfr , A

**cd&cd djuk**  
0; FKZ dh ckræ djuka  
cd&cd dfjcs rs dk gkrq , A

**cTt#**  
dBkj] funz hA  
^c t# djst k yS tueka gS tks dS s gwi ?kys  
ukpA\*\* %kYg [k. M½

**cTt# Hkkp dh**  
nqz kk] eg l s fudyh ckr %vfhk' kki ½ l gh  
gkuka

cTtj Hkfdur snifj g&S HkyA

**cd >d djuk**

*egokn gkukA*

Hk&R cd>d l ka ckr fcxfr , A

**cxy >kfdcs**

*fu#UkjA*

Egka l egh ckra Hkbã rks cxy >kfdcs djA

**cM&cMkbcks**

*vLQv Loj ea ckr dguk] vkØks'k 0; ä djukA*

rjh cM&cM+dk l ukbz i fr , A

tk cM&cMks l ka dk gS tkxkA

**cM+ckyk**

*'ks[kh [kkjA*

cM+ckyk cfucs ea dNw Qkbnk ukuaA

**c<&p<+dj fgLI k y&S**

*l fØ; Hkxhnrkjha*

csrksjktufir eacf<&pf<+dsfgLI k y&S , A

**cRrhl h >kfjcks**

*nrq rM&uk] ekjihv djukA*

Bj k ds ekjs cRrhl h ckfgj vk tkxhA

**cuhafcxjcks**

*foillu gkukA*

~cuhafcxj xbz ejs Lokel dh] Ånfy l k&S

i kp i l kfj \*\*%kYg [k.M½

**cuhackr fcxfjcks**

*l Qyrk ds fudv i gputA*

dk dja chip ea dfin da ckus cuh ckr

fcxknãbA

**cgrh x&k eagkrq/kkbcks**

*vol j dk ykhk mBkukA*

geÅ; c&h x&k ea gkr i [kkYyA

**c[kr dsckLI k**

*i fjfLFkr; ka dks o'k ea djus okyA*

cs rks H&S k c[kr dsckLI k , a l ks jktqdfjcs

dÜk , A

**cf/k; k g&S**

*ui d] c&kj] i jk/khu gkukA*

ul clnh djkdã dk cf/k; k g&S , A

gka rks cf/k; k g&S; dNq dluã i k&ka

gka rks cf/k; k g&S; ukd ea ukFk Mknãbz , A

**cxqk Hkxrq**

*i k[k.Mh] <k&hA*

cxqk Hkxru dh vPnh rd yfx jbz , A

**cjZu dsNrk eagkrqMkfjcks**

*tku&cu> dj i js kkuh ea Qj ukA*

cjZu dsNru eagkrqMkfjcks vdfy dh ckr

ukuaA

**ckr dfjcks**

*tckuh tek [kpA*

cs ckra dÜk, j nr&y r gr ukuaA

**ckr dkfVcks**

*chip ea cky i M&ka*

n&S tus ckr dja rks r& dk, ckr dkVr

vkA

**ckr dks/kuh&ckr ckjks**

*ok; ns dk i Ddk] l Eekfur 0; fãA*

cqckr dks/kuh , A

**ckr [kjkqg&S**

*bTtr fcxMuk] oknk u futhk l duka*  
ekMh Dokjh jS xbl rks ckr [kjkqgS tkxhA  
dkfy #fi ; k Qnna&k] uba rks ckr [kjkqgS  
tkxhA

**cktsctuk**

*Fkduk] gkjuk] vHkkoxfl r gkuka*  
fcu ds rks ckts cft x, A

**ckjSctuk**

*[kLrk gky] nqzkk] fpLrkxfl rA*  
ck ds Egka i SckjS cft j, , A

**ckr fcxfjckS**

*vl gefrA*  
[krc ekFkk&iPph djh ifj ckr fcxjh l ks  
fcxfUk bl pyh xba

**ckr jkf[kckS**

*bTty cuk, j[kuka*  
, d svl useafclusgekbzckr jkf[k nba

**ckr dkScraMq**

*vfr'k; kfai i n k z o. k u*  
ckr dkScraMqdfjcsrsdksA erryc ukua

**ckra vkbckS**

*prj gks tkuka*  
vc rks i Sckra dfjckS vkb xbl, A

**ckra cukckS**

*cgkus djuka*  
l gh crkA] ckra efr cukAA

**ckck dkSeksyq**

*cgfr egxka*  
ckck ds eksy l Cth y&k] gek, cl dh ckr  
ukua

**ckr c<kckS**

*vkf vfk/d >xMhA*  
vc vk# ckr efr c<kAA

**cki dks**

*futhA*  
ft dknystq dk R; k, dkA ds cki dks, \

**¼vi u½ cki dks**

*'kijek] dgyhu*  
vi us cki dks gkb rks fhkfj da nf[kyA  
rkbz tj l ka u [kks nan rks vi us cki dks  
upA

**cki dksjktq**

*Lo; a ds Lokfero ea gkuka*  
es cki dksjktq, s dk] l ks ebl bl pyshA

**ckl i Spf<ekS**

*fuyTtrk dk in'ku*  
ufVuh ckl i Sp<fr t: j, § ifj vkf[ku  
dh l je dfUk, A

**ckx i dfjckSckx jkfdckS**

*puks'h u ns l dus okyA*  
N=hu dh ckx jkfdcs ckjks dksA ukua

**ckx&ckx gSckS**

*vfr i l lu gkuka*  
exy xkMLu nf[kcs rs gka ckx&ckx gSckA

**cknj QkfjckS**

*vk'p; itud dk; l dj i kuka*  
fclua cknj Qknna, ] , d cLI ea fl xq i kFkk  
i f<+MkjA

**cknj Qkfj daFksjh nSckS**

, d l s, d c < dj vk'p; Itud dk; Zdjuka  
^rw nrh ds h \  
ckn# Qkfj vkÅj  
vkj rwd s h \  
ckn# Qkfj ds Fksxjh yxk vkÅj\*A  
¼, d ykd dFkk l ½

**ckj l Qn g&ks**  
c#k gkuk] vutkoi gkuka  
vc rks R; k, ckj l Qn ifj x, A

**ckj &U; kjs g&ks**  
cgr ykHk gkuk  
, d cLI ea fcu ds ckj &U; kjs gS x, A

**ckj ½cky½ ukf p&ks**  
f[kfl ; kgVA  
dNqu cl kuh rks vi us ckj ukf p mBA

**ckj ½cky½ dh [kky df<e&ks**  
cgr ckjhdh l sfo' ysk. k djuka  
ckj dh [kky df<e&ks] dksÅ cdhyu l ka  
i NA

**ck# VM&ckdk½ u g&ks**  
dN Hkh gkfu u gkuka  
^ck# u ckdk dfj l ds tks txq cjh gkb\*\*

**ck# earsryqdf<e&ks ck# ea uko pyk&ks**  
vl EHko dk; Zdjuka  
ukd j ka dh QkSt ea b&ekunk# rykfl ckS ck#  
ea uko pyk&ks, A

**cky&cPpnkj**  
Hkj h&i j h xgLFkh okyk] fi rk] ekrka  
ekMk cky&cPpnkj, A  
ekMk cky&cPpnkj gS xbl

**ckl u [kkVrj /kfj&ks**  
dthkj gkuka  
rjh [kkV rj dk ejs ckl u /kjs grA

**fcxjh cukb&ks**  
l dV l smckjuka  
^ejh fcxjh rwbz cuk nhvk& ckck i fV; k ckj&  
½&it j?kkj dk ykd xtr½

**fcjk&ks**  
fp<kuka  
nf[k] cq ekb fcjk jvks, A

**fcykbfr tk&ks**  
nj tkuka  
v,] cq fdrÅj fcykbfr ukj xkA

**fcy&fcykuk**  
cjh rjg rMi uka  
Bkdj [kkrbz gka fcyfcyk mBkA

**fcykbfr ea**  
fons k ej ¼fo' k&kr-% ylnu&bpxysM ea  
cq dk fcykbfr ea jfg mBkS, A

**fcYyksdsHkkx l sNh&ks V&V&ks**  
vuk; kl l qol j feyuk] ykHk gkuka  
fcu dks dk cl qyks dSck ?kj ea C; km dnrj  
cq rks fcYyks ds Hkkfx l ka Nh&ks V&V i j kA

**chj xfr g&ks**  
j. k {ks= ea ekjk tkuka  
{kf=; i hB ugha fn [kk&ohj xfr i ktr djrs  
gA

**chjcy dh [khpjh**  
dk; Zgksus ea cgr vf/kd njh] yEck dk; A



Egkjkt R; kbz dFkk rks chjcy dh [khpbz gS xbA

**chjk mBkbckS**

*ppksh Lohdkj ukA*

^chjk [kkbda fcjek cksyks ihNa dne ekjckS ukpA\*\* ¼vKYg [k.M½

**ckh ?kkh yky yxke**

*vuij ; ä JxkjA*

Mpks vcÅ; ckh ?kkh yky yxkeA

**chjk nckS**

*iku f[kykuk] l Eekfur djuk*

^ij ifrr rcgh mfB tçj tc gfl nçj chjk\*\* ¼ij l kxj½

**ckkScnak l kScSBckS**

*v'kä gkukA*

pyks ijsu fQjks ijç gka rks ckç+cnakl l kS cSBxkA

**csi nh dksykyk**

*vLFkj fpûkA*

csi nh ds ykyu dks dk Hkjkd kç vktq brç dkfy fcra

**cvh cki da**

*Lok/khu] Lora=A*

vcba dNukj fcxjkç cvh cki da ba , A

**cvqI kS**

*ukVkj] y?kçk; A*

tk cv l suç ckn Oknç, l kjSgkr dh Hkhr Qkfn xkA

**cvk gckS**

*fdl h ckr ; k f'kdk; r ij /; ku u nsukA*  
cq rks cvk gS xvka dkÅ dh l çrçekUrq ukpA

**Hk**

**Hkxrqçukcrkç**

*rki=d] >KM&Qç djus okyka*

x<h ds Hkxrq dh efB; k i sehtu dh yfu yxfr , A

Hxoku jke ds Hkxr guækuq rks npjksvk ea Mkçd/k# guæku gS x, , A

**HkxrsHkr dh yçkç/h**

*pyrçpyrs dN fey tkukA*

fjVk; j gçs dksç [krqvk xvka vc rks Hkxrs Hkr dh yçkç/h , ç tks gkr vk tkçA

**HkxekuqNI # Qkfj danrq,**

*vdYiuh; /ku ikflrA*

Hkxekuq nrq , s rks NI # Qkfj da nrq , A

**HkVjk dh tj**

*v[kk/] 0; Fkçk; A*

[kkçks dk HkVk dh tj

rw rks HkVk dh tj [kkfn jvks , A

**HkM&HkMfdckSçHkMçkç k½**

*cgr cksyus okyk] 'kh?kz mûkçtr gkaus okyka*

cq çkj kS HkMçkç k , ç i ç dks çkj kS ukpA

**Hkj k&i çjks**

*/ku&tu l sl Ei UuA*

bç ç dh n; k l ka cq [kvcç Hkj k&i çjks grkA

**Hkrç k**

*i Ruh dk HkçbA*

Hkrš k tkj dks Hkkrq ykvs grkA

**Hkjks cBks**

xfl seapj cBuk  
gka cks fnuu l ka Hkjks cBks grkA ekdkafeyks  
l ks QfV ij kA

**Hkyed kfr 1/4HkyekU l**

l Tturk] 'kjkQr] l Ttu 0; fäA  
Hkyed h ea MECj l hax us ukm dek yvkA

**HkVh i sã/kq MkfjckHkVh i sãj\$ k /kfjckS**

ijh r\$ kjh djus ds cknA  
ekVh ckjks rks HkVh i sãj\$ k /kfjda fj'rk  
rykfl cks dRrq, A

**Hkfi cks**

i dz Kku] vlnkt djuk] l e>ukA  
gka ckb ns[kr bz Hkfi xk\$ t#j dNq ekfxcS  
vk; ks gksckA

**Hkbb 1/4Hkko 1/2**

vkReh; rka  
vc yksu ea i Sys l s Hkbb upã cpA

**Hkbu fefyckS**

vgdkj i wkz 0; ogkj  
fcu ds HkbbZuk felrA

**Hkkm u nckS**

vgfe; r u nuk] dN u l e>ukA  
gka bruka Hkkm dkÅ dka ukj nrq dS epM i s  
cS tkbA

**Hkkm**

elV; ] fd l h Hkh i dkj l A  
l l l ka dks Hkkm fxj xkA

gka dkÅ Hkkm jkth ukj gšs dka

**Hkfxeku**

l kkkX; 'kkfyuh 1/4L=; ka dsfy, , d l ckekulz  
/kuokuA  
Hkfxeku] vc rks jkth gS tkA  
cq Hkfxekuq Bš kA

**Hkfx pšrcs**

Hkfx; km; A  
vc rks ck dks Hkfx pšr mBks, A

**Hkfx Hkjsdh u gšks**

[kpZ l s cgr de elV; dh oLrA ?kkVs dk  
l kš kA  
[ksh ea yk[kq [kPp n,] feysgtk#] ts rks  
Hkfx Hkjs dhÅ u HkbA

**Hkfx QfVckS**

nrqZ kka  
tk ra C; km dfjda ejs Hkfx QfV x, A

**Hkxrsu cfuckS**

j{kk u dj i kuka  
, s a bã jgs rks dkÅ fnu Hktr Å upã  
cusckA

**Hkkr nckS**

cgu ds i#&i#h dh 'kknh ea HkbbZ/ekri {kz  
}kjk mi gjk Hkkr djuka  
Hkkuat dks C; km, s rks Hkkrq rks nšuka i j xkA

**HkkrqU; kšrcs ekfxcS**

cgu vkš ml ds l l gjkfy; ka }kjk Hkkr ydj  
vkus dk fuell=.k nšuka  
gka vi, j Hks u ds ?kj Hkkrq ukšrcs xbz grhA

**Hkkj ea l hjkS**

*dlbzLFkku fujki n u gkuk] vl guh; ] dfBukbz  
vutko gkuk  
fl x Bk\$ , d q s , i Hkkj ea l hjkS dÅ; ukua*

**Hkkjh i fjckS**

*vi \$kkrN r vf/kd l keF; bku gkuka  
cq i gkukaj bZ q , \$ vcÅ; cq rks i SHkkjh i jSkka*

**Hkkjh Hkj de**

*l gu'khyA  
r e t s s Hkkjh Hkj de fjl uk; gkrA*

**¼i kp½ Hkkjh gSkS**

*xHkbrh gkuka  
cÅ ds i kp Hkkjh , A*

**Hkkj ¼M½ ea tkbckS i fjckS**

*d q N Hkh gl\$ u"V gkuka  
ej s tkua Hkkj ea tkA  
Hkkj ea tkb] , s h dekbA*

**Hkkj ea >kf dckS**

*tyuk] u"V djuka  
ej s tkua Hkkj ea >kf d nA*

**Hkk# ¼HkkM½ gSkS**

*¼yk{kf.kd iz ks½ tks vk, l c [kpA  
ts ?k# dk Hkk# gS xvks \*

**Hkk# >kf dckS**

*r q N dk; l djuka  
n w vc rd dk Hkk# >kf d r q j vks grka*

**Hkk# Qk\$ jckS**

*0; Fkz ds dk; l djuka*

*vc rd dk Hkk# Qk\$ grks \*

**Hkkj s dh Hkhj**

*i s ndj bdVBh dh xbz HkhMA  
usrk Hkkj s dh Hkhj tk\$ jckS dÜk , A*

**fHk l k\$ k ea Hkq**

*; Fk l FkkuA  
fHk l k\$ k eq ds y , i gkrq , A*

**Hkkj s dks VVw**

*uk\$ d j j i s k y d j dk; l d j u s o k y k A  
cq rks Hkkj s ¼HkkM½ dks VVw , A*

**fHk M y q c k f / k c k S**

*c g r v f / k d n k e o l n y u k A  
c f u ; k ; u a i j k S f H k M y q c k r n v k A*

**fHk f j c & f H k j k b c k S**

*y M k b & > x M k d j u k A  
f H k f j c & f H k j k b c s e a d k Å v d f y c l n h u k u A*

**Hknyau fQfjckS**

*d H k h u y k S u k A  
t k n g j h i s r k S g k S H k n y d a u b z > p d a k A*

**Hknydau dfgckS**

*d q N u c r k u j x o k g h u n a u k A  
g k a v n k f Y r e a H k n y d a Å ; d N q u p a d f g  
i k c & k A*

**Hkq dfjckS**

*e l y u k j c k j h d d j u k A n c k u k A  
e j s Å i j d k c B k \$ e j s r k S H k q g S k A*

**Hkq dkSyhi uka**

*0; Fkz@vl Qy iz kl A*

tkS dNq dj k\$ fl xq Hkd i S dks y hfi cks gSkS

**Hkd eayVB ekfjckS**

vlnkt l s dke djukA

cs rks Hkd ea yVB ekfjckS dÜk , A

**Hkd q [kkb da jfgckS**

cf) gh] e[ kA

bruka rks tkUr bZ vk\$ Hkd q [kkb da Fkkj bZ jgkrkA

**Hkd q HkfjckS**

eR; q n. M nuka

rjh [kky dkf<+da Hkd q Hkjck naxkA

**HkMkfj ¼HkMcfj ½ mYykckS**

>xMk c<kuk

vc jgkUnsÅ] HkMcfj efr mYykÅA

**HkMcfj ea efrckS**

vufpr djukA

MKV [kkÅ] HkMcfj ea efr eirkA

**HkM+, efmekS**

xkgd dks Bxuk] vf/kd nke ol nyukA

HkM+>kj tkfr , § rba efmekS i Rrq , A

**HkM+i SÅu u NkMekS**

ykhk l s ofpr u jg ikukA

ts rks ykd jhfr , § HkM+i SÅu dksÅ NkMf ukpA

**HkM+pkfy**

HkMf= ¼HkM+dh ekufi drkA

tar k rks HkM+pkfy pfr , A

**HkA dsvkxschp cftckS**

fucf) ] e[ kka i j i Hkko u gkukA

HkA dsvkxachu ct kXxk\$ rks BkMh i l j kfr jShA

**HkA rky eatkbckS**

l efr l ek/kkua

fufÜk i jh] HkA rky ea xfy xBA

**HkS-q ¼ckS-½ HkbZ rks HkbZ, u dh l ka**

l hfer 0; ogkjA

cs tk ra vkx adk; tk l dr , § HkS-q ¼ckS-½

HkbZ rks Hkb; u dh l ka

**e**

**ea kh ekfjckS**

fcuk dke ds jgukA

cs fnuq Hkj ea kh ekfjckS dRr , A

**educ gkrh**

Hkjh Mhy&MkSy okyA

cq educ gkrh l ks >ekS dÜkq , A

**exj cfy pf<ekS**

l Qy gkukA

Hkjkl ks rks upa grk\$ rksÅ cfy exja pf< xBA

**etk p[kkckS**

n. M nuka

gks ck\$ q tnh ck dka etk p[kk naxkA

**etk ekfjckS**

yfQ mBkuk] ykhk mBkukA

dkeq dksÅ dj\$ etk nq ekj kA

eBk Mkfj ds [kkfncks  
I emy u"V djuka  
os gekbz tluq ea eBk Mkfjcks dÜk , A

eu dh dfjcks  
euekuh djuka  
dkÅ dh efr I fu] vi ,i eu dh dYyA

eu dh ckr  
Hkhrjh I pkb] #fp ds vuq kjA  
eu dh ckr dgj] ekb tsfl x i l Un ukua  
Å/kka eu ekus dh ckr

eudsfj jcks  
/khj&/khjs dke djuk] vi uh ckr vkjke I s  
dguka  
cÅ u tkus dk eudk fi jcksfr jbz ds ekMk  
vkfx cejk gS xvka

eu&xu dksdh  
I eku Lohkko dka  
cÅ ejs eu&xu dh ukua

enmq  
ohj] I kgl h i q#"ka  
cs Hkkjh enmq , A 10; x½

ena dksdjstk  
fUMj] fuHkhZdA  
tsena dksdjstk , } tks Åp&uhp , s>Yrq, A

ena dks [kl e dTtq  
\_.k dk cks>A  
ena dks [kl e dTtq gksrq , A

eujk dh >kjh  
pMh i gulus okys dh >kyh] {k. k HkaxjA

ftUnxh eujk dh >fj; k , } dky ds , d  
M.Mk ea pj&pj gS tkfr , A

euqHkfjcks  
rir gkuk] v#fp gkuka  
gka rks euq Hkfj ds [kko pdkA  
cs gea uk i qkr gekvks rks euq Hkfj xka

euqHkkjh gcks  
nq] kh% gkuka  
eksr dh [kcfj I fu ds eu Hkkjh gS xvka

euqekfjcks  
'kkur gkuk] grkRl kfgR gkuka  
gka rks eu ekfj da jfg xvks grka

euqekfgcks  
vkd"kr djuka  
ck dh gjl h us evks euqekfg yka

euqI e>kbcks  
Lo; a dks i zkf/kr] rI Yyh nuka  
tks g\$ I ks g\$ eu rks I e>kcuka i jxka

eu eagcks  
bjknk] fu'p; A  
es eu ea ckck gcs dh , A

euqgjks gcks  
vklrfjd i l llurk gkuka  
ekMh dks ?k# nf [k da eu gj ks gks xvka

euksh ekfxcks  
eu dh bPNk, i jih djus ds fy, nørk I s  
i kfkz-k djuka  
I hrk es k ua euksh ekfx&  
^eu tkfg jkps feyfg I ks# I gt I qnj  
I kpjks\*A

**ej [kuk**  
ekjus okyKA  
ej [kuka cSyq [krUukad gkrq , A

**efjcsfQfjckS**  
cckh gkus dk mi Øe djuka  
dk, efjcsfQfj jvks , A

**ejafi .M NWuk**  
vkf[kjh mi k; ] dHkh Nq/dkjk u feyuka  
dTt I ka xjhc dks fi .Mq ej bā NW/rq , A

**ejafi .M NWuk**  
vkf[kjh mi k; ] dHkh Nq/dkjk u feyuka  
dTt I ka xjhc dks fi .Mq ej bā NW/rq , A

**ejsdkaekjsL; ke enk#**  
vkj vf/kd {kfr i gpkuka  
bā # ejs dks bZ ekfjckS dRr , A

**ejSu ekpksys**  
vokfNr@vfi z dk I keus cus jguka  
gfj c [kr Nkrh i S I okj jgkrq , } ejS u  
ekpksyA

**Egka v/kj s**  
I w kñ; I s i wZ /Hkj kj s A  
gka xke rs Egka vf/k; kjs pln vkA

**Egka dkj kSdfjckS**  
0; fHkpj A  
ck-s ua cPph I ka Egka dkj kS dī kj kA

**Egkadscy fxfjckS**  
I Lrk gkuk] bTtr pyh tkuk] i ru gkuka  
ctkj ea'kDdj ds nke Egkacy fxjs i ja , A

**Egka dkj kSgkS**

dyad yxuka  
dj k&/kj kS dNq up% eQfr ea Egka dkj kS gSkA

**Egkans [kh dSckS**  
#[k ns[kdj ckr djuk A  
nq I kph dÅ] Egkans [ks dh efr dÅA

**Egka i fjckS**  
[kk fy; k tkuk A  
Qsdcs rs rks dkÅ ds Egka i Ttkb rks Bh  
jgxkA

**Egkans [kkSckj#**  
0; fā dh gfi ; r ds vuq kj 0; ogkj] I ækka  
dk fuokjA  
cs Egka nf [kda ckj# dRr , A

**Egka i SdckS**  
I keus dguka  
i hBh i hNs ukuj gka ok ds Egka i S ds nækA

**¼, d½ Egka [kkp , d xk]---- fgaxs**  
vfHkurk] i xk+e s hA  
cs nksuka , d Egka [kkr jgr gā vkj , d xk-  
fgaxckS dRr , A

**Egka i Srse [kfj ; k u mfMckS**  
ijh rjg fu% kDrA  
vc rka Egka i Srse [kfj ; k; Åj ukj mMk i kcrA

**Egkδcknq**  
>xMk A  
ck I ka gekvka Egka cknq gS xvka

**Egka ekpxanke**  
LookfNr eV; ] egxk gkuka  
rks dka tehu ds Egka ekpxa nke nækA

**Egkaekpxh ejkfn**

*eu%bkaNk, A*

eu ekpxh ejkfn dkÅ dka ek; fefy ca djfra

**EgkaekfjckS**

*b/kj&m/kj l s ykHk i klr djukl 0; fhkpkjh gkuka*

ukdjh ds l æ cq br&fcr Egka ekfjckS

dÙrq, A

èk# èkksMda br&fcrS Egka ekfjckS cjh ckr gkfr, A

**Egka i SekfjckS**

*[kjh ckr dguk] voekuuk ds l kfk ykS/kuka*

cjh yxS rks yx\$gka rks Egka i SekfjckS

dRrvka

eSua ykS/u dh xih ckds Egka i Sekjh vks

dbz ds ys /kYyA

**Egkaeankr**

*i wkr% l j f{krA*

ge rks vHkk; ea Egka eankru dh up; k; jgr

jgA

**EgkaeadSnkr**

*cjkdVkd] fuckZKA*

gers dkÅ ua uk; i Nih dsR; k, Egka eadSnkr

, A

**Egkaeankr u g&ckS**

*o) A*

ckda Egka eankr uk; jgA

**Egka tkfjckS**

*l kefgd : i l s cjkbz djuka*

pkfj Egka tjS ds ckrs gku yxha

**Egka tkjh**

*fooknA*

xLrh djs fQfj mi Rra Egka tkjh djA

**Egka rksfjckS**

*ijftr djuka*

, d >Vdk ea ea ck dks Egka rksfj n&ksA

**Egka fn [kkckS**

*njh l s vkuka*

rjh Egka vc nhf[k i kvks, A

**Egka u fn [kkckS**

*oki l u vkuka*

vc gka >k; Egka uk; fn [kkcs dkA

**Egka fcpdkckS**

*mi {kk] vii lurk vkf vl gefra*

gea i <f&fy [kr nf[k dafclua Egka fcpdkbz

nkA

**Egka QfvckS Egka QkfjckS**

*fcuk fcpljs ckyuk] Åph dher ekxuka*

fcu dks rks Egka Qfv jvks, } Åu&nus nke

ekxr, A

Egka rks Qkfj cB} vc tkb ckr, s ds a

jk [kksxA

**Egka QsjckS**

*foeq[k gkuk] ?k.kk djuka*

vkQr ea l xks Egka Qsyrq, A

tS s bz l keus i jks rS bZ Egka QsyrkA

**Egka ejdkckS**

*uk i l UnxhA*

Qks/w nf[k da fcu dks Egka ejfd xvka

**Egka yxkS**

*fudVre gkuka*

jkeujs k rks efi=u da Egka yxkS , A

**Egka l hckS**

*pi jguka*

gelluar kSR; k, MUu ds ekjs Egka l ha j k [kks , A

**¼l m½ Egks ckr u dfjckS**

*i l Uurk 0; ä djuka*

cs dc Å; l ins Egka uk; cr jkr A

**ek; dks nmk i hckS**

*l Ppkohj] l keF; bku] l kgl hA*

ek; dks ninq i hvks gks rks fhkYyA

**eky [kkbckS**

*i q"V dkjd Hkktu djuka*

i Sycku dka eky [kbcsp, A

**ekyqmMkckS ekyqekfjckS**

*nit js dk /ku Nlu yuk] /kjkgj oki l u  
djuk] cbëkuh dj tkuka*

gka tkurk; nit lu dks ekyqekfj da gS x,  
/kluk l sBA

**ekyqeyhnk mMkckS**

*xq/Njz mMkuka*

vktq dkfy [kic ekyqeyhnk mMkb j, vka

**eykbz ekfjckS**

*fj'or yukA*

vPNh rd yxh gS [kic eykbz ekjr gkA

**ek# dsekjaHkur Hkxa**

*fi Vus dk MjA*

rjh dk fcl fr , } ek# dsekja rksHkur HkftckS

dRr , A

**ekjk&ekjksfQfjckS**

*cdkj HkVduka*

uksdjh Nw/a rs ekjk&ekjks fQUuka i jz/ks , A

**ekVh dspWgs**

*l eku foi lu fLFkfrA*

?kj & ?kj piys ekVh ds , A

**ekFks i Sdyadq**

*nkskha*

u dNw djks u /kj k\$ ekFks i s dyadqyxvkA

**ekfgy**

*b/kj dh m/kj fhkMkus okyk] vkYg [k. M dk  
, d ik=A*

ekfgy rscps jfgvk\$ tkua dc ch/kfu nsnA  
bruha ckr l qh ekfgy ua uhrs yhuka l hl q  
>dkbA vkYg [k. M½

**ekjSl ksehj**

*igy djuka*

igy dfjcs ckjks thfrcs dRrq , ckbz eh#  
dgkcrq , A

**fHkfu fHkukckS**

*ukd ds Loj] nch vkokt ea ckyuk]*

*vl rkski dV djuka*

Loki & Loki q crk] fHkufHkukcs erhA

**feyh Hkxfr**

*l gefrA*

fcu nksmu dh feyh Hkxfr , A

**fe; k; feVw**

*vkRe i l ka da*



vi us Egka fe; k; feVBwgj dksÅ cfuckS djr  
gÅ

**eBh i hckS**

*mRrj u nsukA*

gka dfgcs djks cs ehBh i hcr jgÅ

**eBh HkhfpckS**

*dat# h djuka*

gka rks eBh Hkhfpa da jgkrq ÅÅ

**eBh ckf/kdamfMekS**

*rsth l s Hkkxuka*

i fyl l keus vkcr bl pks# eBh ckf/k da  
mfMxka

**eBh ekfjckS**

*[kq kh vks# xe ea #i ; & i s fuNkoj djuka*

cÅ fcnk gku yxh] l l j us eBh ekfjckS

l q djks rks clnbz upa Hkvka

cs/Uua cki ds fceku i s [krc eBha ekj ha

**eBh ekfj danckS**

*xlr : i l s nsuka*

ri eBh ekfj da tks nxlj ys yxka

**eBh [kksyda [kfpckS**

*epi glr l s 0 ; ; djuk] nsuk] i dVr% nsuk*

nku ncka bl , s rks eBh [kksyds nA

**eBh cln gckS**

*er; q gkuka*

eBh [kksya vkvks grkj eBh cln dfjds pyks  
xvka

**eMk nckS**

*trk ekjuka*

gkd ea jfg ukua eMk nckA

**eMk th dh Mk<h**

*egRo i wkl pht dk fuel#; forj .ka*

eMk th dh Mk<h rks rkchtu dka gs xba

**eQfr dh [kkbckS**

*nit jka ds /ku dk fcuk i fj Je mi HkksxA*

dNw rks djks eQfr dh dc yks [kkvksxA

**eQfr dh dekbz**

*gjke dk ekyA*

chl kalgkua q dh dekbz Qfry , gjke dh dekbz  
ys cBfr , A

**eQfr ea ekfjckS**

*vdkj .k gkfu mBkuka*

dk, eQfr ea efjcs fQfr rvka

**eM+dscy gckS**

*> duk] vuqr gkuka*

vi us dke dks i jks dfjcj gks eM+ ds cy  
gskA

**eM+i Sp<kbckS/kfjckS/cBkfjckS**

*cgr vf/kd egRo nsuka*

eksMk eM+i Sp<kb y, l ks vc cq l q r q ekUr q  
ukua

**eM+eMkckS**

*Bxh dk f'kdkj gkaus dh foo'krka*

cps rks ckf rks v [khj ea eM+eMkcs i jka

**eM+eMkcr vkjs i js**

*'kq l s gh ck/kk, j vkuka*

eM+eMkcr [ka vkjs i fj mBs rks fgEfr  
Viv tkfr , A

**eM+i SrSefrckS**

mPNi[kyrk] vufpr dk; A  
ck dka dksu jksd; vkt&dkfy eM+i srsefr  
jvks , A

**eM+gykckS**

LohNfrA  
ucl eM+ gykcs ea R; kjkS dk fcXTtkxkA

**ekN m[kkfjckS**

viaku djuka  
cÅ ua l l j ds ekNa m [kkMMkjha

**ekN uhph dfjckS**

Nkvi u dk vgl kl gkuka  
jktk uaegjkt ds l keuaekN uhph dYybA

**ekNu eavk nckS**

xo@niZ vFkok JSBrk dk in'kUA  
Bkd# ekNu ea vvk nS da cksys ^r w gek,  
cjkcfj dks ukua\*\*

**ekNu i Svvk yfxck&ekNu i Srkm nckS**

tot; dk xoA  
pukm thrr b] fcu dh ekNu is vvk  
yXxvka

**eks# ekfjckS**

JSB dk; Z djuka  
gvk; ikl gS da dk nus eks# ekYykas

**ekSt mMkck&dfjckS**

l qki dZl thuka  
bl j dh n; krs ekMh&ekMk ekSt djZ , A

**J**

**jxqvkbckS**

cglj vkuk] f[kyuk] l qk feyus yxuka  
gkSy&gkSyS dfy; ka ea jxq vkbcs yxkA

**jxqpf<ekS**

i Hkkfor gkuka  
vc ckeuu i Scl ik dks jxq pf<es yxkS , A

**jxqp<kck&kkfjckS**

eukupdy dk; Z djuk] i k&l kfgr djuk]  
fl [kkuk&i <tuka  
, d kS jxq p<kxks ds fl xq ckcki uq ekj kS jfg  
tkxkA

**jxqppckS**

Hkjh tokuh dk l kSn; A  
jktk dh fcfV; k vBkJS cLI dh HkbZ rks ck  
l ka jxq ppkcs djA

**jxqcnfyckS**

0; ogkj@uhfr ea cnyko] l qnj nh[kus  
yxuka  
tk cnyrs c[kr ea geA; jxpcnfyckS  
i jkA  
dkl ehj ea tkbdar ksc ck dks jxq pZ cnfyxkA

**jxqtekuk**

i Hkko ea of) A  
tk bykds ea Bkdju dks jxq tek Hkvks , A

**jM jkcuk**

ckj&ckj , d gh ckr ngj kulk] v#fpdj okrka  
rjs jM jkcuk dka l fuda gek, dku ifd  
x, A

**jde cukuk**

*èku bdVBk djuka*

jrk cfp&cfp da fclua jde cuk MkjhA

**jxfjcks**

*f?kl uk] ijs'kku djuka*

, d ksjxfjæka dsfl xpu kuh ; kfn vktkxhA

**jVvksdfjcks**

*>xMk djuka*

vi u&vi ua ?kja tkÅ jVvks efr djka

**jVvksgecks**

*>xMg gkr's jguka*

xkMackfju l ka jkstq jVvks ges dRrq , A

**jLrk eadk\scbcks**

*ck/kk, @dfBukbz k; i shk djuka*

ræ gekbz jLrk eadk\vs dk, cqr jgr gks \

**jLrk jksdcks**

*vku&tkus ea ck/kk Mkyuk] l æk rkmæka*

ræua rks gekbz jLrbz cln dnæbA

**jLI k [kksfycks**

*i 'kæ/ka dks [kyk NkMæka*

>k; rks xjfeu ea ikfgu dks jLI k [kks'ncsks  
dRr, A

**jLI k Mkfjcks**

*tky ea Qil uk] uki & tks'k djuka*

cs rks gekbz ukfj ea jLI k MkPpæda

, d fnu HkS k us [kr ea jLI k Mknævks vks  
ckVqfgLI k dlu yxka

**jLI k rjkcks**

*vkrgA*

ekMk vejhdk tkbcsdka jLI k rjkcks dRrq , A

**jkbdks i gk# ¼fry dk rkm½**

*vfr'k; kfäA*

jkbdks i gk# dfjcks ge i suk; vkcræ

**jkM+dks tekbz**

*vHkxka*

gka dk jkM+dks tekbz vka

**jkM+dksI kMq**

*mn. M] vuq'kl ughuA*

cki qeja ra cq rks jkM+dks I kMqgs xvka

**jke dksukm ym**

*vk'kk NkM+cBuka*

jke dksukm ym] xvks /kuq dk ykS/rq , A

**jkeckuq**

*vek'k vL=A*

ge rks jkeckuq Nksj pæ] vc dNiu pæ dfj

i kææA

**jke&y [ku dh tkjh**

*nks vkn'kz HkbbA*

bu nkÅ HkS u dh rks jke&y [ku l h tkjh , A

**jke dksI; kjsgecks**

*ej tkuka*

Hkjh tokuh ea cs jke dka l; kjs gS x, A

**jke dksfvjmvk vkbcks**

*eR; q dk vkaæ. ka*

jke dsfvjmvk i sfl xS tkuka i jska

**jkg Hkfycks**

*; fä@mik; u l æuka*

dk djka gka rks dke; kch dh jkgbz Hkyk cBka

**jkg I kaHKVfdxkS**

*i Fk fopyuA*

jkg I ka HKVdks u gkrks rks dk, Bkdja [kkrq fQRrka

**jkfj dschp cbckS**

*>xMk&>V i shk djuka*

I eftckS djks jkfj dscht efr cAA

**jkfj c<kckS**

*>xMk QSykukA*

rpbz pfii tkÅ] jkfj dk, c<kcr vkA

**jk; rksQSykckS**

*>xMk c<kukA*

fdLI k dkVj jk; rks QSykÅ efr] I eVA

**jkl ks jfpckS**

*yMkbz yMkukA*

vc da vPNKS jkl ks jfp nvkA dkÅ dka ejckb ds ekukA

**jhrk&ykMq**

*I; kj dk fn [kkok djuka*

nck&yckS dNquku jhrkSykMqc [kSjcks dUk , A

**jM+dksi Mq**

*fouk'k dk dkj. ka*

jM+dksi Mq rks tsMqdb; k , A tk dka yj&fhkja fcuk psuk ukua i RrA

**jye&i y**

*cgrk; rA*

nb&cjs dh rks i xfr ea jye i sy dnabA

**jkS; i [kM+gckS**

*jkekpr gkukA*

cjh vkfx ea gjh dka dpr nf [k da gek, jksvk; [kM+gS x, A

**jkxqi kfyckS**

*ef' dy ea Qil ukA*

vc vk# dk uvks jkx i kyyvkA

**jkcuugkj h i bk u gckS**

*odkuk'ka*

^jgks u dksÅ dty jkou gkj\*\* 1/2 k-p-ek-1/2

**jkSy&pkSy**

*ekst & eLrhA*

C; k ds cgkua jkSy&pkSy gs tkfr , A

**y**

**yxMh ekfjckS**

*fxjuk] #dkoV MkyukA*

cq, d h yxMh nckS ds gka pkj ka [kkus fprR gs xvka

**yEch Nykx**

*cMk ykHk i ktr djudk iz kl ] JSB dk; A*

ge i <kb&fy [kkbz ea yEch Nykx yxkbcckS pkr , A

**yach&pkjh nckS**

*xli gkduka*

re rks yach&pkjh nckS dRrka

**1/2 i 1/2 ea yach Mk<h**

*cf) ekuA*

mefj dks dfe, a rks dk] i 1/2 ea rks yach Mk<h , A

**yach rku dal kbckS**

*fuf' plrrka*

dkÅ dNw dfjcs dj} gka rks ych rku da  
i fjxkÅ

### yçsi § i l kfjckS

ejuk

^, d fnu , d k l ko. kk] ykçs i § i l kfjA\*  
%dchj½

### ydb; k; nçkS

nkg l ddkj djukA

ejadka ydb; k; rks ncs i jaxhA

### ydbh i djkbckS

VMIh&eMIh vfhkpkfjr ydMIh i dMIuk ¼rkf=d  
fØ; k/A

ukmrs ua gek, gkr ea mYyiw dh ydfj; k  
i djkb nbA

### y[ki rh

ekuokuA

rk&l s y[ki rh tkua fdrRs fQRr , A

### yVB ea tks#

ckgçyhA

fcu rs dks fhkj} fcu ds yVB ea tks# , A

### yYkspli ks djuk

[kq kken djukA

ge i s dkÅ dh yYks&pli ks ukus gkfrA

### ygn¼yksÅ½ i hckS

cgr vf/kd i js kku djukA

rūs rks esvks yksÅ i h yvkÅ

### ykt dfjckS ykt ekfjckS

i nk l ¼rkV dk < uk½ djukA

i < h cm, i ykt uk ekfRrA

### yk[k dh eM§ k [kkd ea

fouk'kA

ebz yk[k dh eM§ k [kkd ea fey xbA

### yk[k dh ckr [kkd ea

bTtr l ektr gkukA

rūs ebz yk[k dh ckr [kkd ea feykb nbA

### ykt dsekjæfjckS

'kfeInxhA

gk; n§ k] gka rks ykt ds ekjæfj xbA

### yky i hjksgçkS

x l k gkukA

yky&ihjs dk, gkrk§ ekyqyÅ vk# tkÅA

### yky ççDdMç

çf) eku 0; fäA

jkt vl eatl ea ifjxkÅ ck ua vius

ykyççDdj l ka i N[h] ^crkb] ts dks , s\\*\*

### ykl i Si km ekfjckS

¼ ki Fk½ , d ykd dFk l A

rwejh ykl i Si km /kj} tks vc tkbA

### yq[kfj; k dsnr

foo'krk@n8; dk i dVhdj. kA

rwekb yq[kfj; k l snkr efr fn[kkcA

### yqV; k MficckS

dq; kfr] fullnk] gkfuj vl QyrkA

rjs djeu l ka gekbz yqV; k Mfic xbA

### yksdspuk pckbckS

nk l k; dk; A

l pkbz dsj Lrk i Spfyck§ yksdspuk pckbckS

gkrq , A

I

I atchuh eij

erd dksft ykuo kyh vkskf/kA  
, d h dk I atchuh nSnbZ, dSejKS th i jxkA

I d dh nckbyktq

vk'kack, j dHkh fuey ugha gkrh ykbykt  
gkrh gA  
I d dks byktq ydoku Å; ukj dLI drA

I VfdckS

fuxyukj pij pki pys tkuk  
rsvks cl q pyS rks I ktkS I Vfd tkbA  
I hrkjke I Vfdx, ] ykS/k&MkSj i VXX, A

I rh

ifronkj I k/ohA  
I hrk rs cMh I rh dksÅ ukuaA

I rh I kfo=h

0; Å; %xyh/nq pfj=A  
cMh I rh&I kfo=h cuha fQFRr , A

I rh gSckS

erd i fr ds I kfk fprkjkg. kA  
>kj rks fdrd N=kua I rh gSckS djha , A

I nk I ck; ks

I rr i xfrA  
bZ # dj\$ I nk I ck; s cus jgkA

I i useal kpuk

dHkh Hkh u I kpukA  
gka rkb NksM+ nckj , d kS I i us ea Å efr  
I kfpvka

I c# yhyq

I oZk{khA

HkS u dks fgLI k efr [kkÅ] I c#yhyq gSckS  
Bhd ukuaA

I ck xt dh Nkrh

I kgI hA  
^I ck xtq Nkrh uj Åny dh] ckdka dgk  
ijh ijckb\*\*A %vKYg [k.M%]

I cknw

pVkjA  
cq I knw ukua I cknw , A

I ck I j dksd jstK

fl g i # "kA  
I ok I j dks djstK tk Nkrh ea /kjKS , \$ gkS  
?kknqvu I ka ukj MRrA

I jkVs

i Hkkfo". kqkj ekStA  
fcu ds I jkVs , A

I kjt dsej s dka j kbckS

I qh?kz iz Ru] yEcs I e; rd d"V ea jgukA  
I bZ I kjt ds ejs dka dksÅ dk ykS j kcsxkA

I kji vVfdckS

vfr dfBukb; ka ea QjI ukA  
ejh rks I kji a vVfd j bZ , A

I kji dksI i ksyk

tJ s dks rJ kA  
I kji ds tk, I i ksykbZ gkr , A

I kji I #?kckS

ekSj] fu#UkjA  
I ki q I #?kxks dk dk, crk dk, ukj j bA

**I k|l vkbckS**

*FkkMk&l k l du feyuk] FkkMh Qd r gkuk]*  
*i q thbuA*

vc ud l k|l vk i kbz , A  
xbz l k|l ] fQfj vk xbA

**I k|l m[kfjckS QryckS ne QryckS**

*nek dk jks] Fkduk] ejukA*  
u tkua dk gS xvk] l c] & l k|t l k|l  
QryckS dfUk , A  
Hkktr&Hkktr ebz l k|l m[kfj xbA  
v[khj ea fcpkjs dh l k|l m[kfj xbA

**I k|l arst pfyckS**

*ej. kkl UuA*  
vc rks ejht dh l k|l arst pfy mBhA

**I kr i qV dh [kkbckS**

*ij [kka dh bTtr l s gkFk /kks cBuka*  
vc dgk dg] fclua rks vi uh l kr i qLVu  
dhA [kkb nbA

**I kr l e|nj i kj**

*cg]r njj] fons'k ea*  
fcV; k dks ?k# l kr l e|nj i kfj , A

**I krksi r C; kfgckS**

*l Hkh nkf; Roka dks ijik djukA*  
R; kbz dk , ( ne rks l krksi r C; kfg ppa

**I kjl tkMh**

*vk n'kz i eh&i fedkA*  
R; kbz l kLl tkjh l nk; cuha jA

**Lok dfjckS jfpckS HkfjckS**

*vflku; djukA*  
ts Lok HkfjckS dln dfjA

**fl x njcktscln**

*mik; u gkukA*  
ejsfy, l Hkh njcktscln , A

**fl j /kfjdayckS**

*fouez LohNfrA*  
l kbz ukFk gka fl j/kfj yuk^

**fl j ijckS**

*i hNs i M+ tkuk] nks'kh BgjkukA*  
dk djka ckSr qfnuu l kS fl j ijks , A  
ekjks dkA vkduu gR; k ejs fl j ij xbA

**fl j is**

*Lokh] mPp i nkf/kdkjh] l j {kdA*  
ije Lora u fl j is dkba 1/4 ryl h1/2  
fcu ds fl j is cMw dks gkrq , A

**fl j i Sp<kuk**

*[kqyh Nlw nuka*  
cki us ekMk fl j i Sp<kvks , A

**fl j i Sgkrq/kfjckS**

*dl e [kkukA*  
rjs fl j i Sgkrq /kRrk] tks rjh fdrkc Nlpz  
gkbA

**fl j i Sl okj**

*gj l e; ikl cusjgukA rdktk djukA*  
ne rks fl j i Sl ck# cusjgkr vkA

**fl j OkMuk**

*geyk djuk] ekjuk&ihVuk*  
yVB ds ekja fl # OknMkA

**fl j cpuk**

*vkRe j {kk djukA*

eMKS fl # vkj su l ka cpkckS i jxkA

**fl j ekfjckS**

cgrr nj rd ckr&plr djrs jgukA  
pkfj ?kUVk fl jekjK\$ urhtk dNwupā vkvkA

**fl jhzgckS**

ikxy gkukA  
fl jhzgS xvks , s dk \

**l hax djkb dacNju eafefyckS**

; pk inf'kr djuka  
cqrkS l hax dVkb dacNju eafeykS pkrq , A

**l p# eukckS**

l rks'k djuka  
cfpxk\$ l p#euk

**l qRr HkrfyckS**

foLefrA  
l kxk\$ l ks l qRr HkrfyxkA

**l pau lets**

euekuh djuka  
l pka u l etk\$ tks nh [ks l ks djkA

**l j eal j feykbckS**

l eFkz djuka  
firkth iir ds l j eal j feykr jgr gA

**l jx dh fVdV dfVck\$refyckS**

eR; q gkukA  
fcua rks l jx dh fVdV fefy xbA

**l jx ul suh pf<ekS**

l kS=&i i kS= gkus ij ?kj ds o; ko) dk l kus  
dh ul suh l s i j NqvkukA %o) ka dks l Eeku

n.us okyh jLe/A

bā j dh ekSt , j gkarkS l jx ul suh pf<xkA

**l wds l jkV/s**

dkjh&ckrA  
nckSu yck\$ nē rks l wds l jkV/s mltckS dRr kA

**l p/kckS**

fNih ckr l e>ukl pj jg tkukA  
HkS-jh fNi kbz i fj i fyl us l pkbz l f?k ybA  
ej s ckr l fuda l kji q l f?kxkS dk \

**l w̄t qmfxckS**

fodkl okuA  
mxrs l w̄t dka nfu; ki tyq nfr , A

**l w̄t qfNi kckS**

iru gkukA  
i kuhi r dh yjkbzeaejkBu dks l w̄t qfNfi xkA

**l msEgkackr u dfjckS**

vid Uurkl xokfäA  
cs cM\$ dk Hk, ] l msEgka ckr Å ukj dÜkA

**l f̄rpknk**

e f̄r [kkj  
bu l f̄r pknū ds ekja rks ukd ea neq , A

**l ej dks Qwq**

l kjghu] rRojfgr] vuq; kxhA  
^; g l ā k# Qwq l ej dks l tñj nf [k ytkk; kS\*  
¼l j ½

**l suk cVWh**

b'kkjs ckthA  
fcu ea rks l suk&cVWh pyks bz dfÜk , A



**I j dkaI ok I #**  
vi us I s vf/kd cMhA cyokuA  
I blu dka I ck I # feykbl dRr , A

**I j&ckV rksyckS**  
[kkyh cBuka  
Bkyh cSykscfu; ka I j&ckV rksyckS dRr , A

**I kuseal gkxkS**  
vPNs I s vPNs I q kx feyuka  
i <tbl vks uksdjh nksA fefy xba ts rks  
I kus ea I gkxkS gS xvka

**I kSi SI e#**  
I okPa  
efD [kefrjh rks I kSi SI e# gkrq , A

## g

**gak djuka**  
fcxMuk] ukjkt gkuka  
cs dkfy cksqgak djz s gra

**fg&eprsdh**  
tjk&tjk&I h ckrj f'kdk; rA  
ts fg&eprsdh ckra eks efr crkAA

**fg&kI svk, eprkI sx,**  
tYnckth djuka  
ts dkbz vkuka , j fg&kI svk, ] eprkI s pa, A

**gfM+ k pVvk**  
pVkjA  
gfM+ k pVvu ds C; k ea vk&em cfLI cks  
dUkq , A

**ga u eacxyk**

fo}kuka ea eufkA  
tk dksyst ea fl xqgd , j bfdyscxgk rks  
gebA , A

**gjI h eaf[kI h**  
I q/k ea nqkA  
cjkra tk j, grj Mpkscip ea Vi XxbA gjI h  
eaf[kI h gS xba

**gDd&cDd Hkyuk**  
gMeMuk] fadUkD; foekA  
vkfx yxh nS [k da gk&gDd&cDd HkryxkA

**gMMk**  
gfMM; ka dks cVkj us okyk] pekjA  
cq rks gMMk , A

**gMMh&i j gh , d dfjckS**  
cgr i hVuka  
ckdh fl xq gMMh i I gha , d dnrbA

**grQjh**  
pkjh] b/kj dk eky m/kjA  
>kj gr Qjh ukj pysxhA

**grI dk**  
LokfkhA  
tk I rdk ua fdI ku pks V dnA, ] vQI lu  
ds gkr fl dck n, A

**gfr; kckS**  
Nhuuka  
gka rks gfr; k yvkj eksy ukj yvka

**gRrs pf<ekS**  
dc ts ea vkuka  
tk fnu ejs gRrs pf<xkS fl xq ekj kb yvka

**grjh dh ydhja**

HkkX; ] [ku ds fj' rA  
grjh dh ydhja dk feVcks dfÜk , A

**gR; k dh tj**

fouk'k dk dkj. kA  
gR; k dh tj rksft Mpb; k grhA

**gna dsnkx**

fookg ds l e; oj&nfYgu ij gYnh dk  
ys' u] fookg gq dñ gh fnu gkukA  
vcbñgnñh ds nkxÅ ukua Nw/s ds ts i gk#  
VñV ij kA

**gna yxsu fQVdjh**

eflr ea vPNk dke gkukA  
rñ rksgnn yxsu fQVdjh j xqps[ kks pkrkA

**fgx&eprsdh**

tjk&tjk&l h ckrñ f'kdk; rA  
ts fgx&eprsdh ckra eks efr A

**gou dRr eagkr tfjckS**

Hkys dke ea cjk bA  
djexfr , } dcÅ&dcÅ; gcu dÜk eagkr  
cTtkr , A

**gckbZfdys**

dkYi fud ; kst uk, A  
cB&cBs gckbZ fdys cukcs dÜk , A

**gckbZQk; #**

vy{; ] %gok ea rhj pykukA  
eñs dkÅ ea uk; nb] gokbZ Qkb# djks grkA

**gck pfyckS**

i pyu ea vkukA

dNw , ð h gck pfy ij h, s ds tks ns[ kks l ks  
fcns k Hkft jvks , A

**gck rsckrsdfjckS**

rst xfrA  
cq rks gck rs ckra dRrq , A

**gck ckf/kckS**

oñko l Ei llurk] i Hkfo". kqrkA  
yEcj ua bykds ea gck ckf/k jk[ kh , A

**gck eamfMekS**

dYi uk] foykl A  
cs rks gck ea mfMeks dÜk , A

**gck eamMkckS**

/; ku u nukA  
rñus ejh ckr gok ea mMk nhA

**gck eaNykpX**

Åph mMkuA  
ge rks gck ea NykpX yxkb pñ] vc gknh  
gkb l ks gkbA

**gck jkfdckS**

d"V nukA  
rbZ eks l ka nq euh gfr ukua fQj ebl gck  
dk, jkfd jk[ kh , A

**gck yfxckS**

okrkoj. k l si Hkfor] prjkbZcjrulk] ywyxuk]  
i r&ck/kk xfl rA  
rks dka l } dh gok yXxbA  
dkfy rkrh gck yXxbA  
, ð h yxfr , s ds dksÅ gck yXxbZ grA

**gfj Hknykñ ukjkbqu Hknyka**

ftn ij vMukA  
rē dNw dē s dj k s cs gfj Hkny T t k s ukj k buq  
ubā Hkny kA

**gjh**  
v d f j r g k u k ] i ' k y k a d k x H k k j . k d j u k ]  
d P p h y g y g r h g p A  
i t u d h t j g j h , A  
r p z H k s i g j h g s x b A  
g j h [ k r h n f [ k d a r c h ; f r [ k d g s x b A

**gjseaQWuk**  
vi 0 ; d k j h A  
r j h r k s g j s e a Q W V j b z g r A

**gjkS**  
v P N h Q l y ] i t l l u r k ] p k j k A  
[ k r q g j k s g s k A  
i r d k a n f [ k d a e s k d k s t h m g j k s g s k A  
t k A r k s u a i k f g u d k a g j k s y s v k A A

**gjkSbzgjkS**  
f o i g y l E i l l u r k A  
l k e u d s v k y k j s d k a g j k s b z g j k s n h l r q , A

**gjk&HkjKS**  
H k j k & i j k A  
c s r k s f l x q r j s g j & H k j s , A

**gyd dh ckr [kyd ea**  
j g L ; m t k x j d j u k A 0 ; f ä x r c k r d k  
l k o z t f u d g k u k A  
v [ k c k j c k j s g y d d h c k r [ k y d e a i g p k c r  
j g r g A

**gykck&Mykcks**  
i D d k d j u k A

gka ckdka [kicq gyk&Myk pdkA

**gyqk&ekMs**  
Lokfn "V i doku 1gyok vkj ehBh i MhA

**gyqh thc**  
H k n n h t c k u ] x k y h x y k p d j u s o k y k A  
c k d h t h c H k h g y q h , A

**gyqks**  
x j h c ] d e o t u d k i H k k o g h u ] t Y n h m R r f t r  
g k u s o k y k ] d f B u k b z d e g k u k v F k o k N W u k A  
e k M h c k j k s g y q k s , A  
c s g y q k s [ k P p q 1 r j g o h z d f j j , , A  
c q g y q k s , j t n h r k c [ k k r q , A  
g y q s v k n e h d h d k s l t j r , A  
e k M h d k S C ; k m d f j d a g k a g y q k s g s k A

**gyqks thm**  
M j i k d A  
f c p k j k s g y q s t h v d k s , A

**gkM+tfjcks**  
e R ; k j j k l r n k g d e A  
f c u d s r k s g k M + c f j x , A

**gkM&xkM+rksjcks**  
e k j i h v d j u k A  
r j s g k M & x k M + r k n n k A

**gkM+rksjcks**  
d f B u i f j e d j u k  
i s k d e k s e a g k M + r k s i R r , A

**gkeh Hkfjcks**  
L o h n f r n u k A

fcLUA l æ pfycs dh gkph HknmbA

**gkr dVckckS**

vf/kdkjka l s ofpr gks tkukA  
[kræeMŞ k fl xqekMtu dsuke gŞkŞ gkr rks  
i Sybā dfV x, A

**gkr dkfVckS**

n. M nuk] vfekdjka l s ofpr djukA  
jktk ua dkjh xju ds gkr dVckb n, A  
gka rks fcu dgkr dkfV pdkA

**gkr mBk, j**

fcuk fdl h l keku dŞ fcuk Mj dA  
ræ rks gkr mBk, j pys vkÅA

**gkr dh l QkbZ**

gLR dSkY] pkrq j tknw  
gck ea ykV xkbc dfjckS rks gkr dh  
l QkbZ, A  
dkjh xj ds gkr ea l QkbZ, A

**gkFk dksb'kkjckS**

l dr A  
uad gkr dks bl kjks Hkvks ubz kj] ds tkeq  
yxks ub; kA

**gkr dfj dækjh ekfjckS**

Lo; a dks {kfr i gpkukA  
rŞs rks gkr dfj dækjh ekjh, A

**gkr mBkckS**

l eFkZ] i {k ea okV nuk] ekj&ihV djukA  
ræa dNw ubā dfj cŞ cfl gkrq mBkeuka, A  
de t kj i S gkrq ubā mBkcs ppā A

**gkr dksEŞyq**

rPN phtA

i S k rks gkr dksEŞyq gkr gA

**gkr dks l Ppks**

bèkunkjA  
uksl# gkr dks l Ppks grkA

**gkr [kMŞdfjckS**

ijkt; LohdkjukA  
geua rks R; k, l keus gkr [kMŞ dnn, A

**gkFk [kfjckS**

vi 0; ; hA  
gkFk [kksyda [kPpq dfjckS Bhd ukua

**gkr [kŞpckS**

i hNs gVukA  
gka rks vi us gkr [kŞp pdkA

**gkr pykckS**

ekj ihV djukA  
vc rks cq gkrq pyku yxhA

**gkr tkfjckS**

i kFkZuk djukA  
gkTtkrkj ekQ djka

**gkr MkfjckS**

ekeys dks l >kus dk iz kl djukA  
tS &rŞ a rks gkMMkj kŞ l kÅ vuB gS xbA  
vkmf xuka u rkm] Vli l uk ekMh i S gkrq  
MknfvkA

**gkr fn [kkckS**

cnek'kh djuk] ; q) dskY dk in'kZuA  
dkeq fudkfj da vc gkr efr fn [kkÅA  
clus yjkbz ea vi us gkr fn [kkb n, A

**gkr /kfjcks**

*fl [kkuk&i <tkukA*

ck i Sfcu dks gkrq èkjks , A

**gkr VñVcks**

*fu#i k; gkukA*

Hks k dk xvks èjks gkrq VñVxkA

**gkr I sfudfjcks**

*u fey i kuka*

eks ds dh tehu gkr rsfudfj xbA

**gkr i jsdksI kñk**

*vol j dk ckgy I sykhk mBkukA*

ts rks gkr i js dks I kñk , & ukjkt dk, gkrka

**gkr i dfjcks**

*jkdukA*

rkb nuka gkb I ks nş gka dk rş gkr i djka

**gkr i fjcks**

*vf/kdkj gkuk] vol j feyukA*

twrks gkr i js dks I kñk jka

tk i qyl ds gkr i fjxks rks uba cpska

**gkr&i kl u gñks**

*fu/kkA*

fcuds gkr&i kl grq ukua

**gkr i hjsdfjcks**

*ckh dk fookg djukA*

ge rks yfjfduha ds gkr i hjs dfj ppa

**gkr Qñdcks**

*yEcs iz kl ] yMukA*

cs nñj&nñj rd gkr Qñd pps , A

tuha ekñl gkr Qñd&Qñd da yfRr , A

**gkrqQñjcks**

*prjkbZ I s oLrq i klr djukA*

dkk i S gkrq Qññvka

**gkr QSykcks**

*; kpuk djukA*

gka dkA ds vlxka gkr uk i I kRrA

**gkr Hkhñpcks**

*datñ h djukA*

gkr Hkhñpcks ckdh vknfr , A

**gkr efycks**

*i 'pkrki djukA*

i Sya I kph ukua vc gkr eyd ks dk gñs dka A

**gkr eadVkj k**

*Hkh [k ekxuka*

ekMtu ds gkr ea dk dVkj k i djkvksxs \

**gkr ea>µ>µk**

*dñ Hkh u feyukA*

dük&dük efj x,] fclua gkr ea >µ>µk

i dj k nvka

**gkru eaegñh**

*dñ u djukA fookg gkukA*

rjs dk gkru ea Egnh jfp jbz , A

ekMtu ds gkr Egnh jfp xbA

**gkru eagkr nñks**

*nñ jka dk dke Lo; a djukA*

vc gka dk rjs gkru ea gkr nñs djka

**gkr u yfxcks**

*ng[kkuhkr] viktra*

fcua [kicq gkr yfx pps , A  
vcba I Qyrk gkr uba yxhA

**gkr I kadf<eks**

*u fey i kuk] dkcw I scgjA*  
, d h cf<+k dkj gkr I ka df<+xbA  
cq rks ejs gkr I ka df<xkA

**gkr&grjh /kfjcks**

*nku&nf{k.kk] fj'or nukA*  
i Mu ds gkr grjh dNw eknmA

**gkrh ds nkr**

*fn[kkokA*  
gkrh ds nkr] [kkcs ds vks# fn [kkcs ds vks#A

**gkrh dks i kp**

*vfr dfBu A*  
, d&, dq i s k es rkbjgkrh dks i km , A

**gkybzHkjkcks**

*tYnh ?kjkukA*  
r w rks gkybz HkjkxkA

**gkyh&nykyh**

*I dk ea rRi jA*  
Egjk t gka rks R; kj ks gkyh&nykyh vka

**gk; &gk; djuk**

*cduk] iz Ru'khy jgukA*  
cs rks fnu Hkj gk; &gk; dUk , A

**gk&gk [kkuk**

*[kq kken djukA*

ns[kT tk] cs rks gk&gk [kk mBxkA

**gkfru I ka xkM# [kkbcks**

*'kfä'kkyh dh cjkch djuk] vl Etho dk; I  
djukA*

gkfru I ka xkM# [kkxk] I ks ejsxkA

**fgdfefr djckcs**

*mik; djuk] rjdhc yxkukA*  
dkÅ fgdfefr dfjcsrs I qkT tkb rks Bhd , A

**fgixcksefirckscun**

*cgr vkrad] I Ei w kz vojkskA*  
cs rj ks fgixcks efircks cun dnmxkA

**gdhekbz**

*os] xhj h VAVKDVjh/A*  
eksr rs gdhekbz gkfj tkfr , A

**fgEer djuk**

*I kgl tkukA*  
dNw djks fgEer rks duuh i jxhA

**fgEefr TckcqnSxbz 1/4fgEer gkfjckS2**

*grkRl kfgrA*  
ejh rks fgEefr TckcqnSxbz I ks plji cBkA

**fgYys yfxcks**

*ekjk tkukA*  
pks# rks i fjl ua fgYys yxk nkA

**fgYyksi fjcks**

*I Qyrk feyukA*  
ej ks dÅ; fgYyks ukua i jkA

**fgYyKSyfxcks**

dke feyuka

ck dks rks fgYyks yXxvkA

**fgl kcqdfjcks**

0; oLFkk djuk] x.kuk djuk ½xf.kr yxkukA

gka fcu dks jfgcs dks fgl kcq dPpplkA

l cjs rs Qhl dks fgl kc ykxb j ; kA

**fgl kc ns[kuk**

mik; djuk] ys[kk&tks[kk dk fujh{k.kA

, d a xqtj ukj gcs dh] dNw fgl kcq ns[kuka

i jSkA fl xafgl kcqns[k dābā dNqds i kcākA

**fgl kcq**

<x] rjhdka

ts R; kjks jēks dks dkū fgl kcq , A

**fgl kc&fdrkc ns[kcks**

0; oLFkk l Hkkkyuka

vc tk dks dNw fgl kc&fdrkcq ns[kkA

**fgl kc&fdrkc l kQ djuk**

yu&nu cjkj djukA

gka fgl kc&fdrkc Loki q dPpykA

**fgl kcqpprk dfjcks**

\_\_ .k pdkuk] cnyk nukA

gka dkfy cfu; k; dks fgl kcq pplkb vkvkA

**ghax fgxcks**

v'kä gkuka

cqki s ea ghax fgxuh i fūk , A

**ghdVs i Si km èkfjcks**

xnū nckuk] gR; k djus dh bPNkA

rwdk ejs ghdVs i S i km èkja pkrq , A

**ghdVs i SBkMks gēks**

gj oDr mi fLFkr] dtZekxuka

tc ns[kk] ghdVs i SBkMks jgkrq , A

m/kkj dk yk, ] cfu; k; ghdVs i SBkMks jgkrq , A

**ghyk gq̄tr**

vojsk] uk upjA

ru[kk ea dks ghk&gq̄tr ukua

**gṁk&rṁh**

ekj&ihV] Nhk&Ni Vh] >xMk&Vā/kA

ckl ka ejh [kcq gṁk&rṁh gS xba

**gstqrjkzcsQfv efjcks**

vR; fkd eerōA

cā/k ds rkpā rj ks gsrq rj kzs dRr , A

gst ds ekja QVs eRr , A

**gS k cfpcks**

c'skjeA

fcll rks gS k cfp [kkbA

**gksch l ksgksch**

i jokg u djuk] fplrk eḍrA

vc dk dj] tks gksch l ks ns[kh tkxhA

**gkuh gSdājgs**

Hkfor0; rkA

gkuh rks gS dā jgsh] nē djksā dka





## यकक्षä ; k

0; Rifa %

I LÑr& ykd\$mfä ¾ ykdkfä] xqk I f/kA

I keU; vFk&

ykd dh mfä] I keU; tu dk dFkuA

I ekukFkz 'kCn &

I Hkkf"kr ¼j kgrxh] I jkstuh] 1971¼ dgkor]

dgukor ¼nc} je' knÜk] 1997½

çokn] ykd i ðkn] ykfd dh xkFkk ¼egf"kz okYehfd rFkk  
ck. kHkVV½

vkgk. k; ] vkgk. k] vkgk. k] fdonUrñ ¼i kfy I kfgR; ¼

vkgk. km] vkHkk. kd ¼v i Hkdk I kfgR; ½

i fj Hkk"kk%

01- "ykdkfä ykd I kfgR; dk , d I #kRed Lo: i g\$ ftI ea  
I keU; vuHko ds vkëkj ij thou dh vkykpkuk gkrh gA  
ykdekul dh vFkO; atuk gkus ds ukr} bl ea çpfyr  
eukofÜk; ka dh i j NkbZ feyrh gA\*\*

& ekufodh i kfj Hkkf"kd dks k] i- 212

- 02- ^, d l f{klr l ijfjpr okD; ] ftl ea fdl h l ožku;  
l R; dk mn?kkVu gkA\*\*  
pēcl Z fMD' kujh]
- 03- ^fofHkUu çdkj ds vutkoka i kš kf.kd rFkk , srgkfl d 0; fä; ka  
, oadFkkvk i kñfrd fu; eka vks ykd fo'okl ka i j vkekkfjr  
p/hyh] l kjxfHkz] l tho] l f{klr çpfyr , s h mfä; ka dks  
ykd kfä; k; dgrs gš ftudk ç; ks& ckr dh i f"V ; k  
fojkak l h[k rFkk Hkfo"; dFku vkfn ds fy, gkrk gA\*\*  
frokjh] MKW HkkykukFk

oš'k"V; %

- 01- ; x&; x l s l fpr ykd ea fo |eku Kku dh 'kk'or  
ijEi jk dh okgdA
- 02- l ožku; l R; dk mn?kkVu] uhfr] mi nš k vFok Hkfo";  
dFkuA
- 03- l f{klr fdUr q i w k z fopkjA
- 04- l i "Vrk] dš kxrk , oa okfXonXekrkA
- 05- rdkUr&dk0; çht l flufgrA
- 06- m)j .kka ds : i ea ç; çA
- 07- ykdr U; k; (Maxim)] çKkl #ka (Aphorism) rFkk eekä; ka  
(Epigrams) l s ušV; fdUr q ošHkUu Hkha
- 08- ykd fç; rkA
- 09- ^fgra eukgfj nyZka op% dk l tho mnkj .kA
- 10- i z kxkUr xzr i k; % : i ifjorž ughA

v I kekl; ykdkfä; kj

vrkkykSrksfI xqHkykS%vfUre xrk% I ksxrk%  
i fj .kke I q[kn I c I q[knA

vdkk ck/sjcsjh] fQfj&fQfj vi ukadkans  
vi uka dks ckj&ckj ykHkkfUlor djuka

vdkh&vdkh HkbZ, k vkvks, %tc tkuka tV Hkfj feYyka  
i R; {k i rhr i j fo'okl A

vdkds vksjks} vi usuuk [kksS  
i RFkj fny I s dh xbz Qfj; kn cdkj tkrh gA

vdkdkanksvk;[kapp, a  
okfNr oLrq gh vHkh"V gkrh gA

vdkxkc&cgjstkcä  
vi k=ka }kjk fd; k x; k dk; Zvl ær gkrk gA

vdkshi hI j dñks [kkp  
ei[kkã dh egur dk ykHk nil jka dks feyrk gA

vdkj uxjh pks V jktk( Vdk I j HkktH Vdk I j [kktk  
x/kk&?kk&lkj Hky&cgj} Åp&uhp I c cjkcj]  
vU/kj xnhj ei[krki w kZ vl ær 0; ogkjA

vdkkaeadkuk jktk  
futÿs i kni s ns ks , j .M næk; ršA  
ei[kkã ea I kekl; cf) okyk Hkh fo}ku I e>k tkrk gA

vdkksx# vU/kkspsyk( gkb nksÅu eaBye&i yk  
, d ts sei[kZ vi uh&vi uh dkr ij vM&ns[ks tkrh gA

vck >kfj pySi gjckb] rc tkukscjI k fjrqvkbA  
vke ds Qyka dks rkm&us okyh rst ijok pyus yxs rks I e>ks o"kkZ \_\_rq vk xbz gA

vdfy cMh dSHkfi  
Hkã I s cf) JšB gkrh gA

**vxj&exj dh NkMksvkl ( ym [kjfi ; k [kksks?kkl**  
fy [kk&i <h ¼gkbV dkyj tkt½ dk dke ugha feysk] 'kkjhfd ifjJe djuk  
i kjEHk dhft, A

**vxkvlks l ksl ckvks**  
fdl h dk; Z dks l cl s i gys çkjEHk djus okyk vfedd ykHk ea jgrk gA

**vPNh eq hcfR , s**  
vl eatl i wkZ fLFkfrA u [kkb] u [kkUn\$ vPNh eq hcfR , A

**vtxj djsu pkdjh i Nh djsu dkeA nkl eywk dfg x, l cdsnkrkjke**  
gjkch vk\$ HkkX; okfn; ka ds fy, ckākl=A  
ʼftl us pqp nh g\$ ppxk Hkh nsxkA\*

**vtek, dksvteck\$ vtc pñr; k dgkca**  
i gys l s ij [k j [ks 0; fā dks ij [kuk ei [kzrk gsrh gA

**v/ky xxjh Nydfr tkb**  
vksNs yksx cgr c<&p<dj ckra djrs gA  
&Nñz unh pfy Hkfj mrjkbA ¼r-gyl h½  
&FkkFkk puk ckts ?kuk

**vun\$ksjktk pkj**  
fcuk çek.k dsfdl h ij Hkh vk{ksi yxk; k tk l drk gA , d sea jktk Hkh pkj gks  
l drk gA

**vugkarh dayyk Hk, ] ujk ds/kksdsNkæuh dkfV ybZ**  
vfr dh l ko/kkuh ?kkrd gsrh gA

**vi uh&vi uha<i yh( vi uk&vi uksjxq**  
er o\$HkUurkA

**vi uhadUuhā i kj mrUuha**  
t\$ k djks\$ o\$ k Hkj ksxkA

**vi uh /kj k[ kks/keZ kkyk**  
vi uh egjckfu; k; oki l vi us ikl j [k yA

**vi uh /kj k[ kks l hrkjkeh**  
¼l hrkjkeh ¾ , d vkHkk.k.½ vi uh l Ei fUk vi us ikl j [kA

vi us?kj i S?kkñq/k I # gksrq, s

?kkñq/k&xhnM+vi us?kj ij I Hkh 'kj curs gñ ckgj fudyrs gh mudh cgnjgh  
dkQij gks tkrh gA

vi uhaVd fuHkkcaxh( i fr dh ekñ uckcaxh

f=; k gB mfpr&vufpr dk vuq kkl u ugha ekurh] ejh ckr jgs Hkys gh i fr dh  
cbTtrh gks tk; A

vi uscj dkatjh [kVVsuk; crkcf

vi uh oLrq dh dkbz cjkzbz ugha dj rKA

vi uscki I kaeki dfgcsdjks

doy futh oLrq/ka ij gh vfedkj j [kuk pkfg, A nñ js dh I Ei fUk dks vi uh u  
I e>A

vi useryc dsfl xqdkbz

I Hkh LokFkhz gksrs gA ^LokjFk ykfx djfga I c çhrhA\*\*

vi usejafcfj I jx ukuanhl rq

vi uk dke Lo; a djuk pkfg, A

vi ukabznkeq [kkVksu gksrkSi j [ku gkjsdksdk nkd q

[kks/h oLrq dks [kks/h dguk vufpr ugha gksrkA

vi uk?kj fgax Hkfj

futh I Ei fUk dk euekuk mi ; ks fd; k tk I drk gA

vi ukaukeqySkSx/kS k ukeq/knaks

; gk; ds I ekt ea vi uk] i fr dk] xq dk %I Hkh cMta dk½ uke yuk vufpr ekuk  
tkrk gA

vi ukai Sfl re vkS kai Sdje

vi ukads I kFk nñVrk vkS nñ jka ij n; k djuk&vufpr 0; ogkjA

vi ukækjSNkg Mkj&cSh ekjsvkfx ckjS

jä I cZkka dh vkReh; rk dHkh fou"V ugha gksrkA

vi uksgkrñ txUukFk dkSHkkrq

euekuh dj i kus dh Nñ/ dk ykHk mBkukA

nhi koyh ds nil js fnu xko/kū i vtk gkrh g\$ ftl ea vluudw [kk | i nkFkkā dk <j  
yxrk gA txlukFk th dh i vtk ea i ds pkoyka dk <j yxrk g\$ ftl dh yw dh  
tkrh gA c& jkdVkd tksftruk pks ys tkrk gA

**vc dkbZjxqukus**

vol j l eklr] l Qyrk dh dkbZ vk'kk u djukA

**vc bārksl enh l u ekfj j , a**

[kkb; k ea fL=; k; i # "kka ¼l ef/k; k&oj&nfYgu dk fi rk] rkÅ] pkk vkfn½ l s  
ekj i hv Hkh dj nrh gA l eekh dh i hMk dks çækFHK0; fDr ekuuk nil js ds d"V dks  
i fgkl ea mMkukA

**vc jkSvkck\$ l cjks tkck\$ dysÅ rhu i kr [kkckS**

djuk&ekjuk dN ughā dōy cf<+ k [kkukA

**vc i fNrk, gkr dk] fpfj; k; pXxbā [ksq**

vol j dk ykHk u mBk i kus dk i 'pkrki A

**vej cfy fcu ey Hkh i fr i kfyrgSrkg**

bZoj l cdk Hkj .k&i kSk. k djrk gA

**vjkfj dh VfV; k xqtjkrh rkjks**

l Lrh&l h phT dh egxh l j {kk v0; ogkfjdrk i nf'kr djrh gA

**vjkd dks i jk\$ dksl nk; Hkjkd dks**

i kl &i Mks h fo'ol uh; @l gk; d gkrs gA

**vYyk djā ej\$cki dkauktqu fey\$ ydfj; u dkaHkstxks**

Lo; a dks d"V u gk\$ pks fdruk gh upl ku gks tk; A

**vLl h xke dkspkBjh l kfb xke dksl kgā vi usdke u vkcs, d h&r\$ h eatkm**

cM&l s cMk vkneh vi us dke dk ugha gS rks cdkj gA

**vl jQh ywā dkyka i Spkd**

dherh oLrq; yw/us dh ijokg ughā rPN phT dh l j {kk djukA

**vkf[k vk\$] i gkj vk\$**

l keus u jgus ij 0; fā@ekeys mi \$k.kh; @foLe'r gks tk; k djrs gA

vkf[ku vat u&nkru eatu( furdj&furdj  
vkj[ka ea dkty vks nk'ka ea eatu fuR; ifr djuk pkfg, A

vkf[ku dsvU/ksuke u&l q'k  
; Fkkuke rFkkxqk u gkukA

vkf[k QWsi hj tkb  
d"V foefä ds fy, dN Hkh djus ds fy, rRi j gkukA

vk/kh vkbZem vk; k\$ cMh cgwdkStB vk; kS  
tB ds eghus ea vk/kh&rDku vkrs gA

vk/kh dsvke  
eq[r dk eky] de egur ea T; knk l s T; knk cVkj ukA

vkf[k ehps l dkjka cjkS  
^ehpka vkf[k drn dksA ukghä ¼nyl h½  
/kS Z j [kus l s vki fÜk; kj Vy tkrh gA

vk, , dbZ?kkV l kamrja , dbZ?kkV  
l d kj ea l Hkh dk tle vks eR; q l eku gA

vk, dukxr Qmysdkl ( ckeu Åysuk&ukSckl  
dukxr&Jk) i {k ¼Hknä n i fi. k&k l s vkf'ou dh vekol; k½ ea ctEg. kka dks cgr  
fuea .k feyrs gA os mYyfl r gkrs gA

vk, u x, ] fe; k th ?kja jgs  
fuf"Ø; ] ckj tkdj dkbz iz Ru u djukA

vk, Fksgfj Hktu dkavkV u yxsdi kl  
y{; l s HKVdukA

vk, uekt dkj jkstkl fl j i fj x,  
vokfiNr dk; ka ea l fyir gks tkus dh foo'krka

vk, ekqafuHkk, ] Qwfvu eSy NMk,  
ek?k ekl ea fnu cM&vks FkkM&xje gkus yxrs gA 'khr çdki ds dkj .k Luku u  
djus okyh fL=; kj ek?k ea ugkuk&/kkuk i kj EHk dj nrh gA

**vk, jke ijsl ks**

dk; Z ijk gkus ij bZoj Lej.kA I ks rd fxufr; k; fxuukA

**vkvks, sl kStkxk jktk] jdl Qdh#**

I cdh eR; qfuf' pr gA

**vkvksvks# cjkR dkSnvGk usxktfj [kkbā**

ckjkr ea nVgk ¼/ oZ eQ k½ xktj ¼: [kk&: [kk] vuknr½ [kk, ] rks ckj kfr; ka dh vR; Ur nqZ kk gkrh gA

**vkÅ cMh cQk cQki ea [kkd ijs**

I Eekfur 0; fā dk vUrI e; fd; k x; k ?kf.kr dk; A

**cMh cQk**

og o) cQk tks uotkr Hkrhth dk xyk Vhi us dk dk; Z djrh FkhA

**vkx yxsck I kuaeatkl kaukd Ncs**

{kfrdkjd veV; oLrq Hkh R; kT; gkrh gA

**vkfx&Qj eac# gkrq, s**

LoHkkoxr 'k=qkA

**vkfx vkj cjh dka c<u u ns**

vkx vkj 'k=q ij dkcw] [kuk pkfg, A

**vkxsukFk u i hNs i xfg; k**

fuoZ kh] vkx&i hNs dkbZ u gkukA

**vkTq [kk, j] dkfydkauktqukua**

cgq vf/kd foi llurkA

**vkT uxn u dkfy m/kkj**

uxn ; k m/kkj fdI h Hkh rjg dk yu&nu djukA

**vkB dukSt; k] ukSpVgs**

er oSHkUurk dku; dqtka ¼ckEg. kkb ea Nir i kd dh i jkdK"Bk g} I c vyx&vyx i dkrs [kkrs gA

**vkB ?kkyal kfb**

cgq cMh i fjokj&vkB ej tkpa rks Hkh I kB ftUnk jgA



**vkB i kp uksrjs?kuL; keqx/k\$ k /kja**  
foMEcuk % i <k fy [kk ¼xf. krK½ x/kk pjkus dk dke djA

**vkB i \$ cLI sukSi \$ ppkb] fl jhzgkb I ks: [k rj tkb**  
FkkMh I h jkgr dsfy, yEck d"V I guk en[krk gkrh gA

**vkni i km vkV\$ i y i Sjl kbZ**  
vkni ko ¼yxHkx 125 xke½ vkVs ea cgrka dks ugha f[kyk; k tk I drkA

**vkni# , sejh pknj dk\$ eku&erq [kxckjh dk\$**  
0; fä dk ugha ml ds/ku dk I Eeku djukA

**vknh Nk\$ I kthadks/kc\$ , d ksmcs i kj u i kos**  
vf/kdkf/kd ykHk ds pDdj ea tks g\$ og Hkh ugha jgrkA I c dN u"V gks tkrk gA

**vkneavi q# vkneafi X?k#**  
cgr cM+Hkx ij dCtk&ftruk ijs?kj dsfy, mruk gh vdsys dsfy, ¼vufpr  
forj. k/A

**vk/kseafnokjh vk/kseagkjh**  
dgha [kq kh dgha xeA

**vki bZxq ] vki bZpsyk**  
dkbz vuqkeh u gkukA

**vki xbZrkSxbZejsgjhkefu dkaySxbZ**  
vi us I s vf/kd nil jka dh gkfu djukA

**vki ejStx i Yy\$,**  
[kn ej x,] I d kj ej x; kA

**vki u prk gkr ufgj i Hkqprk rRdky**  
bz ojPNk icy gA vi us djus I s dN ugha gkrkA

**vki qHkykSrks txqHkykS**  
vki vPNs g\$ rks I c vPNs gA

**vki qej\$ txqi Yy\$, s**  
vi uh eR; qgks xb] ekuks txr dk fouk'k gks x; kA

vki qfe; k ejkuh }kjsnjcd  
vkmEejh 0; fDrA

vki qfe; k l wnk#] ?kj eachch >kdsHkk#  
ckgjh rMd&HkMd vl y ea xjhcA

vki qu [krh] catj grh  
Lo; a [krh u dh rks catj gks tk, xhA

vkcr vknj uk fn; kStkcr fn; kSu gLr] ; kgh eankukax, i kgpu vk# fxjLr  
; FkkSpr l Eeku u nsuk] vfrfFk vkj vkfFkr; nkuka dks u"V dj nrk gA

vkcr bzgj l sughausu ughal usj ryl h ogk u tkb, dpu cjl segq  
tgk eku&l Eeku vkj ce u fey; ogk ugha tkuk pkfg, A

vkcr&tkcr ekuq?kVsvk# chfr?kVsfur ds?kj vk, j  
ckj&ckj vfrfFk cudj fdl h ds; gk tkus l sfujknj gkrk gA vkj gj l e; ds  
u&V; l s?kfu"Vrk de gkrh gA

vkcsu tkc; Vwjks [kqkcs  
djuk&/kjuk dN ugha vkrk] dqky gkus dk in'ku djrk gA

vke dsvke xbfyu dsnke  
vf/kd ykHk feyukA

vke [kkus; k i M+fxuus  
vkj l c NkM+dj y{; i kflr ij /; ku nsuk pkfg, A

vke] uhcj cfu; k nkcabj l qnb  
l c ykx Hk; @ncko l s gh dk; Zdjrs gA vke vkj uhcw l sj l vkj cfu; k  
%of.kd i =½ l s eku nkus l s feyrk gA

vkeqMkj dk; [kjcutk si ky dksvk# c/vk fNukfj dks  
Mkyh ij i dk vke] i ky %Hk s ea nckdj i dk; k gqk½ ea i dk [kjcutk vkj  
0; fHkpkfj .kh dk c/vk %gkbfcm½ vPN%Lokfn"V&l qnj½ gkrk gA

vkyl uhn fdl ku dka [kkc] pkj dka [kkcs [kkq] hA  
Vdk C; kt cjkxh [kkc] j kM dka [kkcsqk] h A  
vkyl; vkj uhn l s fdl ku u"V gkrk gA [kkq] h pkj dks i dMok nrh gA C; kt

ds ykblk ea cjkxh ekjk tkrk gS vksj gjl & gjl dj ckra dj us okyh foekok nq pfj =  
gks tkrh gA

**vkyl h dh ekNapq[kfj; k; dnrja**  
vkyl h vuknr gksrs gA

**vkylw xkch dh rjdkjh ts si kuh dh vf/kdkjh**  
vkylw vksj xkblkh ds [krh ea cgr ckj fl pkbZ dj uk vko' ; d gkrk gA

**vkjr dfg u djr vijk/kw**  
nq[kh&jksch] Hkk[kk fdl h Hkh dpeZ ds fy, nS kj gks tkrk gA

**vkI eku I kaVi dS [ktj eavVds**  
gksrs gq dke ea ck/kk, j vkrh gA

**vkLI h u QkLI h] fudkfj I kS/k >kLI h**  
fcuk dN dgs fi VkbZ 'kq dj nsukA

**vkLI h u QkLI h] fe; k; cukLI h**  
xqkghu] vkMEcj] vjch&Qkj] h u tkurs gq Hkh Lo; a dks cukj I dk ekSyoh  
fl ) djukA

**vkGkj& ckSj syTtk u dkjs**  
Hkkstu vksj yu&nu ea yTtk ugha dj uh pkfg, A

**bfdykspuk Hkkj, suk QkRq**  
vdsyk puk HkkM+ ugha QkM+I drkA cMk dk; Z dj us ea vf/kdkf/kd I g; ksx dh  
okNk jgrh gA

**bruh xak uk I fid xbz dS xksq/k i kj tkb;**  
i wkr% v'ka u gksukA bruh fxjkoV u vkuk fd , j&xS Hkh cjkch dj us yxhA

**brusdh Hkxfr u cth] ftrusdse;thjk QW x,**  
ykr I s dgha vf/kd [kpZ gksukA

**brsdp/k] fcrS [kkbZ**  
I c i dkj I s eq hcrA

**bubavkf [ku I kspkekl ksdVxksdk**

detkj l k/kuka l s cMk dke i jk ugha gkrkA

bukluha?kjs i SfOfdcsdfr , s

l tñj fdUrq vuq ; kxh oLrq ; frjLÑr gkrh gA

¼bukluh¾i hysjæ dk l tñj txyh xky&l k , d Qy tks Lokn ea dMek gkrk gA½

**bz**

bW ekjks} Nhw [kkvksxs

fØ; k dh çrfØ; k&dhpM+ea bW Qædus i j Nhw/s rks Qædus okys i j i MæsgA

bZk dk bZk dkscktkbZfcxfj xvks

vdys dk ugha i j s l ekt dk i ru gkukA

bZ j rjh ek; k] dgw/kw dgwNk; k

dgha nd[k dgha l d[k] ; gh Lf"V ea yxs jgrs gA

bZ # nrq, srksNli # Qkfj dansrq, s

HkKX; o' kkr~¼avuk; kl ½ ykHk feyukA HkKX; oknh eukofÙk

**m**

mMfr fpj\$ k dsi d[k i ðkfuckS¼i # "k i jh{kk½

okg; vkÑfr l s 0; fDrRo dk vkdyuA

mMs l tu dh /knb jh] gjl æcVÅvk ykx

çfrf"Br tu ds vçfrf"Br¼cnuke½ gkus i j ykx gjl h mMfers gA

l Ttu ds csh dh cnukeh l udj jkgxhj ka dk f[kYyh mMeukA

mrfj xbz ykb] dk djSks dksÅ

cš kje ¼uaxk½ dk dkbZ dñ ugha fcxkM+ i krkA

mRre [krh] e/; e cku fui V&pkdjh Hkhd funku

[krh mÙke] okf.kT; e/; e vks ukdjh v/ke gkrh gA

myVsckl cjyh dka

i j Ei jk ds fo#) dk; Z djukA

mYVkspk# dkroky dkaMkV/s

vi jk/kh dk vf/kdkjh dks çrkfMf djukA

mYysjsrwi Yysdkaekfj] i Yysjsrwfglu fcMkfj  
ni jka ij gDe pykukA

**Å**

**Åph ,srkSdk ,] jfl ; k dkaHkhfr gck , s**

I kgl h fdl h Hkh ck/kk dks ck/kk ugha ekurA os bl s vki kuh I s nji djus ea I Qy  
gkrs gA

**Åph vVfj ; k e/kj I qkl ] ?kk?k dga?kj eadSykl q**

I Ei Uurk vkj I ejl rk ?kj dks LoxZ cuk nrh gA

**Åph nqku] Qhds i deku**

[; kfr ds vuq i xqkoRrk u gkukA

**Åpsdy dk tufe; kj djuh Åp u gkb**

fuN"V dk; Z djus okyk dgyhu fulnuh; gkrk gA

**ÅV dh pkj h] UqkS & UqkS a**

ÅV dh pkj h >pd>pd dj ugha dh tk I drhA

**Å/kkadkay] u ekèkkadkansu**

fdl h i pM+ea u Qj k gkukA

**ÅèkkSeuekusdh ckr**

tk fti dks Hkk tk; A

^Å/ka euekus dh ckrA

nk[k Ngkj k NkfM+vejQy fcl dhjk fcl [kkr\*A ¼ ij ½

**Å/kkafi xqdkjsvtek,**

I Hkh nqV erych gkrs gA

^Å/kks I c dkj svtek, A

dks y ds I q dkxk i kys fgrq dfj dB yxk, A\*\* ¼ ij ½

**Å/kksek b }kfjdk tkuka**

dn Hkh gkS dk; Z i jk djukA vVy fu'p; A

tjkl Uek I s ræ vkdj Hkxoku JhN".k eFkj k NkMdj }kfjdk pys x, FkA

,  
, d vukj] I kSchekj  
, d oLrq ds cgr I s xkgdA  
, d vkf[k fefycsdksn jh vkf[k fHkfjcsdka  
'k=rk ea fe=rk dh I EHkkoukA  
, dbZFkSyh dspVV&cVVs  
I eku LoHkko d\$ , d t\$ A  
, d pti qI kSu gjkcS  
pi jgus okyk , d 0; fä I kS%cgr I ½ 0; fä; ka dks gjk nrk gA  
, d [kk, i pkfj dh Hkp  
fujlrj c<rh vko' ; drk, A  
, Xxke ekxksrks pfn; k jk/h] I kSxke ekxksrks pfn; k jk/h  
fdruk gh dekvk jhich nij ugha gksr hA  
, DdsekjankSeTtk] rhtkSejsgbdk [kkb  
Hk; dj ekjdKV epuka  
, d rksdjyk] I kbZuhe p<kS  
LoHkko% nqV 0; fä] nqV I æ I s vkj vfed nqV gks tkrk gA  
, d rksxMfUu] Åi j rsYg\$ uq [kk, i  
v [kk | Hk{k.k& ?kf.krA  
, d ukd nksNhd] dke cusksBhd  
'kkk 'kdu. % , d vkneh yxkrkj nks ckj Nhd s rks I Qyrk feyrh gA  
, d i ik nksdkt  
, d I e; ea nks dk; Z dj ysk] nkgjk ykhk mBkukA  
, d i k[k nkSxuk jktk ejdsI auk  
, d eghus ea nks xg.k vfu"Vdkjh gksr s gA  
, d cp ps eai j\$ I gl cp I keu eagjS  
ps ea FkkMh Hkh o"kkZ gks rks I kou I v[kk tkrk gA

, d ejh nksft; kcş tkdksca qu Mæu i kcs

, d l rku ejrh gA nks dks tle nrh gş , ş h L=h dk oák dHkh Mærk ugha gA

, d ekb dsnl & i kp cş/k] dkA gkrh dkA vEckjh

l cdk vi uk&vi uk HkkX; gkrk gA vyx&vyx deDy gkrk gA , d ekj ds cş/ka  
ea dkbZ l Ei lu gkrk gş dkbZ foi lu] dkbZ jktk dkbZ QdhjA

, d y[k i w l ok y[k ukrh] rk jkou dafn; k u ckrh

cM+ l s cM+ l e) vksj 'kfä' kkyh Hkh fou"V gkrk gş ejrs gA

, d yxkcspkfj i kcs

tqk&l VVs ds f[ky kfm+ ka dk i j d okD; A

, d gpxk] nñ jks xkgu yxk

, d dke ds fy, vkuokyk] nñ jk ml ds i hN&i hNs yxk jgus okyk & fi NyXxA

, d gck] l kSnck

, d 'kq] gok] l kSnokvka l s vf/kd ykHkdjhi gkrh gA

, d q l # nñ jkSl ok l #

, d l s , d c<ej gkukA

, d qeñ eqMk] l kSxñMu dkSxñMk

eñ ghu 0; fä cMk xqMk gkrk gA

, rsi km i l kfj, trh ykch l kşj

vi uh {kerk ds vuq kj dk; Z djuk pkfg,} vki mrus gh i ş Qsyk, j ftruh yEch  
vki dh pknj gA

, s

, j u dh pkjh djş djSl ðu dsnku

, j u&yqkj dk ykgs dk Hkkjh mi dj . k %eBh/A Hkkjhi ki] gYdk i q; ] ^, j u\* dh  
pkjh] l ðñku vksj foeku ea cBdj LoxZ tkus dh vk'kkA

, ş h djuh dfj pfy cUns i hNsgj h u gks

, ş k dke u djafT l smigkl kLin cuuk i MA

, ş bZukx ukFkrş bZl ki ukFkq

, d t\$ h çÑfir d\$ døy uke dk vlrj , d gh FkSyh ds pVV&cVVA

**vks**

**vk&dkS/kuqi k&**

vufpr l k/kuka l s dek; k x; k /ku c&dkj ; k c&kh gkrk g&

**vk\$[kjh eaf l # nvk\$ ew uu rsdk MfjckS**

tk\$[ke mBkus dh {kerk gkuh pkfg, A

**vk&h [ksh [kl e ,s [kkb**

Nk\$/h&ek\$/h [ksh gkfudkj d gkrh g&

**vk\$<+ybZ ykb] dgk dj&k dkbZ**

c\$kehZ dk 0; ogkj] ykb&Hkkjh dEcyA

**vk&kekl h <e cki i <+u ge**

%Å; ue% fl ) e½ vui <ka dh vupkf' kd i jEi jkA

**vk\$&xRr, j i fj Ql fy ,scjckn dRr, a**

nqVka dk fouk'k ckn ea gkrk g\$ i gys Ql y c&kh gk tkrh g&

**vk\$ u l; kl c&fr upZ Lokeh**

vk\$ l s l; kl ugha c&rh] bl ds fy, rks i kuh i huk i Mf k g&

0; fHkpkjh ds fy, mi n\$ k&

^t\$ ks j& d\$ e dh pknfj] r\$ kbZ j&q i jkbZ frfj; k dk&

u&bZ ea gfl ckfy mBs vk\$ und ea HkT tkb ne rMkd&

vk\$ u l; kl c&fr ubā Lokeh uh# HkykS vi ubZ ?kMk dk&A\*\*

**vkS**

**vk&u dkacq<+ k l f[k fcf/k n\$ vi uh [kkV Hkhrjh ys**

ij mi n\$ k dqky cgrj&

**vk\$ ku <hysi fj tk&s**

l kjk mRl kg /kjk jg tk, xkA

**vk&uqdsupfu; k; efy&efy /kkc\$ vi fuu i SHk&fjÅ u MkjS**

ukbu nll jka ds i\$ ey&ey dj /ksh g\$ fdUrq vi us i\$ ka dh vk\$ /; ku ugha



nrih& vi uk [; ky NkMdj nit jka dh xykeh djrsjgukA

d

daxkyh dksukm; fcukck Hkkcs, § etcjih dksukm; egkRek xkalkh ,  
foo'k gksdj vfgd k vksj R; kx dk vuq j.k djus okys ik[k.Mh I Ppsjk"Vh; I Ur  
¼foukck Hkko½ vksj R; kx dk vuq j.k djus okys jk"Vfi rk ¼egkRek xkalkh½ tS s  
JSB ugha gkrA

daxkyh eavkVx xhyk  
ed hcr eavksj ed hcrac<rh gA

dpu fNi su dkfeuh] ukb; fNi sde tkr  
vl fy; r fNik, ugha fNirhA  
^dpu fNis u dkfeuh] ukb; fNis de tkfrA  
ds h Å fNVdks pknuh] fnu dka uk; i kps jkfr\*\*

dalk Mkjh >kjh] pek# fxuksu dkjha  
Hkh[k ekxua ea 'keZ ds hA

dpuVx gkb rksck/kj I ep u ck/kks tkb  
vl EHko dk; Z djuk] I EHko ugha gkrA

dÅ; dh bM dÅ; dksj jk Hkkuerh usduck tkjk  
fofhklu izdkj ds ykxka dks, d txg, df=r djukA

dÅvu dsdki ars<kj uk eRr  
dks/ka ds vfhk' kki ek= I s i 'kqyka dh eR; q ugha gqy'k djrhA

dDdk dkdh dkaenq, a  
doy i Ruh ij tkj fn[kkus okyk] okLro ea i kS#"kghuA

dNwxakt y] dNwi kuh  
vfr'k; kSä ¼l pkbS>B½

dNqI [u] dNqx[u  
I kp&fopkj djuk vko'; d gkrk gA

dfVV; k dks [kkc] mxfvV; k dksu [kkcS

vi k= dk Hkkst u Hkys dj y<sub>i</sub> yfdu rkuk ekjus okys ¼ckj &ckj [kkus dk mYys[k  
djus okyk] tyhy djus okyk ¾ mxfvV; k½ dk ugha [kkuk pkfg, A

**dne&dne i Si kuh cnyspkfj dkl i Sckuh**

i kuh i x&i x vkš ok.kh pkj dkl ¼yxHkx 12 fd-eh-½ ij cnyk djrh gA

**dfkj dsuhpanđ kyk dksI i uka**

foi Uurk ea I Ei Uurk dk Lotu ns[kukA

**dcÅ; u xfm# k ju p<#dcÅ; u ckth cEc**

dk; j dHkh ; q) ugha dj i krkA og ; q) ?kkšk ¼ce¾uxkM½ ugha djrkA

**di M# i šsrhu ckj] I Ød# I uhp# , rckj**

u; k di M# 'kØokj] 'kfuokj vkš jfookj dks i guuk pkfg, A

**dcÅ; uko i SxkMh] dcÅ; xkMh i Suko**

vko' ; drkuđ kj , d nit js ds I gk; dA

**de [kkÅ & xe [kkÅ**

de [kkvkš onkz r djrkA

**dehu ; k: ] dkr gfr; k: dcwdke ukpavkcr**

fuñ"V fe= vkš gffk; kj dHkh dkjxj ugha gkrA

**dje xfr Vksukfg Vjs**

HkkX; ys[k vfeV gkrk gA gkuh gkdj jgrh gA

**dje QyŠrksfl xqQyš Hkhnd catqcks k#**

gj dke ea HkkX; o' kkr-I Qyrk feyrh gA

**dje ykšV tk; ] [kkrqy ykš/s**

¼ykv/uk ¾ nxk nsuk¼A HkkX; /kks[kk ¼nxk½ ns I drk gš [kkn ughA

**djk&/kjkskq/h eafeyk nkS**

tkšfd; kj I c ij i kuh Qj fn; k ¼avgI ku Qjkeks kh¼A

**dfjckSu /kfjckš vkB i š yfjckS**

gj I e; >xMfs jgukA

**djeghu dNwi kcr ukgha**

deZ ds fcuk dN ugha feyrkA

^dfj fopkj ns[ kks euekghA djeghu dNq i kor ukghAA\*\*

**dje ghU [krh dj\$ cnaK ejSdsI wdk i jS**

vHkkxk 0; fä ; fn [krh djrk g\$ rks ; k rks c\$y ej tkrk g\$ ; k l [kk i M+ tkrk g\$

**djHkyk\$ gkbxkSHkyks**

vki nI jka dk fgr djæs rks vki dk Hkh fgr gksxkA

**djh fl xqxki ky dh gkb**

bZojPNk l s l c dN gkrk g\$

**dfj ; k ckn# th Mj i kc\$ Hkyk ckn# i kuh ykcS**

dkys jæ ds cknY Mjkrsg\$ Hkjs jæ ds cknY i kuh cjl krs g\$

**dja/kjadNqi kb,] cBsnkrk dk\$uq**

dk; Zdjus l s gh dN feyrk g\$ cB&fcBk, dN ugha feyrkA ¼i k\$#k dk l eFKu½

**dI kbZdkSekyqdVjk [kkb**

foLe; dkjh ?kVuk& dI kbZ dVjs dks dkVdj [kk tkrk g\$ dVjk ¼Hk\$ dk i M½

dI kbZ dk eky [kkus yxs rks vk' p; Z g\$

**dgyw ?kj ?kuk] dgweBh Hkfj puk**

vl eKurk& dgha foi y l Ei Uurk dgha foi UurkA

**dgyw/kui dgwNk; k] jke rjh ek; k**

l f"V ea l [k&nd[k nksuka fo | eku g\$

**dgywgfru dsi V Lokju rSHkRr, j**

¼Lokj&i ryh i fM+ k½ de vki frrZ cM+ ekx] i frrZ ugha dj l drhA

**dga¼, ½ rsd½gk# ¼d½k#½ x/kk i Suk; cBrq**

LoHkkor% djus okys dk; Z dks okiNr gksus ij u djukA d½gkj vDI j x/ks ij

cBrs g\$ ij dgk tkb rks jkth ugha gkrA

**Dokj djsyk] p\$ x# Hkknkaejh [kkbA**

**i \$ k MkjsxkfB dksjksx fcl k, j u tk;**

vkf'ou ekl ea djsyk] p\$ ea xM+ vk\$ Hkknk\$ ea eyh ugha [kkuh pkfg, A

Dokjh dsHkkfxu C; kgh eTtkfr ,  
vol j&ykHk feyrk gA

dkVksdjksdjhy dkSvks# vks# cnjbZdh ?kkeA  
I kfr cjh , spu dh vks# I ktsdkSdkeAA  
djhy dk dkV/k] cnjks/h /kii] puu %uke dh½ dh nq[knkbZ gkrs gA

dkbr dkscv/k i <kSHkykSdSej kSHkykS  
dk; LFk ukSdjh i s kk %i Vokjh xjh½ dke gA mudh ; gh vktHfodk gA dk; LFk dk  
cPpk i <xk ugh] ukSdjh ugha feysxhA Hkv[kks ejxk] bl I s rks ej tkuk vPNk gA

dkÅ dh vkbZeadkÅ eTtkrq, s  
vij/kh ds ctk; fujijk/k dk ekjk tkukA

dkÅ fnu nhu n; ky dsHkud i jxh dku  
bz oj dHkh rks I puxkA

dkx i <k, i hatjk  
çÑfr&vknr ; k LoHkko] vi fjonZuh; gkrs gA  
^dkx i <k, i hatjk] i f<+x, pkjka cna  
tc I ñn vkbZ dV/e dh jgs <M+ds <MAA\*\*

dkxk dkdkS/kuqgj\$ dks y dkdkanb  
ehBh ok.kh fç; gkrh gA  
^dkxk dkdkS/kuqgj\$ dks y dkaka ngA  
ehBs cpu I pkb da txqvi uka dfj ybAA\*\*

dkTj dh dkBjh ead\$ ksÅ fl ; kuka tkb  
dkty dh dkBjh ea tkus ij nx rks yx\$ Hkys gh vki fdruh gh prjkbZ ; k  
I ko/kkuh cjrA

dkth&dkth D; kayV\$ I \$ dsvud a  
ni jka ds vfu"V dh vk'kadk I s fpflrr gksuk

dkB dh gfm+ k , d ckj p<fr , s  
/kks[kckth ckj&ckj I Qy ugha gkrhA

dkfrdqgukm pk; j ekg gukm] fcuk #i bz k gkb u C; kgq

/ku ds fcuk eukfir; ka l s dk; Z ¼; kg½ ugha gkrA

dkuhadsC; kg dka l kStks[ka

vufipr@vo8k dk; Z dfBukbZ l s i j's gkrs gA

dkTt fØ; k djuk

ej.kk8kj nkg deZ l 8dkj i jk djuka

dkfrdqdefj; k e8 c8 kdqxBfj; k ea

dkfr8d ea [kr ea de v8j c8kk[k ea v8kd i 8nk gkrh gA

dkuu ykxsn8r Hk, gfj vkf[ku rsU; kjs

p8y [k8j vkReh; tuka dks Hkh nij dj n8rs gA

dkuh8 Y; kbZbub8x8u rsi kuh

dV8pkn8 vHkh"V i jk dj k i kus ea l Qy ugha gkrA

dku8 [k8j8 d8ej8 d8V8y d8pkfy tkfu

l kefn8d 'kkL= % dku8 fodyk8 v8j d8M880; f8 d8V8y v8j d8p88h gkrs gA

dkuarsdkukadb8 fur mfB gkrh jkfj

dV8q; FkkFkZ fooknkLi n v8j v8c; gkrk g8&

dkuarsdkukadb8 fur mfB gkrh jkfjA

/khj8/khjs i 8Nm y8r8jh d8 8Q8V 8bZ vkf[k AA

dV8ppu dk n8i fj.kke& xkyh [kkuka

dke dfj, l kb8 tk l k8gfM; k [k88&c88 gkbZ

ogh dke dj8j ft l l s v8thfodk py8

dke dksu /kke dk8 <kbZ l j uk8t dks

fud88kk8 d8y jk8/h [kkuskykA

dke i j8Z tkfu, tksu# t8 ksgkb

dke i M8s i j gh 0; f8 ds vPN8c8js gkus dh i j [k gkrh gA

dke i jadNqv88# g8 dke l jadNqv88#

dke fudyus i j 0; ogj cny tkrk g8&

dkeh Øk8kh ykyph bu rsHkxfr u gkbZ

Hkxfr djksdkÅ I jiek tkfr cju dy [kkb  
Hkfä djus dsfy, igpku [kkuh i Mfh gÅ

dk cj [kk tc fdjI h I qkkuh  
vol j dk ykHk u mBk ikus ij i Nrkuk i Mfk gSA

dkjh Hkyh u I r] ekjks, dbz [kr  
I Hkh gkfui n o/k ; kX; gkrs gÅ

dkjsdsvxanhvk uk; cRrQ  
vkrnkz ds I keus vU; 'kfä; k; çHkkoghu gks tkrh gÅ

dkjksvPN# HkÅI cjkcfj  
ijh rjg fuj{kj gkukA

dkfy dcÅ; uk gkfr  
oknk ijik u gkukA

dkfy djSI ksvktqdfj  
eR; qdk irk ugha dc vk tkbA dy ds dke dks vkt gh fui Vk nuk pkfg, A

fdluagkrh ekj} fdluankr m [kkjs  
vrhr dh vuq; kxh ppkz vks; vxr dh fujk/kkj ppkA

dùkk dh i pN  
LoHkko ugha chyk tk I drkA dùkk dh i pN ckjg I ky u#vk ea jD [kh I ksÅ VMh  
dh VMhA

fdluadb] fdluai qh  
>xMk 'kkUr djuk] cnkz r djukA

dùkk dks xj; yhfi csdksu i kfrcksdkS  
I c idkj I s vuq; kxhA

dqk dh ekVh dwwk [kkb  
gkfu&ykHk cjkj gks tkrs gÅ

dùkk Hkkdr tkb] gkrh fudl r tkb  
y{; I k/kd cMg-½gkFkh tS ½ ykx Nks/s ½dRrs tS ½ ykxka ds fujFkj vk{ks ka dh  
ijokg ugha djrA

dsi fMr l ddyhyk\$ dsi f.MrkbZNMks  
nqubkj 'krz ijk djus dk njkxgA

dfj&cfj dksl x  
nks foijhr LoHkko okys fe= ugha gks l drA  
dfg jghe d\$ s fuHkS dfj&cfj dks l xA  
cs Mksyr j l vki u\$ fcu ds QkVr vxAA

dkÅ dkÅ ugha l [k&nq]k dj nkrk  
euq; vi us deka ds vuq kj gh l [k&nq]k Hkksrk gA

dkÅ dkÅ dksukus  
dkbz fdl h dk ugha gsrkA

dkÅ fl ekbzeadkÅ C; karkbzea  
fdl h u fdl h idkj mi Nr djukA

dSgd k eksh paxj dSyaku eTtkb  
JSB tu dHkh uhp deZ ugha djrA

dk&ea [kktq  
ed hcr ea vksj ed hcrA

dkBh&dPhyk l kagkrqu yx\$ ekyqfl xqR; kjkS,  
dkjh kra dqn Hkh u nukj vf/kdkj ofpr djukA

dkfj; u dsxkp ea/kkch i Voljh  
ukxfjd vksj vfejdkfj; ka dk , d t\$ k gkukA

dkyu dh nykyh eagkr dkjs  
vdkj .k gkfu mBkuk] bEkunkjh ea cbEkuh dk nkskkjki .k A

dkS/k pysgl dh pkfy  
cMka dh udy ; k l ekurk Nks/dja rks , d k djuk gkL; kLi n gsrk gA

dkS/k rsL; kuka  
vfr pkykdA

dku i sd: jfl xkj dku i Sgfl crjkÅ;  
l k/ku foghurk & , d fo/kok dh vfHko; fäA

[k

[kMgj crk jgsq] bekjr cyUn Fkh  
cɪkɪ l ɪnɪh ds l kɪn; Z i j fVli .khA

[kVdu dgs [knay rsl ɪu egɔfj ejh ckrA  
?kj dks/kuh i ʌ eɪ pykSi jkɪl u [kkpAA  
i 'kq i jh{k k % [kVdu l hækla l s [kV[kV djus okyh Hkɪ vks  
[knay % ckj & ckj fl j i Vdus okyh Hkɪ vi us ekfyd vks i Mkɪl ; ka ds fy,  
vfu"Vdkjh gkrh gɔ

[kjcut s dkanɪ [kda [kjcut kSjɔqcnYrq, S  
, d dk i Hkko nɪ js i j Hkh i Mɪk gɔ ɪi k; % udkj kRed i {k½

[kjh etjɪh pks [kksdkeq  
vf/kd vks unx etnɪh dk i s k ol ɪy djds vPNk dke djuka

[kkM [kmsɔks l ks [kkM [kkbɔks  
l ɔɪ/krka dks ykHk feyrk gɔ [kkM+rɪ kj djus okys dks [kkM+ [kkus dks Hkh feyrh gɔ

[kkbz [kl e ds l kɔSHkɪ u da  
ued gjkehi u&i fr dk /ku [kk; fdUrqi Ruh l qk l s oɪpr j [kɔ

[kkb ySdykdUnq  
0; ɔ; & [kkus ds fy, dɪN Hkh u gkukA

[kkb& [kUndquk; nhfl j kS  
vksɔR; &vksɔR; dk /; ku ugha j [kk tk l drk gɔ

[kkvk&i hvkɪ f>dkSefr  
[kkvks i hvkɪ fdUrq cgr vfekd ughA

[kkd nck [kpk gdhe gkrq, s  
nɪh l gk; rk] vudɪy i fj fLFkr; k; A

[kkrq i jSrks [kɪh] ukfgu ufn; k dh jɪh  
[kkn ds fcuk [kr vuq tkÅ gks tkrk gɔ

[kk rksdnɪrsefr [kk rksdnɪrs



vi uh vi fjofrñ 'krkã ij dk; Z djus ds fy, etcij djukA

[kky dkf<+daHkq Hkjckb næks

?kkj ; krukva ds l kFk eR; qn. M nsukA [kky ea Hkñ k HkjukA

[kke [kkj dh jkfj@ckra

vdkj.k@0; FkZ dh yMkñZ

f[kfl ; kuh fcYyh [kEck ukpfr , s

vl Qy 0; fã 0; FkZ gh funk&kka ij nk&kkjksi .k fd; k djrs gA

f[kyk, &eYgk, dksukequ HkvksekfjcsdkSnkd qnvks

HkykbZ Hknydj] xyfr; ka ij /; ku nsukA

[khpjh dspkj ; kj] ?khm] i ki M} ngh] vpk#

?kh] i ki M} ngh vks] vpkj ds l kFk f[kpMh dk tk; dk c<+ tkrk gA

[kpk vkf[ku rsughavdfy rsi ðkuka tkrq, s

vi R; {k dk i R; {khdj.k i æk.k l s ugha vupeku l s gkrk gA

[kpk dh [kpkbZfdUuans[kh , s

[kpk dh dkj l kth ¼ f"V j puk&jgL; ½ dk dkbz i R; {kn' kh&xokg ugha gkrkA

[kpk xats dks uk[kuu ugha nsk ¼ upZ nks [kqt k& [kqt k ds [ku fudy yxki½

[kj eqMh pkfn djc <kcsyxSQVjkSrc jkcs

eMks gq uaxs fl j dMeh ¼ djc ¾ cktjk] Tokj] eDdk dh M.By½ <kuk d"Vdkjh gkrk gA

[kpk dcy i xfg; k rñr ,

[kpvk ¼ dñnh; vk/kkj ½ ftruk etar gskk] jLi h mruh gh vfed [kph tk

l dsxhA

[kuq; i l huk , d dfjcs i jSks

dBkjre ifjJe djuk vfuok; rk gA

[kr djSrks [krh rkdh vks] ugha rksrkdh&ckdh

[krh djus okyk gh [kr dk Lokh gkrk gA u djus ij [krh nñ jka dh gks tkrh gA

[krh djScat dka/kkc} , d kSMcs i kj u i kcs

[krh ds l kFk&l kFk okf.kT; djus okyk fou"V gks tkrk gA

[ksh [kl e l rh] csk rsvk/kh ukdj dsvxk l rh  
vPNh [ksh [kq ekfyd dj i krk gA csk vk/k&v/kj s eu l s dk; Z djrk gS vkj  
uksdj [ksh ds dk; ka dh dkbz i jokg ugha djrk] vxk fn [krk gA

[ksh&i krh&churh vk# ?kkM&dkSxk] vi usgr l ekfj, yk[k ykx gkb l x  
[ksh] i =&ys[ku] i kfkLuk vkj ?kkM&dh yxke [kq vi us vfedkj ea jguh pkfg, A  
vki Lo; a mi ; jà dk; Z dj] Hkys gh cgr l s ykx l kfk gA

[ksh eavxkMh yMkbzeafi NkMh  
Ñf'k del ea vxks vkj yMkbz ea i hNs jguk mfpr gkrk gA

[kshSi gMqfudjh pq[kbz k  
cM&iz Ruka dk vR; Yi ykHk feyuka

**X**

xak x, i xaknkl ] teuk x, i teuknkl  
ejh l h ejs ep ij] rjh l h rjs ep ij dgus okyka

xak cgu gkj] HkxhjFk dsfl j yxugkj  
dk; Z l k/kd l Qyrk dk Js ikr djuka %i ksf.kd id x % xak&vorj .kz

xak ugk, rsx/kk xbz k ukpugkrq  
LoHkko@çÑfr vi fjorLh; gksh gA  
xak&xaxsknojh Ugkr ea i kbz i koyh  
xak vkj xknkj ds Luku dk l |% i Hkko&iq; vkj /ku dh i kflr gA i koyh&  
25 i g A

xekj dh vdfy xkMh eagksr, s  
xpkj i rkmrk ds vf/kdkjh gksr gA

xek# xkMhSu nsHksh nSns  
jkth&ckth xpkj , d xluuk ugha nrkA cyi wzd ml l s Hksh 1/2-5 fdyxke xMh  
fy; k tk l drk gA

x, nksA nhu l ka i kMh gyvk feyksu ekMh  
l c rjg gkfu gh gkfuA

xxfj; k uktj pefj; k jktq

Hkkstu dh l fjo/kk i klr jgus rd ykx jkt ½ekst &elrh½ djrs gA dke ugha djrA

**xTtr gāI kscLI r ukua**

Hkkstus okys dfrs dkVk ugha djrA xtLus okys ckny cjI rs ugha gA

**xthkj tjš l okxtqVWS**

ftruk l hkkyka {kfri firZ djš ml l s dgha vf/kd ¼l ok; k½ upl ku gks tkrk gA

**x/kbzHkbZdġkj dh ekb yfncsrdsdkeq**

dkbz jkgr u feyukA vi us dke dks ijk djukA

**x/kk dkanvksukauqx/kk usdbzejh vkġkaQkjha**

HkykbZ dks cġ kbZ ekuukA

**x/kk rsi kj u cl kcž x/kš k dsdku , B n,**

l cy l s dġn u dg l dus ij fucžy dks i r k f M r djukA

**xlij dsNli j**

cgf vfekd ckra djuk] xli yMkukA

**xjhc dh yqkbġ fl x dh Hkkst kbZ**

xjhc mi gkl kLi n gksrs gA

**xjagġ fy; k gkr xquk] ekNaemkcsgfjHktuk**

xys ea gā yġ vkš gkFk ea xknus okyh l ūnjh ds fy, gfjHktu tš s cks+Hkh epN eMkdj ; qk cu tkrsgA

**xokg pġr] eqnbZ l ġr**

ekfyd l s vfekd ukšdj l fØ;

**xk; ---- eanšlagkjġ [ksyuk**

fNik okj dj dš Hkkbġkjs dk i n' k ū & gksyh [ksyukA

**xkġB u eġh] [ku [kuk mBh**

i kl ea i s k ughġ fQj Hkh [kjhnġ ds fy, crkcA

**xk/kh rjsjkt eax/kk i atjhġ [kkp**

Lora= Hkkjr ea ep [kkā dh ekst & elrh] jkt gkuukA

xke dks tksch tksuk] vkuxke dksfl )

Lfkkuh; ; ksch dks fhk [kkjh vks] ckgjh fhk [kkjh dks fl ) i#"k ekuk tkrk gA

xke dks xek#] l j dkspek#

xkp ds ykx xpkj vks 'kgjokl h l h; gkrs gA

xke dksu xks dk] tkfr dksu i kfr dks

fdl h idkj dk l c/k & l xkp] xks=] tkfr&o.kz u gkuk] vijfprA

xke eaem\$ k ukp] gj eaVi fj; k ukus

vR; Ur nfjnA

xk jgh ekrk d] yscBh c/kk,

vi l kixd ppkz djus yxukA

ekrk dh Hka/ka ds xkrs l e; ] ^c/kk, xlr xkuk mfpr ugha gA

xky dks thrseky dks gkjs

ckruh thrrs g] 'kkUr jgus okys gj] tkrs gA

xk; u ckNh] uhm vkcsvkNh

l Hkh nkf; Roka l seä gkus ij fplrk feV tkrh gA uhm vPNh vkrh gA

xkgd vks# ekfr dks Hkjks] ksukus

xkgd vks] ekfr vkus dk l e; fuf'pr ugha gksrkA dHkh Hkh vk ekedrs gA

fxRr&i Rr] eRr&ejkr

fdl h idkj vfr d"V l gu djda

fxus xkM] pi jspkj

x.kuk dh xbz olrpk/ka ea l s pkjh dh xbz rks rgjUr i dM+ea vk tkrh gA pkj dh

cgkusckth ugha py i krhA

fxua u tku] gkanVgk dh c/k

l oFkk vijfpr vks] egRogh u gkus ij Hkh vi uh egRrk inf'kr djukA

fxjfxV dh rjSjxqcnfyckS

i fjfLFkr ds vuq kj Lo; a dks cnyus okyk vol joknh] vfo'ol uh; A

fxygjh dks xwj eok

fxygjh dks i ds xiyj gh ef' dy l s feyrs gA ni js Qy ml us [kk, ugha  
bl fy, ml ds fy, xiyj gh eok gA

**fxyk b vkj uhe p<+tk**

fxyk b ¼, d vksk/kh; yrk½ dMeh gkrh gA uhe Hkh Lokn ea dMek gkrk gA ; fn  
fxyk b uhe p<+tk; ¼nqV dks cM+ndVka dk vkJ; fey tk; ½ rks ml dk  
dMeki u c<+tkrk gA

**x# [kkb] xyyyu rsi jstqds**

xM+l s i w k ¼xyx½ curs gA dN ykxka dks xM+ [kkus ea , rjkt ugha fdUrq  
xyxys ugha [kkA vkMEcjh&i k[k. MhA

**x# u n} xj dh l h ckr rksdjs**

ykHk nks ; k u nks fdUrq ckra rks xM+ tS h ehBh dj uha pkfg, A

**xq dhtStkfu d} i kuh i hcsNkfu da**

x# ij [kdj vkj i kuh Nkudj i huk pkfg, A

**xq radi VqfeUr rapkj h] dSgkb fuj/ku dSgkbZ dks-**

x# l s di V vkj fe= l s pljh djuokyk fu/kZ vFkok dks- gkrk gA

**xw dks dhjk xwrs jkth jgkrqgs**

ukjdh; thou thus ds vknh ujd ea jguk i l Un djrs gA eNqvkj ka dks b=  
i l Un ugha vkrkA

**xÅ; dh vks# ?khv dh pi jh**

vR; Ur Lokn "V&cgqr fgrdjA l u-1960 rd pEcy {ks= ea puk vkj cs>j i shk  
gkrh FkhA xgy dk mRi knu cgr de FkhA ykxka dks [kkus ea xgy de feyrk FkhA

**xÅ; dh yf<+dkadkSk ySdamfM+xvks**

xk} kx l tñjh nqYgu dk fookg dq i N".ko. khz nqgs l s gks rks ; g dgkor dgh  
tkrh gA

**xÅ; dsl x ?kps Å; fi l rq, s**

l x nksk ds dkj .k d"V l guk i Mfk gA xgy fi l rk gA ?kq l kfk ea fi l tkrk  
gA

**xÅ; dsl x cFkqk dka i kuh feYtkrq, s**

I RI æfr I s ykHk gkrk gA fl pkbZ xgW ds [kr dh dh tkrh gA ml ea mi tk  
cFkqvk ¼[kj i rok j½ Hkh fl p tkrk gA

**xkMh rkjs xkMh fuxkMh rkjsdfjgk**

cgf vfekd mrkoyki u] dj .kh; &vdj .kh; dN Hkh dj MkyukA

**xkcj&xud**

fuf"Ø; ] ew[k&xkcj dk x .ks'k] dN Hkh u l e>u&djus okykA

**xksh chl dne] cUnk rhl dne**

, dne pkbUuk jguk ¼vyV½ l jf{kr jgukA

**xksh l fg yakj csh ukua**

pEcy l EHkkx dk LoHkko gS fd ; gk; ds ykx xksh l g l drs gA i k .k fuNkoj  
dj l drs gA csh&xkfy; k; ¼vi 'kcn½ vi eku l gu ugha dj i krA

**?k**

**?kV&?kV ckl h jke**

bZoj dk ckl iR; d i k .kh ds vUr% dj .k ea gA

^dLrjh dMy cl } ex <ks'cu ekfgA

?kV&?kV ckl h jke gS nfu; k ns[kr ukfgA\*\*

fodYi %?kj ea /kjh cd fr ufga l >r] ckj [kstu tkl hA ¼dcij½

**?kj eavk, ukxqu i fit,] ckch i mtu tkb**

ew[kz'ki wZ dk; Z & vol jkSpr dk; Zu djuk] tS s?kj vk, l ki dks u i mt dj  
ml dh ckch dks i mtus tkukA

**?kj dh ejxh nkj cjkcfj**

futh oLrka dh dnz u djukA vi uh ejxh D; k nky ds cjkj gksh gS \

**?kj dkSHksh ydk <kcS**

Hkn; k l oZk'k dk dkj .k gkrk gA

**?kj dkSpks#] cxy dksfNujk jkclauk; #drq**

?kj dk pkj] i Mks dk 0; fHkpkjh jkclaus ij Hkh ugha #drA

**?kj [khj rksckgj [khj**

l EiUu ykx ?kj&ckgj nkuka LFkkuka ij l Eekfur gks'gA

?kj&?kj pWgsekVh ds  
I Hkh I eku Lrj ds i k; % xjhcA

?kj ea ukusnku\$ vEek pyh Hkukus  
fn[kkoVh 'kku 'kk\$dr] xjhch ea oBko dk >Bk i n' kLiA

?kj ea ukua ukTtUkk] jskpk ekpsdjkkuk  
?kj ea [kkus ds fy, vukt ugha g\$ Jherh jskpk th I kus dh %dj/k. kh% ekprh gA  
fodYi % ^?kj ea ukua uku dh Mjh] cAvfj ekpsuFk ngyjhA\*

?RRaukm njksck ekjStkrq,  
I Eeku cMfi u %njksck% dh ek; Urk ?kj I s i kj EHK gkrh gA  
fodYi % ^nl dfe dn\$ ukm; njksck /knnsA

?k# Qfd rekl ksn\$[kxs  
ru&eu&eku] I oof/k I gHkfxrk  
I c dN Lokg djds rek'kk ns[kukA

?k# eM i smBkb jk[kkS,  
?kj ea vkrd i nk djuk] gk&gYk djds Mjkuk&ekedkukA

?kjaC; km] cA dMu dkaMkys  
vl e; dk dk; % xgLFkh dh vl QyrkA

?kkV x, ejnsykr ukus  
ejsftUna ugha gkrA

?kkr dks?kkm HkTtkrq, \$ ckr dksHkRrqukua  
pk\$ dk ?kko Hkj tkrk g\$ fdUrq eeBknh opuka dk ?kko dHkh ugha Hkj rka

?kq/h nckb] eMkScck i \$kuka uk; i Rrq  
?kq/h gpZ vkskf/k v\$ ef. Mr I B; kl h dks i gpkuuk dfBu gkrk gA

?kqMyk efj x,] x/ku dkajktqNksM+x,  
vi k= mUkj kf/kdkfj; ka dks vfejdkj fey tkukA  
cf) eku] JSB tuka dk LoxBkl ] e[ kka dks jkt fnyk nrk gA

?kjs i Sfgax\$ vkj[kauVjs  
vufpr dke Hkh djs vk\$ Mk\$Vs HkhA

**?kkw/wi v/ dkabZucr , a**

vi uka dk i {k yuuk gh LokHkkfod gA

**?kkMk pp, j fclUnkxh dkS**

?kkMk ¼ Hkh nks'kka l s epä½ gkuk pkfg, A

**?kkMk dka?kj fdruh nj**

l keF; bku~ds fy, dkbZ ef' dy&ef' dy ugha gkshA

**?kkMk rks?kkMk es:dhÅ uky Bpkkb mBh**

fucy dk l cy tS k 0; ogkj djuk ew[krk gA uky ¾ ykgs dk plntdkj VpMk tks ?kkMk ds [kj ka ea dhya ds l gkjs Bkdk tkrk gA uky ?kkMk ds Bprrh gS es:dh uky Bpokus dh {kerk ugha j [krhA ej tk, xhA

**?kkMk i Sp<kSbz jgkrq, s**

geskk tYnckth fn [kkukA

fodYi & nw rks ?kkMk i s l ckj gS da vkvks , A

**?kkMk cfp ds l kuk**

dkbZ cMk dke djds fuf' plUr Hkko l s xgjh uhm l kukA

**?kkMk dh fi NkbZ vkSj vQl j dh vxkbZu i js**

?kkMk ds i hNs vkSj vQl j ds vkxs jgus l s pks/ yxus dk Hk; jgrk gA

**?kkMk ?kk l rsukrksjk [ksxh rks [kbxh dk**

vkthfodk dh dher ij nkt rh ugha fuHkkbZ tkrhA

**?kkMk i nkjh gksxh rks vi uh e [kfj; kj ekjxh**

vi us l d k/kuka l s Lo; a dks ykHkkfUor djuka

**p**

**pnjh dscy] cnjh ukps**

Hk; ¼n. M½ ds dkj . k] clnj ukprk gA

**pdf; k l x ukqtu dh ukpuha**

pDdh l Hkh i zdkj ds vUuka dks i hl nrh gA

**pVkj [kkcS, d ?kj] crkj [kkcSpkfj ?kj**



pVkj ¼pkV&i dkM+ [kkus okyh L=h½ vi us , d ?kj dks cckñ djrh g\$ fdUrq crkj  
¼ckrñuh L=h½ dbZ ?kj ka dks cckñ djrh gA

**p<+tk c\$vk l wjh i SHkyh djæsjkeq**

dfBu l s dfBu dke dks djus ds fy, fdl h dks i fjr djuk vksj vk'oLr djuk  
fd tks gksxk] vPNk gh gksxA

**prj k dkapkj xqñ ej [k dka l k\$çqñ**

prj 0; fä ftl s de iz kl ¼pkj ckj½ ea l h[k tkrk g\$ ei[kl ml s çgr vfekd  
¼l k\$ckj½ iz kl ka l s l h[k i krk gA

**puk fpjkat h g\$X, vksj egw\$ g\$X, nk [k**

çgr vf/kd egækbA

**puk] pksj h] pkdjh gkj k\$çj sfdl kuq**

dkbZ vksj fodYi u gkus ij fdl ku etcjh ea gh pus dh [krh] pksj h vksj uk\$çj h  
djrk gA

**puk Hk, rc nkr u Hk, nkr Hk, rkspuk u Hk,**

l d k/kuka ds vHkko ea ykHk u mBk i kuka

**peMñ tk; rk\$tk; neMñ u tk;**

'kjhj d"V ik; s ; k ik. kUr gks tk; ] fdUrq xk\$ dk , d v/ksyk Hkh [kpZ ugha gksuk  
pkfg, A

**pefj ; k l spkph dgh] pksk ea pyh vkbZ**

vi k=ka dh vukfekdkj l Eeku i kus dh dP\$VKA

**pek# vksj i Nfg; k vcjsplur , a**

pekj vksj i Nok gok nki gjh ea pyk djrh gA

**pyrh dksukm xkMñ**

l Ei lu@l fØ; l ekñr gkrs gA

**pyuh eang\$ vks# dje dkaVVkcs**

vl ær dk; Z dja vksj vPNs Qy dh vk'kk djñ ; g vrD; Z gA

**pfyckSHkyksu eM+dk\$ nfg\$rk Hkyh u , dA**

ek\$kaHkyksu cki dk\$ tksgfj jk[kavd AA

I Mēd ij pydj eM+ij pyuk I q[kn ugha gkrkA ?kj ea , d Hkh yMēdh ¼i ¼=½  
gkuk vkš fi rk I s dtZ ekxuk mfpr ugha gkrkA  
fodYi & pfycks rks I Mēd dks pkgs Qj D; ka u gkbA  
jfgckS rks Hkš u ea pkgs cš# D; ka u gkbAA

**pyksfQjkš #dkaefr**  
pjšfr&pjšfrA

**pkfj fnuk dh pkpuh] Qšj vfevfj ; k jkfr**  
I q[k dsfnu pkj vkš fQj vəkdkj vKkrA

**fpRrÅ ejh] i VVÅ ejh] vvk ejsnkÅ dks**  
gj gkyr ea gj nkp dk vi us ykHk ds fy, bLrəky] vi uh gh pykukA

**fpMh dk fpMh dks i rā u >fd I drq**  
vxE; vkš I rjij tšk; i {kh Hkh u igpA

**fp=k] Lokrh fol [kjh tkScjI svkl k<}**  
**pukSfi ; k i jnš k dkaHkkjh i jsvdky**  
vk"kk<+ekl ea fp=k] Lokrh vkš fo"ks oj u{k= ea o"kkZ gkš rks vdky i Mrk gA

**fpjbZpkš su i krqQjds**  
fu% kCn] futZuA

**phdusEgka dks fcYyks pkVfr , a**  
I Ei Uu] i Hkko' kkyh 0; fā dk i {k&iZ kd k dh tkrh gA

**phh ds i [k fudfj vk, , a**  
r[PN] fucy] v'kā ¼i [kghu½ Hkh Åps mBus ¼vkd'k ea mMudž dk iz kl dj jgs gA

**phh ehBs i Syxfr , a**  
cykšku@ykyp ea vkd"kZ k gkrk gA

**phy ds?kd qk ea ekš uk; feYrq**  
fu/kZu ds ?kj /ku ugha gkrkA

**pxsrksfpjh tk.kr ckck ch .kk;**  
vYi Krk] I EHkkoukva ij ckr djukA

**plu&i lu fl xqtkbzeadUkka, a**  
de [kpz ea dke pykuk gA

**plirvu dsxke U; kjsukusgkr**  
ei[kz l c txg feyrs gA

**plir; k dekcj prjk [kkb**  
ei[kz dekrs gA cf) eku [kkrs gA

**plir; k dkayqkbj gjkehadkaykbz vPNh feyr gS**  
plir; k 1/2 ei[kz dq i 1/2 dks l 1/2 i Ruh vksj gjkeh 1/2 dkepkj 1/2 dks ykbz 1/2 QI y dkVus  
dh , ot ea i kfj Jfed 1/2 vi {kkNir vfed feyrh gA

**plgsdh ekVh) plgaeyfx tkfr ,s**  
vk; &0; ; cjkj gkukA

**plk&pkdk dkdS ?kfj cBksrkdS**  
tkdh ykBh rkdh HkA A

**plk[kfju ds tk, fhkykS [kkSnckSdRr , a**  
oA kkuqr xqk LokHkkfod gkrs gA

**plju i Sekj ejckmr gks**  
vi uk dke ml jka l s djuk] vij/kh l s vij/k djukA

**plj dh ebz/kSDHuseacSBdajkmr ,s**  
plj i e dh eR; q i j ml dh ekj dks fNi dj jkuk i Mfrk gS vl; Fkk cnukeh dk  
Hk; gA

**plj dkadfr; k vLI rsfeyckSdRr ,s**  
plj tc pljh djus tkrk gS rks dRrk ml s vo' ; feyrk gA vijkeh ngyA; ugha  
gkrkA

**plj dka [kkcS [kkil h] vksfr dkagkil h**  
[kkil h plj ds fy, vksj gil h vksr ds fy, ?kkrd gkrh gA

**plj&plj ekA jsHkkbz**  
l eku i Nfr ds ykxka ea ?kfu"Vrk gkrh gA

pkj rsdbzpkjh dVyk] I kg rsdbz txrkSjfg; ks  
nkuka rjQ feysjgukA

pkjh] Åij I sl huk tkjh  
vij/k dj} fQj epkcyk I huk tkjh dj& 'kkfrj cnek' kA

pkjh dkSekyqekjh ea  
vuřrd I k/kuka ½pkjh½ I s dek; k x; k /ku 0; FkZ ½ekjh½ ea tkrk gA

pkjh] Tokjh] eYyb] ckjScLI dVybZ  
pkjh] tϕk vks igyokuh de I e; rd py i krh gA

pk# pkjh Hkw tkb] gjk&Qjh ukuaHkWrq  
eny i Āfr I s Nq/dkjk ikuk dfBu gkrk gA

pkdk pfd; k I kaqrqu yx\$ vk# fl xqr; kjkSbz,  
okLrfod vfekdkjka I s ofpr j [kuk] fcuk foHkkx dk ea=HA

pkdk dkSpUnk] cÅ dkscUnk  
prfkhZ dk plnæk vks ogw dh fclnh ns[kus I s dyad yxrk gA

pkcs th] Nccsgcsx, ] npsupajgs  
vkëkk Nkfm+ ijh dka /kkcA , d ks Mics i kj u i koA

## N

NÅx, x, I I gjkj] NÅ Nsfnu eavk, A  
NÅ dsvk, NStu\$ NÅ dÅ; x, u vk, AA  
gkfu yHk cjkj] egur dk dkbZ yHk u feyukA tuJfr gšfd NÅ uke dk , d  
0; fä ; g I kpdj I I jky x; k fd ?kj dk [kpZcpxk] eggekuh gkxhA og Ng fnu  
I I jky ea jgkA ykS/dj vk; k rks NS eggeku ml ds?kj , d fnu vk x, A cpkjs dk  
ea wck /kjk jg x; kA

NNmfj dsfl j eapesyh dkSryj [kj dksdgv vjxtk yš u  
NNmfj ½pqs dh iztkfr dk cncnkj tho½ dsfl j ea pesyh dk rsy yxkuk 0; FkZ gA

NVh [kkuk  
tuetkr I wck gkuk] ij k&ij k ifjp; gkukA

**NVhaeai q̄ uk**

tUetkr ekU; rka

**NkN ekxu pyh] i hB i hNsnkəuh**

ekxus ea l dkp dk vu[ko] foi llurk ea fo | eku gYdk l k vkRexk] oA

**Nkrh tkda, dqu ck#] rəkuh datk l kəgkj**

l kefnd' kL=&i # "k&i j h {kk % cky jfgr Nkrh okyk i # "k nqđ kka ea datk ¼h kj h] fcYyh tS h vk] [kka oky% l s gkj tkrk gA

**Nkrh i S/kfj dayStkxkS**

eks ds ckn l Ei fUk dks vi us l kFk dkbz ugha ys tk i krka

**fNi kS#Lre fudjkS**

, s k l kg l h ¼ohj ½ ft l us vi uh ohjrk dks i dV u fd; k gkA

**fNfj; k tku l ka x b] jktkth dks Loknqubz vkvka**

l c dN yv kus ds ckn Hkh Lokeh dks i d Uu u dj i kuka

**fNek cfməu dkəpkfg,] Nks/u dkavi jk/kA**

**dk jghe gfj dks?kVks] tkSHkxqekjh ykrA**

egki # "k LoHkkor% {kek'khy gksrs gA ¼fo". kq vk] Hkxq l dkn i k] kf. kd i d x ½

**Ngh [kjcutsi j fxjs; k [kjcutk Ngh i j ckr , dbz, s**

gj fLFkr ea , d gh i {k dks gkfu gkuka Ngh [kjcutsi j fxjs; k [kjcutk Ngh i j fxj} dVrk [kjcutk gh gA

**NSckj] l kr R; k]kj**

Hkkjr ea R; k]kj cgr gksrs gA

**NkMks vki di kl dh dEcy ysym l kFk**

di kl i s'k gkus dh vk'kk NkMej dEcy yd] ckgj uk] dh ds fy, pys tkvka

Nks/s Egka cMh ckr

g] l ; r l s vfekd c<&p<+dj ckyuka

**t**

**taxy eaekj ukpk] fd l usns[kk**

vuq ; p LFky ¼i fjfprka l snj ½ ij efgek dk i n'kz 0; Fkz gksrk gA

**tx dš kš eks tš ks**

tks tš k gkrk gš l d kj ea ml s oš k gh nh[krkrk gš

**tFkk jktk rFkk çtk**

tš k jktk gkrk gš oš h gh iztk gkrh gš

**tue dsl kFkh fl x dksÅ] dje dksl kFkh u dksÅ**

thou Hkj fdl h dk l kFk fn; k tk l drk gš fdUrq HkkX; ugha cnyk tk l drkA  
bl ds fy, dkbz dñ ugha dj l drkA

**tue&aju dka [kbz dkl h] vkb ejseX?ksdh i kvh**

thou dk'kh ea chrk] eR; q ds l e; exgj vk x, A

**tuhau C; kb] ijl fir dk; rsvkbz**

foHkkouk& fcuk dkj .k dk; ] fookg gvk ugha l Urku tleha ugha fQj i l fir dš s  
gks xbA

**ti Nki k ekyk fryd l jsu , dksdke**

ti] fryd] ekyk vkfn ckg; mi dj .k gš buds /kkj .k djus l s dñ ugha gksxk]  
tc rd vlr%dj .k 'kq] u gksxA

**tc dkjh cnfj; k cjl šh] rkScšu Hkkrdkarjl šh**

l kou %o"kkz ea Hkkrbz u yus vk, rks cgu dks Hkkbz ds xq. l k gksus dh vk'kadk  
gkrh gš

**tc&tc Hkhj ijh Hkxru i Suaxsbzi ška/kk,**

bz oj vi us Hkäka dh rRdky j{kk djrk gš

^tc&tc Hkhj ijh Hkxru i š uaxs i šu /kk, A

Hkxekuq Hkxr ds cl ea gksrs bz vk, AA\*\*

**tc# ekjsjkc.k ch uk; ns**

ckgpyh ekj dh i hMk vfHkO; ä ugha djus nrsA

**tc rd thckSrc rd l hckS**

vkthou deZ khy jguk i Mfk gš

**tc HkTtkxks>mk] l kgsxk dkt# cmk**

Hkq[ks i š/ Jaxkj l q kšHkr ugha gksr-kA

te dh cſu cſkr gſr ,

cſkr ea vkuk&tkuk cgr d"Vin gſrk gſ cſkr ; kruk nus ea ; ejkt dh cgu gſrh gſ

te u nſ[kkSgkb rks tekZ½l xk½ nſ[k yſ

tekZ½nkekn½ ; e tſ h ; æ.kk, ; nus okyk gſrk gſ

ty eajgsexj l sc#

l ekt&?kj i fjokj dh miſkk djuk mfpr ugha gſrkA

tj] tks ] tehu tkfu dsnd eu rhfu

'k=ſrk ds rhu dkj .k gſrs gſ vpy l Ei fſk] L=h vkſ [kſrhA

tyſcu dh j [kckjh dſr; k djs

ew[kzki wkz dk; Z & dſrk tyſch [kkrk gſj [kokyh ugha dj l drkA

tj&cſu; kn dh fl x tkUrka

½tj cſu; kn ¾ L=h½ L=h vkſ [kſrhA vl fy; r ¼kſr orZeku½ l s [kſc okfdQ gſ

tg&tg; pju i ja l uru dsrgk&rgk; i fu; k <k#

nſV tgk; tkrs gſ fouk'k l kFk ys tkrs gſ

tgk; dke vkcs l ſZdgk djsrjokfj

cMka dk l kFk i kdj Nkſ/s dks Hkſyuk ugha pſfg, A ¼; x; ½

tgk; pkg rgk; jkg

dk; Z djus dh bPNk ¼l dYi 'kfdR½ gks rks l d k/ku fey tkrs gſ

tgk; vk, xh Ådk] HkbZa jsch l wd

vHkxk dgha tk; ] eq hcra l kFk ugha NkMfſhA

tgk; nſ[kh Hkjh i jkr HkbZaxekbZ l kjh jkfr

tgk; l s dſn i kſr dh vk'kk gſrh gſ 0; fä ogha tkrk gſ

tgk; ej xk uk; gſr] Hkk; l cſj kSuk; gſr qdk

fdl h , d ds u jgus l s l f"V 0; ki kj ugha #drkA

Tokuqfn [kkcefj csdka cſksfn [kkcsHkf tcsdka

; ſk vkRegR; k dh vkſ o) xg R; kx dh /kedh nsrk gſ

**Tokuqepnne] dμck gkfu**

vukMh ¼; øk½ ef [k; k i fjokj dks gkfu i gpkrk gA

**Tokjh] pks#] yc# I k&l kSdgs cukb**

Tokjh] pks] vks] yokj dk dnkfi fo'okl ugha djuk pkfg, A

**tkb m?kkjks tk dh ykt] ckb m?kkjksckdh ykt**

gj iðkj I sbTtr I Hkkydj j [kuk] fdl h ij vk{ksi u djuk] I ekurk dk  
0; ogkj djukA u nkj; h tk?k m?kkMh ¼fuol=½ tk I drh gS u ckj; hA nksuka dh  
yTtk cjkcj gA

**tkÅ i r nfD [ku] tbdje dsyfpNu**

rfgkjs y{k.k ¼deZ crkrs gS fd rfga ns k NkMej fons k ¼nf{k.k&yadk½ tkuk  
gksxA

**tk xke eajgsxh rksQRrs [kk; dkaI gsxh**

i fjfLEkfr; ka ds vuq i Lo; a dks <kyukA tgg; jgks} ogkj ds dk; n&dkuu ekuus  
i M&A

**tkdh xkMh jr earkdks [kkswukm;**

ftl dh xkMh Qil tkrh gS md vukMh ¼e[ k½ ekuk tkrk gA

**tkdh pkdh pysI cjh] rkds vkcknkuhA**

**tkdh pkdh pysvcjh rkds [kpkrrkuh A**

ftl dh pDdh I cjs pyr h gS ?kj vkckn jgrk gA pDdh nj I s pys rks  
[kpkrrkuh gsr h gA

**tkdh ykBh rkdh HkSI**

ckgpy I s vf/kdkj djukA

**tkdh I kl eVDduh cÅvfj dksu goky**

eupyh I kl dh cgw eupyh gks I drh gA

**tkds vkpxu gSunh I ksdrejr fi vkl**

unh i kl gS rks I; kl k D; ka ejk tk; A

**tk dsfi z u jke oñgh**

tk s jke&l hrk dk HkDr u gk} ml I s I czk ugha j [kuk pkfg, A



tkdsi j u QVh fcckbzI ksdk tkuai hj i jkbz  
tks Lo; a d"V Hkksx pprk g\$ ogh nit jka dk d"V l e>rk gA

tkdsi j k upāgsi kl ckdkaesyk yxsmnkl  
fu/kz dks esyk mnkl yxrk gA

tkdkScfu; k gksxk ; k# rkdkañ eu dh dknjdkj  
cfu; k ; kj gks rks nñ eu dh vko' ; drk ugha gkrhA

tkdkajk [ksl kb; kj ekfj l dsuk dkb  
bz oj j {kd gs rks ml dk dkbz dñ ugha fcxkM+ l drkA

tk Mkj iscBsrkbz, dkVs  
ew [kz ki w kz dk; Z %dkytnkl & i t x½

tkfr u i Mksl k/kqdh  
l k/kq dh tkr ugha i Nuh pkfg, A ew; ryokj dk gkrk g\$ E; ku dk ughA

tk Fkfj; k ea [kkb ckbzeaNn djs  
fo'okl ?kkr djuk] i kyugkj %vkJ; nkrk½ dks gkfu i gpkukA

tkrsrkSgkaj kM+Hkyh  
i fr l qk l s ofprk dk dFkuA

tk ij tkdj l R; l ugw  
ftl ij ftl dk l Ppk iæ gkrk g\$ ml sfeyrk gA

tkfu u i pku] cMh [kkyk l yke  
vi fjprka l s i fj p; i klr djukA

tkfu ekjScfu; k i pku ekjSpk#  
cfu; k; l kp&l e>dj xkgdka dks Bxrk gA pkj i fjprka dks ekj rk gA

tkdkScjh thvr cBk\$ rkds thou dksf/kDdkj  
'k=uk' k vfuok; rk gA

tkuh i Mh Mksfeuhaxksl jx i rky  
i fjprka ds l keus 'ks [kh c?kkj ukA

tk gkr y\$ ck gkr ns  
[kjk uxn 0; ogkj %yunsu %A

tkl kaySdsckdkañ egknccqdk ?kRrsna  
bl dk ydj ml dks nsukA xkB l s [kpZ u djukA

tkgh fof/k jk[ksjke rkgh fof/k jfg,  
HkkX; oknh&jke Hkjk s jgukA

ftm fcu ng unh fcuqckjh  
i.k.k jfgr 'kjhj vks ty jfgr unh dh tks fLFkr gsrh g\$ i fr ds fcuk i Ruh  
dh Hkh ogh fLFkr gsrh g\$

ft th ufpgg gegpufpge  
gkM+1/udy½ djukA

ftruh l i fr] fcruh fci fr  
l i fRr c<fh g\$ foi fRr; k; Hkh c<fh g\$

ftruskj} fl xqejski dsl kjs  
cknjk; .k l cka

ftruh i n yEch] mruh gh xkg eks/h  
'kfä; k; vkuq kfrd vks l rfy gsrh g\$

ftrusdh Hkxfr u cth] fcrusde;thjksQW x,  
ykhk l s vfed gkfuA xkB dh i pth yxkukA

ftrukaNks/k} fcruka [kks/ks  
Nks/ dckj] [kks/ cMkkj hA

ftrukagrqqjke l k} fcrukagfj l ksgkb  
L=h ds cjkj bZoj l s iæ gks tk; rks eqä feyrh g\$

ftrukax# Mkjk\$ mrukabZehBkS  
T; knk i pth] T; knk ykhkA

ftUuadjh l je] frudsQWsdje  
l dckph upl ku ea jgrs g\$

ftUuapkfp nbZ, } ppkSÅ nsxkS  
HkkX; okn ea fo' okl ] gjkfe; ka ds vek\$ vL=A

ftuds/khb uk fru dkangjh  
u\$rdrk l cdsfy, gkrh gA

ftudscvk l ejfk g\$X, frudkadk\$u i jh i jokg  
l keF; bku i e fi rk dks fpUrkeDr dj nrk gA

ftUnk\$gkrh yk[k dk\$ ejks l ck yk[k dk\$  
cMka dk cMhi u eR; q ds ckn l ok; k gks tkrk gA

thvr drk i th u ckr] ejayxk, vi usl kfk  
thou Hkj i fr dh mi \$kk dh] ej x; k rks l rh gks xbA ¼thvr [kl e dks ukm; u  
yhtA ejs [kl e dks i kuh nhtA½

thcæsl kb] l kcæsnkbz  
ftuea vkReh; iæ gkrk g\$ os gh nkEi R; l gHkx djrs gA

thhk dks thr} eky dk\$gkj\$  
èkuh gjrk g\$ cMeksyk thrrk gA

tr&c, i km; u næk} l ksj&fhkl ksj ejks, s  
fcuk dN fd, l Ei fùk ij vfekdj dk nok djukA

tsrks?k# gSiæ dk [kkyk dk ?kj ukfg  
iæ l æk dk fuokg i k. kRl xZ l s gkrk gA

tB dh ykt rksjkfj Å dfùk , s  
T; \$B l Hkh ds fy, vknj .kh; gkrs gA

tsns[ksl kpk/kkjh fdUrqftUuaQVW Hkhfr QkMMkj h  
¼0; x; ½ ns[kus ea l Pps i Dds pkg A

tsns[ksnmk/kkjh ftUua rky eNjh ekjh  
i k[k.Mh 0; fäA

tsuj cdjh [kkR g\$ frudsdk\$u gcky  
ekj l Hk{k.k R; kT; gA

tfg dh jgh Hkkouk t\$ h  
ftl dh t\$ h Hkkouk gkrh g\$ og o\$ k gh l e>rk gA

tsEgkavk# el j dh nkfj ¼½  
Nks/s dks cMk- I EekuA

ts h dUuh] rS h HkUuh  
ts k djks} oS k HkkskA fodYi % ts h dUuh] i kj mrUuhA

ts h pysC; kfj] >ksyqi qu rS ksnhtS  
ijEijk dk vuq j.k djuk pkfg, A

ts h tkdh ekb] rS h rkdh tkbZ  
cSh ekj ds vuq i gkrh gA

ts h rjh dkejh rS sejsxhr  
ts h etjh] rS k dkeA

ts h udVh nsh] cS si nawi qtkjh  
ts s Lokeh rS s l od %udkj kRed½

ts h uha r] cS h cjDdr  
ts k l dYi] oS k fodYi A

ts h L; k} rS h E; k} mudsu pheVkj fcudsu rvkS  
l eku foilurk ea fuokg djukA

ts h gkb gkrfCcrk] rS hbzefr gkb  
tks gkuk gkrk g} cf) oS h gks tkrh gA

ts &rS aHkM+i l j dkafudjh] l ksfHkM+u us [kkb ybZ  
¼i Eke xkl sef{kdkl kr}½ i kj EHk ea gh gkfu gkukA

ts sdksrS k  
tks ts k 0; ogkj dj} ml ds l kFk oS k gh 0; ogkj djuk pkfg, A

ts sx# rS bzpyk  
xq &'k"; , d ts A

ts si jkrqrS sft teku] fcu dspqV; k u fcudsdku  
ijksgr vk} ; teku dk , d ts k gkukA

ts sukx ukFk] rS sl kji ukFkq  
l eku i Ñfr ds %udkj kRed½

tk&tk&HkhtSdkej] rk&rk&Hkkjh gkb  
mUufr ds l kFk xEHkjrk Hkh vkrh gA

tk&tk&ej xh eks/h Hkb] rk&rk&xk; -- fl d&lk xbZ  
tS s tS s ekykj h c<h oS s gh oS s dat h c<fh xbA

tksvksl arksk /ku] l c /ku /kij l eku  
l arksk l s cMk dkbZ /ku ugha gsrkA

tksvk; kSl kstxksjktk j&dqQdhj  
l cdh er; qfuf' pr gA tks Åxs l ks vLrcA

tksdkl h ru rtsdchj] jkefgadgk fugkj k  
Lor% ykhk feyukA fodYi] ckl h jkfvu ea Å; [kpk dks dk l kt&A

tk?kkMh eLrd fy [kh pks# dgk; yStk;  
Hkx l s i klr oLrqka dh pkjh ugha dh tk l drhA

tksrk&kd&Vk ccSrkfg ckbZrwQny  
cjk bZ ds cnys ea HkykbZ djuh pkfg, A

tksf i .M e] l kbZckEg.M ea  
0; f"V vks] l ef"V nksuka ea , d gh 'kfä pruk gA

tk&ck&] ukjks [kksys  
tks vkokt mBk, ] ogh usRo djA

tkstl dfjv l ksrl Qy pk [kk  
tS k djksxs oS k Hkjks&A

tkstku al ksrukua  
dk; Z dqky 0; fä gh dk; Z dj i krk gA

tk&Egkaeal kbZ i f.Mr d i fRrjk ea  
l gh&l gh tkudkj h j [kukA

tksl mikuk fl ek&ck&] eiruk jk [ks&ks  
dk; Z djrs l e; l j {kk dk mik; Hkh djuk i Mrk gA

tk&ekjSl k&eh#  
tks thrs ogh fotrk ^eh#\*

tksgfj gpxscll u gkj] dgk djsnfD [kfu; k; C; kfj  
no bPNk l oki fj gksh gA

tksg# tkrs [ksh ckdh] vk# ugharkStkdh&rkdh  
[ksh ml h dh gksh gs tks [kn djrk gA

tkStB pysi jckb] rksl keu l v[kk ykbZ  
tB ekl ea ijok gok pys rkj l kou ea l v[kk i Mrk gA

tkSykAl kl ] rksyKsvkl  
tc rd l kl pyrhi g\$ rc rd jksh ds LoLFk gkus dh vk'kk jgrhi gA

tkadh rkA/kfj nhuh pnfj; k  
fu"dyd] pfj= dh pknj onkxA

>

>Mk mrfjckS  
fdl h ns'k ; k jk"V<sup>a</sup> dk gj tkukA l w kLr ds l e; >.Ms dks mrkj dj rg djds  
l l Eeku j [kukA

>Mk ÅpkSdfjckS  
xkjo ; k l Eeku ea of) djuk] l cl s vkxs jgukA ¼o' ksr% ns'k vFkok jk"Vh;  
Lrj ij½

>Mk xkfMekS  
fot; Jh iklr djukA

>Mk uhpKsgckS>fdckS  
gkj tkuk] ncnck de gkuk] jk"Vh; 'kkd dk irhdA

>Mk QgjKuk  
/ot dks n.M ij Mjhi l sckkdj mlejã xxu ea QgjKuk& jk"V<sup>a</sup> ds ifr l Eeku  
inf'kr djukA

>xMkS>WkSdctk l kpkS  
yMkb&>xMk djuk 0; FkZ gA ftl dk ftl ij vf/kdkj g\$ ogh ml dk l Ppk  
vf/kdkjh gA

>ek>eqi kuh cfLI jkS, s  
eti yk/kkj o"kkz gks jgh gA

>j vkj Mj geskk cusukj jgkr  
o"kkz gjl e; fujl rj ugha gkrhA l nb Mj cuk ugha jgrkA d"V LFkbbz ugha gkrhA

>kj xk; rkj ckNh  
vkj; ds vkfJr jguk gA fodYi % >kj x# rkj phh/hA ¼tgkj xM+rgkj phVhíz >kj  
x# rkj psykA >kj /kii rkj Nk; kA

>kj dk, dka>d ejkcsdRr vkS  
0; Fkz iz; Ru djukA >d ejkuk ¼ck/; gkuk½

>kp&ethjk fl x QfV x,  
l d k/kuka dk fou"V gkukA fodYi & <ksy&rejjk fl x fcd x, A

>kj h&xjSDh Qkjl h nfr; k xysdksGk#A  
yfyrij dCGpu NkSM+] tc rd feysm/kkj  
>kj h ea jguk , d foo'krk gA nfr; k xysdk gjk gA yfyrij tc rd mekkj  
feys ugha NkSMuk pfg, A

f>ykm djks,  
dfBukbZ l s cnkZ r dj i kuka

V

Vdk dh gfm+ k xbzrksxb] dBrk tkfr i pfu xbz  
i # "k&ijh{kk % FkkMh l h gkfu mBkdj Hkh pkjf=d fo'kkrk, j tkuuk Bid jgrk gA

Vq nck eTtkb] fl [k nck thvr jgs  
f [kykus okys dh eks l s mruh gkfu ugha gkrh] ftruh l h [k ¼f' k{kk} mfpr jk; ½  
nus okys dh eks l s gkrh gA

VfV xvksxtjk] i hNs i fjxkScujk  
clnj i hNs i M+ tk; rks xtjk VV tkrk g& i j'kkfu; k jfrfoykl dks l ektr dj  
nrh gA jfr foykfl uh dk , d cgkukA

Vs+tkfu l dk l c dkgw  
Vs+¼dfVy½ ykxka ds i fr l Hkh l 'kfidr jgrs gA  
^Vs+tkfu l dk l c dkgA oØ plnek xl fg u jkgAA\*\*

**BxaraBkdj dgstkr ,i**

ni jka dh l gk; rk& mi dkj kFKZ èku 0; ; djus ds dkj .k 0; fä Bkdj %Lokeh] tehmkj] èkuh&ekuh½ dgykrk gA

**BuBu i ky] enu xq ky**

fu/kL 0; fä& enu xki kyq rks fujks BuBui kyq , A

**Bkdq dh cjr eagdk dksqHkjsxs**

l Hkh /kuh&ekuh] jktk&egkjkt] tehmkj dkbz fdl h l s Nks/k ugha fdl h ds v/khu ugh] rks l ok dks djs \

**Bkdj dk [khfj&l h [kkf fQRrvks**

Bkdj %kuh&ekuh] jktk&egkjkt] Lokeh] tehmkj½ i kr% müke Hkstu gh djrs gA

**Bkdj QqI yk, j ckeu f>dk, a**

Bkdj Qd ykus %[kd kken] i z ka k dju% vks cEg.k Hkj i % Hkstu djkus l s vudhy gkrk gA %tkfrxr of' k"V; ½

**Bkdj ea, fl ; k cjkcfj V&+rksGkfr , s**

LokHkeku@dV/uhfr FkkMh&cgr Bkdj ka ea gkrh gA

**Bkyh cfu; k; rjkt&ckV rksyckSdRrq, s**

cfu; k; dHkh cdkj ugha cBrk dN u dN djrk jgrk gA

**Bkyh cgwuk& eagkrq**

cgw dHkh [kkyh ugha cBrhA dN u dN djrh jgrh gA ?kj dk dke fucVk rks vpkj&el kys rS kj djus yxrh gA

**Bkysrscxkfj Hkyh**

cdkj cBus l s rks eq]r dk; Z djuk vPNk gkrk gA %cxkfj& fcuk etjh ds dke½

## M

**Mmk dsekj&cnfj ; k upfr , s**

n.M Hk; &okfNr dk; Z djkrk gA

**Mfy; k HkjSI gkx**

l nk l gkfxu] dy tkfr; k&mi tkfr; k&eafoekok, j i ufozkg djrh gA dN LoPNkpkfj .kh , d ifr NkMej ni jk] ni jk NkMej rhl jk&pkfkk vi ukh jgrh gA



Mhællu dsMj rsdFkj uk NkMh tkfr  
Nk&eks/s Hk; 0; ol k; ugha NqMk i krA

MpksefjcsdkSubj te yi fdcSDkSM# , s  
vkxr gkfu dh vk'kadkA

Mkj dks pdkScujk] vl k<+pdkSfdl kuq  
o{k dh Mky l s fxjk gvk ¼pdk½ dlnj vksj vk"kk<+ekl ea [ksh l s pdk gvk  
fdl ku ekjk tkrk gA

Mcrsdksfrupk dkSI gkjs  
?kksj l dV ea FkkMk&l k Hkh l gkjk cgr jkgr nrk gA

MskSgkrqækyh] dcÅ; tkb u [kkyh  
, s h tknpz pky ¼rjdhc½ tks geskk l Qy jgrh gA ukdke; ko ugha gksh vfedkj  
i wkz n{krkA

Mksh earsrc fudjæh] u; kjks/knæspwks  
l l jky ea vkrs gh l kefgd i fjokj l s vyx gkus dh ekx djukA

<

<kbzv[kj i æ dkSi <\$l ks i f.Mr gkb  
ftl us iæ dk i kB i <k g\$ ogh l Ppk i f.Mr ¼Kkuh½ g&^i kFkh i f<&i f<+tx eqvk]  
i f.Mr Hk; k u dkbA <kbzv[kj iæ dk i <\$l ks i f.Mr gkbAA\*\*

fæx jfg tkuadSijkd cfl tkua  
0; fæ dh vl fy; r ikl ea jgdj vFkok i MkS ea jgdj tkuh tkrh gA

<Mqu ekusekuachurh] puk u ekps tkr  
uhp 0; fæ fouerk dks dñ ugha l e>rk vksj pus dh i snkokj ij tpbz dk i Hkko  
ugh a i Mfka

<ksy dh i ksy ea?kd uk  
0; oLFkkxr detksj; ka dk ykHk mBkukA

<ksy ea i ksy  
gj 0; oLFkk ea dñ dfe; k; gksh gA

r

rcysdh vkQr cUnj dsfl j

nrt jka ¼?kkMkq rcsyk] ?kM+ kj ½ dk jksx ¼d"V½ nij djus ds fy, fdl h vl; ¼cUnj½ dks d"V nsukA

rfu; k; eackSj pckb] ujjck dh ujj u tkb

Økækh dk LoHko ugha cnyrkA

rkfr ckth jkx i kvkS

vkyki Hkj l s jkx dh igpku gks tkrh gA

rkbzgfM+ k ea [kkvks rkbZ ea Nnq dja

vkJ; nkrk ds l kFk fo'okl ?kkrA fodYi & tkbZ Fkfj; k ea [kkvks] rkbZ ea Nnq dja

rkdh efr i Ssgfj ybZ

vki fUk; k; vkus l s i wZ cf) fou"V gks tkrh gA tkdkagfj nq[k nkfynmj nbA rkdh efr i Sya gfj ybAA

rkrkSnmqi hcsdkSu fuxfycsdks

fdDÜk; foekrkA

frfj; k pfjr u tkusdkS [kl e ekfj dal Rrh gks

f=; k pfj=a ij "kL; HkkX; a nbs u tkukfr dqrks eud; %A

rhu dsnkSdnASukm; njksck /knAS

fn [kkoVh i nohA

rhu frxkMk( dke fcxkMk

rhu tua dk; Z dks , d l kFk fudya rks vl Qyrk feyrh gA

rhu eau rjg ea

l Hkh >Vka l s epA

rhu ykd rseFkj k U; kjh

l cl s vyx&Fkyx jgukA

rhu phta; kn jfg xbzuka ry ydfj; k;

vkthfodk NkMoj 'kSk l c dN Hky tkukA

rhl cjl ykaN=h thc} T; knk thou dkafekDdkj

N=h %ohj & j .k ckqj k½ Hkjh tokuh ea ohjxfr i klr djrk gA

**r#d ejkStc tkfu,] tc pkyhl ksgkb**

tc l Hkh nqj Hkko l ekir gks tk; ] rHkh eq hcr dks l ekir ekuuk pkfg, A

**rwMkj&Mkj gksi kr&i kr**

, d nit js l s vyx vks rgyukRed : i ea vkxA

**rwu dfg ejh] gkau dgkarjh**

, d nit js dh qjkbZ u djukA

**rqu ekdk] gkau rkdk**

l cdk u j [kukA

**rjh Tokuh dkSejtk dkÅ fnu yScBxkSrkb]**

enku/krk fouk' kdkjh gkrh gA

**rjh rjsl æ] ejh ejsl æ**

vi uk&vi uk deZ vi u&vi us l kFk gkrk gA

**rjsuke vud rw, dbZ, s**

bZoj , d gS uke vud gA

**rjseu dNqvks gS djrk dadNqvks**

eul; l kprk dN vks gS gkrk dN vks gA

**ryh dkSryqtjS el kyph dkSfnyqtjS**

èku Lokh dk 0; ; gkS d"V l od dks gkA

**ryh dkSryj Hkxfr eS k th dh**

eky nit js dk] fefyfd; r nit js dhA

**ryh [kl eqdfjdadk i kuh rsl kpk**

xækth ea jgrs gq dq dk i kuh i huk ei [krk gA

**ryq fryh ea jgkrq, s**

ry fryh ea vUrfufgr jgrk gA

**ryqfryh e] dSdhi k ea**

l kFkd mi ; kx] cckh jkdrukA

**ryqnf [k] ry dh /kkj nf [k**

?kfVr ?kVukvka vkš ml ds ifj .kkeka dks tkuus dk iz Ru djka

**rš h l gkš cš h egks**

I eku vHkkoxfI r fLFkr; ka ea thuka rš h l gkš cš h egka fcu da uk; pieVki  
fcuda uk; rvkaA

**rkej k u cfy] ckck cBk&cBks [kfy**

I d k/kuka dk vHkkoA

**rksl sl i r l kacq> Hkyh**

¼; x; ½ dij q ds dqrI r dk; ka l s l ar ek; dh vfHk' kki I h vfHk; faA

**Fk**

**Fkj u Fkjkb] gjketknh dgkbz**

vLFkj] ¼b/kj&m/kj HkVdus okyh L=h½ ftI dk dkbz irk fBdkuk ugha gkrk]  
0; fHkpkfj . kh gkrh gA

**FkDdk Qthgr gkuk**

fookn] ifr fookn gkuk] >xMk >V gkuk cbTtrh gkukA

**Fkkšspuk] ckts?k.kk**

Nks/vkneh 'ks[kh [kkj gkrsgA fodYi & v/ky xxjh Nydr tk; A ^Nnz unh  
Hkfj pfy rksjkbA tI Fkkj /ku [ky ckš kbAA\*\*

**n**

**nryk [kl e dh gj h u f [kl h**

rud fetkt ifr dh id Uurk] vid Uurk dk irk ugha pyrkA

**nckb i kbz dfgfj ; k HkkjsHkkMšyk**

detkj ij /kkš tekukA

**nck] nch Hkyh**

jgL; ka dks fNi kdj j [kuk pkfg, A nok dks l koztud ugha djuk pkfg, A

**neMš dh ukc] v/kyk mrjkbz**

uko i kbz dh] mrjkbz nks i š ka cgr vfekd egxka neMš ¾ , d i š ka

ne ekfjcsdh Qd Ir ukua

vfr 0; Lr jgukA

nkfr x, Egka>jk\$ Mqksdk gkV earjks

ckh : i thok dk ctk: eY; [kRe gks tkrk gA

nkfr Hk, rc puk u Hk, ] puk Hk, rc nkfru Hk,

I e; ij ; Fkkspr I d kekuka dh vuq yCekrka

nkbZrsdk i \$qfNi kbckS

I q fjfpr fgrSkh I s xki uh; rk j [kus dk dkbZ vk\$pr; ugha gkrka

nkrk, dqjke] fHk[kkj h I kjh nfu; k;

bZoj vdsyk nkrk g\$ I kjh nfu; k; fHk[kkj h gA

nkfr&nkfr cfg xbl dkuh cgw jfg xbz

ngst cckh gks x; kA ek= dkuh cgw?kj jg xba

nknh&/kUuk\$ , d\$Z [kUuka

nknh vk\$ ukfruh nksuka , d I h gA fodYi %ek; xq /knb fi rk xq cV/kA

nku dh cfN; k dsukr uk; fxus tkr

eYr dh ph t ds xq k&nkSk ugha ns[ks tkrA

nke djkcSdke

i S l s l Hkh dke gks tkrsgA

nkj&Hkr [kkudkaeuok djr g\$ cVyb; k ek;tr xMok Qvr gS

nkyHkr [kkus dks eu djrk g\$ cVykBZ ek;tuk vPNk ugha yxrka

nkfj Hkr eaew j pln

cus dke ea ck/kk Mkyus okyA

fnu eaewh] jkfr ea l yh

eyh fnu ea [kkuh pkfg, ] jkr ea ughA

fnuqxvkseavkj&ckj\$ i hl kxh nhvk dsmtkja

fnu xi &'ki ea xpk fn; k] jkr ea i hl xhA mfpr I e; ij dke u djukA oDr cckh

djukA

fnu dka l kc} jkr dks l kc} ftruka l kc} fcruka [kkcS

jkr&fnu l kus okyk 0; fä ftruk vf/kd l krk g} mruh vfëkd gkfu mBkrk gA

fnuuqdkSQ#

l e; pØ dh ckr] cjs fnuka ea pi jguk pkfg, A

^ejr l; kl fi atjk i jk} l wk l e; ds QjA

vk n# nñs cky; r ok; l cfy dh cj AA

jfg eu pi jfg c}B, ] nñ[k fnuu dks Q#A

tc uhds nu vkb g} cur u ykxh cj AA\*\*

fnuuQwky} Xokfj; k ÅyKS

'kke dks ckn yky jæ ds gks tka ½fnu Qw tk; ½ rks Xokys i d lu gkrs g} D; kfid  
o"kkZ gksh gA

fnyqyxkSx/kh l si jh dk pht ,s

eu dh i l Unxh : i & dq i ugha nñ[krhA

^Å/kka eu ekus dh ckrA

nk[k Ngjk NkfM+

vejQy fo"k dhjk fo"k [kk rAA \*\* ¼ j ½

nhvk rjav/kjk

nhi d ds uhps vl/kdkj gkrk gA fudVre vijfpr jg tkrs gA

nhckju dsdku gkr , a

Hkñ; k l c txg yxs jgrs gA

nñu; k; vkuh&tkuh gS

l d kj u'oj gA

nñu; k; etk&etsi } Qw f j; k ukfj etsi S

vk l lu l dV dh fplrk u djds ekSt eLrh djukA

nñc/kk eankÅ x, ek; k feyh u jke

nksuka rjQ l sekjk tkukA

nñV l æ ufganb fo/kkrk

bZoj nñV ykxka dh l æfr l s cpkoA Hkys gh ujdokl djuk i MA

nm dsnkr u fxfjckS

cp i u dh voLFkkA

nm dsu ew ds

I oFkk vuq ; kxhA

nm dksTjksNkfN Qfid dai hvraq, s

vfrfjä I ko/kkuh cjrka

nq dksnmq i kuh dksi kuh

mfpr U; k; djuka

nmu dsdtyk dfjckS

cgf ets ea gkuka

nm earsea[kh dh rjSnfj dfjckS

eu I sfudky nuk] I cæk rkm+yuka vyx dj nukA

nmqdykfju gkr yf[k en I epr I c rkfg

uhpka dk I kfk 0; fä dks dyfidr djrk gA

^jfgeu uhpul x cfl yxr dyd u dkfVA

nwk dykfju gkr yf[k] en I epr I c rkfgA\*\*

nmkâUgkvkS i wrkaQykS

vk' khokh % nwk I s ugkvkS i eka I s od kof) gkA

nmj ds<ky I gkous

ckgjh I tñjrk vkdf'kr djrh gA

ns[kh Hkkjk I knkStksq ?kkVh dk; k ck<ksjksq

fcuk I kp&l e>s udy djuk gkfudkj d gkrk gA

ns[kk&HkkjkS rdksefr

cnuh; r I ser ns[kkA

nmcnÜk dksTusÅ] dgwnyjkS dgwrfryjkS

vdqky] vn{k 0; fä ds }kjk fd; k x; k dk; Z v' kkl=h; gkrk gA

nch fnu dkVŠ i Ml i PpbZekps

I dVki UuLokh I s peRdkfj d ykhk dh vk'kk djuka

nch cnaku u; nsch] rks?kRrksvkeu nsch  
vl Qyrk Hkys fey} fdUrq iz kl djuk pkfg, A

nch : ßæh] rkSdk l gkxqyæh  
nø ojnku u n} #“V gks tk; ] fdUrq vfu“V ugha dj rA

nd pkjh] ijnd Hkhæd  
foi Uurk ea LokfHkekuh fd l h dh xykeh djuk i l Un ugha drkA og xykeh dsctk;  
n’sk %i fjprkæ ea pkjh vks ijns k %vi fjprkæ ea Hkh[k ekxuk i l Un djrk gA

nd h x/kk ijch jædfu  
vui <+vkfye Qkfty gkus dk in'kz djA

ng ejh pæ&æx] uhm cksqvkcA  
dke i SrkSI qÜk ukp} vluqcksqHkkcA  
?kksj vky l h] dkepkj A

nkSdksH dksu i nNcks  
l ofkk vuknr] l ekt ea dkbz bTtr u gkukA

nksekeu dkSHkust qHkpdksHkpdksfQjS  
nks ekek gkrs gq Hkh Hkkt k Hk[kk jgrk g} D; kfd og ugha tkurk fd ml sfdl ekek  
ds ?kj Hkktu djuk gA

nkj k&nkj kSdk fQjsfy, rjktwckv  
vki uprk gkr ufga i Hkq prk rRdky] bz ojPNk gh l okæ fj gkrh gA

/k

/kuk Hkxr dksgfj l kagr} fcuk cht mi tkvks [krq  
/kuk Hkxr dh dFkk %gfj HkfdR ea yhu Hkxr /kUuk [kr ea cht Mkyuk Hkay x, A gy  
ds i hN&i hNs gfj &gfj tirs pyrs jgA vk'p; z HkxoRÑi k l s [kr cht ds fcuk  
gjk&Hkj k gks x; kA

/kfu cksjktk] /kfuckSnd qvxgu cjl stgk; vl d  
og jktk vks jkT; /ku; g} tgg; vxgu ea o“kkz gkrh gA

/kutk ijScækyh] esvksgrquk; tkxks [kkyh  
fuf'pr thr@l Qyrk ij fot; kkykl djukA



**/kjuh&/kjuh i kj mrfj x,**  
/kekRek i kj 7efä ykHk½ mrjrs gA i ki h Mrcrs gA

**/kku dkSxke i qkj rstkuka tkrq, s**  
dk; Zdyki ns[kdj 0; fä dk pfj= l e> ea vkrk gA

**/kku ekikjsdfjckS**  
; u&du idkjsk vi uk dke pykuk] ?kl hVuka

**/kha ekjsjkcllu ns**  
ckgpyh i hVrk Hkh gS vks egg Hkh ugha [kksyus nrkA

**/kha dh jLrk pkn i S**  
ckgpyh dq Fk xkeh gkrsgA >plus ds fy, ck/; djrs gA

**/khv tuhadr tB dh vkl**  
vi us ne ij dk; Z djuka

**/khj dks/kjS k ukua ckr dks i nS k ukua**  
dkbz ennxkj ugha gA

**/khjacatqmykbrh [krh**  
okf.kT; /khj&/khjs vks [krh 'kh?kark l s djuh pfg, A

**/khj&/khjseky; k] /khja l c dN gkb**  
l arkSk j [k] mfr l e; ij l c Bhd gks tk, xkA  
/khj&/khjseky; k] /khja l c dNq gkbA  
ekyh l hps dcmk\$ fjrq vk, j Qy nbAA

**/kpu js/kpuuk vi uh /kpu i jkbZ/kpuh dks i ki qu i puq**  
, dfu"B Hkko l svi us dk; ZeaMcsjguk pfg, A i ki &i q; vi usfd; sdekadk Hkksuk  
i Mfk gA nri js ds dk; Z vi us fy, i ki &i q; i nkrk ugha gkrkA

**/ksyk dh gfm+ k] Vdk emkbZ**  
vl ær i kfjJfed

**/kch rsdk rsh ?kfV ckdaekxjk ckdsykB**  
i k; % vkfFKZd vks l kekt d nfv l s l eku gkrsgA dkbz vi us dks fd l h l s de  
u l e>ukA nksuka i {kka dh njkxgi wkZ ni kãA

**/kkch /kçkbZ dka#; sfe; k; di Mtu dka#, a**

nksuka i {kka dh etcfij; k; & f'kdk; n; /kkch /kçykbZ u feyus l s nç[kh gS ½j ksr-k gA½  
fe; k; ½di Mka dk ekfyd½ di M-Bhd u /kçyus l e; ij u feyus ds fy, nç[kh  
½j ksr-k½ gA

**/kkch dksdçkk ?kj dksu ?kkV dk**

nçpo/kk ea Ql k 0; fä fdl h dke dk ugha jgrkA

**/kkçc; k ty fcp ejr fi ; kl k**

fojks/kk Hkk l ] l d k/ku gkrs gq Hkh mi ; ksx u dj i kuka

^i kuh fcp ehu fi ; kl hA

ekfç l çu&l çu vkor gkçl hAA\* dchj &myVçkçl h

**u**

**uax çMsi ueç ç rs**

uax ½fu/kç] yçpç&yQax½ bz oj l s çMç-gkrs gA

**uixu dh çLrh ea/kkch dks/ku/kks**

LFkku vçç i fçLFkçr; ka ds vuç kj dk; Z u djuk] eç[kçrki wçç dk; Z vl Qy gkrs gA

^vk; ks ?kkçk çMçs çks kj hA

yçfn [kç xç&X; ku&eçfçr dh çt ea vkb mrkj h AA\*\* ½l çç½

**uaxh dk vksçdk fçNkcs**

fu/kçurk ds dkj .k fu#i k; gkuka

fodYi % uaxs dgk ugk, ç fupkçç dgk \

**uaxh nç[k çal çSpq----- yçfr , s**

½fodkj çrks l fr foç; Urç , çkka uprçkçl l ç /kçj kçç

fodkj] l Ttuka dks Hkh fodkj h çuk nçrs gA

**uvksukçfnuk] i çkukaf l x fnuk**

uohurk LFkçbz ugha çkrhA i fçfçr çh l nç dke vçrs gA

**uvksçççk] vççkbz vççk i çkçkç, s**

u; k dk; Z i çjEHk çjus okyç] 'kç & 'kç ea vçrfçä l ko/kkuh&l Tturk inç'kç

çjrk gA

**ubçukçfç] çkçl dksUççk**

vdqky dkjhxj] vuq; ä vktkjka l s dke djs rks dke; kc ugh gkrkA

**udVk thc&cjsgoky**

cbTtr ykxka dh l ekt ea cjh n'kk gkrh gA os ceq' dy thrs gA

**udVh nch dksy&pkSi qtkjh**

ts h nsh os k i qtkjh] l ekuxq k&/keZ %udkj kRed½

**udVsdh ukd dVh] l ck gkr Åph HkbZ**

fuYyZt rks cbTtrh dks bTtr l e>rk gA cnuke gk&s rks D; k uke u gkxka

**udV&cpsfl x rsÅps**

tk l okZ/kd i frn %udV&cp&dych½ g] os Lo; a dks l cl s Åps ekurs gA

**utfj gVh] eky nk&rka dk**

vi uka l s Hkh l ko/kku jguk pkfg, A

**u tk djcVqp&u ck djcVqp&u**

gj i&dkj eq hcr& b/kj d[mk] m/kj [kkbA

**ufVuh ck] i Sp<fr , srkÅ fcjknjh dksfygktqdfÜk ,**

fuYyZt ea Hkh l ekt dh e; k&hk dk Hkko gkrk gA

**uffk; k Qfl xbZxqMu ea**

i fjfLFkfro' kkr~Hkyh L=h dk xqMka ds paxqy ea Q]l uka

**ufn; k u i hcSdHkh vi uk ty**

i jki dkjh vi us fy, ugha nit jka ds fy, thrs gA

**u ukSeu ryqgkb&ksu jk/kk up&kh**

, s h 'krZ tks i jh ugha dh tk l drhA

**ucu&ucu cgqvUrrjk] ucu&ucu cgqkfuA**

**tsrhukack&qucaphrk] pks#] dekuA**

fouer k ea osHkU; gkrk gA

>plus>plus ea vUrrj gkrk gA >pluk dpy vknj ds fy, gh ugha gkrkA vknru vk?kkr ds fy, Hkh gkrk gA

**ucu uhp dj vfr nq[kkbZ**

uhp 0; fä dh fouerk Hkh nqkn gkrh gS tS s dñkka

**u ckck vkç u ?k.Vk ckts**

i qt kjh ugha vk, xk rks i vt k ugha gkschA

**uekt i <usx, jkstsf l j i fj x,**

vokñNr nkf; Ro Lohdkj djukA

**u ejðpñ u ejk, apñq**

vkjke feyrk gh ughñ u Lo; aejud s u nñ js dks ekjus l A

**U; kjkSi wqi jkñ h nkf [ky**

vyx jgus okyk iñ i Mkñ h tS k gkrk gñ

**u: i jk dh gkV eagkadkñ dkSQñk**

HkhM+ea 0; fä dh i gpku xk; c gks tkrh gñ

**u l keu l v[ksu Hkknkagjs**

l ekt flFkr ea cus jguk] l q[k&nq[k l eku Hkko l s HkksukA

**u l jk , ukñka u nkStusvkca**

, ð k dke gh er djks tks gkfui n gñ

**ugj dh Hkjkb] cki dh dekbzdVÅ pyUnñ**

nñ jka }kj k dek, /ku dks euekus <x l s [kpz djus ea l ðkp ugha gkrkA

**uk; dksÅ l kankñrh uk; dkgn l kacñ#**

fd l h çj kb&Hkykbz ea u gkukA

**ukm cMñ l jdkj dkñ gnñ cMñ l jnkj dks**

'kkl u dk i n uke cMñ gkrk gñ vkKk i kyu ea vfekdj h cMñ gkrk gñ

**ukÅ&ukÅ çkj fdruñ ft teku vkñavk, tkr , a**

vkxr ds i fr mRdñBr gkus dh vko'; drk ugha gñ tks gkxk l keus vk, xkA

**ukd u gkb rksxw [kk ys**

l gtcñ) 0; fä dks ?kf.kr deñ ugha djus nrñ] vU; Fkk og dñ Hkh dj l drk gñ

l ekt ds Hk; l s 0; fä vij kèk ugha djrkA

ukd eampxyh] dku eafrudk efr dj] efrdfj] efrdfj  
ukd ea mxyh vkj dku ea ydMh 1/4frudki/2 ugha Mkyuk pkfg, A

uk dkÅ rsnkLrh uk dksI kac#  
fuj i şk Hkko I s thukA

ukfp&dñin cpjk ej\$ ekyqenkjh [kkb  
i fjJe dkbZ dj\$ ykHk nit jk mBkoA

ukfp u tkuavkxu VskS  
[kñ dh deh 1/4Kkurki/2 nit jka 1/4vkxu/2 ds Åi j Fkks uk] ukpuk vkrk ughñ vkxu  
dks Vsk crkrs gA

ukpsdms rkj s rku] ckdksññu; kj jk [ksekua  
pij dk&pkñkscBksjg\$ rk I kayksx eksñvk dgA  
yEch pkMh gkñdus okyka dk nñu; k I Eeku djrh g\$ pij jgus okys eñ[kz I e>s  
tkrs gA

uknku dh nklrh th dksatak#  
uknkj 1/4Vi cfj) ] eñ[kz cPpka tS k 0; ogkj djus okyki/2 dh fe=rk Hkh eq hcra i şk  
djrh gA

uknku nklr I kankukanñeu vPNkS  
eñ[kz fe= I scñ) eku 'k=q vPNk gkrk gA

ukuh dsvkxaufugky dh ckra  
tksvki I s Hkh cMh Kkrk g\$ ml dks ml h dh ckra dks crkuk eñ[krk gA ukuh dks  
viuh ufugky dh ckra crkuk eñ[krk gA

ukc Mucuk  
I c dñ I ekir gkukA

ukc Hkej eaQfi xbz  
vfr I dVki Iu fLFkr gks tkukA

uke cMs vkj nLI u Fkjs  
[; kfr ds vuq i okLrfodr u gkukA

uke yck u i kuh nck

dy@odk uk'kA

ukfj uŋ l jdkfg u yxk

fL=; ka ds us= : i h ok. kka l s dkbZ cp ugha l dk gA

fucy dh yqkbZ fl x xke dh Hkkst kbZ

xjhc mi gkl kLi n gkrk gA

uhps/kRrh Ai j vkl eku] chp eafj l hl #

ckEg.k l ekt ea \_\_"kh'oj ckEg.kka dh fLFkr f='kdq tS h gkrh gA

udh vk\$ i n i n

eukudny ckj & ckj mi dkj ¼HkykbZ feyuk nyBk ¼dfpr~foLe; dkjh Hkh½ gA

uhe gdhe [krjstku] uhe fe; k [krjsbZku

uk\$ l f[k, gdhe ds dkj.k tku vk\$ uheeyk ¼dBeeyk½ ds dkj.k bZku [krjs ea i M+k gA

udh dfj djk eaMkfj

HkykbZ djds Hkny tkvka

udh ud jkg] cnh cn jkg

udh dk i fj. kke] ud vk\$ cnh dk urhtk cn gkrk gA Hkyk Hkys jkLrs ij pyrk g\$ cjk cjs jkLrs i jA

ukdjh D; kadjh] xTt i jh rc djh

ukdjh LoPNk l s ugha l dV ds dkj.k dh tkrh gA

l kekftd ifjorZ % dHkh ukdjh djuk vifr"Bk l pd FkA vkt ifr"Bko) d gA

uk\$ h xkjh [kkbxsjfl ; k] dfj xksuk] qeM\$ k dks

ykd dFkk& fdl h 0; fHkpkjh ¼kxh l k/k½ us xk\$ kxh dk vka=. k fd; kA Nne o\$ k ea jfl ; k ¼jfl d i # "k½ vk x; kA urhtk ; g gvk fd dke&fi i kl k rks 'kkUr ugha gpl] cpkjs dh eM\$ k ¼?kk l & Qit dh dV; k½ Hkh rgl & ugl gks xbA

uk\$ ksckeu c\$ h gkrq,

fuefi=r ckEg.k dks cykdj Hkstu djkus ij] og 'k=qgks tkrk gA

uk\$fnu psv<kbZ dkd

dfBu ifjJe] vYi ykHkA

ukSI kSeW s [kkb fcYykgTt dkapyha

'kkfrj cnek' k 'kjhQ ¼kkfed½ cuus dk iz kl djA

i

i pu dh ckr fl j ekfk} i ukjks>pāfxj}ks

ftn ij BkM+jgukA

i p c<kbznSx, gkr eanSx, [ki jk

nlt jka ¼i p i æd[k i q#"kka ds cgdkos ea vkdj½ ds cgdkos ea vkdj /ku dk vi 0; ;  
¼fookg&'kkfn; k} erd Hkkstu nkorka vkfn ea dj cBuk vks Hkh[k ekxus ; kx; jg  
tkukA

i dh l efj i xq/kjuk] >kj dkbZupāvi uk

tkdja l kp fopkj dj vi us cyaars ij djA

i mttth vks#u rscæu NmKcsdka, s

nlt jka dks mi ns k nuk Lo; a vkpj .k u djuk &

^ij mi ns k dd y cgrjA

ts vkpjfga rs uj u ?kujAA\*\*

i mR l kbZ tksxky ctkck

cgr ckyus okys dks yksx fo}ku l e>rs gA

i mRkuh dk ?kRrs i jk}kuqi qtcæh

i mRkuh egkj kftu ¼j l kbZ cukus okyh½ nlt jka ds fy, vi us i kl l s /ku [kpZuk  
0; ogkfjd ugha gkrkA

i mRck X; kuh] Nkfu dk, i hvksu i kuh

ew[kz i f.Mr l kp fopkj dj dk; Z D; ka ugha fd; kA ¼0; x; ½

i bZ kukus i kl ] rkdkaesyk yxsmnl

i s s i kl ea u gka rks eu f[klu ¼esyk mnkl ½ gks tkrk gA

i bZ k i kl dk} HkbZ k l kfk dks

xk} dk i s k vks l kfk dk HkbZ gh dke vkrk gA

i bā k Qāid] reki kSnS[kkS

/ku 0; ; djdsgh rek'kk ns[kk tkrk gā

i <k tkV vui <+tS k] vui <+tkV [kpk tS k

i <k gpk tkV vui <+tS k gkrk gS vSj vui <+tkV viuh ethz dk [kq ekfyd  
¼[kpk½ gkrk gā

i f<+x, i w dāgkj dsI kjSmuh vkB

NkS/h tkr] NkS/h cā) I q'kf{kr ugha gkus nrhA

i <QkLI h cpsryj] tsns[kkSdjeu ds [ky

HkKX; xfr& ; kX; rk ds vuq i dk; Zu feyukA

i <k&fy [kks&gks& [kjk& [kyks&dk&gks&suck&

i <us l s [kjk& vSj [kyus l s uck& curs gā

I; kt dsfNydu i seq eku g&kS

ux.; ykHk dsfy, /keZ ifjorū djuk vufpr gā

I; knk I kaQj th Hk; kSV&k&V&kS tkb

vkNk 0; fā ¼mfkyk½ in c<us l s brjkus ¼xoz in'kū dju½ yxrk gā

i j mi nSk dāky cgrjS

nī jka dks mi nSk nus okys cgr feyrs gā

i j frfj; k fut ekr I ekuk

^i j nkjSk&ekror~ nī js dh L=h dks ek; ds rj; ekuuk pkfg, A

i j nS h cye dh çhfr >ky dksrki ukā

nvksdjst& dkf<+Hkvksuk; vki ukā

i j nS kh dk i& {kf.kd vSj vol joknh gkrk gā

i je Lorā= u fl j i Sdkbz

LoPNkpkjhA ¼ukjn id x½

i j eksys?kk&sp< i j ?kj djavumā

blugans[k efr jhf>, xkj h ?kj dsQkQkUnā

nī jka ds ek; i j ekSt&eLrh djus okys i k; % xjhc gkrs gā , d s 0; fā; ka ds i fr  
vkdf"kr ugha gkuk pkfg, A



**i jkbz i krfj dkSHkkrqehBksyxrrq,**  
nri js dh i Rry dk Hkkr ehBk yxrk gA

**i jk/khu l i usgl d'k ukgha**  
xyke Lolu ea l d'kh ugha jgrk&  
^fl j /kfj tkmj mfpr vl ekj kA  
l c rs l cdq /kje dBkj kA ¼rny l h½

**ijfgr l fj l /kje ughaHkbbz**  
i jksi dkj l s cMk dkbz /kez ugha gkr kA

**ifjck xeu u dhft , pkj, aHkfj l kusdh gkb**  
fdruk gh ykHk gk] i fri nk dks ; k=k ugha djuh pkfg, A

**i # ¼i jk½ ejh ebZ k] , d kavk, vkj w**  
vfr foyEc dh i frfØ; k &  
ekj nks o"lz igys ej xBA rc jks ugha bl o"lz vkj w vk, gA

**ijk, [kl e i Sbruka xøku vi ukagkrksrkSmMrh ekl eku**  
nri jka dh rkdr ij ?ke.M djukA

**ijksvikou <kj eadpu rtsu dkb**  
mRre fo |k uhp l s Hkh yuh pkfg, A dhp ea i Mk l kuk i fjR; kT; ugha gkr kA

**i Hkqk i kfg dkfg en ukgha**  
i Hkqk dk ?ke.M l cdk gkr k gA

**iyqc<su jkb?kvs**  
mez dh vof/k fuf'pr gA l kjl afxuh gpbz gA ; g u , d i y c<rh gsu tj k Hkh de  
gkrh gA

**igkMqI kSHkjh ei gkMqVWV i jkS**  
vkdfLed vki nk vkukA

**l; kl kSdpxk i Stkrq, s**  
l; kl s dks dq ij tkuk i Mrk g] dpxk l; kl s ds i kl ugha tkrkA

**ikp i l kfj ds l kbckS**  
fuf'plr gkuk] eR; q gkukA ^, d fnuk rks l ko.kk ykcs i] i l kfjA\*

**i kp i utS, aeQM; k uk i ut h**  
foo'k gksdj i ut; ka ds Hkh fl j dkVs tk l drs gA ¼prkouh½

**i kpu eai Fjk c/ks, a**  
dk; Z ea cgr ck/kk, j gkukA

**i km ekja i kuh fudRrq, s**  
i nk?kk r l s tehu ea l s i kuh fudyrk g\$ vFkk r-vfr cy'kkyh gA vfr'k; k fä i wZ dFkuA

**i kp i p fey dhtSdktkA gkjs thrs gkb u ytk**  
l kefigd dk; Z dh l kefigd ftEenkh gkrh gA l Qyrk&vl Qyrk ds fy, 0; fä'k% fd l h dks nks kh ugha Bgjk; k tk l drkA

**i kM&i kMsnm ml hl ] dgk dgj gekjh vkRek nSjbä, a**  
i k.Ms th] vk'khokh nhft, eg l s D; k dgj gekjh vkRek iz lu gA

**i kfr i xfr eavxvk\$ yjkbZeafi Nkvs**  
[kkus ea vkxs vk\$ ; q) ea i hNs jguk pkfg, A

**i kx dkfj; u eackf/k tkuaBkdj**  
l efr mi; ks ¼v0; ogkfjdrk½ u dj i kukA

**i kx ckf/kos eafdl kuqfi Nk; ksgStkrq,**  
[krh ds dk; Z ea foyEc djuk gkfui n gks l drk gA

**i kx] ekM vk\$ ukjhemYger rsdk, u l Hkkjh**  
i kx ¼pk l uh l scukbzxbz vk\$kf/k fe"Bku½ eNka¼l kQk] bTtr½ vk\$ ukjh ¼L=h&i Ruh½ dh i kjEHk l s ns[k&j\$[k djuh pkfg, ( vl; Fkk buds fcxMtus dh l EHkkouk jgrh gA

**i kfr i Srsmbkb nks**  
l kekftd vuknj djukA

**i kuh dj k cpcmk vl ekul dh tkfr**  
ekuo thou u'oj g\$ {kf.kd gA

**i kuh dksi s k i kuh ea**  
gjke dh dekb] gjke ea y¼kb] uktk; t i s k uktk; t dkeka ea [kpz gkrk gA

**i kuh rsi li k] jkvh gli k d\$ksfl [kkckS**  
prjkbz Hknykdj ¼v\$+fudkydj½ cPpka t\$ k Hkkyk ¼l h/kk½ cuk nsukA

**i kuh rsdk i rjks**

i kuh l s i ryk dñ ugha gkrkA

**i kuh fcp ehufi vkl h**

½foj k/k Hkk l &myVckij h½ i kuh ea jgus okyh eNyh l; kl h gA vullr Kku l kxj ea fopj.k djus okyh ek; kc) ehufi ½vkRek½ eja ugh gkrhA l; kl h gh jg tkrh gA

**i kuh eagkai kpm u naxk yEcks l kjk ejks, s**

d: xk dñ ugh l kjh l EifRr ij ejk vdsyk dk vf/kdkj gA

**i kykxu eavkv ukj ncsdka>k; ----- ukj**

vflkoknu djrs jgax̄ .k oki l ugha djax̄A

**i kl eav dkmh ukpm /kjadjkmh**

^; Fkk uke rFkkxqk] pfjrkFkz u gkuk\*A

**i hvk pkgs l kbz l gkfxu**

tks ifr dks fiz g] ogh l Pps vFkk ea l kkkX; orh gA

**i hNaykxs>[kjk] Hkfy xbv[kjk**

ed hcra jkx&jax Hkayk nrh gA

**i hNsykxk tkbFkk] ykd&on dsl kfk**

eavc rd ykd ¼l ekt½ vks 'kkL= dk vudj.k dj jgk FkkA vkxs Kku nhi d ydj Jhxq egkjkt fey x, A ep s l Ppk jkLrk feyk x; kA

**i hB i Sfi Nsyk ukj gkr eav/kyk ukj**

dkbz cMk l gkj k ¼i hB i j½ ugha gA gkFk ea i S k ugha gA vl gk; A

**i hv ekj] i vqu ekjS**

'kkjhfd i hMk ns yk fdUr qjk/h&jksth er NhukA

**i hrfj dh uFkqhai Sbruka xepku] l kausdh gkrh rkSmMh vkl eku**

l Lrh&l h phka ¼i hry dh uFk½ ij bruk ?ke.M rks cgeW; oLrq; i kdj D; k

fLFkr ½dru k ?ke.M½ gkxh \

Nqz unh pfy Hkfj mrjkbA tl Fkkj s /ku [ky ckj kbA\*\*

**i qu dh tj i krky ea**

i q; dHkh u"V ugha gkrkA

**i jh&i ki jh dkd nqkdl hj yeckSgyqvk ckjA**  
**tksl qiu kcSey i wvk dhj /kkcsdkd vBkjAA**

pEcy l EHkx ea i Mh&l kx dh nkor ds fy, 0; fä dkd &nks dkd ] yEcs gyqvk  
ds fy, ckjg dkd vksj ekyi qvk dh nkor ds fy, vBkjg dkd rd tk l drk  
gA ykx nkor ds 'kkSdhu gA

**i w&di w rksdk /ku l p; ] i w l i w rksdk /ku l p;**  
dq e vFkok l q e ds fy, /ku l p; ugha djuk pfg, A

**i w&di w gStk; ] ekj vi usdsy, aMkbfu ukj gkfr**  
i e dq e Hkys gkS fdUr q ekj i e dks ugha [kkrhA

**i w ds i km i kyusea**  
i e ds y{k.k i kyus ¼' k' kj ulz ea gh Kkr gkus yxrs gA

**i w Hk, fl ; kuS nkfy i j x, i jk,**  
l keF; bkyk i e vi uka ¼?kj okyk k ds fy, ugha nit jka ¼l l j ky] fe=k ds fy, /ku  
dekrk gA ¼foMEcuk½

**i jh u i ki jh] [ i Vkd cÅ vk i jh**  
dkbz rS kjh ugha dkbz vk'kk ugha cgw vpkud gh i hgj l s ?kj cBs gh vk x bA  
vuk; kl ykHk feyukA

**i jkSrkyj eu vkcsrgj Mksy**  
l Ppkbz dk 0; ogkj 0; fä dks fuMjrk ¼vHk; ½ inku djrk gA

**i w eaC; kuh dfr; k] ekg eai fj x, vkjs**  
'khr \_\_rq ¼i kSk ekl ½ ea dfr; k us fi Yyke&cPpka dks tle fn; k] ek?k ¼gellr \_\_r½  
ea vksys i M+x, A , d d"V l s nit jk cMk d"V >syukA

**i V dks i kuh gfyckS**  
tjk Hkh d"V u gkukA

**i Ska l ksi RFkj eaÅ; i Ska, a**  
l kgl h fdruh gh efi' dya vk, j l kgl h gh jgrk gA

**i Syade# dpfjvu xhnS Qjh Hkj kHkj pkjh**  
ckyd Nksh&eksh ¼QW&dpfj; k½ pkjh djrk gA fQj cMk gkdj i Ddk cnek' k gks  
tkrk gA

### **i Ssfnu egekuñ nñ jsfnu bñ kuñ rñl jsfnu gñkuq**

egeku i gysfnu gh egeku gkrk gñ nñ jsfnu og bñ ku ¼ k/kkj .k 0; fä½ vkñ  
rñl jsfnu gñku ¼jk{k}l ½ gks tkrk gñ

### **i kñkj k eaEgka/kksvkvk**

fdruk gh i z kl dj kñ vki dks okfNr ugha feyxA rkykc ea eg /kkdj Hkys gh  
l ðñj cukñ l ðñjh vkdf"kr ugha gksxA

### **i kñk gkb rksckpñ djequ ckpkStkb**

fof/k dh fyfi l q kb; ugha gksxA

## **Q**

### **Qj Qmuk l kSdfnckS**

¼Nkñ/s cPpka dks gñl rñ [ksyrs ns[kdj½ ds k gjh&Hkjñ Qmka l s ynñ Vguh dh rñg  
mNy&dn dj jgk gñ

### **QkLl h QjfdckS**

b.k&fd.k& [kMñ cksyh] ekud fgññh] i <fy [kka dh Hkk"kk ea ckrphr djukA dke  
u djus ds fy, cgnus cukukA yEch&pkMñ ckrñ djukA

### **fQdfj cñh] Qkdkshkykñ fQdfj Qdhj ,s [kkb**

fQØ ¼pñk½ cñh gksñ gñ bl l s rks Qkdkshkykñ ¼Hkñkk jguk½ vPñk gñ fQØ Qdhj  
¼l Ur&egkRek½ dks Hkñ [kk tkrñ gñ ekj Mkyrñ gñ

### **Qñ nku nñPNuk% i hñs i jSdPNukñ**

Qñ ¼Nl ij Nkus dh l kexh&l j i ðkk] dkñ nkc vkfn½ i hñs Qñus l s u"V gks tkrñ  
gñ foyEc l s nh xbz ¼i hññ nku&nf{k.kk cdkj tkrñ gñ

### **Qñb&Qyb u cr**

verrñ; ty o"kkz l s Hkñ cr Qyrk&Qyrk ugha gñ  
l k{kkr-cā ds mi ns k l s Hkñ ei[kz dks Kku ugha gksñkA  
^Ål j cñl fga rñ ufga tkekA  
ftfhk gfjtu fg; mi tsu dkekAA\*\*

### **Qñk&QñkScjuk Mksys**

C; kg gks jgk gñ oj iñ lu gñ cñkj ugha tkurk fd tku cñ dj ¼l g"kkz dkB ea  
i kp ns jgk gñ

Qnyk&QnykScjuk Mksys gkr gekjKS C; kmA  
nyl h xkb&ctkb da nr dkB ea ikmAA

**Qnfj @Qwfvj ihl sdRrk [kkp**

vdqky&vl ko/kku ¼cš kÅj½ 0; fä; ka ds i fjJe l s nll js ykHk mBkrs gA mudk  
i fjJe 0; Fkz tkrk gA QqM+L=h ihl rh gA dRrs vkVv [kkrs gA urhtk& cdkj  
i l huk cgkukA

**QkSt u dka dgw xpt uk; cVr**

vxf.kr ¼cgr cMh l q; k&QkSt @l uk½ ykxka dks fe"Bku ¼xpt k½ ughaf[kyk; k tkrkA

**C**

**ca# dk tkua vnj d dksl qkn**

clnj ¼vi k=] v; kx; ½ ^vnj [k\* ¼xq koku vkSkf/k½ ds Lokn dks tkurk gh ugha gA

**cpfj; k ejs, si Vrsfpi Vk, afQfRr, s**

vrhr ds fuj Fkd idl aka dks l kfk ydj pyukA

**cDd ckb gfcks**

ik; %gj l e; cdj&cdj djus dk jksx gkukA

**cdjk dh ek; dk ys [kfj eukcxh ¼dk; rd fl Uuh ckVsch½**

cdjk dk dkVv tkuk fuf'pr gA ek; dh i kfkLuk ml s cpk ugha i krhA

**c[kku c[kkfuckS**

tkj &'kkj l s fulnk djuk] xkfy; k; nsukA

**cxqk Hkxr**

LoHkko nqV fdUrq vkMEcj l k/kqk dkA

**cfN; k dsnkr i fpkfuckS**

i 'kq; i jh{kk ¼ kfygks=½& nkr ns[kdj i 'kq/ka dh mez vk; dh tkrh gA

**ctkj earksvkfx i jbz, s**

egxkbz cgr vfekd gA

**cMh cgw cMsHkkfx**

cMh mez dh cgw cMsHkkx; l s feyrh gA

cMu gntsxu fcuqfcjn cMkbz i kb  
>Bh i z ka k l s xq kghu 0; fä egku ugha gks tkrkA

cMc<kbzuk; dj cMu cksyacks  
vkRe i z ka k l s cpuk&  
cMscMkbz uk; dja cMu cksya cksyA  
ghjk eq[k l s uk; dg; yk[k Vdk ej kS eksyAA

cMsHkkfx ekud ru i kck  
euq; dk 'kj hj cMsHkkx; l sfeyrk gA

cMsxLl k [kkb] cMckr u ckss  
cMs xLl k ¼xkl &dk; ½ Hkys gh [kk fy; k tk; fdllrq xokfä ugha djuh pkfg, A

cMsHkkj kS,  
¼; x; ½ cgr nqV gA

cVqk l h cgw  
Nks/h] l qnj] 'kkUr] dkeykxh i RuhA

cVj l snhk  
cVj ¾ rhrj dh iztkfr dk , d i {khA cMs&cMsus=ka okyh] ppy us=ka okyhA

cnak C; kxksuksrksdk cckSuk; gksks  
cs ds l rku Hkys u gk; fdllrq cck rks gksxkA cck ki k l cdk 0; ki rk gA

cnaqfl akjk enaqeakjk  
l hakka okyk cs vk; epNka okyk i # "k n' kLh; gkrk gA

cfu; k tkdkS; k#] rkdkand eudh dk njdk  
of.kd fe= ds jgrs fdl h nqeu dh vko'; drk ugha gkrhA

cfu; k fe= u cl; k l rh  
cfu; k fe= vk; oS; k l rh ugha gkrhA

C; kg u l gh cjkrarkSdjh , a  
Lo; a dke u fd; k gk; gkr's gq ns[kk rks gA

C; kg chraQQk vkkssdjks  
l e; ij dke u gks i kuka fookg gkus ds ckn QQk ½egeku½ vk, j rks fu"i z kst u gA

dk o"kkz tc Ñf"k l q[kkuA  
l e; pñd iñu dk iNrkuS AA

C; kg u xkuj rht u R; kñkj  
l ãk foPNn dj yuKA

ckgrh xæk eagkr /kkckS  
mi yC/k vol j dk ykHk mBkukA

cj l kusdh xqfj; k] gfj; kusdh xk; ] dje QWsrkSckgj tk;  
cj l kus¼efkj e.My dk , d xk½ dh l ðnjh ðkj ¼yMeñh½ vkñ gfj; k. kk dh xk;  
l ðV gkus ij gh ckjg tkrh gA

cfl dñ æ pkgr dñ y  
nñVka ds l kfk jgdj dñkyrk dh dkeuk ugha djuh pkfg, A  
^cfl dñ æ pkgr dñ y] ; fn jghe vQI kd A  
efgek ?kVh l epz dh jkou cL; kS i jkd AA\*\*

cgha tkb] ex: [kkb  
vi uh gBi wKz en[krk l sogk; ckj&ckj tkuk] tgk; eR; qHk; gA

cgwckh gkfr , ] nkfr ckh uk; gkfr  
vktou cgw ds ihgj l s nkfr ¼mi gkj l kexh½ vkrh gA ml ea deh ugha gkshA  
¼ngst fo"K; d ekkj. kk½

ckg i dfj dsmBkckh tkckS  
l kekftd : i l sfrjLÑr djukA

ckbZBkñ dkSI hark?kk?kj kñ ckbZBkñ m/kfj xkS  
tgk; l ðkkjus dk iz; kl fd; k] ogha vkñ vf/kd upl ku gks x; kA

ckr dkSI ckyq  
ifr"Bk dk iz uA

ckn# vkñ i [kkjs\  
foLe; dkjh ?kVuk( ckný tyo"kkz djrs gA l cdkS i /kkjrs¼kkñ&l kQ djr&ugykrS  
gA½ cknýka dks dks i [kkjsk \



cknj QfV x,

v?kfVr ?kfVr gks x; kA 1/cgr vk' p; Ztud ?kVuk½

cknj QkfjdaFksjh nckS

vl EHko dk; Z dks dj fn[kkukA

cknj l sed>>jk dfgckS

fdl h dks d[ u l e>ukA vfr'k; ?ke.MA

ckn# u cnfj; k] HkUu VwV i jh

vkdfLed ?kVuk] ykHk i kflr vdkYifud ?kfVr gkukA

ckn# Hkvks i hjk\$ em Hkvks/khjks

vkdk'k ea i hys jax ds cknj gk] rks o"kkZ /kheh i M+ tkrh gA

ckfu; k; dh ckfu u tkb] d[ark eprsVkp mBkb

LoHkko vi fjoRz' khy gkrk gA

ckcjsxke eaAVq

vKkfu; ka ds l keus ubZ oLrq 1/2 dks ghy dk dkj .k curh gA

cki cMksu Hkbz; k] fl xrscMks# i bz; k

: i; k] l xs l c[; k; ka 1/2cki &HKS k½ l s Hkh cMk gkrk gA

cki u ekjh es:dh] cV/k rhjUnkt

cki l s c<dj cV/k 1/4fulnk ds fy, i k; % c; p[1/2A

cki i <su nkn] cV/k gjke&tkns

cki l s c<dj cV/k ukyk; dA

cki qcfu daadksA uk; [kk

cV/k cudj 1/4NkV/k cudj½ [kk; k tk l drk g] cki 1/2cMk½ cudj ughA

ckeu d[kk gkFkh] ukus tkfr ds l kFkh

ckEg.k] d[kk vk] gkFkh l tkfr; ka l s fe=Hkko ugha j [krA

ckeu d[kk ukb] tkfr ns[k ?kj kbz

ckEg.k] d[rs vk] ukbZ Lotkfr ds ykxka ds i fr mi {kk] frjLdkj vFkok i fr; ksxh Hkko j [krs gA

ckeuhk, rksdkhk,] xjyiyi val wrq  
xys ea ; Kksi ohr ¼l w½ Mkyus ek= l s dkbZ ckeg.k ugha gks tkrka

ckeuhk i fjeu  
ckeuhk dk opu gh i ek.k gA

ckj /ki eal Qn ukq Hk,  
yEck vutko gksuka

ckjh eackjSI j] gkv eavBkjSI j  
ckMh ¼dNokb&l kx l Cth dk [kr½ ea egpxk] gkv ea l Lrka

ck: dh Hkhfir] Qp dh vkfx  
vfr' kh?kz u"V gkus okyh oLrq ;& ckyw dh nhokj ¼, d rks cukuk vl EHko½ vks  
?kkl &Qp dh vkx cgr tYnh l ekir gks tkri gA

ckjScLI ckfn ?kjsdh Å fQfRr , s  
, d yEch vof/k ¼ckjg o"½ ds ckn frjLÑrka ¼?kjk&xUnxh dk <j½ dks Hkh l Eeku  
fey tkrk gA

ckjSckV gSks  
fu/kZu gksuka xglFkh fc[kj tkuka

ckjsHk, rc eS k dscMshk, rc nS k ds  
cpi u ea cPpk ekj dk gsrk gA tokuh ea i Ruh dk gsrk gA

ckl u [kkV rj /kjs, a  
dtHkj gksuka

ckl h cpsu dHkk [kkb  
ed hcr ; k gkfu ds dkj .k dks gh feVn nuka

ckl h jksVu ea [kpk dksdk ckVq, s  
U; ure vks l gt i kir ¼ckl h jks/h&Hkst u½ oLrq ds fy, vkHkj 0; ä djuk] ml ea  
fgLI k cVukuk vko' ; d ugha gA

fc/kok dka i kuq l k/wdkaekuq  
fo/kok dks i ku ugha [kkuk pkfg, A l k/ku dks ?ke. M ugha djuk pkfg, A

**fcu ?kj uh ?k: Hkur dkSMjk**

i Ruh ds vHkko ea ?kj Hkur ka dk Mjk 1/4Hk; kouk1/2 gks tkrk gA

**fcu ckru dh Hkyh pykbz**

tks gks p[ck] ml dks NkM+nhft, A

**fcu cSyu [krh dj] fcu Hk\$ u dsjkfj**

fcuk cSyka ds [krh vks] fcuk Hkkb; ka ds yMkbz ea l Qyrk ugha feyrhA

**fcu HkknkadscLI } fcu ebz k ds i LI ai vquk; HkRrq**

Hkknka dh o"kkz vks ekj ds Hkktu fcuk rflr ugha gsrhA

**fcu Hkxrs i ki uk; dVr**

i ki fcuk Hkksxs ugha dVrA

**fcu ekxskrh fey} ekxsfeysu Hkh[k**

fcuk ekxscg[ck]; oLrq fey tkrh gA ekxus l s rks Hkh[k Hkh ugha feyrhA

**fcuk cyk, i vbz/ksefr] fcuk cyk, i [kb, efr**

Hkn[kka ekj ukA

**fcYyh dsxysea?kwh ckf/kckS**

'kfä' kkyh@ckgcyh l s i xk ysk

**fcy\$ k dsHkfx rsNhdksVhVckS**

HkX; o' kkr~ykhk feyukA

**fo"k jI Hkjk dud ?kV t\$ s**

nqVka dk i fjR; kx djuk gh mfprA

^i jk{ks dk; Z gurkj} i R; {ks fi z okfnua

otz r rkn' kfe=} fo"k d[ghka i; keq kkeAA\*

**chtjkSdksMdq**

vR; Ur ?kkrd

**chrh rkfg fcl kfj nS**

tks gks x; k] ml s Hky tkvka Hkfo"; dh l kpkA

**chalfu n[ckS**

l dV ea Qj uk] p[cy [ksh djukA

**chj xfr i klr gkuk**  
j.k {ks= ea ekjk tkukA

**chjk [kkbckSmBkbckS**  
pukS'h Lohdkj djuk] pukS'h nuk] ifrKk djukA chjk %i ku dk tkMh/A

**cj cÅuh] 'kDdj ymuh**  
cokbz cdkokj l s vkj dVkbZ %ykouh% 'kØokj l s i kjkk djuh pkfg, A

**cj cjk h exyj [kkV efr ck/kks i fjck dkaBkV**  
cokj dks cjk h] exyokj dks [kkV vkj] ifri nk %i Møk% dsfnu Nij ugha Nkuk  
pkfg, A

**ckh ?kkMh yky yxke**  
o) tuka %ck&cf<+ k% }kjk ; pkvka ds l eku Jxkj djukA

**ckh fcYyh el u i Sdku dVkcS**  
o) ka dks vol; dka@; pkvka l s viekfur gkuk i Mfk gA

**ckSRkrk jkebzjke jVrq, s**  
o) kolFkk ea 0; fä dVyrk NkMøj HkDr gks tkrk gA

**ckSejksdStokuqekb gR; k rsdkeq**  
gR; k o) dh djuh i MvFkok ; pk dhA dkbz ej\$ gearks gR; k djus l s eryl gA

**cbZfNujk] rbZMksh ds l x**  
0; fhkpkjh %fNujk% dks l fhjh ds Mksh %i kydh% dh l j {kk ea rskr djuk cf) ekuh  
ughA gA

**csukFk dkScnak**  
mPN[ky] vuqkl u ghuj eueksth Lohko dka

**csyqi dk\$ dks/k dscki dksdk**  
vi us fy, ykHkdjh u gkukA

**csjk dh xk--- ea: [kq tek] csjk dgsebZNkg HkbZ**  
cs'kez vi uh fulnk dks Hkh iz kd k ds : i ea inf'kr djrs gA

**csjk thcscjsgcky**  
cs'kez %fuyZt% cjs gkykr ea thrk gA

cSBckSpkfj Hk\$ u dk\$ c# dk, u gkbZ

Hkys gh 'k=qrk gk\$ rks Hkh Lotkrh; cku/koka ea cBuk pkfg, A vk\$ Hkh&  
pfycks I Md dks pk, a Q# D; ka u gkbA  
[kkbcks dfud dk\$ rud D; ka u gkbA  
jfgckS I j dk\$ nfj D; ka u gk\$ AA

cjh ekjs?kke Mkj\$ vi uksekj\$Nkg Mkj\$

vi uk&vi uk gh gkrk gA 'k=qgs tkus ij Hkh vkf'kd vkReh; rk 'k\$'k jg tkrh gA

ckbZv;xuk ckbZngjh ckbZ I j dk\$Xke A

cÅfj &cÅvj d\$ eacf<+ k i fjxvksukeAA

oä ds I kFk I c cnyrk gA cgv cf<+ k dgykbZ tkrh gA

ckysuscDdj\$ gj dkÅ i SI d djs

Li "V dN ugha dgrk fdUrq 'kd I Hkh ij djrk gA

ck\$ kxk\$

i kxy gkuk] cgr ?ke.MhA vgdkjH gkdj mfpr&vufpr ea Hkn u djuka

Hk

Hkd eafdckM+i ki M+

Hk[k ea tks [kkusfey tk; ogh Bhd gA Hk[k dk fdokM+Hkh i ki M+yxrk gA

Hkdshktu u gkb xq kyk

Hk[k 0; fä Hktu ugha dj i krkA =Lr gkdj o\$ k %dB&ekyk% R; kx I drk gA

Hkdsushkdsdh xk;--- ekjh] nksukadkaXI vk xvks

fucy&fucy dk 'k\$'k.k djs rks nksuka dks gkfu gkrh gA

HkbZacÅ dkSi hfI cksrpZI I j dh [kkV

cgv vk\$ I I j I kFk jga rks 'keZ dj i kuk dfBu gkrk gA

HkbZaxfr I ki NNmj djh

f}fo/kk xfl r gkukA

Hkxru dsgkFk dh v/kyh ck\$ q, s

Hkäka I s tksfey tk; ml sgh cgr ekuuk pkfg, A

HkxrsHkur dh ypkh

tYnh&tYnh ea tks dN ¼FkkMk&cgr½ fey tk; A ; Rui d ys yuk pkfg, A

HkyksHkvksejh ekyk VWh jke Hktu jrsNWh

dke u djus dk cgkuk ryk'kukA

Hk; fcuqgkb u çhfr

Hk; ds fcuk i e ugha gkrkA

^fou; u ekur tyfek tM+x, rhu fnu chfrA

cksy jke l dki rc] Hk; fcuqgks u çhfrAA\*\*

Hkr\$ k@Hkrbz i SC; km u jki \$ jkfj i S [kkn u [kkb

Hkrbz@Hkr\$ k¼i Ruh dk Hkrbz ¼ l jky i {k ds ykx tks fookg es Hkr ydj vkrs gð ½

fookg dk Hkj Hkrbz ij Mkyuk vkj vjgj ij m/kkj vukt ¼[kkn½ ugha yuk pkfg, A

Hkke l kgq

cgr vehj nkunkrkA

Hkj eal hjks

dgha Hkh eq hcrka l s N/dkjk u feyukA

fHkfM+ k dkSEgka [kkb rksykgjksu [kkb rksykgjks

cnek'k cnek'kh djs ; k u djs rks Hkh nkskh ekuk tkrk gð

fHkMk\$ k ukSdki i j\$cks

fd l h Hkh ; fä l s dke l jy ugha gkskA mruk gh ifjJe djuk i MxkA

Hkhyu yWh xkfi dk ckbZvTtq ckb cku

l e; ifjorZu vkj cyoku gkrk gð 0; fä ugha }kjdk l s ykS/rs vtq dks Hkhyka

us yW fy; k FkA

Hkry xbjkx jax i Vfd xbarjb; kj

rhu phta; kn jg xbauka ry ydbz kj

xgLFkh ds >V LokLF; vkj ekst&eLrh u"V dj nrs gð

Hkry xbzv [kjk i hNa i jkscNjk

nqV i hNs i M+x; kA xkuk&ctkuk Hkry xba

Hkryh fQjSxæfkj dkfrdqekpxsegjk

ngyZk oLrq i kus dh vfhkyk"kkA

HkM+>k; tkxh] rk; eMxh

xkgd ftl fdl h noku ij tk, xk] Bxk tk, xkA

HkM+i SÅu dksÅ u Nk&rq

tksfey jgk gš ml syuk dkbZ vLohdkj ugha djrkA

HkM+dh ykr xkMu rd

fucy cgr vf/kd gkfu ugha i gpk i krkA

HkM ds vkschu ctš HkM [kMh i xgkb

ew[kZ dks fdruk gh l e>kvkš dN ugha l e>rkA HkM oh.kkoknu ugha tkurhA

HkM k&cnak dkStkrckS

fojkskh Lohkko ds 0; fä; ka dks , d tš/ djds dke fudkyuk dfBu gkrk gÅ

HkM Hkuat cBh ns[k] l kjh ukšr ftekcs

vufpr dk; l djukA

HkS k ekjsNkg Mkjš cšhekjs?kke Mkjs

'k=q HkM d ea Hkh vkReh; rk fu% kšk ugha gkrhA

Hkjk i Mk nmqi hvr , š L; kukadÅvk xw [kkrq, s

l jyrk] /kršrk l svPNh gkrh gÅ

HkS-qxbZFkkjh jgh] l kšA chrh tkb

vk; q fujUrj ?kVrh gÅ

HkM&HkM ds vksai k&i kadh vkokt

cyoku ds l keus detkj dh dkbZ ugha l qrkA

e

e[kh pš q

vfrñi .kA

e[kh uaNhid nvks

vi 'kdq gkuk] vpkud fopkj i fjoz&dke u djus dk fu'p; A

**exj ckjh i jSfnckjh] gl sfdl kuqejsckS kjh**

nhi koyh exyokj dh gks rks fdl ku dks ykHk vksj 0; ki kjh dks gkfu gksh gA

**eM+eMkb Hk, l b; kl h**

vki fUk; ka l s Hk; Hkhr gkdj l b; kl h gkukA

**eM+eMk,; rhul d[k] eM+dh feV tk; [kkTA**

**[kkcsdkajksh feyS ykx dgaegkjktAA**

fl j ?k/kus l srhu l d[k feyrsg&fl j dh [kqtyh feVrh gA fhk{kk feyrh gSvksj ykx l Eeku %egkjkt½ nrs gA

**eM+eMkcr bzvkjsijs**

dk; Z ds i kjEHk ea gh Hkkjh dfBukb; kj mi fLFkr gkukA

**eM+cMkSI jnkj dkS i kb; cM+xekj ds**

i # "k&i jh{kk % vx&y{k.k cf) eku dk fl j vksj xpkj ds i S cM+gkrs gA

**edukrhI**

vfr' kfä' kkyhA

**exgj ejSI ksxngk gkb**

ykod fo'okl & ex/k ea ejus okyk vxys tle ea x/kk gksh gA

**eTtb gkai fj rkb u fcl fl gka**

ej tkÅxk] fdUrq i S k [kpZ ugha d: xkA

**eryc dkax/kk cki q**

LokFkZ fl f) ds fy, fdl h l s Hkh l c&k tkMk tk l drk gA

**efr pdsPkSku**

vol j dk ykHk vo'; mBkuk pkfg, A

**efr ekjh xbZ**

cf) u"V gks xbA

**eVBk ekxu pyh] xk---- i hNsnkguh**

fu/kZurk ea Hkh l Eeku i nf'kr djukA

**eVh @[ckj@ yhn@dVckS**

nqZ kk gkuk



enaaqenjkj cnaqi njks

enZ ePNka okyk vksj cSy yEch iN okyk vPNk ekuk tkrk gA

enakSjksckj&ckj] rst jksS, d ckj

enak ¾ I Lrk] rst ¾ egxkA

eu dh eu ghaekfg jgh

bPNki firZ u gkukA

eu dsjkjsgkj , eu dsthrathr

gkj&thr eu I s gksh gA

eu pak rksdBks'h eaxak

¼Hkä jshkl iZ ax½ eu 'kq) gS rks dBks'h ¼peMk fHkxkus dk dB dk crZ½ dk ty Hkh xakty gks tkrk gA

eu u jxk,] jxk, tksh dijk

<kxh I k/kA

eu eyhu rul tñj dS s

diVh] ru dk mtyk( eu dk eSykA

^eu eyhu ru I tñj dS A fo"k jI Hkjk dud ?kV tS A\*\* ¼aryl h½

eul kj ckpk&deZkk

eu] opu vksj de& rhuka izdkj I A

euekuh] ?kj tkuh

vuqkkl u ghurkA

eu&eu xkcj eMh gykcs

bPNk gkrs gq fn [kkos ds fy, ukj&ukj ¼eMh fgykuk½ djukA

euwk rky pyj crky pys

eu ea I dYi &fodYi mBrs jgrs gA

euwk efj xkj [ksyqfcxfj xks

mRI kg Hkx gkukA

ejr I; kl fi atjk i jksI wk I e; dsQj

l e; pØ l s rkrk fi atjs ea l; kl k ejrk gA dksvk Jk) i {k ea l knj fuefi=r gkrk  
gA

**ejrk dk u djrk**

ejus ij mRkk: 0; fä l c dN djus dks r\$ kj gks tkrk gA

**efjcsdh QqI fr ukua**

vfr 0; LrrkA

**ejh cfN; k ckeu dsfl j**

vuq; kxh oLrq dk nku nsukA

**ejsdksekjsL; ke enkj**

l rk, gq dks vk\$ Hkh l rkukA

**ejsu ekpksys**

pydj u tkukA

**ejafi .M NwckS**

eR; q ds l eku ?kkrdA

**ejsdkæTtku nS**

ek\$ dk 'kked u gkuk &

ejsdkæTtku nA ?kh dh pijh [kku nA

**ejkSgkFkh fcVksk dh nfj nsrq, s**

ejkSgkFkh ¼kuoku l sfjnz gqvk 0; fä½ Hkh fueV; ugha gkrkA

**eYyu dkseYy ?kuj\$ ?kukpsckfgj Hkks\$js**

l d kj ea, d l sc<dj, d 'kfä' kkyh gA

**eYyk l seYyk mrjkbZuk; ysrq**

l gdehZ l setjh ugha yh tkrhA

**eYyksefj xbZrki daekj\$ clnk ekjs l \$u**

nit js ds d"V dks u l e>ukA

**eLrjke eLrh e\$ vkfx yxsclrh ea**

ckgj dh fpLrk NkMej vkRe vkulln ea fueXu jgukA

E; kÅ; dkSEgkadksi djs  
'kfä' kkyh ¼E; kÅ&fcYyh½ dk dkbZ fojksk ugha dj rka  
fodYi %E; kÅ; ds xys ea ?ka/h dks ck/ks %ogka dh i pk; r¼A

Egka [kkc] vkf [k ytkcs  
ni js dk [kkdj ml ds l keus >duk i Mrk gA

Egkaeankr ukj i v eavkr ukj  
vfro) A

Egkaea i kuh Hkfj vkbckS  
ykyp djuka

Egkaeafefl jh l h ?kfj ckS  
eu gh eu etk yukA

Egkaeajkeqcxxy eaNjh  
di V dk 0; ogkjA

Egkaekpxsnke  
euekuh dherA

ekj [kl eqdj] c½h MkMqHkjS  
djs dkbZ Hkjs dkbZ ekj ds vi jk/k dk n. M c½h Hkqra

ekj xq /khv fi rk xqk c½k  
od kkuøe& i e-h ea ekj ds vksj i e- ea cki ds xqk gkrs gA

ekj pyh Mksyu] c½h pyh cksyu  
xsj ftEenkjh dk 0; ogkj djuka

ekj/h dgSdEgkj l karwdk xfksekb  
l e; dh ckr gA  
dHkh dEgkj feVvh xfkrrk gA dHkh feVvh dEgkj dks xpkrrh gA

ekj ns[ks i v dkj /kuk ns[ksQW dka  
ekj i e- ds Hkq[ks gkus dh fpUrk djrrh gA i v ns[krh gA i Ruh xkB ea #i ; k ryk'krh  
gA

ek&/khv xkcu gjjh cki &cvk cjkrh

vdsy&vdsys l keftd dk; Z 1/4ookg vkfn½ djuka dkbZ l cdkh l kfk ea u gkuka

ekj /kkfcu] cki qdl kbZ

ifjokj ea l Hkh fuEu tkfr ds gkuka

ekj fQjSpk&pk&pkh] i ur fcVkj k cdl rQmksyS

ekj , d&, d xkj 1/4mi yk½ churh gA 1/4u/kZu g& i e fcVkj k 1/4dMka dk <j ½ eq]r ea yψ/krk gA

ekj ejh /khv dkj /khv ejh /khaxju dka

ekj cvh ds fy, vkrj gS vkj cvh /khaxjka 1/4cy' kkyh ; pk jfl dkb ds fy, vkrj gA

ekj xsdh ufkqih i Sbruksxpekuj vi uh gkrh mMfh vkl eku

ni jka ds /ku&cy ij brjkuka

ekj xksHkykSu cki dks

cki l s Hkh ekxuk vPNk ugha gkrka

ekj u ekj dks tk; k\$ nd jk i jk; kS

ekj vkj HkkbZ u jgus ij fookfgrk cgu ds fy, ekbdk fon's k gks tkrk gA

ekj dscnyaekj q

pEcy l Hkkx dh dN tkfr; ka ea gR; k ds ckn l e>krs dh i pk; r dk Qj yk gkrk gSfd ftl ifjokj ds l nL; dh gR; k dh xbZ g\$ ml dsfdl h , d i e "k dk fookg gR; kjs ifjokj dh yMdh l s djuk i Mfk gA

ekj q [kk] xyseagMMh efr yVdkS

fun; deZ dk i n'kZu ugha djuk pkfg, A

ekbfr yckS

tkudkjh i klr djuk] fgek; r@i {k yukkA

ekRrsdksgrqi dYy\$ ckVrsdh thHk uk; i djh tkfr

i dknka dks jkdruk vl Etko gkrk gA

eku u eku] gkarjksgeku

vokfNr egekuA

eku euk, [khj u [kkb] pepk pkVunksh vkbZ  
I gh I e; ij I gh dke u djukA LokFKZ ds fy, pkVpdkfjrk djukA

ek; k egkBfxuh  
ek; k I cl scMh Bx gA

ek; k rjsrhu uke i LI k] i j I h] i j I jke  
/ku c<rk gS rks I Eeku Hkh c<rk tkrk gA

ek; k ejh u eu ejsefj&efj x, I jhj  
eu vkj ek; k okNk, i eR; q ds ckn Hkh ugha ej rha

ekfj&ekfj dsEgkarkcjk dnn&ks  
cgr vfed fi VkbZ yxkukA

ekfj dW Eggk cBkj h] gk&gksdku djs&ks  
tcnZrh fdl h I s dkbZ dke ugha dj; k tk I drkA

ek# dsekjaHkur Hkxr gA  
fi Vus I s I Hkh Mjrs gA

ekjk&ekjksfQjs  
cjkstxkj vuknr gkdj HkVdrk fQjrk gA

eky dkSgkj} xky dkSthrs  
/kuh gkjr gS cknuh thrrk gA

eky ekja?kkl h] MkMqHkqraggykl h  
dkbZ djs dkbZ Hkj A

ekyh vkcr nf[kdadfy; u djh i qkj  
eR; q I cdks vi uk xkl cukrh gA

ekgqUgkm pk, i dkfrdqUgkm  
dkfrZd&ek?k Luku I s ugha fookg #i ; ka I s gkrk gA

ekg uaxh cS kd Hku[kh  
vfhk'k ki &^tk nrek?k ekl ea uaxh vkj cSkk[k ea Hku[kh jgsxhA\*

ekg eacnyk yky f?kjs I kph I e>ksi Fkjk i ja

ek?k ds eghus ea yky jax ds cknv f?kja rks vksykof"V gkrh gA

fe; k; dh twh fe; k; dsfl j

ml ds l k/kuka l sml s gh gkfu i gpkuka

ehBk\$ vk\$# Hkfj dBk\$-h \

ehBh@mi ; kxh& egRoi wkZ oLrq A vR; f/kd i fjek. k eafeyrks vk' p; ztud l q'k gA

ePZ [kky dh l kpl l ka [kky Hkl e gStk;

nqZy dks l rkuk ugha pfg, A

emabZl q'r] xokg pqr

ednek nk; j djus okyk mnkl hu@fuf"Ø; gA xokg l fØ; gA foMEcukZ

enau dspirMka eaghax pqrkckS

fu"Qy iz kl djukA

eQfr dkSpUnu] f?kl ejsulnu

eQfr dh pit dk n#i ; kx djukA

eQfr ds jkV rkfjckS

fcuk dek, [kkukA

eBh ckf/k dsvk; kScUn\$ gkr i l kjs tkb

0; fä u dN ydj tlerk gSvk\$ u dN ydj ejrk gA

ejxh dkardqk dks?kko Hkkjh

fucZyka ds fy, ekemyh upl ku Hkh vl g; gkrk gA

ejxh tku rsxbZjktk th dkaLoknqubZvkvks

l c dN djus fo"V gkus\$ dsckn Hkh ekfyd foLokh@jktkZ dks i l uu u dj i kuka

emy rsl; kjh C; ktq

C; kt l siklr /ku] emy/ku l svf/kd fiz gkrk gA i# l sik\$ vfekd fç; gkrk gA

ejscki dkaukqtqu fey\$ ydbZ u dkaHkstaxks

i Ddk gjkeh] Hku[ks jguk eatij( dke djuk ughA

ejsrsvxfx Y; kbZ ukm; /kj kSc\$ kUnj

l keU; l h oLrq dks i w; cukus dk ç; kl A

**ejjsfi vk dh mYVh jhfr] I keu ekl fpukbZHkfr**

codiQh ds dke djukA o"kkz \_\_rq ¼l kou½ ea dPph nhokj ¼feVWh dh nhokj ½ cukbZ tk, xh rks rst ckfj'k ea <g tk, xhA

**ejjsyyk dsrhu ; kj /kuk tykgsvk\$# efugkj**

Nk/s ykxka dh I æfr djukA

**ejks i VqgkÅ gkauk; næksdkÅ**

vdsy&vdsys eky ekjukA

**es k Å I; kjh] ccyk Å I; kj\$ I jx dkadks tkb**

fdl h Hkh i dki I s ekq ; k ykyp dks u NkM+ i kus I s ekqk ¼Lox½ ugha feyrkA

**ekVsdh Nkg eacBuk**

I keF; bku dk vkJ; xg.k djukA

**ekyqdkSrjokfj dk\$ i jksjgku nsE; ku**

I ksk ryokj ¼eyoLr½ dk djuk pkfg, ] E; ku ¼Å i jh vkoj .k½ dk ugha

;

**; kj dh ; kjh I seryc**

nkLr dh nkLrh rd I hfer jguk pkfg, A ml ds vU; dekI I s dkbZ okLrk ugha j [kuk pkfg, A

**j**

**jæ eaHkæ i fjckS**

i d Uurk ea ck/kk mi fLFkr gkuk] I qk ea nqkA

**jæ ykrh gSfguk i RFkj i Sf?kl tkusdsckn**

ed hcræ vkneh dks fu [kkjrh gA d"V mBkus ds ckn I Qyrk ¼i d Uurk@vkuUn½ feyrk gA

**ji fV i jh rkScM\$fe; k; I yke**

vol j dk ykHk mBkukA

**jLI h tfj xbZi fj , B ughaxbZ**

I c dN u"V ¼j LI h dk tyuk½ gkus ij Hkh LokfHkeku ¼xk\$ o] vfHkeku½ u"V ugha gkrkA

**jfgeu dcÅ; cMæ dksughaxjc dksyd q**

cMæ-ykska ea tjk Hkh ?ke. M ugha gkrkA  
^Hkkj `ekja l d kj dks rÅ dgkor 'kSk\*A

**jfgeu nf[k cMæ dksy?kqu nhft, Mkfj**

cMæ ds pDdj ea Nks/ka dk i fjR; kx ugha djuk pkfg, &  
^tgk; dke vkcs l p] dgka djs ryokfj\*A

**jfgeu uhpu l æ cfl yxr dyd u dkfg**

l æ nksk l sfunksk Hkh nkskh l e>k tkrk gA  
^nwk dykfju gkFk yf[k en l e>r l c rkfg\*A

**jfgeu i kuh jkf[k, fcu i kuh l c l u**

vkneh dks viuh bTtr dh l nk j{kk djuh pkfg, A

**jfgeu fci nk gWHkyh] tksFkkjsfnu gkb**

FkkMh fnu dh vki fUk Hkh vPNh gkrh gA D; kfid& 'k=q vkj fe= dh i gpku , s s  
gh l e; gkrh gA

**jfgeu csuj ej pps tksdggækxu tkfga**

ekxusokys dh bTtr [kRe gks tkrh gA og erd rY; gkrk gA nus l s bludkj  
djus okyk Hkh bTtr xpk cBrk gA

**jfgeu jfgyk dh Hkyh tksi j l r eu ykb**

voKk i wZ Lokfn"V Hkktu %eSnk dh i m+ kj vkfn½ djkus dh vi {kk ekui wZd %i æ  
l fgr½ : [kk&l w[kk %j fgyk¾cs>j½ f[kykuk vPNk gkrk gA

**jkM+dsi k; u l qkfxxy ykxh gStk Hkuk ekstS h**

vk' khoju ds LFkku ij vfhk' kki nsukA %oZ; kZtU; foMEcuk½

**jkM&l kM+vkS# mUuk Hk k tc fcxMærkSgksk ds k**

fo/kok] l kM+vkj cf/k; k u fd; k x; k Hk k dk Øksk vfr i p. M gkrk gA

**jkM&l kM+l h<h l b; kl h burscpsrks [ks dkl h**

dk' kh %okjk. kl h½ ea jguk gS rks fo/kokvk] l kMk] l hf<+ ka vkj l b; kfl ; ka l s cpdj  
jguk gkskA

**jkBZc<+u jRrh ?kVs**

i R; d 0; fä dh mez fuf' pr gkrh gA og ?kVrh&c<rh ugha gA



**jk tk djs l ksU; k; q thrs l ksnkm;**

jk tk tks dj ns ogh U; k; ½mfr½ gA tks thr gkfl y dj k ns og nko gA

**jk tk gkb pkjh dj\$ U; km dks i Stkb**

jk tk Lo; a pkjh dj us yxrs rks U; k; dks dj xkA

**jk fr pU u fnu pU**

jk r&fnu egur dj uk] gj l e; d"V@Dys k ea jgukA

**jk fr fnuk ?ke Nkgh dga?kk?k cjl k ukgha**

vkdk'k ea ?ke&Nkgs ½cnyka dh Nk; k vksj chp&chp ea /kii ½ ckny gka rks o"kkZ  
ugha gkrhA

**jk/ksfcuqL; keqv k/ks**

jk/ks ; ke i pkfj dgr l c igys jk/kA  
tFkk ng fcu l hl L; ke jk/ks fcu vk/kAA

**jke vkl js& jke Hkjk stksjgai jcr ij ygjkb**

tks bz oj ij vkfJr g\$ os gj fLFkr ea i l Uu jgrs gA

**jkeckfy] f[kjdh [kky ½xnah [kky½**

çHkq ½bz k½ jke dk Lej . k dj ds dk; Z i kjEHk dj kA

**jke ckfy] euvkcs rfgaMkfy**

jkeHkÄ fuHkZ gkrk gA

**jkg dksj kjk**

ekxZ dh ck/kkA

**jkg nf[kckS**

çrh{kk dj ukA

**jkg jkfdckS**

ck/kk, j mRi Uu dj ukA

**#fprkS [kkb] l kgrks i js**

Hkstu vi uh #fp dk dj uk pkfg, A di M+ tks i guus ea vPNs yx] i guuk pkfg, A

**: [kk l v[kk [kkb daBMk i kuh i hÅ**

l rksk dj uk pkfg, ] ykyp ughA

**: i thok ct; k] i r thok fdl ku**

oS; k : i dks vkSj fdl ku i Rrka 1/2 gjh&Hkj h Ql y1/2 dks ns[kdj ftUnk jgrk gA

**: i dksjksdje dks [kkb**

I tñj jkrs g] d"V mBkrs gA HkkX; 'kkyh ekst mMkrs gA

^: i dh [kkfr ij /kTtkbA\* gk; I I jky : i ds vk/kkj ij feyrh gA

**jksxvkSj c# dkau HknyS**

jksx vkSj 'k=q l sepa gkus dh I nb psVk djuh pkfg, A

**y**

**ydk eafOHkk"ku**

jk{kI ka ds e/; Hkxon-HkDrA

**yxh yxu NwsughathHk pkfip tfj tkb**

fdruh gh gkfu 1/4 thHk&pkfip tyuk1/2 gkA yxh yxu 1/4, d ckj I; kj] /; s fu"Brk1/2

Nw/rh ugha gA

^ehBks dgk vpxkj dks tkb pdkj pckrA\*

**yxh&yxh rc tkfu; k] tc vkj&i kj gStkb**

nqeh dh ckrA I c djrs g] vl yh nqeh dh i j [k rks vkeu&I keus dh vkj&i kj

dh yMk1/2 I s gksh gA

**yf{eu j[kk f[kp xbz**

vuy?; I hek, j ftudks rkmek gkfui n gA

**yVh ?kqM+ k I cjkSi yku**

detkj ?kqM+ 1/2 yVh ?kqM+ k1/2 I s; k=k djuh gks rks i kr% tYnh i LFkku 1/4 yk; u1/2 djuk

pkfg, A

**yVksGkFkh fcVkjksdhnfj dks**

detkj gkFkh] fcVkj k 1/4 dmka dk <j 1/2 dh cjkj rks gksh gh gA

**yBk i ftckS**

'kfä i vtka

**yMMwQWxkSrkspjksfeyskS**

cmA mi yfcek 1/2 yMMw gksh rks dñ u dñ ykHk rks feyskA

ykbd gh l kadhft ,] c# C; kg vksj çhfr

'k=rk] fookg l çzk vksj i e cjkcj okys l qk= l sgh djuk pkfg, A

yk[k Vdsdh tkfvuh dMk chuu tkbA nksVdsdh rjfduh cBh i ku pckb

tkfr 0; oLFkk] /kuoku tkVuh] Nks/k dke] dMk chuus ea 'kez ugha djrhA fu/kZ  
efLye vksj r dke djuk gsh l e>rh gA

yk[kqtkV fi æy i <#

euq; vi uk emy LoHkko ugha NkM+ i krkA

yk[k dbzi fj , d u ekuh

ckj&ckj l e>kus dk dkbz vl j u gkukA

ykt ekN ukjh] mYger rsD; kau l Hkkjh

çfr"Bk] eNns vksj L=h rhuka dk i kjEHk l s/; ku j [kuk pkfg, A

ykru dsnc ckru l kaukaekUr

nqV ykx çrkMuk Lohdkj rs g\$ fouerk ughA

ykfn ybZrkSykt dgk] dfin i jh rksFkkg dk

dk; Z i kjEHk djus i j i fj .kke dh fpUrK u djukA

yk'k i Si km èkfjckS

'ki Fk@ifrKk djuk@yk'k i j i \$ j [k ykHk mBkus dk iz kl A

ynywrkb dcggu Hkyyw

Hkksys cPps dh 'ks'kfu; k; Hkykbz ugha tkrhA

ysuk u nsuk

fdl h >xM&V/s ea u Qj] ukA

YkksV dacq?kj dkavk,

xyrh dk vgl kl gkukA

l

l r u NkM+ l UrbzdkSVd feyavl Urr

l Ur i # "k vi uh l Tturk ¼ l k/kp½ ugha NkM+ mUga fdrus gh nqVka l s i kyk  
D; ka u i MA

I Ttu I ka I nks py} I k/kw I ka I r Hkkm A  
nfu; k; ea , s py} tS ks fefy tkb nkmAA  
I Ttu ds I kFk fl /kkbz vks I k/kq ds I kFk I pkbz dk 0; ogkj djuk pfg, A 'ksk  
nfu; k; ds I kFk vol jkuqhy 0; ogkj djuk pfg, A

### I B I ekjfgal r I æfr i kbz

I k/kq I æfr I s I B Hkh I ekj tkrsgA

### I <w/k ukrk i Mpk [ksq

I k<w/k ukrk vks vfl fpr 1/2 Mpk 1/2 [ks-h nksuka dk vfedd Hkjkd k ugha gksrkA

### I <w/k ukrk V/h dksvpk#

I k<w/k Ruh dk cgukbz vFkok cgu dk i fr 1/2 dk fj'rk vks V/h 1/2 djh dk Qy 1/2  
dk vpkj T; knk fnu ugha fVdrA

### I d dh nok dkA i Sukus 1/2 I d dksdkA byktuk 1/2

vk'kdk, j feVrh ugha gA

### I rutk

I kr vuktka dk feJ.k] os; ki fA

### I nk fnckjh I kn dh tks?kj xA; gkb

I h/kh&I h ckr gS ?kj ea I Ei Urk 1/2 gS gks rk jkst nhi koyh gh jgrh gA

### I uk dks [kkckS

LrfeHkr jg tkukA

'bruh ckr I qh ekfgy dh Anfya x; ks I ukdks [kkbA\*

### I c txqdS k} ekstS ks

tS s 0; fä gkrk gS nit js 1/2 nfu; k 1/2 ml s os s gh yxrs gA

### I c rft] gfj Hkt

I c NkMoj bz oj dk Hktu djka

### I cj dksQyqehBkS

I cz j [kuk ykhki n gkrk gA

### I c xkeqI kc} pUnfu; k ekVh <kcS

jkrHkj dfBu i fjJe vdsys djuka

**I cjsdkSHkwyk\$ I kft dksykS/s**

vi uh Hkwy Lohdkj djuka

**I cSfnu tkr u ,d I eku**

I e; dHkh Hkh ,d I k ugha jgrkA

**I etnkj dkabI kjkabZdkQh**

cf) eku I dr ek= I s I e> tkrk gA

**I ejFk dksughank\$ qxq kbā**

I ekF; bku mfpr&vufpr dN Hkh dj\$ ml snk\$kh ugha ekuk tkrkA

**L; kukadÅvk xw [kkrq, s**

vfr prj 0; fā ?kf. kr de ½xw [kkuk½ djrk gA

**L; ke Hkjs?kj&?kj dkSi kuh] L; ke dkSHkTtkb; I Ddk**

[kq nI jka dh I ok dj\$ vi uh I ok nI jka I s djk, A

**I jdkj rrsyqfey\$ fi Nkj k eays**

I jdkjh vupku vf/kdkf/kd yusea rRi jrk cjruh pfg, A

**I e; &I e; dh jkfxuh**

oDr&oDr dh ckr gkrh gA

**I I jkf'k fi ; kfj yxh tc r\$ fji q; i dV/Ec Hk, rcrs**

tc I I jky I; kjh yxus yxrh gS rks dV/Echtu 'k=pr~nh [kus yxrs gA

**I I jkfj] I qk dh I kj**

I I jky I qk dk I kj rlo gA I qk dk vxkj g\$ fdUr qdoy nk&pkj fnu dsfy, A  
fcgkjh fy [krs g&

^vkor tkr u tkfu, rstfga rft fl jkuA

ekjS tekbz yk\$ ?kVks [kjks i nI fnuekuAA\*\*

**I kbādsI c thc gā**

I Hkh i kf. k; ka i j n; k djuh pfg, A I Hkh bz ojka k gA

**I kbārsI c gkr gS**

tkS djrk g\$ bz oj djrk g\$ euf; I s dN ugha gkrkA

**I kp dkavkp ugha**

I R; fufobkn gkrk gA

**I kp cjkcj ri ugha > B cjkcj i ki**

I R; I cl scMk ri gS vks > B I cl scMk i ki A

**I kpZbrukanhft, tkeadwpe I ekb**

i Hkq i fjokj i kyu vks I k/kq I ok ds fy, /ku nhft, ] bl I s vf/kd dk ykyp es  
ugha dj rKA

**I kft s 1/4 l k > 1/2 dh gfm k pkj kgs i SQWfr , s**

I k > nkjh ds dk; Z i k; % vl Qy gkr s gA

**I kft 1/4 l kp] 'kke 1/2 rs l dkj kS**

cgq de I e; chruKA vHkh gky dk A

**I kft HkbZxfj; k xjkLkavc dk gj eatkr sxs**

dkepkj 'kke dks I f0; gkus dk in' kL djrk gA

**I kji dkSf [kykbcksvks# epnaek dksyMkcksdjk dke gkrq, s**

I kji dks chu ds b' kjk ka ij upkuk vks epnea ckth djuk] nksuka dfBu dke gA

**I kji fudfjxkSydhj i hvr jgks**

I e; ij iz Ru u djus ij vl Qyrk gkFk yxrh gA

**I kji ejj u ykBh Vws**

fcuk fd l h gkfu ds dke ijk djuka

**I kth i w ejkth dke u djsxk ?kke rksej sxs**

cjkj dk ifjJe I k > nkjh dh vfuok; Zrk gA

**I kBk I ks i kBk**

I kB o" kZ dk 0; fa o) ugha i ks + gkr k gA

**I kfb&xkfb dkSc < jk**

vutkoh , oa cf) eku o; ko) 60 I ky ; k ml I s vfedk vk; q dk 0; faA , d ykd  
dFkk tks o) ka dh egUkk in' kZ djrh gA

**I kr&i kp dh ykdjh , d tusdkScks > q**

I c feydj dk; Z dja nks I Qyrk feyrh gA

I kckl cgwrj spj [ksdk] i knsvki yxkcsyfj dsdka

Lo; a vi uk nkSk u ekudj nñ jka dks nkSkh BgjkukA

I keu dsvalksdkagjk&gjkSnhl r q, s

/kuh dks /ku gh /ku fn [kkbz nsrk gA

I eku [kkbz [khj] Hkknka [kk, i wk

tksfdl ku Jko.k , oaHkknā n ds eghuka ea ekStelrh djrs gA Ql y l sgkFk /kks cBrs gA

I keu C; k: tc&rc dhTs

o"kkZ\_\_rql kou ea Hkktu ; nk&dnk djuk pkfg, A Hkknka ea Hkktu ugha djuk pkfg, A vkf'ou&Dokj dks nks i [kokMka ea Fkk&Mk&cgw [kkdj xqt kjk dhft, A ijh dgkor bl i dckj g&

^I keu C; k: tc&rc dhTs Hkknka C; k: ukmj u yhtAA

Dokj&ckj ds nks i [kckjA /khj&/khja dkVks I; kjA

cñ dh ukfj dgs dj tkfjA C; k: djksfnckjh vks AA\*\*

LokjFk ykfx djfgal c çhrh

I Hkh LokFkZ ds fy, i e djrs gA

I kl qrsdb] cÅ dsdku Hk,

cM&¼ kl ½ ij i Mh MkV Nks/ka ¼cg½ dks Hkh I pr dj nrh gA

I kl qu uUnh] cÅ vuUnh

?kj ea dkbZ dgu&l quus okyk cMk ¼mez vkj i n e; kñk ea cMk&cgw ds fy, I kl &uun½ u gks rks ?kj ¼cg½ vuq kkl ughu ¼euekSt h½ gks tkrk gA

I kj&l kj dks xfg j g\$ Fkk&kk nbZ mMe

I k/kw l ñ t\$ k gkrk g&l kj ¼mi ; kxh½ rÙo xg.k djrk g\$ Fkk&ks ¼vuq ; kxh½ dks Qad nsrk gA

I kj l &ds h tk&Mh

vkñ'kz i æh&i fedk , d&nñ js ds fy, i k.kk&l xZ djus okyA

fl [k ¼fl d½ nhtkSckdk] tkdka l h[k l gkb

i jke' kZ ¼mi nš k] f' k{k½ ml h dks nš ftl s vPNk yxš vU; Fkk c; k ¼i {k½ vks dlnj  
dh dgkuh ngjkus yxsxhA

**fl [k ¼fl d½ nš k cukšj gš Vp nš k eTtkb**

Hkkst u djkus okys l s f' k{k nš okyk eguh; gkrk gA

**fl x dj gj rj**

[ksh l s l Hkh dk; Z Nkš/s gA gj dk; Z [ksh ds vkfJr gkrk gA

**fl x dfg x, ejh&ejh ek; k dkgwdh ukp HkbZ**

ek; k fd l h dh nkl h ugha gkrhA

**fl x dh eš k l kt**

l š; k ek; ds l eku foJke nkf; uh gkrh gA fnuHkj ds dk; kš dks fojke nrh gA

**fl x dsnrkjke**

bžoj l cdkš nrk gA

**fl xqfnu jxh&pxh] R; kškj dsfnu uxh**

l keU; r% vPNk thou ¼jxh&pxh½ thuk] fdUrq [kk] ekš ds ij foilurk ¼uxh½ idV  
djukA

**fl xVqfn [kkckš**

etkd mMkukA \_\_.k oki l djus l seuk djukA

**fl xq/ku tkr nš [k dāv/ksyhtsckfV**

l kjk /ku gkFk l sfudy jgk gks rks vk/kk Hkh Lohdkj dj yuk pfg, A

**fl xqku l Rrkbl l j**

vPNs cš] l keU; fo'k"V ea Hkn u djukA Vdk l j Hkkth] Vdk l j [kktkA

**fl xqjLrk , dbzBkš dks tkr , a**

l Hkh /kež l k/kuk, j , d bžoj rd ys tkrh gA

**fl xqjkr ihl kš i kjh ea l dšyš**

cgq vf/kd i fjJe dk vfr vYi ykHkA

**fl xqjkr jkb] , dqu ejkš**

0; FkZ i fjJe djukA



fl VVh&fi VVh xø g&ks  
gks k&gok'k [kks cBukA

fl ; kj ¼?kknq/k@xknq/k] fl jdV½ dh ek&r efjckS  
dk; j dh rjg ejukA

fl ; kj ¼?kknq/k½ dh ek&r vkcfr ,srkSI § dkaHktrq,s  
tæyokl h fl ; kj tæy ½ou½ Nk&Mej 'kgj tk, xk] rks ekjk tk, xkA

fl j&ekfj tkÅ;mfpr vl ekjk @l crsl od /keZdBkj  
Hkj r dk fp=dW' ; k=k i l æ ¼jk-p-ek-] nyl h/A l od /keZ dk fuokg dfBu gkrk g&  
tgk; Lokh i ñy py] ogk; fl j dscy l od dks pyuk i M&rk gA

fl j i SI ckj g&ks  
gj l e; mi fLFkr jguk] ckj&ckj rdktk djukA i hNs i M&rkA

fl j eMkr vkj i jS  
i kjEHk ea gh cM& ck/kk, j vkdj mi fLFkr gkuk& ^i Fke xkl } ef{kdk i kr&A

fl jh xud q  
i kjEHk djukA

l h&r&l h&r] l h&sxh] Hkfj&Hkfj d&uk i hl sxh  
dke djr&djr s vH; kl c<rk gS vk& dk; Z djus dh {kerk HkhA

l hryk vkb&l hryk vkb&c& vkfx cejk&vkb&  
l Hkh l eku : i l s Øk&kh] fouk'kdkj h vFkok nkgdA l uk gS 'khrlyk ekrk ¼ppd½  
vk jgh g& fdUr q uke ¼ khry½ gkr s gq Hkh os vfr nkgd gA

l hrkjke l Vd x, ] yk&k Mk&j i Vd x,  
foo'k gkdj LFkku Nk&Mej pys tkukA

l hl k ¼dkp½ eaEgk&f [kckS  
viuh vk&kr l s ckj gkukA vi k=A

l Ødjckjh cknjh jgh l uhpjk Nkb] dga?kk?k l fu HkMMjh fcucLI su tkb  
'k&okj dh cnyh 'kfuokj rd ?kus cknyc& ds: i ea Nk tk; rks o"kkZ vo'; gksxhA

l r&eu dksdkequ dj& gst&urh dsekMk, su f[kykcS

I r̥eʊ ¾ I ɣf{k.kh] gj dke I yhds I s dj us okyh L=hA  
gstelrh ¾ vi uh I arku ij tku fNMelus okyh L=hA  
I r̥eʊ dks dke vks̥ gstelrh dks cʌ/k ugha f[kykuk pkfg, A D; k̥id n̥i js dk  
fd; k dk; Z blga i I Un vkrk gh ugha g̥A

I r̥eʊ rksckʌjh] jk/kkadk gkM&xkM+  
fu/kʌ ¼foi ½ fdlrq d̥ky ¼l yhdnkj ¼l i kd dyk ea fui qk L=h foo'k gkrh g̥A  
I t̥h gS gh ugha rks i dk, D; k \

I ʌkj dh [kjkbzvks̥ nT̥h dsck/k  
tks ftl dk; Z ea d̥ky gkrk gS ml s ogh dj i krk gS & I ʌkj ¼Lo. k̥dkj ½ ds dke  
dks n̥hZ ugha dj I drkA

I r̥ u di kl ] dksj; u eayVBe&yVB  
0; FkA vk/kkjghu fooknA

I mh m̥xfj; u ?khm uk; fudRrq  
gj dke I jyrk I s ugha gkrkA

I w̥h I q̥ kjh gke  
fcuk I d̥ k/kuka vFkok de I d̥ k/kuka I s fd; k x; k dk; Z i jk ugha gkrkA eq̥r ea dk; Z  
dj kuka

I w̥h [krh , sfglu [kr , a  
fcuk I eq̥r ns[khkky ds I Ei f̥k u"V gks tkrh gS & ^tru fcuqfejxu [kr m̥tkjA\*

I w̥h pjSi ekj dh] dksdfg c̥jh gkb  
vukj f{kr dks dkbZ Hkh gM+ I drk g̥A

I w̥h I kj rsej [kukacn̥k HkykS  
uk; ekek rs dkuk ekek vPNkA d̥N u gks I s d̥N gksuk vPNkA

I ʌal cdh] djSeu dh  
I ʌko I cds I ʌk̥ Q̥ yk Lofooxd I s dj kA

I i cksyrksckys̥ pyuh̥ cksyS  
xq kh] pfj =oku d̥N dgs rks Bhd gS fdlrqnd pfj = ¼nk'kh&pyuh̥½ dks n̥i j ka dks f' k{k  
n̥uk mfpr ugha g̥A

**I j t fNi cks**

jkr gkuk] i jkHko gkukA

**I jnkl [kydkjh dkefj p<+u nitksjæq**

nqV vi uh nqVrk ugha NkMFA

**I jk rkgf I jkfg,] yMs/kuh dsgr**

i.k.k nqj Hkh Lokh dsfy, ; q) ea MVs jgus okyk gh I Ppk 'kjek gkrk gA

**I fr QknsnWystk;**

ckgpyh bPNkuq kj cykRdkj djus ds vknh gkrs gA

**I ok djsI kseok i koS**

tk I ok djsk] og eok 1/2kykHk1/2 [kk; skA

**I j dsEgkaeaeMqMkfjckS**

tku tkf[ke ea Mkydj dk; Z djukA

**I j dkaI ck I #**

, d I sc<dj nit jkA

**I j L; kacl; kuh up; k] x/kS k dsdku , Br vks**

'kfä' kkyh 1/4 kj 1/2 I s dN u dgdj fucy 1/2x/kh1/2 dks /kedkukA

**I s k Hk, drcy ekj M# dkgsdks**

I s k 1/2Lokh] i fr1/2 dksroky 1/4mPp i nkf/kdkjh] i fyl 1/2 gS rks vl j {kk dk Mj I ekrl gks tkrk gA ik; % udkj kRed dFku % I eFkz I j {kd ds I j {k.k ea fuHkz gkdj vufpr@vufrd dk; Z djukA

**I j eajgsch] dkth th dksI gsxh**

I kekftd ekU; rkvka dk ikyu , d vfuok; Zrk gA

**I kfB gjkZi hi fj] eLukarksefj thuka, ath ifj**

vR; Ur I hfer I k/ku gkus dh foo'krk( ?kjsywnok 1/4 kfB] gjM+, oa i hi fj 1/2 gh mi yCek gA bl s I ou djks Bhd gks tkvks rks Bhd vl; Fkk eR; qfuf'pr gA

**I ke tj\$ exj QVScq pkj ystkp**

uohu oL= I ke] exy vks c/k dks ugha i guus pkfg, vl; Fkk gkfu gkxhA I keokj dks i guus ij uohu oL= tysk] exyokj dks QVxk] c/kokj dks pkjh gks tk, xkA

I kcrsdh i fM+ k] tkxrsdkSi Mk  
foijhr ifj.kke fudyukA I keku; r% I ksk [kkrk g\$ tkxrk ikrk gA

I kcsI ks [kcs] tkxsl ksi kcS  
I krsdka txk, tkxsdka txk,  
ew[kz dks I e>k; k tk I drk g\$ fo}ku dks ughA

I k\$svkuk I gh  
, dne 'kr&ifr'kr I Pph ckrA

I ksr puadh cjh gkr ,  
i fr dh nr jh i Ruh ukeek= dks Hkh vPNh ugha gkrhA

I kSBx] , dqBkdj  
I kSBxka dks , d Bkdj o'k ea dj yrk gA

I kek: j , d u fxuk&  
cgn fi Vkbz djukA

I kSI ukj dh , d ygkj dh  
'kfä' kkyh dk , d vk?kkr 1/2FkkM/dh pks/1/2 detkj ds I kr vk?kkrka 1/4 ukj dh pks/1/2  
ij Hkkjh i Mfh gA

I k&I kSpys [kkb] fcYykgTt dkapyh  
vud dpeZ dj pplus ds ckn /kkfed cuus dk iz kl A

I k&I kSturs [kkb] rekl kS/kfI dsns[kæxs  
ekj [kkuh i M+ pkgs cbTtrh gk] rek'kk 1/2Lokæ] eqtjk] ukVd] I dI vkfn ds [ksy/1/2  
rks Hkhrj 1/4Ecl] i .Mky/1/2 ?kd dj ns[kus ea gh etk gA

I kSyknh rkl ck I kSeu I gh  
vk\$ Hkh dfBukb; k; I gus ds fy, r\$ kj gks tkukA

I k&hu cf<+ k pVkbz dksygxk  
QS ku ijLr cf<+ k pkj [kkus okys di M+ 1/4pks] kku\$ I s cuk ygkx i gurh gA

g

gfM+ k ukt] pe; fj; k jktq

fdlpr~l fjo/kk, j feyus rd ekstelrh djuk] fdllrq dkbz dke&/ku/kk u djuka tc  
rd gkMh ea idkus dks vlu g\$ rc rd jkt djka

gfM+ k Hkj jknka i fj ; k Hkfj [kkvk\$

vjh cfu ekb t\$ [kk pf<+vkvks

L=h dh ckguskth & vi usfy, [kkuk cuk; k& [kk; k vk\$ c[kkj %i r vkØe.k&t\$ [kk%  
vkus dk cgguk djds yV xbA

glrsdksghu, ] i ki nks[k u fxfu,

gR; kjs dh gR; k djus ea nksk ugha gkrkA

gil c fd BBc Qykb c xkyw

nksuka dke , d l kfk ugha gks l dr& ; k rks BBBk ekj ds gil yhft, vFkok xq l k  
gkdj cB tkb, A

gd u eacxyk

%i lNr ^u 'kkkrs l Hkk e/; sgd e/; s; Fkks cdk%½

fo}kuka ds e/; vKkuh vFkok l Ri # "kka ds e/; i k[k.Mh %vkmEcjh% eja i # "kka ea  
dkekl ä l qkkfHkr ugha gkrkA

gfl uh eklu dsl æ tkxh dk \

%D; k gfl uh ekj ka ds l kfk tk, xh% l keftd vU; k; ds fy, iz e] gd & gfl uh  
uked ykd dFkka

grjh %gFkyh% i Sl LI ka tekbcS

cgq tYnckth djuka

gR; k exjsi Spf<+dabYykr , s

gR; k fl j ij p<ej cksyrh gA

gnah dsnkx u NwckS

fookg gq cgq fnu ugha chrA

gcu dRr eagkr tja

Hkykbz ds cnys cj kbz feyA

gekjh fcYyh] gebarsE; kÅ;

vi us i kynw %vkJr% vi uka dks gh /kedkus %E; kÅ% dk iz Ru djA

gfj vukFk dsukFk

ftl dk dkbZ ughj ml dk bZoj gA

gfj dkaHktsl ksgfj dksqkbZ

Hkã gh Hkxoku dk gkrk gA bl ea tkfr&o.kãr l cãk ugha gkrA

gfj ckfy ejh j l uk /kjh&/kjh

vks ejh ftOgã i fr{k.k i Hkq gfj dk l dhrZu djA

gfj ckfy >k pksrgk Mkfy

i Hkq&Lej.k fuhkZ rk inku djrk gA

gfj ckfy] xneh [kkfy

i Hkq Lej.k djds dk; Z i kjEHk djka

gfj Hkqy ukjk; u u Hkqy

viuh ftn ij vM+jgukA

gjh [ksh xkHku xkb] tc tkukarc Egkaru tkb

dPph Ql y vkj xkHku xk; dk Hkjkd k ugha gkrkA

gyky dh [kk] gjke dh efr [kk

i fjJe dh dekbZ [kkvka fj'or vkj vuãrd dkeka dh dekbZ er [kkvka

gyvk ekM+HkkHkh [kkb] xk; --- ejkcsnc# tkp

djs dkbZ Hkjs dkbA

gkr ½gkFk½ daxu dksvkLI h dk] i <fy [kãdksQkLI h dk

ef.k tivr dã.k; äã gkFk okys0; fã dsfy, dkp ds vM+Mka okyh vkj l h ½gkFk dk  
, d vkHkk.k.k&vxãBh½ dh vko'; drk ugha gS vkj i <+fy [ks dks o.kãkyk ½Qkj l h½  
fl [kkus dh vko'; drk ugha gkrhA

gkr dksI Ppkj yxks/k dksI Ddks

0; fã dks bãkunkj vkj cEgpkjh gkuk pkfg, A

gkr ½gkFk½ pjh u dku ckjh] ,d sl gkx usykt ekjh

vkHkk.k.kfogh u L=h vi us fookfgr gkus ij {kq/k gkrh g& u gkFk ea pM+ k; u dku  
ea ckfy; k] ,d sl gkx ij ep+syTtk yxrh gA

gkftj eaghk ukusvksadkscl hyk ukus

tks ekst in g\$ ml s nus ea , rjkt ugha g\$ fdUrq vkxs ds fy, dkbZ 0; oLFkk ugha g\$

gkftj eadk, dh gq̄ tfr

tks g\$ ml s nus ea fdl h rjg dh fgpd ugha g\$

gkr Vq̄fu; k̄ i Vq̄efku; k̄

cPps ds gkFk Nks/s g\$ vk\$ i V/ c<k gqvk g\$

gkr u eBh] [kq̄ [kq̄k mBh

i S k u gkrs gq Hkh [kjhn djus dh bPNkA

gkr u i km; fi Mq̄d; k i V I ka

foLe; dkjh ?kVuk %gkFk&i\$ ugha fi .Mdh 1/4i Mq̄d; k&, d Nks/h fpfM+ k1/2 xHkzrh g\$

gkr i km; dh dk; yh] Egka ea xkNs tkp

vkyl; viekfur djrk g\$

gkr Hkfj tkj k̄ I ck gkr VVs

ftruk I Hkkyrk g\$ ml I s vfekd fcxM+ tkrk g\$

gkr i jSdksI ksk

ekSds vuq kj 0; ogkj 1/4 ksk& 0; ki kj ; k [kjhnkjh djuk1/2 djuk pkfg, A

gkr dh ydhja ugha feVrh

fj'rs ugha feVrA Hkx; ugha cnyrkA

gkrh 1/4Fkh1/2 ds [kkst eafI x ds [kkst

cMka ds I kFk I ger gkukA

gkrh 1/4Fkh1/2 dks i km;

cgq̄ Hkjh ; k dfBu dkeA

gkrh 1/4Fkh1/2 ds nkr

dfkuh&djuh ea vUrjA

gkrh 1/4Fkh1/2 ?kkj ki kydh] tSdlug\$ k yky dh

jFk ; k=k] Hkxoku dh Hk0; >kpda

gkrh Mksyxke&xke] tk dksGkFkh rkdkSuke  
i fl f) ] I Qyrk Lokeh dksfeyrh gA xkp&xkp ?kæus okyk gkFkh ugha tkuk tkrkj  
gkFkh ds Lokeh dks i gpuk tkrk gA

gkrh ¼Fkh½ fudkfj xk\$ dBrk HkkBdr jgs  
vol j xok; nsukA vk{ki ka dk vl j u gksukA

gkrh ¼Fkh½ i Stksp<xksI ksfxjxk  
ftI dh mUkfr gkrh g\$ ml dh gh voufr gkrh gA

gkragkrqu nhf [kckS  
?kuk vl/kdkjA

gkfu&ykHk thou eju] tI &vi tI fof/k gkFk  
gkfu ykHk] thou&ej.k] ; 'k&vi ; 'k fo/kkrk ds gkFk ea gA

gkjsdkagfj ukeq  
fujk'k dsfy, bz oj gh , dek= 'kj.k gA

gkj eagj\$ k uk; xke eaem\$ k uk;  
vfr nfjnA

gkfj , u fgEer] fcl kfj , u uke  
fgEer er gkfj , vk\$ bz oj dk foLej.k er dhft , A

gkMh rkjsxkM] fuxkMh rkjsdfjgk  
i fr; kxh ¼bz; kzy] gkM@cjkjh djus okyk½ vi us dks {kfr i gpkrk g& vi us  
gkFk&i\$ rMk cBrk gA

gkrh pk\$ h pkdjh vugkrh cAvfj ckjh  
I Ei lu cgw QSy&QW/dj] eu&ekuk [kpZ dj i kus ds dkj.k I ræu ¼l yhdnkj½  
dgykrh gA] foi llurk ea ml s QgM+ekuk tkrk gA

gkrsdh Hkfu vugkrsdkSHk\$ k] xkFB dksnke vk\$# frfj; k utfj dh  
cgu I Ei llurk ea l kFk nrh gA fu/kZurk eaHkkbZl gk; d gkrk gA /ku uxn ¼xkFB dk½  
dke vkrk gA i Ruh I keus gkus i j gh dke vkrh gA



gksrksr syqi wk dYyrh] yrh dfud epxkb] vdsyKSx#ukus  
dk; 7 u dj i kus dh foo'krk dk cf<+ k&l k cgkukA

gksugkj fcjcku dsgr phdusi kr  
rstLoh@HkkX; 'kkyh foy{k.k gksr gA

gkaih gScyeku tkb dka >wh tkfu tkuka  
Hkor0; 1/2gkaih] vkxr] Hkfo"; ea gkus okyh ?kVuk, 1/2 'kfä' kkyh gkrk g\$ vr% nqt\$  
gkrk gA bl s udjk ugha tk l drkA

gkukagkb l ksgkb  
grk'kk& tks gkuk gksk] ogh gkskA

gkSykSc\$Bck\$  
gn; ij vk?kkr yxuk] gkfu l gu u dj i kuka

gStku nSnk&nkSgkr  
ijLij xfkuk] vkeu&l keus ; q) djuk] tkj vktekb'k 1/4i gyokuh1/2 djuka

## oxhÑr dgkora

### vkthfodk

1/4d1/2 Ñf"kd deZdh egRrk vks mÙke Ñ"kd dsxqk

mÙke [krh] e/; ecku] v/ke pkdjh Hkhd funku  
& [krh djuk mÙke] okf.kT; e/; e vks uk\$dh djuk v/ke gkrk gA

uk\$dh] D; kadjh] xTt ijh rk\$dh  
& uk\$dh etcjh ea djuh i Mfh gA

puk] pkjh pkdjh gkj\$dsfdl kuq  
& [krh djuk mÙke] okf.kT; e/; e vks uk\$dh djuk v/ke gkrk gA

l c dj gj rj  
& gy 1/4Ñf"kd&de1/2 l s l c dñ i klr gks l drk gA

l c dj] gj rj] tks [kl eqh hj ij

& [krh | s | c dN fey | drk g\$ c'krž ekfyd [kpn [krh djA

[krh [kl e | rh] c\$vk | kavk/kh] uk\$lj dsVp\$Bk | rh

& Lo; adjus | s [krh | jk ykHk nrh gA c\$vk dsHkjkd svk/kh jg tkrh g\$vk\$ uk\$lj  
rks ml dh | jokg gh ugha djrA

mUke [krh] vki | rh] e/; e [krh & Hkkbz | rhA

v/ke [krh] uk\$lj | rh& fcxfj xbzrksrykb | rhA

& Lo; adjus | s [krh | jk ykHk nrh gA c\$vk dsHkjkd svk/kh jg tkrh g\$vk\$ uk\$lj  
rks ml dh | jokg gh ugha djrA

mUke [krh tks g# xgk] e/; e [krh tks | x jgkA

tki nSgjckgk dgk] cht cM x, ftrusrkAA

[krh Lo; adjus | s gh Qynk; h gkrh gA

[krh& [kl e | rhA

vk/kh dkdh\ tksn\$[kSrkdhA

fcxjSdk dh \ ?kj&cBai nSrkdh

[krh Lo; adjus | s gh Qynk; h gkrh gA

[krh | krh churh] vk\$# ?kkM\$dkSraxA

vi usgkFk | Egkfj , ) yk[k ykx gkb | x

& [krh Lo; adjus | s gh Qynk; h gkrh gA

jktqdh [krh n\$ j xk; ] n\$[kSubZrks tkb fcU | kbZ

& [krh vk\$ xk; dh fur; n\$[k&j\$[k djuh pkfg, ] vU; Fkk nksuka fou"V gkrh gA

[krh rksFkkM\$ dj\$ egufr dj\$ | ckbA

jkeqjSck ekU | dksVks/kSdcgju vkbAA

& | hfer [krh fdUrq | okbz egur djus okyk dHkh nfjnz ugha gkrkA

?kj eac\$B cuk\$Sckr ng | Svks:uk u | v/ eaHkkrq

& tks fl QZ ?kj cBs ckra cukrs g\$ mlga [kkuk&i guuk e; LI j ugha gkrkA

nksdsgj [krh , d gjckjh] c\$scn\$ r\$Hkyh d\$kj h

& nks gy dh [krh gk\$ fdUrqgyokg , d gk\$ c\$y c\$+gk& bl | svPNk rks etnjh  
djukA

fl xjsch?kk , d tks gkb] ckj tks gkb c;/kk, A

HkjKsfHkl k\$ k gkb] cejk tks gkb c\$ k, A  
tuh ekfUI gkb prj] jk[kSchTqcuk, A  
cjn cxk\$kk gkb] cjin; k prj l gk, A  
c\$ k gkb l i rj] dgsfcuqjSdj k, A

& Nf" k Hkfe , dpd gk\$ fl pkbZdsfy, c\$ k gkA i 'kq/ka dsfy, i ; kZr Hkfe k gkA cny  
ds l ?ku i M+gkA cl mys dh rst /kkj okyk c<bZ i kl gkA xg Lokfeuh cht l jf{kr  
j [kus ea prj gkA c\$ ^cxk\$kk\* uLy dk gkA gyokgk fui qk gk\$ v\$ i e l q e gk\$  
l fØ; v\$ Nf" k dk; Z ea rRi j] , s k fd l ku l k\$kk; 'kkyh gkrk gA

nl gj jkt] vkB gj jkukA  
pkj gju dkScMkSfdl kuka

& nl gy dh [krh djus okyk jktk] vkB gy dh [krh djus okyk jk.kk v\$ pkj  
gy dh [krh djus okyk cMk fd l ku ekuk tkrk gA

Åp vVkj h e/kj l qk l A ?kk?k dgs?k: bZdSykl ÅA

& goknkj Åph vVkj h okyk ?kj gh dSyk'k %LoxZ gkrk gA

v\$ xu ea xqkorh tkbA }kj c\$ nkStkMh gkbAA  
tkr Hkj [kr] Fkj ccjkuA d\$ kSekuai rql ; kuAA  
cfu; k\$ c<b] ygk# xek#A xkq gjckgk v\$ ctk#AA  
ckcu gj feysfcu jkdA ck\$ k# pyr gkb dNwFkjAA  
Fkj k&cgq gkb vi uh xkNA xk; n\$ kj /kj SnkScNAA  
dN&dNq [kr gkbZ xkM+ UrA gkb l ck dNw l k/k l UrAA  
n; k gkb eu jke yxUrA l qk l s l k\$ [krh g# dUrAA

& ?kj ea xqkorh i Ruh] }kj i j nks tkMh c\$ y] tkr dsfy, Hkj i j tehu] FkkM+ l scny  
ds i M+ vkKkdjh ; pki e] xkq ea cfu; k\$ c<b] ygkj v\$ gyokgs dh mi l Fkfr]  
vkl kuh l s [krhgj etnjka dh mi yC/krk v\$ FkkMh&cgq l kgdjh] vi uk Nk\$ k&eks/k  
cxhpk] cNMh okyh n\$ k: xk; j xkq ds fudV FkkMh l h Hkfe] bZoj Nk gk\$  
l k&l Urka dh l ok ea eu yxk jg& , s k fd l ku l qkh gkrk gA

dk\$ kScj kSdjhy dk\$ v\$ # cnj bZ dh ?kk eA

l k\$ r cjh , spu dh] v\$ # l ktsdkSdkeÅA

& djhy dk dk\$ k] cnj k\$ h /ki] fd l h Hk i dkj dh l k\$ v\$ l k>s dk dke] ; s  
l c vPNs ugha gkrA

Mkj pndkScujk] vl k<+pndkSfdl kuq

& Mky l s pɔk gɔk dɔnj vɔʃ vk"kk<+eafuf"Ø; cBk fdI ku] nkukagkfɔ mBkrs gʌ

**puk fp=k] xgɔLokfr**

& puk fp=k u{k= ea vɔʃ xgɔLokri u{k= ea ckuk pkfg, A

& vkfy&Qkfty nɔ cprɔ gʌ HkkX; Qy gʌ

**HkʃI dh HkʃI xbʃ HkʃM; u rafcxkfj ym**

& gkfɔ Hkʃ gkʃ tk, vɔʃ 'k=qrk eksy ys yh tk; A

**tksgy tkrs [krh ckdhA vɔʃ ugharkS tkdh&rkdhAA**

& tks [kr tkrrk gʃ [kr ml h dk gkrk gʌ

**[krh eavxbʃ] yMkbzeafi Nkbz**

& [krh djus ea vɔxs vɔʃ yMkbz djus ea i hNs jguk pkfg, A

**I u ?kukʃ cuqcɔxjkSæ&d QUnh TokfjA**

**,d scɔcS tkɔdkbZ?kj&?kj HkʃsdʃkjAA**

& I u ?kukʃ di kl nj&nj vɔʃ Tokj æ&d dh dɔn ftruh nj cks l s vPNh

i ʃk gkrh gʌ

**vk/kh [krh [kl e , a [kkb**

& v/kjh [krh Lokh dks u"V dj nrh gʌ

**vkyl uhm fdI ku, s [kkcʃ pkʃ , s [kkcS [kkʃl hA**

**Vdk #i \$ k eny , s [kkcʃ jkM+, s [kkcSgkʃl hA**

& vkyl vɔʃ uhm fdI ku dʃ [kkʃl h pkʃ dʃ C; kt eny/ku dks vɔʃ gʃl h

fo/kok dks u"V dj nrh gʌ

**dk cLI k tc fdjI h I ʃkkuh**

& [krh I ʃ[kus i j o"kkZ gks l s D; k ykHk \

**xk; u ckNhh] uhm vkcSvkNhh**

& dɔn djus dks u gʃ rks uhm vPNh vkrih gʌ

**gjh [krh xkʃku xk; ] tc tkukʃtc Egkaru tkbz**

& gjh [krh vɔʃ xkʃku xk; tc rd Qyori u gʃ rc rd vk'kok jgrih gʌ

**djeghu [krh djʃ cnaqejSdsI wlk i jS**

& HkkX; ghu [krh djs rks cʃ ejrk gʃ ; k I ʃkk i Mʃk gʌ

¼[k½ Ñf"k&de&Hkw i fj"dj.k ¼tqkb&cøkb] fl økb] fujkb&xØkzbZvkfn½ fo"k; d  
 dgkora  
 [kr ci fu; k; ¼ÅcM&[kkcM½ rca  
 dØk [kqkvkSÅij tCAA  
 & Åp&uhps [kr dh tqkbZ djus l s i gys ogk; dØk [kqok yuok pfg, A  
 I kSdh tkr i kpl S tkr\$ Åph cky/ksvkjhA  
 brusÅ i snu uk; mi t\$ nm Hkkx dka xkj hAA  
 & I kSch?kk dh ctk; ] i pl ch?kk dh dk'r dj\$ ij [kr dh Åph eM+vo';  
 cky/kkÅ brus ij Hkh mi t nuh u gk\$ rks Hkkx; dk nksk gÅ  
 dPpka [krqu tkrSdkbA chtqfeVSuk; vad# gkbAA  
 & cgr xhyk [kr ugha tkruk pfg, ] D; kfd , s k djus l s cht xy tkrk g\$  
 vj[kqvk ugha QW/rÅ  
 ftruksvPNkStkrS [krj cht i jQyqvPNkSnrq  
 & xgjh tqkbZ l s cht vPNk terk gÅ  
 dgk HkvkScgøkgj tkrkSu [krqvFkkga  
 & [kr xgjk u tkrk tk; rks ckj&ckj tqkbZ djuk ykHkdjh ugha gkrkA  
 tkrS [krj ?kkl quk; VW\$ rkdKSHkkx I ka> gh QWS  
 & tkrus ij Hkh [kr dh ?kkl I ektr u gks rks fd l ku dk Hkkx; QW tkrk gÅ  
 csxjh tkr i jkuschtik] rkdh [krh Nhvk&chvk  
 & tkr nij&nij gks vk\$ cht i jkus gks rks [krh fNUu&fHKUu gks tkrh gÅ  
 ukSul h] , d dl h  
 & gy dh mFkyh ukSckj dh tqkbZ l s , d ckj dh Qkoms-dh xØkzbZ dgha vPNh gkrh gÅ  
 Nks/h ul h] /kÙkh gj h  
 & gy ds Nks&l s Qky ¼ul h½ dks ns[kdj /kjr h gj rh gÅ  
 eM+ckf/k nl tkran\$ nl eu ch?kk eksrayS  
 & [kr dh eM+ckj/kdj nl ckj tqkbZ djus l s nl eu ch?kk ¼vPNh i Snkokj½  
 i Snk gkus dh xkj. Vh gÅ  
 Fkk\$ kStkr\$ cgk\$ øZ xkc\$ Åph u cky/kh ckM+  
 ÅpSi S [krh dj\$ i nk gkca>kMAA

& FkkMh&l h tṛkbz djus ij] ckj&ckj i kVk yxkuṣ Åps ij [krh djus fdllrq eM+  
u cka/kus l s [kr ea Ql y ds ctk; >kM&[kji rokj i ṣṅk gkrṣ gÅ

**[krq tkrSekMkṣ] chtqcrkcs [kks/kS**

& njj&njj dM+phj dj tkrus ds dkj.k Ql y ugha mxrhA cht dh [kj kch  
bl dk dkj.k ughA

**pkfj fl pkb] pÅnk xkMh**

**rc nṣ [kksÅj [kh dṣ i kMhA**

& bṛ[k ½xluk½ ea pkj ckj fl pkbz vkṣ] pṅṅg ½dbz ckj ½ xMkṭbz djus l s xllus dh  
c<ṭkj vPNh gkrh gÅ

**eṣṅk xṣṣ] Mṣyqpuṅ**

& xṣṣ] ds fy, [kr eṣṅk dh rjg eyk; e vkṣ] pus ds fy, <yṅkj gkuk pkfg, A

**uḥpqu ekuschurh] puk u ekua tkrA**

& uḥp 0; fä fouerk vkṣ] puk vf/kd tṛkbz ugha ekurkA

**tkr u ekusvll h & puk A ckr usekuaḡjkeh tukAA**

& vyl h vkṣ] pus dks vf/kd tṛkbz vkṣ] nṅV dks vf/kd fouerk dh vi ṣkk ugha  
gkrhA

**tc l ṣy [kVk [kV cktṣ] rkspl uk [kr ea xktS**

& <yṅkj [kr ea pus dh vPNh i ṣṅkokj gkrh gÅ

**tksdi kl qubā xkMh] ckdsgr yxh up dkMh**

& di kl dh xMkṭbz ugha dh rks Ql y l s dkMh Hkh u feyṣhA

**xṣṣ]HkvkSdk, ] vl k<+dh nkSckgS**

& vk"kk<+ea [kr tkrus l s xṣṣ] dh i ṣṅkokj vPNh gkrh gÅ

**xṣṣ]HkvkSdk, ṣ l kj k ckgṣ] ukS xkgS**

& l ksyg ckj dh tṛkbz vkṣ] ukSckj i kVk pykus l s xṣṣ] vPNk gkrk gÅ

**xṣṣ]ckgṣ] /kku fcnkga**

& xṣṣ] tṛkbz l s vkṣ] /kku [kMh Ql y ij i kVk pykus l s vPNk gkrk gÅ

**xṣṣ]ckgṣ] puk [kṛk, ṣ] /kku fcnkga] edk u jk, ] bṛk dl k, a**

& xṣṣ] ckj&ckj tkrus] puk [kṛk/uṣ] /kku fcnkga] eDdk fxjkus vkṣ] bṛk xkMh l s

vPNh gkrh gA

fgluqOykxu dkxjh] i x&i x nfj di kl A

tkb dgkSfdI kurackS?kuh m[kkl A

& fgju dh dln dh njh ij ddMh] Mx Hkj njh di kl vks ikl & ikl ¼?kuh½ b[k  
ckuh pkfg, A

edk] tkMjh vks# cktjk] budkacvksdNwcsxjk

& eDdk] Tokj vks cktjk nj&nj ckus pkfg, A

i 'k&i f{kvkafok; d dgkora

¼x½

xk; u gkb rkScnaqdgk;

& xk; ugha gksxh rks cSy Hkh ugha gksxkA

xk; u vkScNjk dh ykt

& ek; dks cS/s l s 'kez ugha yxrhA

xk; l x cNMk fey\$ dcgwI kewgkbA

l xµqfcpkjSi fFk; k] yfPNeh ykgkSgkbAA

& cNM±ds l kFk xk; l keus l s vkrh gks rks y{eh feyrh gA

xk; ] ckfu] Hkkfxuh] buramji kSHkkb

& xk; ] ckEg. kha vks l qnfj; ka l s Mjuk pkfg, A

x\$ k&e\$ k] cnaqck\$jk] fctjk&jktk

& xk; ek; gA cSy l kgwckj gA l kM+jktk gA

mna?kkMh] nna xk; ] ek?ksHk\$ l xkd kb, a [kkb

& nwk ds nkr okyh ?kkMh] nks nkr okyh xk; vks Hk\$ ek?k ds eghus ea cPpk ns  
rks Lokh dk vfu"V gkrk gA

mna cjn\$ mnaSC; kb] vki qtkb ; k [kl ea [kkb

& nwk ds nkr u fxjs gka, s s de mez xk; mna xHkz/kkj. k djs vks mna gh cPpk  
ns rks Lo; a ej tkrh gS; k Lokh dks {kfr gkrh gA

tgk xk; ] ogk; ckNh

& tgk xk; gksxh] ogha ml dh cfN; k ¼/fHkUu l cark½ gksxhA

**cjI kusdh xqtfj ; k] gfj ; kusdh xk; A**  
**QWsdjeqrkSckgj tkbA**  
 & cjI kus dh xwtjh] gfj ; kus dh xk; ] nqkkX; o'kkr-gh ckgj tkrh gA

**?kkMk efj x,] x/ku dkajktqNkSM+x,**  
 & I keF; bku xqkhtuka ds vHkko ea ei[kkã dk euekuk 'kkl uA

**?kkMk mi tSdkiy vkj dU/kkj**  
 & dkiy vkj dU/kkj ds ?kkM+J'B gkrs gA

**gkfde dh vxkMh] ?kkM+dh fi NkMh**  
 & vf/kdkjh ds I keus vkj ?kkM+ds i hNs [kM+gkus I s [krjk jgrk gA

**?kkMk rky I k] vkneh ckr I ka**  
 & ?kkMk , M+yxkdj %i § ds b'kks I % vkj vkneh I EHk" k. k I s o'khkur gkrk gA

**?kkMk dka?kj fdRrh nfj**  
 & I keF; bku ds fy, dfBukb; kj ck/kd ugha gkrhA

**?kkMk ?kkl qraukrSjk [ksck\$ rks [kbxkSdk**  
 & vkt hfodk dekus ea fe=rk dke ugha vkrhA

**?kqM+ k tgfj] ?kkMk Fkuh] dSuk enaqdSuk tuh**  
 & ?kkMh ds tgfj vkj ?kkM+ Fkuka ds fpgu gka rks os [kPpj gkrs gA

**tkdsdB nœefu gkb] rkdsnk] fxukãftfu dkbZ**  
 & nœef.k okys dB dk ?kkMk] nkSk jfgr gkrk gA

**nwk I ðnj HkãI ] dkF[k I ðnj xkjhA**  
**dU/kk I ðnj cna] pky I ðnj ?kks hAA**  
 & Hkã dk I kSn; Z nwk dh ek=k I § L=h dk I kSn; Z dks[k %i ðnj I Urku½ I § cSy  
 dk I kSn; Z dU/kka I s vkj ?kkMh dk I kSn; Z ml dh pky I s uki k tkrk gA

**?kqM+yk Hkt] eãdh dgSuky Bkfd**  
 & 'kfã' kkyh nkf; Ro Lohdkj u djA v'kã vl EHko I s dk; Z dks rRi j gkA

**cdjk dh e\$ k dc rd fl Uuh ckVxh**  
 & fucyka dh yEcs I e; rd ik.k&j {kk ugha dh tk I drhA



nɔrk dkaɔdj k dh cɸy p<fr , ʃ l j dh uk  
& fucɸyka dh yEcs l e; rd ik.k&j{kk ugha dh tk l drhA

[kr ci fu; kj cɸkScɸy] cɸfdl ku vFkfgæ gSxɸy  
& [kr ÅCM&[kkCM+; k vfl fpr gks vɸj cɸy cɸk-gka rks ml fdl ku dks [krh  
NkMɔj nɪ jk 0; ol k; djuk pɸfg, A

cɸkscnɔqfcl kguk] >hukadi Mk ybA  
vki uq dɸsul kɸh] nɛ , nɪku nbAA  
& cɸk-cɸy vɸj >hus di Mɔ-dk [kjhnuk] [kjhnkj dk nkʃk gɸ nb dk ughAA

cnɔqej [kukSpɛɸy tkb]  
ckj ?kj mjkgukafur mfB gkb  
& ?kj ej [kuk cɸy vɸj pɛdhyh vɸj r gkɸ rks f'kɔk; nɪ l uuh i Mɔh gɸA

fcu cnɔu [krh djɸ fcu Hkɸ u dajkjA  
fcuk tuh ds?k: djɸ pɸg l k[k yckjAA  
& fcuk cɸyka ds [krh] fcuk Hkb; ka ds yMkɔz vɸj fcuk L=h ds ?kj cl kusokyk i q rɸh  
>Bk gkrk gɸA

Hkɸ k cnɔ dh [krh djɸ dTtqdkf<+da [kkbA  
cf/k; k , pfr , sbrdkɸ Hkɸ k fɔrdka tkbAA  
& cɸy dk; ʃ l Qy ugha gkrA

cnAqfctɸduka tkr ea vɸSpɛdehyh ukfjA  
tscɸh gɸtkfu dɸ dɸ y dɸsdjrkjAA  
& gy ea tɸrk HkMɛhyk cɸy vɸj ppy L=h ?kkrd gkrs gɸA

c/kkScNj k tkb eBkb] cBkSTokuqtkb Fkɸnvkb  
& c/kk cNMk ehBk ¼ l ¼ r ½ gks tkrk gɸ fuf"Ø; ; ɸk rkny gks tkrk gɸA

pkɸ l tkrɸ i wɸpjkcɸ yxrbz tB fhkl kɸk NkɔA  
Hkknkɛekl mBS tkSxjnk] chl cjl rd tkrkScjnkAA  
& cɸyka l s l ery Hkɛ dh tɸrkɔz djA iɛ-or-iky u djA tB ekl ea Hkɪ s dks  
l j f{kr djA Hkknka ea i ' kɸkkyk dks l w[ kh j [ks rks cɸy nh?kz l e; ¼20 o"kkz rd dke  
ds ; kx; cus jgrs gɸA

mÙke [krh tkdh] tkMh eokrh tkdh  
& [krh ml h dh mÙke gkrh gš ftl dh cšyka dh tkMh eokrh gkrh gš

NcCj i ð vksNk/sdku] , ð scnA egurh tkfu  
& >cjh i ðN vkš Nk/s dku okyk cšy egurh gkrk gš

cšy yhtsdTjk] nke nm vxjk  
& dtjks/k cšy vf/kd nke ndj Hkh [kjh yn yuk pkfg, A

yEch i ð vkš f[kpserku] [kjscšy dh gš i šjpkfu  
& yEch i ðN vkš f[kpserku okyk cšy vPNk gkrk gš

yhykSdu/kk] cšku [kj] dCGgu fudjSduRk cjk  
& uhyS du/ks vkš cšuh [kj okyk cšy dHkh cjk ugha fudyrkA

I hæ eMš ekFkkSmBkš egg dkSgkcsxkyA  
jke uje] ppy dju] rst cšy vuekyAA  
& rst vkš vueky cšy ds I hæ eMš-gq] ekFkk mBk gvk] egg xky] cky uje  
vkš dku ppyA

i rjh i hMjh ekš/h jku] i ð gkb Hkh earfjvkuA  
tkdagkcs, ð h xkb] ckdārdāvkš fl x dkbAA  
& ftl fdl ku ds ikl i ryh fi Myh] ekš/h jku vkš yEch i ðN okyh tkMh gkrh gš  
ml I sni js ykx Li'gk djrs gš

cnAk C; kbXkSukp] rkScwksÅ ubZgkbXkS  
& dñ u gkus I s dñ HkykA

I uh I kj ræj [kukSbzcnAk HkykS  
& dñ u gkus I s rks dñ gkuk gh vPNk gš

vkxsukFk u i hNs i xfg; k  
& fujcfl ; k

Nna dgSgkšvkÅ&tkÅ] I nāj dgSxI š a [kkÅ  
ukšj dgSgkSukSfnl /kkÅ fgrwdwEch fl xjs [kkÅAA  
& NS nUrK cšy ckj & ckj fedrk gš I kr nkr okyk cšy Loket ds fy, eR; qnk; d  
gkrk gš uks nkr okyk cšy I Hkh ds fy, v'kdk gkrk gš

fglu eqku c&ku [kjh] tkl ksdurk dgksu cjh  
& fgj.k t& s e=kax vksj c&uh [kjh okyk c&y dlkh c&jk ugha gkrkA

cn/kqfl &kjk& enaqe&kjk&  
& l h&ka okyk c&y vksj e&nka okyk vkneh l &nj yxrk g&

Hk& dsvkxachu ct& Hk& [kMh i x&jkb  
& Hk& t& s &e=[kz@vi <&vf' kf{k&r½ ykd 'kkL=h; l &hr ugha l e> i kr&

Hk& dsvkxachu ct& Hk& ej&ejZjk&kq&j&  
& Hk& t& s &e=[kz@vi <&vf' kf{k&r½ ykd 'kkL=h; l &hr ugha l e> i kr&

Hk& dkSn&k] uyh dk&xm  
& Hk& dk n&k vksj vke dk x&nk rkdrokjgkrs g&

tkdh yk&h] rkdh Hk&  
& Lokfero 'kkjh&jd cy l s i&tr gkrk g&

Hk&j k& i M& n&kq i hcrq,  
& l h/kk&l Ppk 0; f& ykHk ea jgrk g&

l k&rsdk&i M& tk&rsdh i fM& kA  
& l rr-tkx#d dks l kus okys dh vi &kk vf/kd ykHk gkrk g&

[kVdu dg& [ku&y l k& pfy eg&fj ds i k; A  
?kj dks/kuh rks i & e& pyh i j&k&l u [kk&A  
& [kVdu ¼[k&v/s dks ckj & ckj l h&x l s [kVdkus okyh½ [ku&y ¼f l j dks ckj & ckj nhokj  
i j i Vdus okyh½ vksj eg&fj] ; s rhuka i &lkj dh Hk& a vPNh ugha gkrh&

d l kbZ dk&S&ky& dVjk [kkb  
& d l kbZ dk eky i M& ugha [kk l drkA

/kk&h dk d&kk] ?kj dk u ?kkV dk  
& }Un ea Qj l k 0; f& fdl h dke dk ugha jgrkA

ckfu; k dh ckfu u tk&] d&kk e&rsV&k& mBkbZ  
& vknr vi fjon&h; gkrh g& d&kk V&k& mBkdj gh i s kkc djrk g&

pkj dkadqr; k vLI rsfey tkfr ,s  
& pkj dks dkk vo'; fey trkr gA

i w eaC; kuh dfr; k] ek?k eai fj x, vkjs  
& , d ds ckn , d cMk l dV vkukA

dkk pki i ScBkj\$ cpkqpkV mBkS  
& vi k= l Eekuuh; ugha gkrA

ckl h jgSu dkk [kkb  
& [kku&ihus dk l keku l ektr dj nuka

[kkbcsksdkk  
& ykyph vknehA

clnj dk tkuavnjd dkl cknq  
& ei[kz cf) eUkki w kZ ckra ugha l e>rka

rcysdh vkQr clnj dk fl j  
& vl xr n.M feyukA

ye dscy clnfj; k ukpS  
& fi Vus ds Hk; l s i 'kq Hkh vuqny vkpj .k djus yxrs gA

ukfp&dm cnjk ej\$ ekyqenkjh [kkb  
& dke dkbZ dj} Qy nit js dks feyA

x/kk i stjh [kkp  
& vi k= dks l fo/kk, j feyukA

x/kbZ HkbZ dkgkj dh] rkb yfncl kadkeq  
& ifjJeh vkneh dny ifjJe l seryc j [krk gA

x/kk ,snvkSukuj x/kk uadbZvk [ksQkj ha  
& midkjh ij vidkj dh rkger yxkukA

ckh fcYyh] pka[kjsu i Sdku dVksS  
& v'ka 0; fa rPN yxska }-kj k Hkh viekfur gkrk gA

HkbZxfr I kji &NNmj djh  
& u djrs cuş u NkMfA

NNmj dsfl j pesyh dksryq  
& vi k=ka dks eW; oku oLrq; mi yC/k djukA

?kj dh eqhznkfj cjkcfj  
& lgt mi yC/k oLrqka dks eW; oku ugha ekuk tkrkA

ejxh dkardqk dks?kkm Hkkjh  
& fuczyka dsfy, Nk&k&l k vk?kkr Hkh vl g; gkrk gA

ejxh tku l sxbj jtkk th dka l cknqubzvkvkS  
& l okjke l okvka dks Hkh udkj nsukA

cki u ekjh eadhj cvk rhjakt  
& oäk i jEi jk ds fo#) Lo; a dks cgr ; kx; ekuukA

fcy\$ k dsHkkfx l kaNhaokSVWkS  
& vi R; kf'kr ykHk gkukA

cyqi dk\$ dks/k dscki dksdk  
& , d k dk; j ftl dk ykHk u fey l dA

taxy eaejkj ukpk\$ fdlluans[kkS  
& , dklr eaf, x, dk; kã dh l keftd ekU; rk ugha gkrhA

HkM+i SÅu dksÅ ukusNkikq  
& HkM+i j Åu dkbz ugha NkMfA

HkM+>kj tkbxh] rk; emSch  
& eil[kz vkneh /kks[k/kMh l scp ugha l drkA

'kj l kacL; kuh ubj fcYksdsdku , fB n, s  
& 'kfä' kkyh ds ctk; fuczy dks n.M nsukA

ejkSgkFkh] fcVksk dh nj nrq, s  
& cMk vkneh] v'kä gkus i j Hkh eW; oku-gkrk gA

ftUnkSgkFkh yk[k dk\$ ejk\$ ok yk[k dkS  
& xqj.k; ka dk egRo eR; q ds i 'pkr~vk\$ c<+ tkrk gA

fdUuagkFkh ekj\$ fdUuankr m[kkjs  
& cgr yEch vkxr dki fud ; kst ukA

dSgd k ekrh pqr\$ dSyaku efj tkp  
& JSB i # "k vi uh e; khk, j ugha NkMFA

dkSrk pySgd dh pkfy  
& uhp 0; fa Åps 0; fa; ka dh udy djA

dkx i <k, i hatjk i f<+x, pkjka cna  
tc l q/k vkbZdwe dh jgs<Mqds<MAA  
& uhp&uhp gh jgrk gA

xk\$qrk dh ek\$R vkcfr , srkSI \$# dkaHkktrq, s  
& eq hcr ds l e; cji) mYVh gks tkrh gA

ckcjs xke eaÅ/qvk; kS  
& dkbZ vtuch phit ns[kukA

Å/qi gkM+rj vk; kS  
& fdl h l keF; bknu dk dfBukb; ka ea Qil ukA

ns[kaÅ/qdj djcV cBrq, s  
& vfuf'pr vkxr dh irh{kk djukA

f[kL; kuh fcYyh [kEek ukps  
& vl Qy 0; fa vViVs dk; Z djds [kh>rk gA

Å/qi gkM+rj vk; kS  
& fdl h l keF; bknu dk dfBukb; ka ea Qil ukA

ykeMh dksvaxj [kVVs  
& okfNr ykHk u feyus ij vokNk dk cgkukA

gkFkh dsnkqr [kkbcdsvk\$ ] fn[kkbcdsvk\$#  
& dFkuh&djuh ea vlrjA

vk/kkSrhj] vk/kh cVj  
& nkxyk pfj=A

¼?k½ ekuo&pfj= fo"k; d dgkora

ckeugHk, rkSdk Hk,] xjsyi vksI wA  
& ckEg. kkspr deZ ugha gS rks ckEg.k tkfr ea i shk gkus vkj xys ea; Kki ohr Mkyus  
I s dN ykHk ugha gkrkA

i kMs th i fNrkus} csbzpuk dh [kkus  
& foo'krk ea vupkgk dk; I djus ds fy, ck/; gkusAA

ckeugEfrjh] HkkVq [kckI q rk jktk dksGksxkSukI q  
& ckā.k ea-h vkj HkkV futh I od gks rks jktk dk uk'k gks tkrk gA

i kM& i kMsnm vl hl ] dk dgk} vkrekj nSj bā, s  
& I Ppk vk'khokh vkfRed gkrk gA

ckfgj i kMsyEch /kksrh] Hkhrj c>fj dh jksh  
& uke cMsn'kz Nks/s

vXxe cfu; kj i fPNe tkV  
& cfu; k vxz cf) vkj tkV i'pkr~cf) gkrk gA

tkdkScfu; kj gkxks; k#] rkdksnd eu dh D; k njdkj  
& cfu; k fe= gkus i j] vU; 'k=q dh vko'; drk ugha jgrhA

cfu; kj ekjStkfu da Hkfm; k i gpkfu da  
& cfu; kj i fjfprka dh xkβ dkVrk gA pkj i gpkv okys dks ekj Mkyrk gA

cBkScfu; kj rjktwckv rksyrq, s  
& cfu; k dHk [kkyh ugha cBrkA

nckScfu; kj I ck; ksrksyrq, s  
yvkScfu; kj fi VksBkdj dkm I kadf uk;  
& yvk gvk cfu; k vkj i hvk x; k Bkdj ni js I s vi us vi eku dh dkr ugha djrA

ckeuftek, j nc euk, j Bkd# QqI yk, a  
& ckā.k [kkus I } nork i vt us I s vkj Bkdj [kq kken I s i d Uu gksr gA

cfu; k; raL; kukā I ksnh okukā  
& cfu; k I sprj dkbZ nit jk ugha gkrkA

i fPNu eadkSvk] tkfru eauÅvk  
& i f{kvka ea dksvk vks] tkfr; ka ea ukbZ prj gkrk gA

ukÅ&ukÅ fdruscj] H; ky vkxsvk, tkr , a  
& vkxr I keus vk gh tk, xkA

ryh dsrhukaej] Åi j raVWSykb  
& tks gksuk gk] I ks gkA

ryh dksry] Hkxfr HkS k th dh  
& djs dkb& Hkjs dkbA

ryh dksryqtj] el kyph dksfnyqtjS  
& 0; ; fdl h dk gk] d"V nit j ka dks gkA

/kkch radk ryh ?kkfV] budaeakjk fcudaykb  
& nks i {k& , d I eku e[ka

/kkch i Sci qubZpyk] x/kS k i Spf<+cBkS  
& fuczj ij /kkd tekukA

tkb rksdksj; k dh ekMhÅ dfj yxh  
& I k/kkj.k I k dkeA

i kx dksj; ku i \$ ckf/k tkusBkdj  
& I k/ku fdl h ij ç; kx fof/k nit js i jA

tfj tkb I kuka tkrsukd Ncs  
& eW; oku ¼l ksk½ I s eW; k oku oLrq ?kkrd gkus ij R; kT; gkrh gA

¼M½ uhfrxr dgkora

dk cjl k] tc fdjl h I qkkus  
& I e; eW; oku gkrk gA

vc i fNrk, gkr dk] fpfj; k; pfx xbz [kr



& l gh l e; ij l gh fu.kz u ys i kus dk i ' pkrki 0; FkZ gkrk gA

ekxkSHkykSu cki dk\$ nigrk] Hkyh u , dA  
pkfyckSHkykSu eM+dk\$ tksgfj jk [kSVdAA

& ekxuk cki l s Hkh vPNk ugha gkrk] i q-h , d Hkh vPNh ugha gkrhA eM ij ¼l pdjs  
ekx½ pyuk vPNk ugha gkrkA ; fn bz oj çfrKk ij h djA

phdusEgka , sfcYykpVfr , s

& /kuh ds l Hkh i {k/kj gkrk s gA

xkfB dkSn\$ cy\$ k; ya

& m/kkj ndj [kq kken djuh i Mfh gA

>k&>k; pju i ja l Uru ¼¼½ dsrk&rk; i fu; k <k#

0; x; kFk& vHkks@ndV tgg&tgg; tk, x\$ ogk&ogk; fouk'k gkskA

tc@ekjsjkcu u ns

& 'kfä' kkyh ekjrk gS vk\$ jkus Hkh ugha nrkA

ukd dkfV dsnd kyk m<kcä

& cbTtr djds l Eeku dk fn [kkok djukA

xkeqdj\$ rkb jkeqÄ u djs

& l ekt tks dj l drk g\$ bz oj Hkh os k ugha dj l drkA

¼p½ [kku&i ku vk\$ LokLF; fo" k; d dgkora

Hkktu vk/ks i v/ dfj] nqkukSi kuh i hmA

frxqih egufr] gjl h pkSqih] cLI l ck l kSt hmA

& vk/kk i v/ Hkktu dj\$ i kuh nqkuk i ho\$ ifjJe rhu xqk vk\$ pkj xqk gjl s rks  
0; fä nh?kz thoh gkrk gA

Hkktu dfj dai jSmrkuA vkB l kl NkMsi jekuA

l kjSnk; a& cÜkhl h ck; A rc dy i jSvUu ds [kk, AA

& Hkktu dsckn i hB dscy yv/dj vkB] nk, djoV l ksyg vk\$ ck, djoV cÜkhl  
'okd a [khpus l s vUu ip tkrk gA

I keu C; k: tc&rc dht\$ HkknkSckdksuke u yhtA

Dokj ekl dsnkSi [kckj} vru&tru I kadkVksI; kjA

& I kou ea jkf= Hkktu dHkh&dHkh vks Hkknka ea dHkh ugha djuk pkfg, A Dokj ds eghus ea fo' kSk I ko/kkuh cjruh pkfg, A

Dokj djsyk p\$ x#} Hkknkaejk [kkbA

i bI k MkjSxkfB dk\$ jksx fcl k, su tkbA

& Dokj ea djsyk] p\$ ea xM+vk\$ Hkknka ea ewyh ugha [kkuh pkfg, A

p\$ x#} c\$ k[k rsy} tB i \$k] vl k<\$csyA

I keu I rpk] Hkknkaegh] Dokj djsyk] dkfrd nghA

v?kku thjk] i# s/kuk] ek?ksfekl jh] Qkx#u puka

tKstscj\$ng cpkb] rk ?kj c\$rdcA; uk; tkbAA

& p\$ ea xM} o\$kk[k ea rsy] T; \$B ea ; k=k] vk"kk<+ea csy] I kou ea I Ukj Hkknka ea eVBk] Dokj ea djsyk] dkfrd ea ngh] vxgu ea thjk] i# ea ekfu; kj ek?k ea fel jh vk\$ QkYx#u ea puk dk I ou ugha djuk pkfg, A

i kr\$ky djksvl ukuk] jksx&nkd qu , dA vkuk

& i kr%dky Luku djus I s jksx ugha gkrA

vk[k eavatu nkr ea eatu] fur dj fur dj fur dj

& vk[kka ea dkty vk\$ nkrka ea eatu fuR; ifr djuk pkfg, A

i gh&i ki jh dkd &nokd h] yEckSgy#k ckjA

tKSI qu i kcSekyi #k dh /kkcSdks vBkjAA

& i M+ ka dh nkor [kkus dsfy, , d&nks dkd ¼4&6 fd-eh-½ gyos dh nkor dsfy, 12 dkd vk\$ ekyi wka dh nkor dsfy, nij rd ¼vBkjg dkd &36 fd-eh-½ rd tk; k tk I drk gA

gj&cgMk&vk\$ejk\$ i kpkSuk\$ i rxA

nkr ctzl e gkr , sektQy dsl xA

& gjM} cgMk] vkpyk] i kp izdkj ds ued rFkk ektQy dks ihl dj eatu djus I snkr ct&n#; etar gkrs gA

vkf[ku frjQyk] nkr uks

& vk[ka f=Qyk l s /kkuh pfg, vkj nkr ued l s l kQ djus pfg, A

¼N½ **\_\_røekS e dk i vøkZøku**

, d cñ pñ eai j\$ l gl cñ l keu eaj\$  
& pñ= ekl dh o"kkZ l kou ea l v[kk dh i fjk; d gA

pñ mtjh nl dkj ckn# fctyh gkbA  
dgñHkMMjh eg dksxjHk fxjksfl x tkbAA  
& pñ= 'kDy n'keh dks cny gka vkj fctyh peds rks l v[kk i Mfk gA

pñqmf tvkjks i k[kj vkBakamM\$ [kkdA  
ukSd kacj l sfn [kschtghA i jSvdkyqrk; cM+tg hAA  
& pñ= 'kDy v"Veh dks /kny Hkjh gok py\$ uoeh dks i kuh cjl s vkj fctyh  
ped\$ ogk; Hkkjh vdky i MxkA

c\$ k[kh v[kk rht dka eñq?kuj kSgkbA  
?kk?k dgñ l fu HkMMjh] l ørqi jkSgkbAA  
& v{k; rñh; k dks o"kkZ gks rks l ør-vPNk gkrk gA

tB mtjh rht dka vnkfjd cjl UrA  
dgS?kk?k l fu HkMMjh] fugpSd kyqi jUrA  
& T; \$B 'kDy rht dks vknZ u{k= ea o"kkZ gks rks fuf' pr : i l s vdky i Mfk gA

tB ekl tkSri Sfujkl kA rkStkukaLI k dh vkl k  
& tB vPNk ris rks o"kkZ vPNh gkrh gA

HkjstB eatkspø tkb] fl x u[kr gyøai fj tkb  
& tB ea gYdh o"kkZ gks tkb rks o"kkZ ds l Hkh u{k= gYds i M+ tkrs gA

vl kM+v/kjh i fjck eavEcj cnjbZgkbA  
l keuqdkj kStkbxk\$ HkknkaLI k gkbAA  
& v"kk<+ñ". k i frink dks; fn vdk'k cnyka l s vPNkfnr gks rks l kou ea l v[kk  
i Mxk vkj Hkknka ea o"kkZ gkschA

fp=k Lokrh fol \$[kjh] tkscj l Svkl kMA  
pykSi hvk ijnd dkj Hkkjh i jSvdky

& vk"kk<+ea fp=k Lokrh vkš fo' kk[kk u{k=ka ea o"kkz gkus ij vdky i Mfk gA

I keu mtjh I kr dkj fujey gkb vdkl A  
rkštyqfeySdi eš ughacLI k dh vkl AA

& Jko.k 'kDy I Ireh dks vkdk'k I kQ jgs rks o"kkz gkus dh vk'kk ugha jgrhA

I keuqi Nqvk] Hkknka i gjck] Dckj pysbZ kuka  
dkfrdqDÜrk i Ükk u Mksyš gjl aI Hkh fdI kukaAA

& I kou ea i Nok] Hkknka ea i jok vkš Dokj ea bz kku fn'kk dh vkš I sok; qcgš rks  
[krh vPNh gkrh gA

Hkknkacnh X; kjfI ] ?kVk f?kjS?ku ?kksj A  
pkšekl sHkfj cLI § cu eadkadSeksj AA

& Hkknzi n Ñ".k , dkn'kh dks ?ku?kksj ?kVk, j f?kjh gka rks pkšekl sea [kuc o"kkz gkrh gA

Dokj dksi kuh@kkfxekuh

& Dokj dh o"kkz /ku nrh gA

Hknyh fQjSxpekfj] dkfrdqekpsesgj k

& dkfrzd ea I keku; r% o"kkz ugha gkrh gA

dkfrd ckn# esgkjš rksvI km+ea [kr HkjS

& dkfrzd ds cknv ty okys gka rks vk"kk<+ea vPNh o"kkz gksxhA

v?kkuqcnh vkBš ?kVk fcTtqI es fn [kkbA

rkSI keuqcLI SHkykSI k[k I ekbz tkbAA

& vxgu Ñ".k v"Veh dks fctyh pedš ?kVk, j f?kjš rks Jko.k ea vf/kd o"kkz gksxhA

v?kkuqcnh i fjck radgjk ?kukš tksgkbA

cLI k ># yfx tkbxkš I ærqvPNkSgkbAA

& vxgu onh ifri nk I s?kuk dgjk i Mæs yxs rks o"kkz \_\_rqea o"kkz dh >Mh yxsh]  
I ær-vPNk gkrk gA

Qš vN/kjh ršLI dkj pggfnfI cnjk gkbA

I keu] i ukš ekcl ] cLI k Hkks-šZgkbAA

& i ksk onh rjI dks pkj ka vkš cknv Nk, gks rks Jko.k ea i fi. kšek vkš vekoL; k dks

Hkkjh o"kkz gksh gA

dkgsi aMr i f&i f<+ejk\$ Qp vekcl dh I qn djka

ew&fcl k [k&i yck& I km} I v[k ekuf<ak gh BkMAA

&i kSk ekl dh vekol; k dkseny] fo' kk [kk vks i dkzkk<k u{k= gkus i j I v[kk i Mfk gA

ekg valkj h I kr dkj eggchtqnedUrA

pkfj ekl cLI sl gh] efr dNwl kpsdUrAA

& ek?k N".k I Ireh dks o"kkz gk\$ fctyh peds rks fuf' pr jfg, ] pkekI sea vPNh o"kkz gkshA

ekg eaueh Atjh] cnjzudqu gkbA

rky&ry\$ k I v[kj tx eatyqubz gkbAA

&ek?k 'kpy uoeha dks cny u gka rks I v[kk i Mfk gA

Qkxµ v/kjh nkst dksfnu eaeknj u chtA

cLI sl keu&Hkknk\$ [kucqeuA rhtAA

& Qkxµ N".k nkst dksfnu eaeknj gk\$ fctyh u pedrh gk\$ rks I kou&Hkknka ea Hkj i j o"kkz gksh gA

¼t½ 'kdy&vi 'kdu fo"k; d dgkora

jfc&jkBsI ke&tksh] eaxj dk&jksh

cm/k&fl ; kj dh tkMhA

fcfl fi r fgUuhaHkefr vdsyh] I Ddj fc/kok ubZuosyhA

feysl uhpj dkjk\$ dkyqghdVsBkMk&A

& jfookj dks rsh] I keokj dks I b; kl h] exyokj dks jksh] cdkokj dks L; kj dh tkMh] x#okj dks vdsyh pDdj dkVrh fgj.kh] 'kØokj dks tYnh gh gpZfo/kok vks] 'kfuokj dks I kji ; k=k dks tkrs I e; nh[k i M+ rks eR; qfudV tkuuk pkfg, A

cj cjk h exy ?kkV] efr ck/kks i fjck dµBkV

& cdkokj dks cjk h ¼, d i zkj dk feVvh dk pµgk½ exyokj dks [kkV vks] i fri nk dks Nli j ugha Nkuk pkfg, A

cdk cÅuh] I Ddj ymuh

& cdkbz cdkokj dks vks] QI y dh dVkbz 'kØokj dks i kjEHk djuk pkfg, A

I kē&l uhpj] i jcdky] i fPNe tkmrh gkm fugky  
& I keokj vks 'kfuokj dks i wZ fn'kk dh ; k=k eR; q dkjd vks if'pe dh ; k=k  
vHkh"V QynkbZ gkrh gA

di Mē i s rhu ckj I Ødj I uhp# , rckj  
& u; k oL= 'kØ] 'kfu vks jfookj dks i guuk pfg, A

I kē t jSeaxy QVScq] pkj yStkp  
& u; k oL= I keokj dks i guusI sog tyrk gA eaxy dks i guusI sQVrk gsvks çk  
dks i guusI s pkjh pyk tkrk gA

?kÙksfudjal keghad.MkA vkxafeystrh fl j eqMkA  
vkb djStksdkukackrA ykSks?kj vc dk, tkrAA  
& ?kj I s fudyrsh I keus d. Ms feyA vkxs ef. Mr fl j I Ø; kl h feys vks fQj  
dkuk 0; fä çprhr djs rks ykS/ vkuk mfor g& ; k=k fu"Qy gkrh gA

HkjS?kMk tksvkxai j\$ fcuk I kp i x vkxa/kjS  
& ; k=k ij tkrs I e; ty I s Hkj k ?kMk feys rks fu% ækp ; k=k djuh pfg, A

i fjck xeuqu dhft ,] Hkfj I kausdh gkb  
& fdruk gh yHk gkus dh vk'kk gks i frink dks ; k=k ugha djuh pfg, A

, d ekg nksx&uk] jktk ejSdSI &uk  
& , d ekg ea ; fn nks xg.k gk rks jktk vFkok iztk ekjh tkrh gA

¼>½ i dh.kZl %T; kfr"kJ I keqkf; d 'kkL=] oS] d vkfn fo"K; d dgkora

nkSvI kM+nkSHkknk\$ nkSDokj dsekgA  
I kauk&pknh çfpd] ym ukt dkaI kgAA  
& vk"kk<-] Hkknk& vks Dokj ds eyekI gka rks vdky i Mfrk gA

vkxajfc i hNspy] ex# tksvkl kMA  
rkScLI Svueky gh] fi jFkh vuUnSck<A  
& vk"kk<+ekI ea I w Z vkxs vks eaxy i hNs gks rks 'k&k gA

HkknkaI qh i peh] Lokfr u [krq tks gkbA  
rks ; kaHkk [kSHkMMjh] [ksh vPNh gkbA

& Hkknî n 'kðy i pèh dks ; fn Lokfr u{k= gks rks [kàrh vPNh gksh gA

**eaxyckjh i jSfnckjh] gj Sfdl kuqejSckS kjh**

& eaxyokj dks nhi koyh fdI kuka dsfy, 'kðk vks 0; ki kfj ; ka dsfy, v'kðk gksh gA

**ekg l ðy dh v"Veh] u[krqdfrdk gkbA**

**dsQkxµ i kjkSi jS dSI keu rsth gkbAA**

& ekg?k 'kðy v"Veh dks ; fn Ñfrdk u{k= gks rks ; k rks Qkxµ ea i kyk i Mfrk gS vFkok l kou ea egækbz c<rh gA

**fry Hkks]h Ygkl µ] eI kSgkb nkfgusvæA**

**tkb i jkScu[k.M e] rksA yfPNeh l æAA**

& ftI 0; fä ds nk; æ væ ea fry] Hkks]h] ygl µ vks eLI k gkrk gS /kuoku gkrk gA

**tkdh Nkrh , dqu ckjA**

**ck rsfl x uækuh gkjAA**

& tI 0; fä dh Nkrh ij cky ugha gkrA og l cl s vfeld dyy{k.k gkrk gA

**cMkSeM+l jnkj dkS yEcsi kp xekj ds**

& cf) ekuka dk fl j vks xpkj ds i j cMæ gkrs gA

**datk dçMk dçdVkl fg, ckj ughagkbA**

**bUrsckrærc djks gkr eaM.Mk gkbAA**

& datS dçMæ vks fBxus 0; fä l ðkn ; kX; ugha gkrA

**Fkkj kS dkS# pckvks [krc] rks ræ dke djksS [krc**

& Hkktu djrs l e; Nk&k xkl ydj ml s [krc pckuk pfg, A

**vUuqf>dsdkS ?khm i psdkS**

& rfr i ; kU r Hkktu vks i pkus Hkj rd ?kh l ou djuk pfg, A

**[kj kSdekbckS pks [kks [kbckS**

& bækunkjh dh dekbz dja vks vPNk [kk, A

**Hkktu dfj tksHkktSckS rkdka dksuqcpkcskS**

& Hkktu djus ds rjUr ckn nk&æuk gkfudkj d gA

**l hjkSugkcSrkrks [kkS rkdæ?kj ScñqupZvkcs**

& B&S ty l s Luku vks xez Hkktu djus l s oS] dh vko' ; drk ugha i MæxhA

[kksh dgsgyk&MykÅ] ckVh dgsgksetfy djkÅ  
pke# dgSekb gydkSekukÅ ejshkjkd sdgru tkukÅ  
& jksh [kkdj ?knek fQjk tk l drk gÅ ckVh [kkdj nj dh eity r; dj l drs  
gÅ pkoy gydk [kk] gÅ bl dsHkjkd scgr nj ckj ughajgk tk l drkÅ

gjZcgjk vkejs?kh&l Ddj ea [kkbÅ  
gkFkh nkcSdkf[k ej l kB dkd yStkbAA  
& ?kh&' kDdj ea feyk dj 'f=Qyk' [kkus l scy c<rk gÅ

l kSnok] , d gok  
& vdsyh 'k) gok l kSnokvka l s vf/kd vkjkk; i n gksh gÅ